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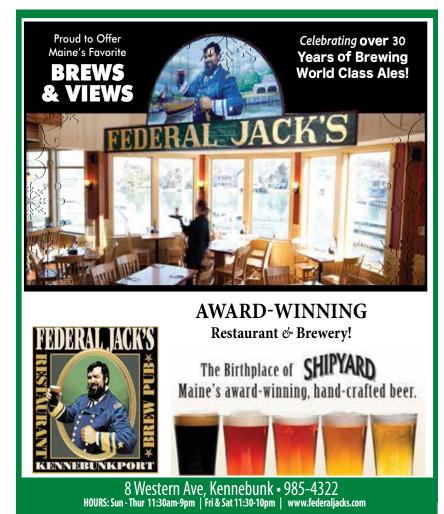
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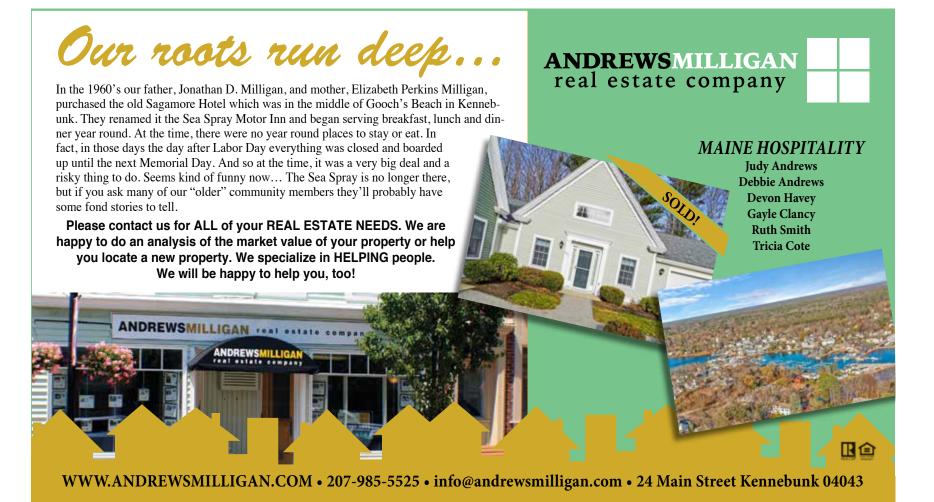
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212 OCEAN AVENUE | POINT O' VIEW... Located in Highly Sought After Cape Arundel | Beautiful & Sophisticated Maine Cottage Sited Perfectly to Capture Panoramic Ocean Views Classically Restored in 2011 | Chef's Kitchen & Open Family Room | Spacious Living Room & Formal Dining Room | 1000 Bottle Wine Room | 2 Bdrm Guest Cottage & Carriage House







43 REAR MILLS ROAD | This Waterfront Property is Hidden Down a Quiet Driveway for Utter Privacy | Enjoy Beautiful Marsh, River & Distant Ocean Views from Every Room 4 Bdrms with Primary on 1st Floor | 2.5 Baths | Eat-in Kitchen, Living & Dining Rooms | Hardwood Floors Throughout | Large Game Room | 2 Car Garage | Walk to the Village





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LOFTING

A series by Tom Laaser at the ... THE LANDING SCHOOL Imagine. Design. Build. Maintain.



aking lines and numbers on a piece of paper and turning it into a wooden boat is a process that has many steps. Many (including myself) would think a builder looks at a plan and then starts building a boat. However, the geometry of a boat can be tricky to translate from paper to life size. This is where lofting comes in. Lofting is a time-honored technique of transferring the plans for a boat on paper into a life size drawing, either on the floor or a levelled table. This allows the builder to not only see the components of the boat as they will be, but the builder may also transfer the lines accurately to create molds or pieces of the boat, as well as use the lofting to calculate different angles within the boat that a small drawing could not produce.

Lofting is so called because builders of large vessels would have a loft with the drawing on to oversee the boat. Naturally, the Landing School teaches this technique, and our instructors placed a lot of emphasis on being as accurate as possible at this stage. I'm talking "Oh man I'm 1/32 of an inch off, I have to redraw it" accurate. The better your lofting, the easier things are down the road. Sometimes the lofting will even expose errors in the drawing that you're grateful to notice before you start cutting wood.

Our class began by building and leveling two 20' x 4' tables topped with melamine and painted white. We situated the tables so that once the boats were built alongside them, we could stand on one end and see the lofting and boat simultaneously. During the process we were shown how to level a table with a laser level, stick, and shims. Like many things in boatbuilding, we had to get creative and come up with solutions in real time to how to get the desired result.

Once the tables were set, levelled, and topped with white, we were ready to mark it up. Of course not after many lectures and assigned reading. The way the wooden boat program is taught is like an enhanced apprenticeship. Our day mirrors a boat shop, teaching us time management and working to meet deadlines, but in a way that helps a group



Tom, Jake (Instructor), and Dan preparing the lofting table.

on inexperienced builders. This hands on work is balanced with reading and lecture. Of all the components in class,

lofting was the most lecture heavy and for good reason. To loft well you need to slow down and really understand the plans you're looking at. Our class was given practice assignments and the actual lofting of our Town class sailboat was taken step by step.

Each day, after morning lecture covering the next step, we would walk over to our tables with rulers, pencils that endlessly sharpened, and long wooden battens to draw the big sweeping curves of our boat. We learned how to use ice picks stabbed into the table to hold the long

batten in place as we slowly drew and re drew the long lines of planks. Having the drawing life size, we were able to step back or onto chairs and see where lines didn't work or where we miscalculated. The math involved in lofting is no harder than most math used in woodwork, however, if you're like me, your brain will hurt by the end of each day over how painstakingly slow you must consider each and every step. During the lofting process, I left each day so mentally exhausted I felt like I'd run a marathon. However, the benefits of an accurate lofting paid off and have been paying off through many steps of the build. We have returned to the loft over everything from checking the spacing between planks to understanding the placement of the centerboard truck. Putting in the work up front with the lofting definitely pays off through out the

Could you build a boat without lofting? Yes, there are more modern computergenerated methods. But, if you're going to be a boat builder, understanding and continually practicing lofting will be invaluable to you whether you're working on a 70 foot schooner or a 10 foot rowboat in your garage.

If you or someone you know is interested in attending The Landing School, please visit https:// www.landingschool.edu/ to learn more contact us at admissions@landingschool.edu.





Column by:
Heather Evans Personal
Trainer/Marketing @ Quest
Fitness Located at 2 Livewell
Dr.Kennebunk

One of my favorite ideas is: you get what you are looking for. What I mean is, if you go see a surgeon about a problem you're having they will provide a surgical solution. If you go see a medical doctor about the same problem, they will have a pharmaceutical solution. If you go to a fitness professional with the same problem, they will give you a non-invasive/functional solution. In my opinion, you should always start with the latter, and work your way up! With that being said, I am going to tell you about Parkinson's Disease and non-invasive ways to manage and reduce the symptoms associated with this condition.

