

# **The Trinity Trumpet**

A Monthly Newsletter Published by Trinity Lutheran Church, Pitsburg, OH February, 2020



### Prayer Concerns— Current and ongoing

- Chet & Sharon Wirrig—Health
- Mike Hangen—Health
- Patty Sackett—Health
- Jr Koos—Health
- Jody Burns—Cancer
- Mindy Brandon—Awaiting kidney transplant
- John & Karen Davis & family
- David Allen Brumbaugh
- Jerry Higgins—Cancer
- Ronda Hanes—Health
- Maxine Didier– Healing
- Kerry Young—Coma & for wife, Julia
- JR Alltop
- Holly McEldowney—Cancer
- Sarah Wolfe—In Hospice, kidney failure
- Kenny Hesler—Stroke
- Frank Trimble—Illness
- Greg Perry—Heart problems
- Ev Kaiser—Heart problems
- Kenny Johnson— Heart and health issues
- Jacob Riffle—Heart issues
- Connie Rowland—Cancer
- Aubree Myers—Lupus and MS
- Marvin Brumbaugh—Cancer
- Amanda Spahr—Brain issues
- Joe Spahr—Heart issues
- Reese Addington—10 year old with auto-immune disease
- John Young—Cancer
- Mary Philpot—Cancer
- Tracy & Bob—Help through a difficult time
- Aiden Snyder– Leukemia
- Miranda Nolley (Katherine's granddaughter)—Deployed to Kuwait
- Crystal Proffitt—Health
- Ray Chester
- Zane Rhodehamel—Leukemia
- Kelly VanDeGrift—Cancer
- Dennis Riffle
- Jason Couvutsakis—Medical issues
- Tony Matamoras—Health
- Barry Ulrich– Vision
- Michelle Lawrence—Baby

- David Netzley—Health
- Bill Mahaffey—Chemo treatments
- Bob & Rochelle Sadowski—House fire
- Bobby Jagelski—Cancer
- Auzzy Monroe—Diagnostic tests
- Janice Rosenberger—Stroke
- All families suffering with addiction
- Tommy Scarlis—Brain tumor
- Jason- Brain tumor
- Dawn Oswalt—Cancer
- Stephen Angles—Tourettes
- Dave Sroufe—Back surgery
- Brian Henderson
- Jaimie Campbell
- Shirley Hensel
- Mary Ann Shellhaus—recovering from a stroke
- Bill—Diabetes
- Helena Proffitt
- Jack Myers—Heart issues
- Jeannie Myers—Health
- Pat Ferguson—Spinal surgery
- Bob Harter
- Lowell Unger
- Ruth Baker
- Kevin Henninger—Cancer
- Jeanne Cassel—Alzheimers
- Ed Obringer—Hospice
- Pray for the Kurds and an end to ethnic cleansing & genocide
- Kevin Henninger—Cancer
- Susie Weisenbarger—Cancer
- Pat Netzley—Asthma, cold
- Ruth Baker
- Julie Erk—Health
- Jim Neitzelt—Heart issues
- Jack Rademachir—Hospitalized with sepsis/dialysis
- Carolyn Fourman—Heart issues
- Crew Baker—RSV
- Lois Baughman—Health
- Nancy Longo—Heart surgery
- Sierra Stryker—Sight & head trauma

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- Sandra Williams—Eyes
- Sandy Booher
- Bob Tiborn

- Cindy Lou—Knee surgery
- Peace in the Middle East
- Portia Boord & Family
- Linda Baker—Knee replacement
- Marilyn Fensterrmaker— Cancer reoccurrence
- Eli Brown—Leg infection
- Bob Thiebeau—Cancer
- Mrs. Henninger—Fertility
- Eric Snyder—Return of brain tumor
- Australian Fires

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a stroke

Ukranian Plane Crash
Porta Rico Earthquake

Troy Tornado Victims

Jerry Higgins—Cancer

Robert Strunkenburg Family

Quana Tate—Complications from

Hopeand

Healing

Our sympathy

to the families of

**Richard Plaskow** 

Bob Thiebeau

Chad Kemp's Grandmother

Prayer requests may be

emailed at anytime to

trinityprayers@woh.rr.com

and upon receipt your request

will be shared so that many

will be praying immediately.

