

# Preseason Softball Rules

(updated or new rules are in ***bold italics***)

C.P. Softball rules with these exceptions:

- Free substitutions. Players can enter and re-enter pre-season games at any time.
- ***Each team may have one designated non-runner. The non-runner does not have to have entered the league before 2009.***
- For base running: a substitute runner can be used to replace a runner more than three times per game but no more than once per inning.
- Pitchers must use face masks & shin guards (preferred) or pitching net
- Count starts at 1-1 with one courtesy foul
- One hour games, (**strictly enforced**) Monday and Wednesday. Game start times TBD.
- Last team listed is home team with white shirts; visitors wear blue shirts
- Five runs per inning maximum in ALL innings; no mercy rule

Updated 11/1/21