What is PD, or Parkinson's Disease? PD is a progressive disorder that affects the nervous system and the parts of the body controlled by the nerves. Onset is slow and gradual, a common first symptom is the onset of tremors, stiffness or general slowing of movement. Other symptoms may be rigid muscles, impaired posture or balance, loss of autonomic movements, speech changes, dexterity issues, etc. There is no cure for PD at this point, but there are medications that if prescribed by a doctor can improve some of these symptoms. For the purpose of this article, we are going to talk

Parkinson's & Exercise

about non-medical approaches to improving quality of life for someone with PD, such as diet and exercise!

In general, people who exercise regularly tend to live longer, have a better quality of life and avoid developing chronic conditions. All the same applies to someone with PD. The earlier they begin exercising the slower the rate of decline as the disease progresses. The goal of any treatment for PD is to; better control symptoms, slow the progression of the disease and avoid any secondary symptoms of PD, like constipation or GI upset.

The Role of Diet It is general knowledge that fueling your body with a good variety of fruits, vegetables, carbs, fats, proteins, and staying hydrated are necessary for optimal health. When it comes to Parkinson's, there are some special considerations.

- **Constipation:** As stated above, a symptom of Parkinson's, is the slowing of bodily movements. This includes the muscles in your digestive tract. Constipation on a good day is just uncomfortable, but on a bad day it may cause an impacted bowel which requires medical intervention. How can people with PD best combat the slowing of digestion? Eat lots of fiber! Especially from real food sources like: fruits, vegetables, whole grains, legumes, and fortified cereals. If not enough fiber is consumed in the diet, a fiber supplement may be necessary.
- **Dehydration:** The medications that help with PD are very drying. People with Parkinson's will have to hydrate

more than the average person. Staying hydrated is so important for cognition, energy level, mental clarity, strength, balance and kidney function. If you have PD it is vitally important to stay hydrated all day, and I would also suggest taking in additional electrolytes!

• Medication Interaction: The most commonly prescribed PD drug is called carbidopa-levodopa, it is absorbed by your small intestine. The absorption of this drug can be disrupted if you take the medication right after eating a high-protein meal, since protein is also absorbed in the small intestine. It is recommended to eat high-protein meals at other times in the day, and eat something more dominant in carbs/fats with this medication.

The Role of Exercise A Johns Hopkins physical therapist who specializes in PD exercise treatment says, "Movement, especially exercises that encourage balance and reciprocal patterns [movements that require coordination of both sides of your body] can actually slow the progression of Parkinson's."

- **Get your heart pumping!** Increased heart rate makes more blood pump through your body. Better circulation allows for better movement. For example, a review of studies on treadmill training for people with PD found that regular walking workouts increased normal walking speed and stride length; both of which tend to slow and shorten with PD.
- **Move it or Lose it!** When PD symptoms start to present, it is normal to become very cautious and fearful of losing balance or falling. This usually leads

to a sedentary lifestyle, while people with PD will avoid movement out of fear of their tremors causing them to lose grip, or the gait be unstable, etc. Experts understand that physical activity helps keep PD patients active and healthy, but it may not be the exercise you would normally think of. Practicing ADLs, or activities of daily life, is even more beneficial! Example: washing dishes, folding laundry, yardwork or walking around the grocery store.

- **Work out your brain!** Exercise again, anything that gets the heart rate up can help the brain neuroplasticity, which is the ability to maintain old connections and form new ones between the neurons in your brain.
- **Agility and balance training** can be very helpful at improving gate and neuromuscular connection.

Diagnosis of Parkinson's can come at varying stages in the disease's progression. Some people aren't diagnosed until their symptoms are quite progressed, and some people are diagnosed very early on when minor symptoms first pop up. Depending on the severity of symptoms, treatments and exercise recommendations can vary.

Quest Fitness is launching a Parkinson's exercise program starting in May! The program will offer 4 classes per week that will focus on specific exercise therapies to positively impact Parkinson's symptoms, regardless of when you were diagnosed.

If you have PD, or know someone who has been diagnosed with PD, please stop by Quest Fitness or call at 207-467-3800 to get more information and sign-up!





World Class Off-Leash Dog Recreation Area to Open at Meadow Woods Preserve in Kennebunkport



By: Shelley Wigglesworth, lead writer

The 400-acre Meadow Woods Preserve is the Kennebunkport Conservation Trust's current preservation project, and within the preserve, a first of its kind, world class off leash dog recreation area is in the works

While it is common for leashed dogs to be welcome on conservation trails and properties throughout the nation, what is not common is for a conservation trust to have an area specifically designed and dedicated for use by people and their dogs off leash, to enjoy together, yearround. The off-leash area will be in addition to the main trails where leashed dogs are welcome. When completed, Kennebunkport Conservation Trust executive director Tom Bradbury envisions the vast, nature centered, off-leash, dog area in the works as a "destination day trip for people and their dogs."

The designated area, which has not been named, is conveniently located within the Meadow Woods Preserve on route 9, Mills Road in Kennebunkport, just one mile from Goose Rocks Beach.

Separate from the main preserve area and trails, the off-leash dog area is on the left-hand side of the main entrance to MWP and is the first area encountered upon entering. When completed, it will be contained with chain link fence and an additional wood fence barrier. The circumference of the park within the fenced in area is surrounded by mature deciduous and coniferous trees which provide a natural buffer, shade in the summer, wind protection year-round, glorious fall foliage, and a canopy from snow in the winter.

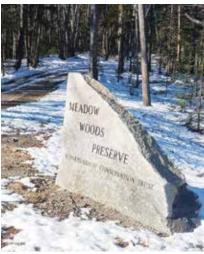
Russ Grady, president of the KCT board

of directors said "There will be two separate dog entrances for small and large breeds to safely congregate and socialize with their owners. The ground in this area has been meticulously groomed to remove all large roots, protrusions, sharp rocks, and debris, and it has been multilayered with shock absorbing, conservation grade, organic ground cover. Stone benches will be placed throughout, and the potential for memorial pavers, signage or benches sponsored and named in honor of pets is being discussed."

Instead of prefabricated dog recreation equipment, the park will utilize natural agility and obstacle course challenges found in nature, such as: boulders, ledge, multitiered terrain, native groundcover, trees in various stages of growth, natural bridges, tunnels, fallen trees, stumps, shrubs, and decomposing mossy and lichen covered logs. The scents and sounds of the woods provide additional sensory stimulation.

The preserve is already teaming with flora and fauna. A natural brook babbles nearby, where various bird species, woodland mammals, insects, pollinators, turtles, amphibians, and other small creatures frequent, and these added sights, scents and sounds from the living forest provide an immersive experience that isn't available at typical dog recreation areas.

Seasonal enrichment and exercise activities for dogs will abound at the Meadow Woods Preserve dog area. Sniffing out chipmunks and squirrels in the spring and summer, crunching through the fallen leaves during a game of fetch in autumn, or bounding through freshly fallen snow in the winter. These activities will be an addition/option to the nearby trails for leashed hiking.



Meadow Woods Preserve entrance. Courtesy photo.