Ronnie Brumbaugh

\Janet Gilliland—Cancer

# **President's Perspective 2020**

Hello Trinity folks,

We had a very productive Council meeting in January with more than the quorum attending. Many thanks to those who were able to come.

Our meetings will change to the **third Wednesday** of the month beginning in February. We hope that changing the night to Wednesday will allow more council members to attend.

Our council will be working to go over the proposed changes to our constitution this year and our plan is to work at it in smaller chunks to avoid marathon meetings. Dean Thompson has spent many hours making the changes clear to members and will be presenting those changes at the meetings.

I appreciate our Trinity family and the grace and love we all share in so many ways. God bless all of you!

Bev Erdmann



Please contact Linda Baker at 937-547-0975 if you plan to attend.



Starting in February, the meeting dates for Christian Education, Finance, and Council will change.

Christian Education will be meeting on the second Wednesday and Finance & Council will meet on the third Wednesday each month.





### <u>WELCA PROJECT</u> JANUARY thru MARCH

### Personal Care Kits

- 1 Adult Tooth Brush
- 2 Bath Size Bars of Soap
- 1 Wide Tooth Comb
- 1 Bath Towel (Dark in color & no larger than 52X27)
- 1 Nail Clippers (w/ optional nail file)

DEADLINE FOR THE MARCH ISSUE OF THE TRINITY TRUMPET IS FEBRUARY 18th.

### Please learn more about Aiden Myers, our Confirmand for February.

# **Confirmand Spotlight**



Aiden is a 2nd year confirmation student at TLC and a 7th grade student at Franklin-Monroe. He likes to stay active playing sports and riding his 4-wheeler. He is currently playing Jr. High basketball for FM this winter although baseball is his passion and favorite sport. He will be playing his 4th year of select baseball for "The Fielders" as the first baseman and he will also play Jr. High baseball for FM. He has played goalie for soccer since kindergarten, but didn't have a team to play on last season because there weren't enough kids. He has a great sense of humor and does well in school. He is kind and generous and spent time this past summer helping a stranger with clean-up after the Memorial Day tornados by cleaning debris and helping rebuild a fence with his parents. He also raked leaves for his neighbor who had a hip replacement. He enjoys spending time with his family and friends and his little cousin, Rogie, whom he loves so much!





### **WELCA News for February**

Our January 8 meeting was started with a devotion about the new year followed by a Marilyn Meberg Women of Faith video. The shows we watch every month are great for all women. Enjoyed by all was food made by Bev Erdmann. A brief business meeting was held. Future discussion about a possible spaghetti dinner and the Mother/daughter/friend banquet will be held next month.



Our meetings are pretty flexible with a devotion, a short lesson, food, and a business meeting. Women of all ages are welcome to join for some wonderful fellowship. Learn about the many ways Welca impacts Trinity and can improve your spiritual life, too.

The February 5 hostess is Julie Kossler.

#### Marge Warner - WELCA President 937-623-2544

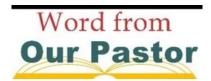
#### 2019-2020 WELCA OFFICERS

Pres. - Marge Warner Secretary - PJ Musser Wernle Rep. - Judy Ulrich Dinner Chair - Katherine Jump Sunshine Cards - Julie Kossler Devotions—Marge Warner

Vice President—Katherine Jump Treasurer—Portia Boord Quilting - Judy Ulrich and Linda Baker Christmas Party Committee - Portia Boord and Linda Baker Luncheon Chair - Linda Baker Giving Tree - Pat Netzley and Pam Oswalt Mother-Daughter-Friend Committee - Vacant

Ash Wednesday, February 26 thru April 11, 2020





### "The kingdom of heaven is like treasure hidden in a field..." (Mat 13:44a)

My Dear Trinity Lutheran Church,

As a pastor, I have the pleasure of receiving some really great and some challenging questions from people. My favorite question is, "Pastor, what will heaven look like?" Sometimes I get this question from one of the children who attend our preschool at Trinity. Other times, questions like this come from one of our more mature members as



they contemplate finally receiving their blessed inheritance of eternal life, or from their loved ones walking with them during that difficult time when goodbyes are hard and the hugs are extra special. Regardless from whom the question originates, it is probably a question we've all contemplated out of faithful curiosity from time to time. What will heaven look like?

