

USATF Adirondack XC Championships

Age Group Awards Open/Masters 5K Race



Place	Bib	Name	State	City	Age	Gender	Club	Pace	ChipTime	GunTime
Open/Masters 5K Race										
Female 15-19										
1.	110	Pusateri, Angelina	NY	Castleton	17	F		7:55 / mi	00:24:36.7	00:24:36.7
Female 40-44										
1.	79	Parks, Sarah	NY	Troy	42	F		6:53 / mi	00:21:24.8	00:21:24.8
2.	77	Deer, Kari	NY	Slingerlands	43	F		7:13 / mi	00:22:27.9	00:22:27.9
3.	78	Forbush, Kate	NY	Slingerlands	42	F		7:18 / mi	00:22:42.9	00:22:42.9
Female 45-49										
1.	87	Ottalagano-McGarry, Colleen	NY	Slingerlands	45	F		7:10 / mi	00:22:16.8	00:22:16.8
2.	115	Northan, Jessica			46	F		7:49 / mi	00:24:18.2	00:24:18.2
Female 55-59										
1.	94	Hislop, Kristen	NY	Halfmoon	58	F		7:26 / mi	00:23:06.0	00:23:06.0
2.	92	Buck, Mary	NY	Mechanicville	59	F		7:40 / mi	00:23:51.1	00:23:51.1
3.	96	Keely, Susan	NY	Glens Falls	57	F		7:45 / mi	00:24:05.0	00:24:05.0
Female 70-74										
1.	102	DeGrazia, Martha	NY	Slingerlands	71	F		10:09 / mi	00:31:32.2	00:31:32.2
Male 15-19										
1.	70	Evans, Simon	NY	Middle Grove	15	M		6:41 / mi	00:20:47.2	00:20:47.2
Male 35-39										
1.	107	Potestio, Gregory	NY	Delmar	36	M		6:14 / mi	00:19:22.6	00:19:22.6
Male 40-44										
1.	74	Evans, Shaun	NY	Middle Grove	44	M		6:41 / mi	00:20:47.3	00:20:47.3
2.	73	Deer, John	NY	Slingerlands	40	M		7:13 / mi	00:22:28.2	00:22:28.2
Male 45-49										
1.	84	Matthews, Phil	NY	Waterford	47	M		6:20 / mi	00:19:43.5	00:19:43.5
2.	83	Irwin, Robert	NY	Guilderland	49	M		6:28 / mi	00:20:07.4	00:20:07.4

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3.	81	Geesler, Dean	NY	Slingerlands	49	M		6:29 / mi	00:20:09.4	00:20:09.4
Male 50-54										
1.	88	Reed, Andrew	NY	Niskayuna	51	M		6:32 / mi	00:20:19.3	00:20:19.3
Male 55-59										
1.	91	Stalker, Michael	NY	Chestertown	59	M		6:46 / mi	00:21:03.5	00:21:03.5
2.	89	Mercado, Sam	NY	Saratoga Springs	59	M		6:50 / mi	00:21:14.6	00:21:14.6
3.	90	Pusateri, John	NY	Castleton	55	M		8:03 / mi	00:25:02.5	00:25:02.5
Male 60-64										
1.	97	Lynch, Richard	NY	Saratoga Springs	64	M		7:35 / mi	00:23:33.7	00:23:33.7
2.	98	Many, Jeff	NY	Saratoga Springs	64	M		8:40 / mi	00:26:58.6	00:26:58.6
Male 65-69										
1.	101	Schachner, Mark	NY	Lake George	67	M		8:58 / mi	00:27:53.8	00:27:53.8
2.	114	Juliano, Vince			65	M		9:12 / mi	00:28:36.7	00:28:36.7
3.	100	Feinstein, Ralph	NY	Scotia	68	M		14:02 / mi	00:43:39.0	00:43:39.0
Male 80+										
1.	104	Lee, Raymond	NY	Halfmoon	80	M		13:55 / mi	00:43:16.4	00:43:16.4