All aspects of this dog off leash dog area have been thoroughly and thoughtfully planned and designed by dog lovers and

dog experts in the community. Jayne Emmons, owner, operator of Current K9 Training said "the off-leash dog area has the potential to be a really good thing when it is completed. something the Goose Rocks Beach area lacks, and will be a really good addition for

location for dogs when the beach is off limits." Bradbury added "Our hope and intent with the dog recreational area is to bridge the gap between conservation and recreation in a new way for all to enjoy, for all time."

Veterinarian Christ Angelos of Mann Memorial Clinic echoed the sentiments of Emmons and Bradbury. "The off leash dog area of Meadow Woods will serve to strengthen our human-animal bonds all the while promoting physical and emotional health for both us and our pets."

Angelos concluded "Although this land and the offleash dog area and trails are open for all to enjoy, forever, the KCT encourages membership and/or donations to bring this project to fruition." The off-leash dog area and much of the park is expected to be completed by the fall of 2023.



Jayne Emmons of Current K9 with Piper at KCT Emmons Preserve.



The dog area in progress at Meadow Woods Preserve. Courtesy photo.

FMI on the Meadow Woods Preserve, and how you can contribute, please visit: https://www.kporttrust.org/donate-to-meadow-woods

Highlights of the Meadow Woods Preserve Off-Leash World Class Dog Recreation Area:

- Destination day trip for people and their dogs.
- A place to strengthen human-animal bonds while promoting physical and emotional health for people and their dogs.
- Immersive nature experience for dogs and people.
- Natural agility and obstacle courses.
- Natural enrichment in all four seasons-snow, fallen leaves, woodland creatures.
- \bullet Sensory stimulation-sights, sounds, scents, feel of the forest. \bullet

From First Light

Kennebunk Artist Michael Anello is one of the fortunate few who knew from the beginning...from first light, you might say, that he was an artist. And it shows in the long trail of work, still growing, that he continues to build upon.

His medium is watercolor, a material which he applies with equal ease to the sharp detail of rocks along a stream bed or the thin translucence of smoke rising from a winter teepee into the embracing shroud of a snowbound sky. The work lives.

He was in kindergarten when he drew two small fish. Still fresh in his memory, they were the beginning, and from that point there was no turning back. Taking this very visible cue from her son, Michael's mother allowed his interest to flourish until, a few years later, on the doorstep of becoming a teenager, she connected him with a

woman, an accomplished artist, who lived in their neighborhood.

Originally from California and a relative newcomer to Maine, Michael's pursuit of painting, as is the case with most artists, has been as much about survival as chasing his dreams. Thus, in addition to painting, he has worked as a carpenter and recently retired from the U.S.Postal Service after 23 years there.

He paints now as inspiration strikes, and it is not uncommon for him to paint the same picture multiple times until he gets the light, the shadow, the contrasting bits and pieces, as he describes them, "into proper order". As he speaks of these details, one can't help but imagine a father seeing a different truth in each of his children and loving them all equally.

Aside from this own natural talent, Michael is largely workshop taught, which means he's had the good fortune

of looking over the shoulders of some great painters...one of whom was Richard Yip a notable California artist under whom Michael studied some years back. That experience was a milestone for Michael. At the age of 21, he won the coveted

Richard Yip Award of Honor for his achievement during that workshop. Other honors followed. He keeps a box of ribbons.

Another milestone was his painting of 'The Joss House', a Chinese Burial House in Folsom, California. This piece, notable for its intricate, oriental detail, is on permanent display there. His work also appears in a Portsmouth (NH) gallery called "A Pleasant Shoppe".

Despite his success, Michael describes his work as a constant struggle, each piece presenting new challenges, opportunities uncover



Kennebunk Artist Michael Anello displays his painting of a lighthouse in winter in the Kennebunk Free Library Reading Room.

techniques. "It is certainly true that you learn by doing," he says -and also by constant book study, "not just looking at the pictures but by actually mimicking the work, trying by your own hand the means by which others have achieved

To relax, to clear his brain, Michael fishes...all kinds of fish, all kinds of water e.g., a several hundred pound tuna caught recently off Jeffrey's Ledge several miles from shore...landed in just 21/2 hours.



BigNewsforBIGDADDY'S- Here's the Scoop



Melanie and Raney Tromblee.

By: Shelley Wigglesworth, Lead writer

tantalizing, old fashioned homemade ice-cream shop is opening a fourth location in Kennebunkport, right in the center of town in Dock Square.

The late Jack Harmon, also known as "Big Daddy" founded Big Daddy's Ice-Cream on Route 1 in Wells in 1976, operating a small take-out stand in front of the family farm house on the property. The popular ice-cream shop remained family owned and operated until 2020, when Raney and Melanie Tromblee purchased the business and building from Dan and Margaret O'Connell, Jack Harmon's daughter and son-in-law. The Tromblee's niece, Rachel Yorke helps



Rachel Yorke of Big Daddy's Ice Cream.

manage the Big Daddy's locations and works closely with Raney and Melanie ensuring quality ice cream and friendly customer service are the focal point of the business.

Raney is an Air Force veteran and retired employee of the Portsmouth Naval Shipyard. Melanie is a lifelong local who owns Red Door Title Company. The couple are parents of five

and grandparents of seven. When asked why they decided to get into the ice-cream business, Melanie said "We love ice cream and it seemed like it would be a fun and happy family business to run, and it is! We make our own ice cream in house using only the finest ingredients."

Two years after purchasing the Well's Big Daddy's, the Tromblees' opened a second location in Ogunquit on Route 1, and in 2022 opened an additional Ogunquit location at 47 Shore Road. Their fourth location will open in mid-May 2023 at 6 Spring Street, Dock Square, Kennebunkport.

The Tromblee's said the multiple locations provide their customers with options to enjoy the ice-cream they love in

> a hassle-free manner. Whether they are out for a family drive, or exploring the quaint villages of Ogunquit and Kennebunkport by foot, Big Daddy's is within reach. "The Wells location and the Route 1 Ogunquit location are both easily accessible by car with parking. The Ogunquit location on Shore Road and the new Kennebunkport Dock Square location are perfect for pedestrians and tourists," Raney said.

> Fans of Big Daddy's know the popular creamery has something for everyone, and a trip to Big Daddy's has become a rite of passage family tradition dating back decades. In addition to the classic Vanilla, Chocolate

and Strawberry flavors, Big Daddy's offers fun and decadent artisan ice cream such as Maine Blueberry Pie, Kahlua Brownie, Pumpkin, Ginger, Coconut, Orange-Pineapple, Bourbon Maple Pecan, Chocolate Caramel Truffle, Smores, Peanut Butter Oreo, Rum-Raisin, Red Raspberry Chip, Salty Caramel Crunch and more...46 flavors of homemade ice cream in all. Soft Serve ice-cream, along with Sherbets, Sundae's, Waffle Cones, Banana Splits, Frappes, Hot Dogs and Beverages are also available.