Over the years in various adult Bible studies, questions like this often pop up. I don't know whether heaven would literally look like jasper and have 12 high walls as described in Revelation Chapter 21. Will it be more like the picture Jesus Himself painted of Heaven, being filled with sheep and goats as he did in Matthew 25:32? The Bible gives us many different images of what heaven will "look" like, and there lies the challenge. The Bible is not necessarily interested in sharing with us what color scheme will be used on the walls in heaven, or what shades of green the grass will look like. The Bible isn't necessarily interested in sharing with us those images of heaven, but the Bible is very interested in showing you heaven. In a parable recorded by Matthew, Jesus says Heaven is like a valuable treasure buried in a field. It's so valuable you would sell everything you have to buy the field and obtain the treasure. Fortunately, we don't have to sell everything we own to get a slice of Heaven. Jesus paid that price and we get to enjoy the treasure forever.

During this time of year especially, we can see heaven. We're currently in the season of the Church year called Epiphany. Sometimes we might use the word "epiphany" in our everyday speech. We might say we had an epiphany when we really mean that we had a sudden flash of insight, or we had an "aha" moment where we were able to see a solution to an especially difficult problem. In worship, the word "epiphany" refers in some way to the manifesting of Jesus' divine nature in our world. It starts with the Maji finding the baby Jesus and worshipping Him and concludes with Jesus Transfiguration on the mountaintop with Peter, James, and John. All the Gospel stories during Epiphany tell us about who Jesus is as God's Son.

For as much as Jesus reveals about Himself, isn't it interesting that we don't know what Jesus really looked like. The Bible doesn't spend time telling us the length of Jesus' hair, but it does spend time telling us God has numbered every hair of your head. The Bible doesn't tell us what Jesus' clothes looked like, but the Bible does take time to tell us we have been clothed in Christ. The Bible doesn't take the time to tell us what Jesus physically looked like, but it does take plenty of time showing us what our new life in Christ looks like. This takes us back to our original question, "Pastor, what does heaven look like?" I may not have a clue as to what heaven will physically look like, but I know without a shadow of a doubt WHO we will see in heaven when we open our eyes and look around. In closing, please pray the following passage which truly shows us exactly what, or better yet, "who" heaven will look like.

<sup>3</sup> And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. <sup>4</sup> He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away." — Revelation 21:3-4



During this Church Season of Epiphany, may the light of Jesus and the love of God be revealed to you so that your thoughts, words, and actions bring God honor and glory. May the Epiphany light of Jesus shine through you and be a guide for others, struggling to find their way in this broken and sinful world. May God bless you now and always, amen.

In Christ's Love,

Pastor Mel



### ...News for Pre-K through 6th Grade



Our group is excited to be using new curriculum for Sunday School. An excellent variety of stories, games, songs, and crafts will teach the kiddos many important Bible points about Jesus. The kids will actively be participating. However, teacher help is needed on Sundays. This curriculum is easy to follow for the teacher and child. Please get involved with our children a couple of times a year. See the sign up sheet in the entry. I'm willing to help anyone interested.

Coming in April - Our group is waiting for an Easter Play to arrive. We may be doing a small portion of it for Easter Sunday. The program is similar to the Christmas program format.

Our team meets the second Wednesday of the month and would love to have a few more of you to step up and help!

Thanks, Marge Warner 937-623-2544

The Team - Pam Oswalt, Linda Baker, Stephanie Kemp, Michelle Groff, Bev Erdmann, and Pastor Mel



## Dartball News

We are still hovering in the middle of the pack as the year is ending. I keep saying we are saving ourselves for tournament. Twice this season we have lost all three

games in one night and then the next week we turned around won all three. We have had sickness and injury plague us all year but we have worked around it. I really need to say this... the fun and fellowship not only among our team, but most of the teams we play, never ends.

Dean

Tournament games will be played Monday, Tuesday, and Thursday (February 3,4, 6).





