



Pointless Pursuits

Directions: Cut each square below into cards and put them in a pile. When it's your turn: pick a card, **read it to yourself** - (not out loud unless otherwise instructed) and then do what the card tells you to do. If you are really embarrassed you can pass the card to the person next to you but for this to work and be fun, it is better to give it a try if you can. (Warning: This activity may not be a good idea for an anxious or new group)

Think of an unusual and unexpected or strange thing to say. Take a deep breath and calm yourself, then say your funny line to the group with a straight face and just sit there and wait for a reaction without smiling	Get up and randomly start dancing in place	Put your head down so people can't see you and pretend you are crying because you are too scared to do what is on this card	START FAKE LAUGHING OUT LOUD FOR A WHILE AND SEE IF YOU CAN GET ANYONE ELSE TO START LAUGHING FOR REAL
Ask the group to vote on this: "Would you rather have a head the size of a refrigerator or a grape"	Make a strange face and at the same time make a weird noise. See if you can keep the face and noise going for 30 seconds even if people ask you to stop	Tell the group a wacky but true story	Find someone in group who is willing to take you on in a staring contest and see who wins
Tell a funny story about a time you had a bathroom accident as a child	Do your best impersonation of a famous person	<u>Complete this Mashup -</u> If you combined ____ (Celebrity) With ____ (Celebrity) Then you would get: ____ (Make up clever answer)	Read out loud and answer: What would be a horrible name to give a child?
Read out loud and answer: What is one of the weirdest things you've witnessed in a public restroom?	Pick a word- Ask everyone in the group to incorporate that word into a famous movie title of their choice	Ask others in the group to identify two activities that should never be done at the same time. Come up with your own answer too	Ask someone in group to choose an animal. Afterward tell the group what your life would be like if your head was surgically attached to that animal
Ask everyone in the group to pick the actor would play them if someone was making a sitcom about this group	<u>Charades:</u> Pick something unusual or funny and act it out. Ask the group to guess what you are performing	Ask three people to pick something the size of a grapefruit. Next ask them what they would do if they saw that in the toilet	Ask the group who can come up with the most awkward text message or email they've ever sent
Pick two people in group. Ask each person to make up something really embarrassing. Then have the group vote which one would be worse	Start jogging in place and while you are doing it say "The card told me to jog until I puke" (But only jog for 10-15 seconds, just enough to freak everyone out)	Ask three people to pick a kind of food or drink. If you had the amazing power to shoot that food out of your eyeballs which one would you pick?	Ask two people to each come up with a gross liquid or mushy substance <i>If you had to drink a glass of one, and take a bath in the other, which would you pick?</i>
YOU AND TWO OTHER PEOPLE SHOULD COME UP WITH A USELESS SUPERPOWER Then have the group vote which one is the worst.	Would you rather be forced to wear a pair of underwear on your head for a year or on the outside of your pants for 10 years? How you would handle life?	If you had to have one item in this room surgically implanted on your body which item would you pick and where would you have it placed?	Smush your face together with your hands and sing or recite a few lines from a song you know