



Ungdomsfronten in cooperation with :

<i>International Foundation for Y-PEER Development</i>
<i>CET PLATFORM ITALY</i>
<i>migration_miteinander e.V.</i>

Presents,

Short Stories – Big changes

“Living Stories”

***International training course
for youth workers***

10-14 January 2022

Information for participants

Dear participants, we are looking forward to starting the cooperation with you in Sweden. On the following pages you will find some useful information about the Training course. Please read it carefully, as some of them are very important; everything written in this infopack, once you receive it, will be considered as fully understood and agreed.

As you might know from other Erasmus+ projects, we will use our time during the Training course for different activities that aim to motivate and make you eager to share your thoughts and experiences, delving into an experiential learning environment.

The group will consist of 20 participants (including trainers and organizing team), coming from Italy, Sweden, Bulgaria and Germany. This will enable you to meet different people and even to find partner organizations for your further activities within the framework of Erasmus+ programme, but remember that such contacts are the bonuses of the project, not the main content

Summary of the project

“Short Stories - Big Changes”. Has the objective to contribute to the integration and social inclusion of young refugees, migrants and other marginalized young people, to promote fundamental European values such as tolerance, solidarity, understanding of diversity, and, hence, to combat discrimination, racism and xenophobia. The main aims of this project are to contribute to the social inclusion, integration and empowerment of young refugees and migrants in the participating countries and beyond, as well as to build the capacity of the participating organizations and other civil society organizations in the field of social inclusion, integration and empowerment of young refugees and migrants

The Training Course “Living Stories”: is an international mobility for Youth Workers within the framework of the project “Short Stories – Big Changes”, realized under the Key Action 2 – Strategic Partnerships in the field of Youth, within the Erasmus+ Programme, that will take place in Sweden, between 10-14 January 2021 (travel days are included). The training will be based on the developed guidelines within the project lifetime "A STORY MAKES A DIFFERENCE", whose methods and activities will be tested during the Training itself, involving 5 youth workers per partner Country and 4 international Trainers. The Training will equip participants with knowledge, skills and competences to work with young migrants and refugees through the described methodology, also enabling them to support the organization of local activities and events with their NGOs

The objectives of the Training course can be explained as followed:

- The capacity of youth workers who will participate in the training will be developed - they will acquire skills and knowledge in the field of working with marginalized youth (especially young refugees and migrants) through storytelling, creating powerful messages and influencing behaviours and attitudes. They will also learn about methodologies related to live storytelling (living library) and video creation (video storytelling). All these are powerful tools which can bring positive changes, they can contribute to combating stereotypes and prejudices and to increased solidarity, social cohesion and shared values.
- The capacity of the participating organizations will also be developed, through the youth workers who will develop their capacities and then bring them to the organization, to the future activities of each organization - not only the members of the consortium but also other organizations working in the field.
- The training will provide an opportunity for piloting the guidelines developed by professionals in the field, and will provide a space for giving feedback from the participants, which will lead to the improvement and finalization of this output, which will have been tested and evaluated by youth workers.
- During the training youth workers will be encouraged not only to learn and acquire new skills, but also to share best practices, ideas and experiences from different contexts, as well as to plan future activities, including the local

activities which are part of each project. Networking, cultural exchange and peer learning will happen during this mobility.

- The training will equip youth workers with different skills and will prepare them for working with young refugees in migrants through the described methodology, for organizing the following local activities - the video creation and the two local events.
- The partner organizations and participating youth workers will learn more about the context and the needs of the young people with migrant background in different countries, which will lead to providing better tailored activities for them, focusing on the specificities of each country.
- The European values of solidarity, no-discrimination, democracy and Human Rights will be fostered and further promoted. Youth workers will learn about innovative methodologies for this promotion and for empowering marginalized youth (young refugees and migrants in particular)



Methodology:

- Energizers and social games
- Discussions, analysis, debates and presentations
- Simulations and role plays
- Meetings with representatives of authorities and other NGOs
- Usage and practice of gained knowledge and skills on practical examples
- Evaluation of self assessment

- Daily reflection on individual and group level
- Planning of future cooperation

HOW TO APPLY FOR PARTICIPATION?

Each partner organization will send 5 participants.

fill and submit application form which you can find on this link:

<https://forms.gle/FhTGT9UnRFaEQhJX7>

Deadline for applications is 20 December 2021. and after this date all applicants will be informed about selection results. Selection will be done in cooperation between all partner organizations taking into consideration universal criteria which can be found in this infopack.

PARTICIPANTS' PROFILE

Eligibility criteria for the youth workers:

- residing in one of the participating countries of the project;
- aged 18+;
- possess good command of English (ability to clearly understand and communicate with the group in English);
- with demonstrated personal commitment to youth, by involvement in work with NGOs, volunteering activities, etc.;
- with at least 2 years of experience in working with organizations on programs/projects for youth and advanced knowledge in non-formal education. Nominees who have served in many roles with varied and extensive experiences are favored;
- already have experience in working with young refugees, migrants and other disadvantaged young people (e.g. minorities) or are motivated to do so;
- in position to transfer further knowledge to other youth trainers in their country, as well as to work closely in cooperation with the sending organization for the foreseen activities after the training (in the frame of the Erasmus+ KA2 project and beyond) - the youth worker must engage and assume responsibility for the implementation of the local activities planned: Human/Living Libraries and creation of videos with refugees/migrants - taking place in each country in the first half of 2022



-All participants need to be vaccinated with 2 doses against Covid 19

Expected Result from the Youth Workers:

After the training course, participants will implement following local activities in each country with the support of the partner organizations

- Create short videos (5 videos per organization): young refugees and migrants sharing their successful stories of integration in the local communities in the partner countries; celebrities (opinion leaders, influencers, policy makers, artists, etc.) from partner countries sharing their positive messages related to the integration of refugees and migrants. The videos will be widely disseminated and promoted.
- Organize a Living Library Events in each partner country (1-day local event) - giving the floor to refugees and migrants who have positive stories to share, as well as to youth workers who work in this field.