### January Meeting Summary

- Our Trustees have repaired all of the exterior lights of the Church
- Mark Groff has been hired as our janitor
- The Trinity Fund Accountability Policy created by the Finance Committee was accepted by Council
- Changes recommended by the group working on the Trinity Constitution will be reviewed monthly in smaller segments with the hope of finishing this to give to the congregation for approval
- Dave Netzley and Dave Warner will share the 4<sup>th</sup> position as Deacons for the two year term
- Marge Warner was appointed as Christian Education Leader as her name was missed on the Annual Meeting ballot
- We will post a list of Trustees in the kitchen in the event of emergency need at the Church
- Council meeting dates were changed from the 2<sup>nd</sup> Tuesday to the 3<sup>rd</sup> Wednesday of the month beginning in February



Sign up on the chart outside the church office to serve as an acolyte or to provide flowers for our worship services!



### for your support of the Wernle Youth and Family Services.

In the month of December the following gifts were sent to Wernle:

1 Pair New Balance Women's Running Shoes 2 Packs girl's socks 2 Packs boy's socks 12 Pair Ankle Socks 4 Pair Crew Socks 20 Wash Cloths 8 Laundry Bags

- 7 Hair Brushes
- 10 Shampoos
- 4 Men's 3 in 1 Shampoo/Conditioner
- 4 Body Wash
- 4 Ivory Body Wash

Also, birthdays cards were sent with 3 \$15 fast food gift cards, and \$20 cash. In January, we also sent birthday cards with 3 \$15 fast food gift cards and 7 Encouragement cards.

There are still several residents who need adoption for the card shower project. Choose a child's name and send some cheer to that resident each month — birthdays, holidays, or just encouragement. Stop by the table in the church entry to choose a name and pick up further instructions for how it works. Also, we are accepting donations to buy occasional cards and gift cards, or you can donate \$15 fast food gift cards (Subway, McDonalds, Burger King, Taco Bell or Walmart).







### **Morgan McKinney**

(Daughter of Brad and Miranda Harleman)

Wayne HealthCare recently posted this item on Facebook.

"Meet Morgan, an RN in Wayne HealthCare's emergency department. Recently, Morgan was instrumental in saving a patient's life!"

Thank you, Morgan, for your skill and care!



to Larkin Ressler and Landon Muhlenkamp upon making the Dean's List at Edison!





Ken & Carla Hesler 204 Ireland Arcanum OH 45304

Gary Obringer 115 Sherman St Greenville OH 45331

David & Marge Warner 128 Deeter Dr. Englewood OH 45315



This year, we will publicize the birthdays of the Wernle residents for each month and you are invited to send a birthday card to one or more to help them celebrate their special day. However, there are some instructions to follow:

Sign your first name only and Trinity Lutheran Church if you want. Place your card in the envelope unsealed, and write the recipient's name on the outside. Place this envelope in another envelope and address it to:

#### Attn: Resident's Greeting Card Inside! Wernle Youth and Family Treatment Center 2000 Wernle Rd., P O Box 1386 Richmond IN 47375-1386

#### Use the church's return address: *Trinity Evangelical Lutheran Church* 8520 Oakes Rd. Arcanum OH 45304

If you would like to include a gift card (\$15-\$25) for food or shopping, place it in the outer envelope. Staff will need to monitor it and make plans for them to use it.

### Birthdays this month:

Nicholas G	2/2/2001	Elijah P	2/21/2006	
Tiyuan J	2/11/2004	Harley T	2/21/2008	
Dillon C	2/12/2005	Katlyn H	2/21/2003	
Charleigh P	2/13/2006	Camron B	2/24/2003	
Christian D	2/17/2002	Gavin P	2/28/2006	

We have also been providing fleece tied blankets for the girls at Wernle and they love them. We have purchased enough fleece for several and the catechism students have been making them. If you would like to make a tied blanket, contact Bev Erdmann or Judy Ulrich and we'll get you started. There's no sewing just tying knots to make a fringe.

Bev Erdmann	937-621-6748	erdfam3@gmail.com
Judy Ulrich	937-417-5590	jbulrich2000@yahoo.com



Here's Aiden Myers making a tied blanket .

