



Introduction to the Health Care Sector

This training course is for people embarking on a new career in the care sector. You may not have an understanding of the range of skills expected to acquire and develop. It is crucial that they become aware of the many challenges that providing high quality care presents. It also provides a solid grounding in key areas and addresses the knowledge and skills required to give new carers confidence in their chosen role.

Course content:

Day 1:

- Introduction to health and social care, understanding your role, legislations and communication skills and personal care.

Day 2:

- Moving and assisting people including practical, safeguarding, and mental capacity.

