



# 2015 Oregon AWHONN Fall Conference

September 9 - 11, 2015

Inn at the Commons, Medford, Oregon  
[oregonawhonn.org/or-fall-conference](http://oregonawhonn.org/or-fall-conference)

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## Why Should You Attend

### Lots to Learn

- Evidence-based care to apply at the bedside
- Practical tips of the trade
- Pearls of wisdom and experience

### Lots to Do

- Catch a play at the Oregon Shakespeare Festival or enjoy an outdoor concert at the Britt Music and Arts Festival
- Explore historic Jacksonville, OR
- Enjoy the great Southern Oregon outdoors

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## Speaker Handouts

Speaker presentation handouts will be posted on the website beginning 9/1/15 and updated as received before, during or after the conference.

[oregonawhonn.org/agenda](http://oregonawhonn.org/agenda)

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## Poster Presentations

Topics should relate to women's health, obstetric and/or neonatal nursing practice, education, or administration and should complement the 2015 conference goals.

Information and poster criteria are at [oregonawhonn.org/posters](http://oregonawhonn.org/posters)

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## Conference Overview

Oregon AWHONN's Fall Conference provides evidence-based, clinically relevant education specific to Obstetrics, Newborn Care, and Women's Health. The conference goals are to:

- Implement evidence-based solutions that lead to nursing excellence
- Integrate innovations into nursing practice

### Conference Site and Accommodations

Inn at the Commons

[www.innatthecommons.com](http://www.innatthecommons.com)

Identify yourself as an Oregon AWHONN Conference participant for a room rate of \$119/night plus 10% tax, single or double occupancy. Add \$10 for each additional guest. Includes breakfast, parking, Wi-Fi and a discount at Larks Restaurant. Call 541-779-5811 to reserve.

### Meals

Drinks and appetizers are provided on Wednesday. Breakfast (for hotel guests) and lunch (for all conference attendees) are provided on Thursday and Friday.

### Continuing Education Credits

4 CEUs Wednesday 9/9; 4.75 CEUs Thursday 9/10; 5.5 CEUs Friday 9/11. Awarded by Oregon AWHONN, in partnership with Northwest Perinatal Network as provided by the California State Board of Nursing (CEP #13755).

## Wednesday, September 9 Simulation Pre-Conference

**1200-1230** Registration / Appetizers

**1230-1330** *Simulation Introduction*  
Lisa Quezada

Simultaneous scenarios repeat three times:

1. *Hypertensive Crisis*
2. *Postpartum Maternal Cardiac Arrest*
3. *Neonatal Resuscitation*

**1345-1445** Simulation / Debrief

**1500-1600** Simulation / Debrief

**1615-1715** Simulation / Debrief

**1900-2030** Networking Event

## Thursday, September 10

**0700-0800** Registration / Breakfast\*

**0810-0910** *The Happiest Baby: Calm Crying, Boost Sleep, Reduce Postpartum Depression and Increase Lactation Success*  
Harvey Karp

**0930-1145** *Case Studies and Critical Thinking in Fetal Monitoring: Expert Viewpoints*  
Roger Freeman, Lisa Miller

**1145-1245** Lunch / Vendor Fair

**1245-1415** Breakout Sessions

- Safeguarding Against Never Events*  
Karen Harris
- Intermittent Auscultation: Considerations for Practice Implementation*  
Lisa Miller
- And Baby Makes Four! How to Reduce Toddler Outbursts and Stress When a New Baby Joins the Family*  
Harvey Karp

**1430-1530** Vendor Fair

## Friday, September 11

**0700-0800** Breakfast\*

**0810-0910** *Perspectives in Maternal Morbidity and Mortality*  
Lisa Miller

**0910-1010** *Maternal Substance Abuse: Intervening Early*  
Carissa Cousins

**1030-1130** *Immunizing in Oregon*  
Carol Easter

**1130-1230** Lunch / Vendor Fair

**1230-1400** Breakout Sessions

- Beyond the Hospital: Safe Sleep Initiative*  
Andrea Bell
- Breastfeeding Challenges: Impacting the Longevity of Breastfeeding Beyond the Hospital*  
Debbie Alba
- Hypertensive Disorders Across the Lifespan*  
Robin Miller

**1415-1515** *Taking Charge: Three Imperatives to Being a Good Leader*  
Karen Harris

**1515-1530** Wrap-Up

\*Breakfast available free for hotel guests and \$10 for attendees staying elsewhere.

Schedule is accurate at time of printing, but subject to change.

## Networking Event Wednesday, September 9, 1900 - 2030

Join your colleagues for an evening of fun and socializing. Relax. Enjoy drinks and appetizers as you meet fellow nurses from Oregon and other areas. This is a great opportunity to make new connections and reconnect with old friends.

Location will be announced on our website.  
oregonawhonn.org/or-fall-conference

## Speakers

### **Debbie Alba, RN, BSN, IBCLC**

Lactation Consultant  
Good Samaritan Regional Medical Center

### **Andrea Bell, MBA, BSN, RN, CPN, CNML**

Pediatric/NICU/WCS Float Pool Nurse Manager  
Salem Health

### **Carissa Cousins, MD, MPH**

Pediatrician  
Samaritan Health System, ABC House, Randall Children's Hospital Emergency Medical Group

### **Carol Easter, BSN, RN**

Public Health Nurse Consultant  
Center for Public Health of Oregon Health Authority

### **Roger Freeman, MD**

Maternal-Fetal Medicine Physician, Founder  
Perinatal Associates of Southern California

### **Karen Harris, MSN, RN, WHNP-BC**

Vice President of Patient Care Services and Chief Nursing Officer  
Henry Ford West Bloomfield Hospital

### **Harvey Karp, MD, FAAP**

Pediatrician, Child Developmentalist, Assistant Professor  
Keck School of Medicine at USC

### **Lisa Miller, CNM, JD**

Certified Nurse Midwife, Lawyer, Founder  
Perinatal Risk Management & Education Services

### **Robin Miller, MD**

Internist and Integrative Medicine Specialist  
Triune Integrative Medicine

### **Lisa Quezada, MBA, BSN, MSN**

Pediatric/Adolescent/NICU Nurse Manager  
Sacred Heart River Bend

## Registration OR AWHONN September 9 - 11, 2015

### REGISTER ONLINE

[oregonawhonn.org/registration](http://oregonawhonn.org/registration)

Credit card (VISA, MasterCard, American Express, Discover) or check payable to:

Oregon AWHONN

15607 SE Oatfield Rd., Portland, OR 97267

Name: \_\_\_\_\_

AWHONN Member #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### PREFERRED BREAKOUT SESSIONS

(space permitting)

September 10:  A  B  C

September 11:  A  B  C

### FEES

*Pre-Conference (4 CEUs) 9/9* only:

- \$100 (\$5 discount if attending the full conference as well)  
 Student\* \$50

*Conference (2 days/10.25 CEUs) 9/10 & 9/11:*

- AWHONN Member \$225  
 Non-AWHONN Member \$275  
 Student\* \$75

*Single Day:* \$150  9/10 (4.75 CEUs)  
 9/11 (5.5 CEUs)

\*Students must show proof of full-time enrollment in nursing program upon check in

*Late Registration:* After 9/1/15 add \$50

*Cancellation:* By 9/1/15 (minus \$25 processing fee)

Registration Questions  
Grace Kamp 503-329-7883