> Aiden's finished blanket.



# Health Ministries February Health Tip

# Lower Type 2 Diabetes Risk With this One Simple Tip

You may already know that grilling and barbecuing meat can create cancer-causing substances. But did you realize that how you cook meat may also increase your risk for type 2 diabetes? Learn how to change the odds in your favor by choosing healthier cooking methods.

### The Link Between How You Cook Meat And Type 2 Diabetes

Healthy eating is a big step toward preventing chronic diseases. We already know meat cooked at a high temperature can produce hazardous chemicals, called carcinogens, which can cause cancer.

New research points toward a connection between high-heat meat cooking and type 2 diabetes. According to a study from the Harvard Chan School of Public Health's Department of Nutrition, frequent use of high-heat cooking techniques to prepare beef and chicken — like broiling and barbecuing increase the risk of type 2 diabetes.

Study participants who often ate meats and chicken cooked at high temperatures were 1.5 times more likely to develop type 2 diabetes. Exactly why this increases risk is not known. But the harmful chemicals generated during high-heat cooking can play a significant role in impacting your health. These chemicals may trigger an inflammatory response, interfere with the normal production of insulin, or contribute to insulin resistance, which means the body cannot use insulin properly to regulate blood sugar levels. The study also notes that people who frequently used high-temperature cooking methods are more likely to gain weight and be obese, which itself is a risk for developing diabetes.





(over)



PremierHealth.com

### "New research points toward a connection between high-heat meat cooking and type 2 diabetes."

#### **Cooking Methods You Should Avoid**

A char-grilled steak may be delicious. But is it worth the risk? As tempting as it may be, it's wise to skip cooking meats using high-heat and open-flame methods like:

- Grilling
- Barbecuing
- Broiling
- Roasting

Instead, opt for healthier ways to prepare meats that use lower temperatures, or brief periods of high heat, such as:

- Slow cookers
- Baking
- Sous-vide (a *cooking method* in which food is placed in a plastic pouch and *cooked* in a water bath)
- Boiling
- Steaming
- Stewing
- Sautéing
- Stir-frying

Sources: Harvard School of Public Health; American Diabetes Association; Diabetesincontrol.com

The material above is general medical information provided for informative and educational purposes only. General medical advice can never substitute for personal, professional advice given based on your medical history, your family medical history, your medication history, and other factors. Because these factors are different for every person, you should always consult your physician before relying on this information. These health tips should not be construed as establishing a patient-physician relationship between you and Premier Health and/ or any staff members. If you need medical assistance, contact (866) 608- 3463 to make an appointment with a physician, or call 9-1-1 immediately if it is an emergency.

### Premier Health

PremierHealth.com

## Cheeseman Updates.....

Greetings from Ohio! We landed mid-January and are enjoying a few days with our families. A broken airplane engine resulted in an extra-long layover, but the result seemed to be less dizziness for Ivy. We thank God for delayed flights.

We will be in Ohio for 10 more days and then drive to Longwood, FL, to focus on debrief, training, and connecting with our local churches. Please pray for humility and clarity as we prepare presentations and sermons. We want our words to glorify God, not our own weak efforts. Our travel itinerary will be: Feb/March— Florida, April/May/June—New Hampshire/Maine, July/August—Ohio/Indiana/Michigan, September— Thailand again!

If you would like to connect, please let us know. We'd love to see you!

As always, we thank you for joining us in this work.

Nate & Ivy (nateandivy@gmail.com)



# **FEBRUARY CELEBRATIONS**



- 2 Charles Didier
- 4 Zach Diceanu
- 6 Gerald Merzke Jennifer McKibben Joseph Newnam Natalie Snider
- 7 Katie Ressler
- 8 Linda Feitshans Sierra Bruner

### Birthdays

- 9 Tyler Tauscher
- 10 Isabella Harleman
- 12 Trudie Arling
- 14 Ruby Nelson
- 17 Antonia Baker Quintin Muhlenkamp
- 21 Adam Hemmerich
- 22 Emily Warner
- Robby Arling

- 23 Kent Thompson Logan Ressler
- 26 Paul Barga
- 28 Oliver Gettinger
  - Tommy Nelson Jr.