Big Daddy's is open every day in the summer from 12:00 noon into the late evening. FMI: https://www. bigdaddysicecream.com/



A happy youngster enjoys a Big Daddy's ice cream.



Strategies Part 2

In Part 1 of real estate selling strategies in last month's article, we looked at the sale/leaseback option to provide the seller sufficient time to exploit just the right opportunity to buy a suitable home to purchase.

In Part 2, let's take a look at other

While selling and leasing back gives the seller the best of both worldsraising cash, and creating timethere are other ways to make the transition, some traditional and some outside the box.

In this market, many sellers in this predicament have been entering into new construction contracts which give them both the time and the security of knowing where they will end up at the end of the road, and at a fixed cost well in advance of making the move. Waiting for a home or condominium to be built can be just the right formula.

Buying a building lot, however,

and building a new house is the least efficient money-wise, to accomplish this. The land purchase can be financed, followed by a construction loan. It may look enticing, but the carrying cost—the interest on the loans, and the usual nail-biting variability in materials costs, makes this solution very expensive with an uncertain timetable to boot.

The best new construction option is the build package or condo buildout in an approved development. Still, a contractor will want a monetary commitment, usually a down payment of at least ten percent. If it's necessary and possible, the seller can raise this money through a home equity loan on their existing home.

New construction costs being what they are, the new home or condo may require a bigger mortgage at a higher rate, not a good option for those looking to downsize, or for those retirees wanting to eliminate their mortgage completely.

If none of the above are viable, a little sweat equity can be employed. With the goal of orchestrating the timing and cost of a sale and purchase, targeting an existing subdivision, or condo complex, or even specific homes that are not on the market, can yield surprising results.

In the advertising world, it is a standard expectation that an effective direct mail campaign would vield a one percent return. So, in one hundred mailed pieces, there should be an average of one sale. Using this well-proven metric, doing a postcard mailing in sufficient numbers to condo owners or single-family homeowners in a subdivision is likely to find at least one owner who is looking to sell, and who may want a similar time or other accommodation. Obviously, a singlefamily development will have much more variability in the size and style of homes. The condo world is the best fit for this task, because condos' variability in design and price is minimal.



By Mark Birmingham, Broker Kennebunk Port & Shore Realty

If this option sounds appealing, you can collect information on condo complexes or subdivisions through your real estate broker, or digging online. You can find owner addresses using Vision Appraisal (www.vgsi. com/maine-online-database/), website in Maine available to anyone online. This website lists the towns' tax cards showing who is the owner, when they bought it and for how much, as well as detailed property information. Mailing lists can be derived from this site, and all that remains is creating the copy for the postcard. An excellent and affordable vendor to print the cards is GotPrint.com. They can either design it for you, and you can upload your own graphics.

With a little work, this is a proven way to find your next home, on your timetable and within your budget.





Miles for Mills | Why do you run? An Air Force Spouse's Story



The 12th annual Miles for Mills Memorial Day 5K, presented by New Balance Foundation, will be held Sunday, May 28 at Brunswick Landing, the former Brunswick Naval Air Station. The race will begin at 9 a.m. and end at 11 a.m. Registrati8on is \$35 per person www.milesformills.org.

One of the Travis Mills Foundation Team's favorite aspects of the Miles for Mills Memorial Day 5K is the stories of runners, walkers and hand cyclists about why they run this particular race.

Kennebunk, ME resident and Air Force Spouse, Amanda Petersen runs to honor those who have gone before her and paid the ultimate sacrifice along with those who are currently serving our great nation. Her husband, Patrick, has served 16 years.

"I show up because these men and women show up for us," she said. "There's men and women serving who don't even know I exist, but it doesn't even matter."

Amanda has been walking the Miles for Mills Memorial Day 5K, presented by New Balance Foundation, since her sister-in-law had invited her years back. Knowing the story of U.S. Army SSG (Ret.) Travis Mills, she knew that she had



to be part of the race in some way.

"Even through
COVID, we did not
miss a walk — we did
it virtually. We were
so thrilled that last
year we got to go to
Brunswick and do it."
It is important for
Amanda and her

family to do the walk together, so her children, Cadence - 14, Jaidon - 11, and Nya - 3, grow up knowing the importance of military service and sacrifice.

"As long as they are living under my roof, they will be doing this walk because they need to understand that freedom isn't free, and this is the least we can do. I hope they continue to support [Travis'] foundation even when they are adults."

While Amanda says she can run the race, she prefers to walk the Miles for Mills Memorial Day 5K instead to fully immerse herself into the experience.

"I show up every year to pay my respects to those we've lost and to pay my respects to those who've come back injured — even those who've served and come back find, like my husband. As a civilian and as a military wife, there's only so much I can do and this is what I can do."

Saturdays 9am - 2pm

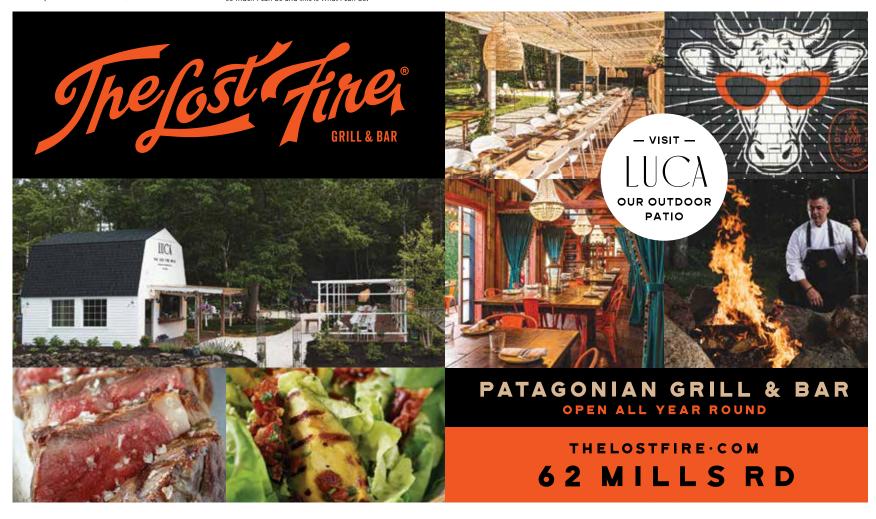
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Financing Available Up to \$1,200 in Utility Rebates

Juilliard Pianist to perform in Kennebunk



Pianist Llewellyn Sanchez-Werner, 26, an award winning graduate of Juilliard, will perform Thursday in Kennebunk. He was named a Gilmore Young Artist, an honor awarded to the most promising American pianists of the new generation.

His performance on Thursday, May 11 at 7 p.m. at the Kennebunk Unitarian Universalist Church is an opportunity to hear a "gifted virtuoso" (San Francisco Chronicle) and "poetic and electrifying" (Michigan Live). The program features works by Debussy, Stravinsky, Schumann, Liszt, Ponce, and Gershwin.

A native of California, he has performed throughout United States, Europe, and the Middle East—featured at the White House, Metropolitan Museum of Art, Smithsonian, Kennedy Center, Louvre and Grenoble museums in France, and the Royal concert house in the Netherlands.

