

WHTA Mini-Tutes 2014



Assessment of Levator Avulsion in the Physiotherapy Clinic

PURPOSE OF MINI-TUTE

To outline three assessment techniques that the physiotherapist can easily utilize in the clinic to determine the likelihood of levator avulsion

- Palpation of Muscle
- GH + PB
- Width Between Insertion Sites

DURATION **7min 45sec**

LINK <http://www.educreations.com/lesson/view/assessing-levator-avulsion-in-a-physiotherapy-clin/18680455/?s=aTb9g1&ref=appemail>

Note **For more junior physiotherapists or those wanting more detail on the research**, there is a longer version of this tutorial (13min 9sec). The longer version provides an introduction to levator avulsion including risk factors and implications for women considering surgery, a more detailed, slower explanation of levator anatomy, as well as more detail on the reliability and validity research underpinning the assessment techniques explained.