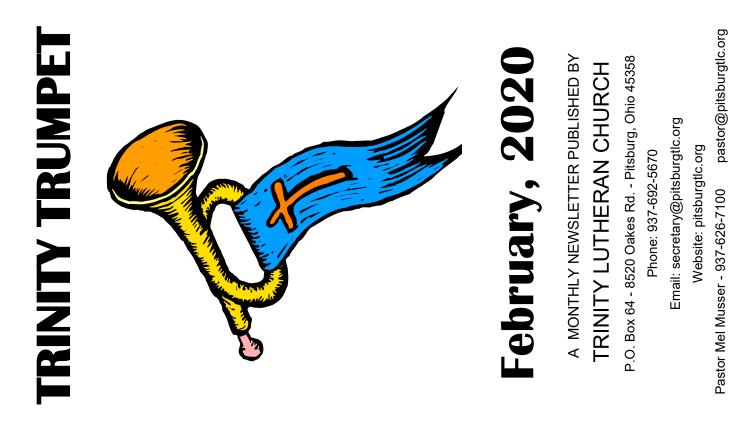
### Anniversaries

- 5 Michael & Elizabeth Martin18 Dave & Connie Gilmore
- 28 Ed & Tracy Muhlenkamp

S.			Baptisms		2
2 К	Cent Thompson	11	Matthew Dornbusch	19	Michelle Heckman
	ach Diceanu	12	Dean Thompson	21	Tammy Merzke
5 C	Donna Thompson		Diane Warner	27	Bucky Burrell
	April Zderad	16	Autumn Myers	29	Maya Diceanu
11 A	Allison Snider	17	Kayla Garwood		Ky Cool

**FEBRUARY** DATE GREETERS READERS ACOLYTES **FLOWERS** 2 Rob & Jennifer Arling **Diane Warner** 9 Miranda Harleman Belle Harleman Brad & Miranda Harleman Jake & Niki Angles 16 PJ & Melanie Musser Gary Obringer 23 Gary Obringer Chris Cassell Layni Ressler 26 Ash Katherine Jump Wednesday

SATURDAY	7	œ	<b>15</b> 9:00 am Mututal Ministry Team Meeting	22	29
FRIDAY		<b>7</b> 3:30 pm FISH Choice Food Pantry	14 Activities 9:00 am Prayers & Squares Quilting 3:30 pm FISH Choice Food Pantry	<b>21</b> 3:30 pm FISH Choice Food Pantry	<b>28</b> 3:30 pm FISH Choice Food Pantry
THURSDAY		<b>6</b> 7:00 pm Dartball Tournament 7:00 pm Worship Team Meeting (if needed)	13	20	27
WEDNESDAY		<b>5</b> 11:20 am FM Core Club 6:30 pm WELCA Meeting	12 11:20 am FM Core Club 11:30 am Ladies Luncheon 6:30 pm Christian Educa- tion Team Meeting	<b>19</b> 8:30 am GGMA Meeting 11:20 am FM Core Club 6:00 pm Finance Team 7:00 pm Trinity Council	26 ASH MEDNESDAY 11:20 am FM Core Club 12:00 pm GGMA Ash Wednesday Service 7:00 pm Ash Wednesday Worship Service @Trinity
TUESDAY		<b>4</b> 7:00 pm Dartball Tournament	£	18 Newsletter DEADLine 7:00 pm Council Train- ing Workshop/ Centerville	25
MONDAY		<b>3</b> 7:00 pm Dartball Tournament	10	17 PRESIDENTS DAY	<b>24</b> 9:00 am Prayers & Squares Quilting
SUNDAY		2 9:30 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sun. Sch. <b>Groundhog Day!</b>	9 9:30 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sun. Sch.	<b>16</b> 9:30 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sun. Sch. 11:30 am Blood Press. Screening	<b>23</b> 9:30 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sun. Sch. 11:30 am Blood Press. Screening





Trinity Evangelical Lutheran Church P.O. Box 64 - 8520 Oakes Road Pitsburg, Ohio 45358



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