His commitment to public service is impressive. Among his many awards is the Atlantic Council Young Global Citizen Award, which recognized his dedication to social action through music. On UN World Day for Cultural Diversity he played with the Iraqi National Symphony in Baghdad raising funds for their Children's Cancer Hospital. General Petraeus commended his "courageous humanitarian contributions through the arts...strengthening the ties that unite our nations." He has also promoted classical music for youth. Partnering with the Gershwin family he performed a tribute to the Gershwin brothers. He performed the Philip Glass piano concerto, "After Lewis and Clark", under the baton of Tito Munez.

Featured in the Miami International Piano Festival's "Prodigies and Masters of Tomorrow" at the age of 7, he was selected the youngest-ever Discovery Artist of the New West Symphony. His graduation from Juilliard was exceptional in that his studies started at age 14 and then 18 to achieve undergraduate and master's degrees. \$20 suggested donation (pay at the door) or register online for Zoom viewing: uukennebunk.org/piano-concert



GLUTEN FREE? No Problem

Most of the menu already is or can be made Gluten Free!









OUTSIDE FIRE PIT!

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BAR & GRILLE



CURBSIDE MENU: www.beachfiremainecom

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Watercolor Workshops at River Tree Arts Tuesdays, 5:30–7:30pm April 25, May 30, June 27 (Adults ages 18+) Let's celebrate spring by creating fresh, colorful watercolor paintings inspired by nature and the season. You will learn tips and tricks for creating beautiful watercolor art while learning how to paint seasonal botanicals. This is a hands-on class, you will learn color mixing, wet into wet, dry brushing and brush strokes. All materials are provided. This workshop is perfect for all levels of experience. Grab a friend and your drink of choice and come relax and create! River Tree Arts, 35 Western Ave, Kennebunk. Register at rivertreearts.org

Dance and Movement at River Tree Arts Mondays, 9:30 - 10-:30am / 4 classes: May 1, 8, 15, 22 This class offers a perfect opportunity for older adults to enjoy a fun and easy-going approach to creative movement exploration, movement games, and mini-dance combinations. Enhance your brain/body connection while stretching, moving, and dancing to exhilarating music. Recommended age 50+. River Tree Arts, 35 Western Ave, Kennebunk. Register at rivertreearts.org

Alla Prima Oil Painting Workshop Series at River Tree Arts Mondays, 2-5pm / 3 sessions: May 1, 8, 15 "Alla prima" is an Italian phrase that translates to "at once" or "at first attempt". For oil painters, this approach is all about creating a painting in one sitting. In this class we will explore the history, materials and techniques of oil painting in the alla prima style. Working from direct observation of the still life, we will complete three paintings in oils, one at each sitting, building speed and confidence as we go. This class is for beginner or intermediate painters with some oil painting experience. A background in drawing may be helpful but is not required. River Tree Arts, 35 Western Ave, Kennebunk. Register at rivertreearts.org

Outdoor Sketching with River Tree Arts Thursdays, 10am-1pm / (6 weeks) May 4 – June 8 Sketch local breathtaking scenes from the ocean, to harbor and marshes! Students will meet at a scenic predetermined local location each week. Classes will begin with an instructional talk from Heather, and then students will break off to sketch at their own pace. This is a great class for all levels of experience. River Tree Arts, 35 Western Ave, Kennebunk. Register at rivertreearts.org

Sea Glass Art Workshop at River Tree Arts Tuesday, May 30 (10-12pm) (Adults ages 18+) Come join the fun and creativity with our new Craft Time workshops for adults. In this session, we will create beautiful works of art using seaglass! Choose from a variety of natural materials and have our talented instructor help you in the creative process. River Tree Arts, 35 Western Ave, Kennebunk. Register at rivertreearts.org



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Spotlight on Female Firefighters in our Village & Kennebunkport Fire Department's First Female Lieutenant Courtenay Kinney

By: Shelley Wigglesworth, Lead writer

There are four private fire companies in the town of Kennebunkport: Kennebunkport Village on North Street, Atlantic Volunteer Engine Company in Cape Porpoise, Wildwood Fire Department on Wildes District Road, and Goose Rocks Beach Fire Department on Route 9.

According to Dick Stedman, Kennebunkport's Fire Administrator, the first recorded women volunteers in town happened following the 1947 fire. "Many of the Goose Rocks Fire Fighters' wives, led by Chief Gilly Fessenden's wife Vivian Fessenden, trained in serious firefighting. With most of the men working out of town on fires, their efforts provided daytime protection for that remote area."

In the years following the fire of 1947, the number of women firefighters in town was slim to none. Today, the collective Kennebunkport Fire Department consists of 75 members, of which, 67 are men, and 8 are women. Those women are: Tricia Concannon, Courtenay Kinney, Roxanne O'Connell, Jenne James, Jean Moulton, Michelle Martel, Stevie Welch and Jackie Hurlburt.

This year, 32 year old Courtenay Kinney made history in the KPFD department when she became the first woman officer, in addition to becoming the Fire Chief at the Wildwood District.

KPFD Chief John Everett commented on Kinney's recent promotion. "In the fire department, a firefighter is part of a subset of all responders that is led by an Officer. Courtenay has changed her approach to firefighting over the last few years. She really started to think more strategically, more like an Officer, looking at the larger picture of the emergency. She has shown she is ready to take on the role of leading a team, instead simply being a member of the team."

Kinney is a Kennebunkport native, Kennebunk High School graduate, a graduate of the New England Culinary Institute, and a fifth-genera-



The female firefighters of Kennebunkport. Jean Moulton, Michelle Martel, Jenne James, Courtenay Kinney, Tricia Concannon, Roxanne O'Connell. Missing from photo: Stevie Welch and Jackie Hurlburt.

KFD Lieutenant Courtenay Kinney.

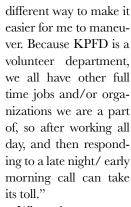
Photos by: James Concannon

tion firefighter. She works at the Nonantum Resort on the culinary staff and is a majorette coach for Kennebunk Twirlers.

Kinney said she knew at a very young age she wanted to help people when she grew up, and was inspired by not only her immediate family members, but also

the volunteer firefighters she grew

up around to pursue firefighting, something she has a passion for and works to be the best she can be at it, to this day. As for the challenges of the job, Kinney takes it all in stride. "Every job has its challenges. It's about finding a way to push through challenges. For example, some of our equipment is definitely designed to be used by persons with great upper body strength and those who may be taller in stature. I stand 5' 3" so there are some things I've learned a



When it comes to misconceptions about firefighting, Kinney said "Some people think this job is only about running into burning buildings, so they think they can't do it. It's so much

more than that. KPFD is a volunteer department, and we welcome people of any age or background. Just because you can't go into a fire doesn't mean you can't become a fire fighter. There is always some way for you to help."

