

**FRIENDS OF EAGLE NEST LAKE &  
CIMARRON CANYON  
STATE PARKS**



*Are Hosting*

*Annual New Year's Day Polar Events*

*At*

*Eagle Nest Lake State Park*



***POLAR STOMP!***

*(First Day Hike)*

*at*

***Eagle Nest Lake State Park***

*on*

***JANUARY 1, 2023 – 1 PM***

*Start the year with an hour or so stomp over one of the flat trails at Eagle Nest Lake State Park followed by a cup of hot chocolate & cookies!*

*Snow depth will dictate*

*whether you need **snowshoes** or **snow boots**.*

**\*\*\*\*\***

Conditions Permitting

*For those hearty souls looking to start their year off with a Polar Plunge in to the ice cold waters of Eagle Nest Lake*

***POLAR PLUNGE!***

*in*

***Eagle Nest Lake***

*at*

***Eagle Nest Lake State Park***

*on*

***January 1, 2023 - 2 PM***



***Event T-Shirt for the First 90 Plungers***

*State Park Day Use Fees apply: \$5 per car or Annual State Park Pass for current year  
**Registration for both events begins at 12 Noon on January 1, 2023***

*at*

*Eagle Nest Lake State Park Visitor Center*

*42 Marina Way, Eagle Nest, NM 87718*

*575-377-1594 - [www.friendsofeaglenestlake.org/events](http://www.friendsofeaglenestlake.org/events)*