**Physical & Mental Health April 2019 Committee Report:**

* Conference Call Meeting – March 25, 2019
* Attendance:   Soror Naikeema Fields, Soror Pamela Redmon
* Time: 8:00 pm – 8:30 pm
* The purpose of the meeting was to discuss HHIBAC’s involvement in the 2019 American Heart Walk on April 27th at Shelter Cove community Park, Hilton Head Island.
* Registration: 8:30 am. Walk: 9:30 am
* Purpose of the Walk:  To raise funds for research and awareness of heart healthy habits.
* We will have to decide if the chapter would like to make a donation (each chapter individually donates $5.00)

**Founders Day 2019 Committee Report:**

* Chapter celebrated Founders Day on Saturday, March 23rd-Sunday, March 24th
* Community Service took place on Saturday at 9 AM at the Mercy Mission Thrift Store, located in Hardeeville, SC
* Thirteen chapter members toured the facility, in addition to sorting and organizing clothing
* Sorors later attending a game night that consisted of food, fellowship, and fun, at the Old South Golf Links country club
* Sorors attending Sunday morning worship service at Campbell Chapel AME at 9am. A monetary donation was made o Campbell Chapel, on behalf of our chapter
* Founders Day weekend activities closed with a luncheon at Truffles Café, located in Bluffton, SC