In addition to the rewarding aspects of helping others, Kinney said there is another part of the profession that is gratifying and worth noting. She recalled a pivotal moment in her career. "It was Fire Prevention Day at Consolidated School, with activities going on throughout the day for all grades. With first graders, we teach them how to stay in place and shout for help if they get lost in a fire, as well as not be afraid and to not hide from the fire fighters who are trying to help them. Many kids hear us breathing through our masks and think of Darth Vader so they hide. This demonstration is the prevent that. We start off with one fire fighter going in wearing street clothes to explain the demonstration and teach them to shout for help when they see us. After that, two other fire fighters come crawling in wearing full gear, carrying tools, and breathing through the air pack just like they would in a real fire. We 'search' the room looking for victims until the kids shout 'over here' and we find them safely. When the demonstration is over we stay kneeling on the ground and start to take off our gear so they can see it's just regular people under the mask, and in a small community like ours, maybe even people they know, or family members. This particular day, my hair tie fell out when I took off my mask, so my hair fell out. A little girl in the back of the class stood up and shouted, 'girls can be firefighters too!' with the biggest smile on her face. I replied 'anyone can be anything they want to be when they grow up. They just have to believe in themselves.' The smile on not only her face but others in the room left my heart smiling all day and still does today. I never realized that working towards my dream would in return help inspire the next generation."

Stedman said many of the KPFD women firefighters have family members who are also firefighters, and some, like Kinney have a family history of serving. "Courtenay's mother, Roxanne O'Connell, her father Bill Kinney, stepfather Bob O'Connell, brother Travis Kinney, grandfather Ellsworth Bridges Jr., and several cousins are or have been KPFD members. Jacquie Smith Hurlburt's husband, father, grandfather, several uncles and a cousin are all members of the department. Bob Kember, Jim Concannon, and Chris Welch are

Continue to page 15









Kennebunkport Village Station. • Wilde District Station • Goose Rocks Beach Station • Cape Porpoise Station



FFF2: Jenne James, Jean Moulton, Michelle Martel, Kennebunkport Fire Chief John Everett, Courtenay Kinney, Roxanne O'Connell, Tricia Concannon.

Continued from page 14

firefighters alongside their wives, Jenne James, Tricia Concannon, and Stevie Welch. Michelle Martel's husband, Ray, is now following in her footsteps, and Jean Moulton's daughter and sonin law are volunteers in a department in Massachusetts."

Here is what some of the women on the KPFD had to say about their experiences as a female firefighter.

Jenne James said she became a firefighter 15 years ago after a small fire scare in

her home which made her want to be prepared and know what to do in emergencies. " I joined the Kennebunkport Fire Department, and went to the Fire Academy that following winter, obtaining my Firefighter 1 and 2 interior certification. I was the only female and the oldest student at the time at age 48." Empowered with new knowledge and skills, James currently serves as head of the Honor Guard at the KPFD. "I find

that standing vigil at a funeral or on September 11 every year, holding space for our shared humanity, is one of the deepest experiences and most meaningful privileges I could ever imagine."

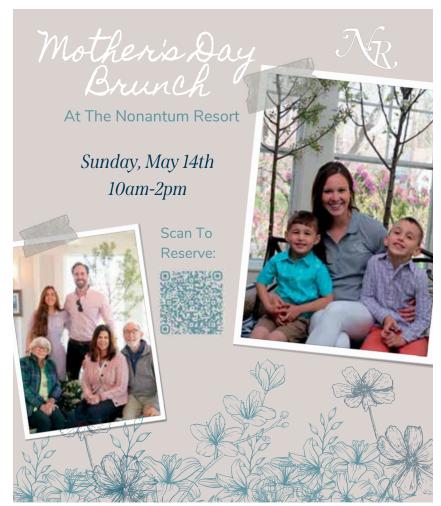
Jean Moulton joined the Fire Department shortly after I moving to Kennebunkport in 2009. "Goose Rocks Beach Fire Chief Dave Chisholm asked me if I would be interested in joining the Fire Department and told me all about it. I then had a good conversation with the Fire Chief at the time and he assured me there was plenty I could do even at my age so I went for it. I did the Firefighter 1 training and also learned to drive Engine 23. When I was a child my Dad and I chased fires all the time. He was a volunteer chief in Portland. I feel very proud to be part of this Department and to be able to serve my community."

Tricia Concannon has been a KPFD firefighter for the past 6 years. She said she was inspired to become a firefighter by her husband, James Concannon, who is a long time firefighter/EMT. "I was with him one day when a call came in for a young man who had overdosed. I watched my husband pull this man, who's heart had stopped, out of a car

on the side of a busy highway, perform CPR on him and bring him back to life. That was when I knew I wanted to be able to help people and possibly make a difference in their lives as much as he did." Concannon credits District Chief Jim Burrows for encouraging her to join the Kennebunkport Fire Department. "Jim has always treated me fairly. Being treated fairly, and being given the opportunity to join this organization inspires me to be the best firefighter that I can be. These two people and other long-time members of the KPFD, have taught me more about firefighting than I ever thought possible." She added " I think the KPFD is unusual in that it treats women so equally as men. In just about every situation in my life I've been treated differently because I'm female, but not in this department. I think a lot of that comes from Chief Everett, who treats us all with respect and gives us every opportunity to learn and be better. Sure, there are a few people that will still make the assumption that I'm less capable but the majority of them don't."

If you are interested in becoming a Kennebunkport firefighter, please contact Chief Everett or Fire Administrator Dick Stedman at 207-967-2114.





16

KFL Announces May Art Exhibit, "Color, Mood, and Time



Waiting Under the Wharf.

The Speers Gallery at the Kennebunk Free Library presents "Color, Mood and Time!", an exhibition of watercolors and acrylics by Kennebunk resident Liz Roper.

The exhibit runs May 1-31, and the public is invited to a reception on Tuesday, May 2 from 5-7 pm.

As an undergraduate liberal arts/education major, Ms. Roper

squeezed as many studio art and art history electives into her schedule as possible. During her time teaching preschool and second grade, creating personalized greeting cards kept her painting. Within a year or two after her retirement in 2013, she started painting with Kennebunk watercolorist, Dennis Raåfferty, and continues to do so today. She also frequently attends local workshops including some at the Barn Gallery in Ogunquit and participates in informal "plein air" gatherings. Travel has been a great source of inspiration and is reflected in this collection.

The collection of fourteen paintings in watercolor and acrylics on watercolor paper, spans

half a dozen years and a variety of subjects. Ms. Roper says "Painting connects me to moments in time when I was struck by something that made me want to remember the mood evoked...whenever I view

them, the feel of the light and the mood that I experienced at the first moment of being there returns to me. I hope that the viewer makes a similar connection with at least one or two of these paintings."

Ms. Roper has been a member of Maine Women in the Arts since 2013 and exhibits in all their annual shows. She has served as the MWA Exhibit Chair and received an Honorable Mention ribbon for her acrylic

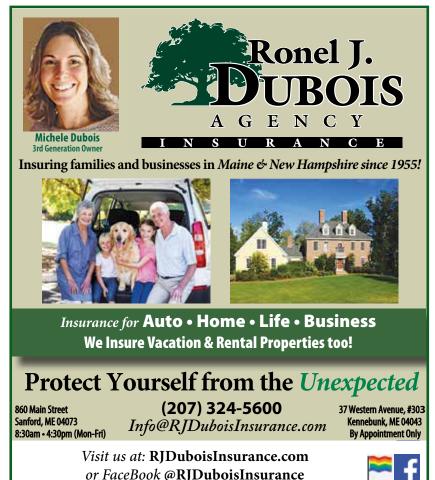
"Coffee Break on Congress Street" in the 2016 Awards Show.