• SAFETY: COVID-19 & Health Insurance

In order to reduce as much as possible the risk of COVID-19 infection, and to minimize the chance of people getting sick before the Seminar, we will try to create a bubble for our group and reduce to the minimum external interactions. All the spaces of the accommodation will be cleaned and sanitized before your arrival according to the latest anti-COVID latest hygiene provisions, hand sanitizer will be always available, and all the people from the trainers, organizing team and volunteers will be vaccinated.

In case situation will change in the , we will apply indications provided by EU Commission.

Please make sure that coming to the project you have a valid health insurance! For those who have European Health Insurance Card, bring it with you or request it if you're EU resident and you still don't have it, while for those who haven't, you can buy a travel insurance covering potential medical needs.

You can buy it while booking your flights, since companies usually give it as an option, or searching



for an insurance online to cover the days of the training.

Your health insurance should make it eligible to have medical treatments abroad. This is absolutely a must to join the project

Costs regarding Health Insurance can be reimbursed ONLY to the Countries not having EU Card and ONLY if it's bought together with the flight ticket.

Health insurance is not provided by the organisers

TRAVEL AND REIMBURSEMENT

Participants are expected to arrive after 17:00 on the 10th of January 2022 to the venue (see below) and to leave on the morning of the 14th January 2022. There is possibility to arrive and leave up to 2 days before and after the official dates of the Training, but food and accommodation for the extra days are not covered from the project. Therefore, food and accommodation are provided starting from the dinner of the 10th until breakfast of the 14th.

You can check your itineraries keeping in mind the following limits:

- ☐ 20€ – Sweden
- ☐ 275€ – Italy , Bulgaria
- ☐ 180€ - Germany

100% of accommodation and food costs will be covered



Travel costs will be reimbursed only if these 4 conditions are fulfilled:

- You gave all the ORIGINAL tickets to our organization.
It's fundamental to keep and bring the invoices or the travel confirmations as well; On all documents that you provide the following elements must be clearly indicated: price, currency, name of the passenger, date of purchase and travel itinerary;
- You attended the full duration of the training course;
- You participated in all project phases – (including **DISSEMINATION**)

You submitted any report that our organization or EU requested;

In case the amount is written in your local currency, we will use the European commission calculator currency according to the exchange rates from official European Commission website for the month of ticket purchase:

<http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

Return tickets must all be provided by postal service once you come back home, unless you have the chance to provide them to us during the training itself (for instance, if you can make electronic tickets and online check in).

N.B. Do not take taxi. In such case we will not be able to reimburse these costs

IMPORTANT! Do not buy tickets before you get confirmation of your itinerary from the hosting or the sending organization! Send your ticket proposal to ungdomsfronten@gmail.com or to the sending NGO from your Country



Venue :

Participants will be located in Swedish style cabin houses 20 min from Malmö city.

You will be accommodated in same gender shared room with people from other nationalities. In the cabin there is a combined living room and kitchen with dining area. The kitchen area is furnished with fridge, cooker, oven and micro. The house will accommodate four people in the form of two bunk beds. Blankets and pillows are available for all the beds. But **Please bring your own bed sheets and towels.**

. Participants should consider that the main concept of the accommodation follows the spirit of living in a hostel, therefore bathrooms, rooms and the kitchen will be shared. However, space for private objects is included from shelves in the kitchen and fridge, closets and lockers.





In particular: bring some food and non-food items from your country. In order to share and present your Country/culture/community to other participants there will be intercultural evenings. On these evenings you are expected to create interactive and creative presentations where you can use traditional food, drinks, music, dresses, flags, brochures, etc. You can also make quiz, dances, performances and/or theatre sketches and on that way present tradition, habits, language and people from your country, just be active and creative!!!

Currency:

Despite being a part of the EU, Sweden does not use the euro. There was a referendum back in 2003 and at that time, Swedes decided not to adopt the single currency

1 SEK = 0.09721 Euro

It is more usual here for people to use cards for transactions but if you need cash there are ATMs almost everywhere, or you can exchange from EUR to SEK in the airport.

Weather

The project is happening almost during winter time.

The average temperature in the region in that time of the year is around -5°, and it can go below during the afternoon/evenings

CONTACTS & FB GROUP

For any question you have don't hesitate to contact us. Ungdomsfronten Facebook page:

<https://www.facebook.com/UF2013/>

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Facebook group We will create an official facebook group of the project later on. On that virtual space we can start getting to know each other, familiarize with the topic and objectives of the exchange, and ask all the information you might need



LOOKING FORWARD
TO MEETING YOU IN
SWEDEN!