



Wilson Counseling
LIFE CAN BE GOOD

PERMISSIONS AND CONSENTS

See **FOR YOUR RECORDS** form for corresponding information

1. ASSIGNMENT OF BENEFITS (All clients MUST sign)

Signature of Client or Guardian

Date

2. PRACTICE POLICIES AGREEMENT (All clients MUST sign)

Signature of Client or Guardian

Date

3. PERMISSION TO TREAT FOR MYSELF (ADULT)

Signature of Client or Guardian

Date

4. CONSENT TO USE AND DISCLOSE YOUR HEALTH INFORMATION (All clients MUST sign)

Signature of Client or Guardian

Date

5. SESSION RECORDING POLICY (All clients MUST sign)

Signature of Client or Guardian

Date

6. CLIENT TEXTING/EMAIL CONSENT (All clients MUST sign)

Signature of Client or Guardian

Date

7. PERMISSION TO TREAT FOR MY CHILD. IF JOINT CUSTODY BOTH PARENTS MUST SIGN!

Signature of Parent 1

Date

Signature of Parent 2

Date

8. PERMISSION TO TREAT VIA TELEHEALTH (All clients MUST sign)

Signature of Client or Guardian

Date

Client Name: _____



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INTAKE FORM

INTAKE PACKET

NEW

UPDATED

THERAPIST: _____

Client Name: _____ Today's Date: _____

Responsible Party (if different) & Relationship: _____

Address: _____

City, State, Zip Code: _____

Phone: _____ or _____ SSN: _____

Date of Birth: _____ Age: _____ Gender: ___ Male ___ Female ___ Other

Emergency contact and phone number: _____

Health Insurance Provider: _____

Who referred you to Wilson Counseling/Wilson Place? _____

Assessment requested by: ___ Self ___ Court ___ Attorney ___ DCBS ___ Other

Please give brief description of problem.

Length of problem: _____ (months/years) Problem severity: ___ Serious ___ Moderate ___ Minor

Please check current or recent symptoms:

Abuse (physical)

Abuse (sexual)

Abuse (emotional)

Anxiety

Depressed mood

Dislike self

Divorce/separation

Eating Problem

Excessive Anger

Focus problems

Grief

Hallucinations

Impulsive behavior

Irritability

Loss of interest

Memory problems

Excessive energy

Financial Stress

Panic Symptoms

Overreact often

Opposition or disrespectful

Relationship Problems

Self-harm thoughts

Sleep Problems

Suicidal Thoughts

Suspiciousness

Previous Mental Health Services

Name of Provider

Inpatient/Outpatient

Year

Reason/Diagnosis

Please list persons who live with you.

Name

Relationship

Age

How you get along

Please list supportive persons in your life (friends or family).

Name

Relationship

Age

How you get along

If your parents separated or divorced, how old were you? _____

Did you have any problems during early childhood or infancy? _____

How would you describe your childhood?

Very pleasant

Pleasant

Difficult

Very difficult

CLIENT NAME: _____

Family history of mental health issues

	None	Depression	Anxiety	Alcohol/Drugs	Other
Father	_____				
Mother	_____				
Siblings	_____				
Father's Family	_____				
Mother's Family	_____				

Health (Please circle or check conditions you have experienced)

AIDS	Seizures	Tics
Diabetes	Allergies	STD's
Liver Disease	Hospitalization	None
Headaches	Asthma	Other _____
Heart Disease	Cancer	Other _____

Please list all medications you are currently taking:

1. _____ 2. _____ 3. _____
4. _____ 5. _____ 6. _____
Who prescribes the medication? _____

Cultural Preferences

Faith-based beliefs: _____ Ethnicity: _____

Educational History

Are you currently a student? Yes No School _____ Grade _____
Did you have learning difficulties? Yes No Behavior problems at school? Yes No
How much do you enjoy school? A lot Some Little None

Work History

Are you currently employed? Yes No If yes, where? _____ How long? _____
How much do you like your job? A lot Some A little Not at all

CLIENT NAME: _____

Alcohol/Substances

Alcohol use: ___Several drinks daily ___Several drinks weekly ___A few drinks a month ___None

Substance use: ___Currently use ___Used in Past ___Never used

Legal History

Do you have an active court case? Yes No Court/Judge: _____

Do you have another court date? Yes No If yes, when?: _____

Do you have an open DCBS case? Yes No If yes, worker: _____

Social History

How many friends do you have? ___None ___ Few ___Some ___Many ___A lot

What are your interests or hobbies? _____

What are your strengths or things you like about yourself? _____

What are things you want to change about yourself? _____

CLIENT NAME: _____