Kennebunk Free Library is pleased to display the works of this talented artist

The public is invited to view the exhibit in the library's Speers Gallery from May 1-31 at 112 Main St., Kennebunk, Maine during regular library hours when the gallery is not in use for library programs. Please check the library website for current hours and gallery access, www.kennebunklibrary.org.







UNIQUE FASHION EXHIBIT PROMOTES **GLOBAL HEALTH**



The Brick Store Museum announces the opening of a new summer exhibition, "Wrapped in Blue: Fashions to Promote Global Health," beginning now. The Museum worked with curation partner organization Partners for World Health to exhibit 11 fashions created completely of "blue wrap," the polypropylene fabric used in hospitals to sterilize equipment. The exhibit is supported by Southern Maine Health Care and Kennebunk Savings Bank, and will run through August 20, 2023.

Partners for World Health (PWH) is based in Portland, Maine, and collects

medical supplies and equipment from healthcare facilities, manufacturers, other organizations, and individuals. They sort, evaluate, repackage, and prepare these supplies and equipment for distribution to individuals, communities, and healthcare facilities in need both locally and internationally.

Every other year, PWH hosts a fashion show called "Blue Wrap Project Runway," to raise awareness about the organization and challenge designers to create a costume from blue wrap, the polypropylene material used by hospitals to sterilize equipment and is thrown away after a single use.

Designers face the challenge of working with a non-traditional material to create beauty from that which is discarded. Usually, these fashions are shown for one night only. Thanks to a partnership between the Brick Store Museum and Partners for World Health, the "Wrapped in Blue: Fashions to Promote Global Health" exhibition is an exclusive and up close look at just some of these beautiful designs.

The Museum is open Tuesday through Sunday with varied hours. Please visit www.brickstoremuseum.org to learn more about the exhibition and how to visit.

CLASSICAL MUSICIAN FROM VIENNA AT MUSEUM –



Renowned Viennese fortepianist Daniel Adam Maltz brings to life the musical genius of Mozart and Haydn at the Brick Store Museum on Saturday, May 20 at 4:30pm. Daniel's historically-informed performance style offers a rare and unique opportunity to experience the music of these great composers the way that they would have heard it during their own lifetimes. Seating is limited to 50 guests inside the Museum's first gallery, with a wine reception and "meet & greet" with the artist following the performance. Daniel is in demand worldwide with 50 tour dates per year and hosts Classical Cake, the podcast about Viennese classical music and culture. He specializes in Wiener Klassik (Viennese Classicism), especially the works of Haydn, Mozart, and Beethoven, and performs on Viennese fortepianos typical of their time. He studied historical performance at the Royal Academy of Music in London and the Universität für Musik und darstellende Kunst in Vienna. To reserve tickets, please visit www.brickstoremuseum.org/calendar or call (207)985-4802. Tickets are \$40 per person, and \$30 for Museum Members. This event is sponsored by Tracey Bricker, State Farm and Kennebunk Savings Bank. All proceeds from this event support the Museum's educational programming and historic preservation efforts.





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Chef Steve's Fish Tacos and Seafood Nachos with Preheat the oven to 450 degrees. Place tortilla chips on a flat pan and cover with shredded cheese, baking until the cheese is melted. Sprinkle labeter meet, chrimpen is melted.

Salsa and Guacamole Ingredients & Instructions

6 plum tomatoes (whole)

1/2 Vidalia onion (sliced 1/2")

1 jalapeño pepper (whole)

1 lime

1/2 cup cilantro

Salt and pepper

Olive oil

2 ripe avocados

Coat the tomatoes, jalapeño, and onion with olive oil. Season with salt and pepper. Place on a hot 400° grill for about five minutes on each side. Remove from grill and place in a food processor or blender. Add the cilantro and the juice of half a lime. Stat with a small amount of jalapeño and taste after the blending. If more heat is desired, add accordingly. Pulse four or five times to mix to desired texture. Taste, season with salt and pepper and add more lime juice, if desired.



Seafood Nachos Ingredients and **Instructions**:

Guacamole:

Remove the meat of two ripe avocados and put in a bowl with 2 tablespoons of the salsa, mash with a spoon season with salt and pepper.

1 bag of tortilla chips

14 ounces shredded Mexican blend cheeses.

1 jalapeño thinly sliced.

1/2 lb. cooked North Atlantic shrimp.

1/2 lb. lobster meat cooked, cut into small pieces.

Preheat the oven to 450 degrees. Place tortilla chips on a flat pan and cover with shredded cheese, baking until the cheese is melted. Sprinkle lobster meat, shrimp, and jalapeño slices over the melted cheese. Increase heat to 500°. Broil for another two or three minutes. Serve with salsa, guacamole, and sour cream.

Fish Tacos Ingredients and Instructions:

2 lb. fresh fish of your choice

20 taco size flour tortillas

2 Avocados, peeled, cleaned, and sliced.

1 cup chopped cilantro.

10oz Queso Fresco cheese

2 limes, sliced.

Olive oil

Your favorite hot sauce

Instructions:

Grill or butter sauté fish, seasoning with salt and pepper. For this recipe, I'm going to grill redfish and monkfish caught in the Gulf of Maine. You can use just about any fish desired. There's no right or wrong.

Preheat the grill to 400° . Coat fish fillets with olive oil. Season with salt and pepper. Place two



Chef Steve Kaczala is a USCG licensed Captain, mate on the F/V Nor'easter, licensed electrician, and avid fisherman. He enjoys cooking the fresh fish he catches year-round for friends and family.

or three redfish fillets on a piece of aluminum foil folded closed. Placed the monkfish directly on the grill. Cook for 2 to 3 minutes. Turn the monkfish over and open the foil on the fillets. Cook for another 2 to 3 minutes or until the fillets start cracking. Remove from heat. Break a portion of the fillets and place in the center of the tortilla. Add hot sauce, slice of avocado, cilantro, queso and lime juice. Feel free to alter the ingredients to your desired taste. Include the salsa if you like. Pair with the ice-cold Mexican beer or the perfect margarita, recipe below.

The Perfect Margarita Ingredients and Instructions for 2:

3 oz silver tequila

1/2 oz orange Liqueur

1/4 lime juice

1 splash roses lime

6 ounces of limeade

Shake all ingredients in a mixer with ice. Pour over ice into a salt rimmed glass.



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Maine Women in the Arts Awards Show – May 26-28



Beach Hair by Wanda McNiff. Maine Women in the Arts launches its 2023 show season with its annual Awards Show, May 26-28. The show is being held at the Program Center for the Brick Store

Museum, 4 Dane Street, Kennebunk.

This is a great opportunity to celebrate the arts and local artists. Over 40 local artists will be sharing their best work for the community to enjoy. Work will be presented in a variety of mediums including oil, acrylic and watercolor paintings, encaustics, photography, and more. Join in the celebration at the opening reception Friday, May 26, 4-7 PM, with live music and refreshments. The show continues Sat., May 27, 10 AM – 4 PM and Sun., May 28, 12 noon – 3 PM.

The objective of Maine Women in the Arts is to promote and give exposure to local artists and their work in all media. To find out more about MWA, go to www. mainewomenarts.com.

Bags, Baubles, & Bubbly

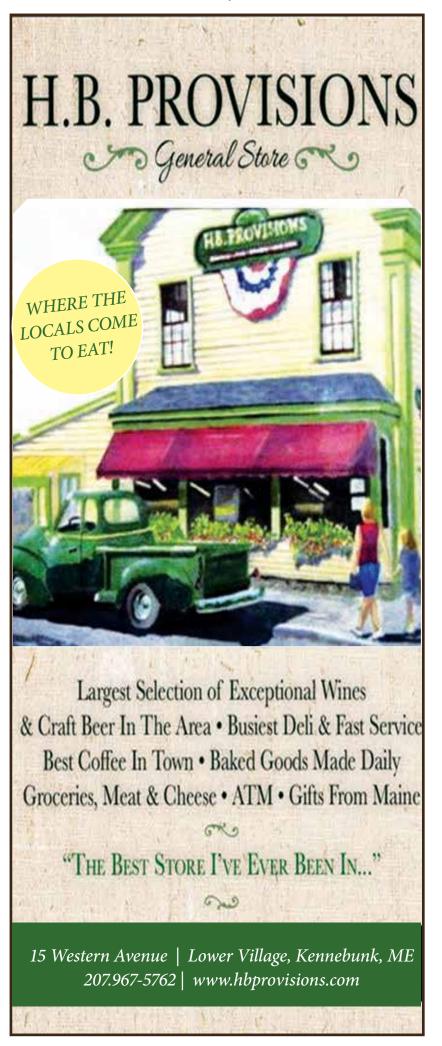
The Center is bringing back a much-beloved event; the Bags, Baubles, & Bubbly sale.

This sale will feature new and like new designer handbags, costume jewelry, and other accessories. This event will be held on Thursday, May 11, 2023 at the Community House on North Street in Kennebunkport from 4:00-7:00PM. There are also VIP Shopping Hours available from 3:00-4:00PM for those who want to preview and purchase the best items first.

Tickets are on sale now with General Admission tickets available for \$25.00 and a very limited number of VIP tickets available for \$50.00. All tickets include bubbly and sweet treats to take home. Tickets are available online or by calling or stopping by the Center.

This event is a fundraiser for the Center, a 501(c)3 nonprofit supporting adults 50+. The Center is a meeting place for adults 50+ to explore their interests through engaging programs, social connection and to make a difference through volunteer opportunities that strengthen the community. More information can be found at www.seniorcenterkennebunk. org, on social media @CenterKennebunk, by calling 207-967-8514, or visiting 175 Port Road in Kennebunk.





Telegraphs to Telephones



Conversion of Kennebunk + Kennebunkport to dial telephone service May 31, 1951. Mr. Harold M. Small, receiving the first call from Mr. John N. Balch, town manager. Telephone Co. representative Walter F. Cassell standing behind the chair.

The Brick Store Museum's summer exhibition will showcase some neverbefore-seen objects representing various types of inventions and discoveries made during the 19th and early 20th centuries that fundamentally changed society. One of the most dramatic changes over the past two hundred years has been in communication. In the early 19th century, news could only travel as fast as the swiftest horse or the fastest sailing ship. Prior to the first transatlantic cable, the fastest communication between Europe and North American took at least a week, most likely two. In the 1830s, experiments had begun on the use of the telegraph which could send encoded messages using another new invention, electricity. The first use of electrical telegraph in the United States was by Professor Samuel Morse, inventor of Morse code in 1844. Within thirty years, telegraph lines were being built.

Diarist and Kennebunk Town Clerk, Andrew Walker, noted the significance of the telegraph alongside the transatlantic cable and the end of slavery in the following entry in 1869.

"The present century has seen four great events:-

- 1. Morse invention of the Telegraph.
- 2. The laying of the Atlantic Cable.
- 3. The death of Slavery in the United States.
- 4. The completion of the Pacific Railway

In twenty-five years the continent

has been spanned by the wires of the telegraph. Ten years ago the lightening began to run beneath the sea. 5 years ago Slavery died. May 10th the iron track was made complete from Bangor to San Francisco."

The first telegraph office in Kennebunk was in the Hardy Building, the second building of the Brick Store Museum buildings. The building was built in 1810 and used for many years as a tobacco factory

and store. Later it was used as the Post Office which housed the first telegraph office. The first message was received December 28, 1854.

"The first dispatch to the Telegraph office in this village was received from Boston yesterday. The wires at this office are connected with wires extending from Boston to Calais. The whole cost of the telegraphic establishment from the depot to the village is about \$300. I understand G.W. Hardy is to pay the stockholders six percent annually on the cost and he is to have the residue for his services. The charge for sending ten words or less, to any place connected with this office, is twenty cents and one cent for each additional word." Andrew Walker

By 1857, the original telegraph office was closed due to lack of profit and then reopened in 1858 in a new location by Mr. William Fairfield. Ten years later on April 16th 1867, a second telegraph office opened in Kennebunk started by William Fairfield's brother, James. The telegraph remained the main means of communication for most of the 19th century as the telephone slowly began to spread its influence across the United States.

In October 1882, there were 13 telephone exchanges in Maine with about 2,000 subscribers. The following year, in January 1883, the first telephone exchange came to Kennebunk, between the Leatherboard and Leatheroid mills along Water Street.

With any new technology, it caused some confusion among many. In 1885 a mill worker, unacquainted with the workings of the telephone was sent to answer the ringing bell in the Leatheroid mill. Soon after he was seen with his knife trying to dig the button out of the center

of the sounder, and when asked what he was doing, said, "I am trying to get the plug out so I can hear what is wanted."

In February 1906, a controversy erupted in Kennebunk over New England Telephone Company's proposal for pole rights in Kennebunk, West Kennebunk, Alewive, and Kennebunk Landing. At a special town meeting the proposal



John Bowdoin outside his store in the Pythian Block on Main Street, c.1900. Note the Western Union Telegraph sign and long-distance telephone signs hanging from the poles out front.

was approved by a vote however the town selectman ended up rejecting the Company's offer at the next full town meeting much to the dismay and outrage of the townspeople. The selectmen were hoping to hold out for a better deal. However, there were people in rural areas such as the farmers in West Kennebunk and Alewive that wanted a telephone.

The Kennebunk Enterprise reported, "We need the telephone service and it would in every way benefit the town. The telephone company does not need us and we believe if they should appeal to the State they would get the right. The trouble seems to be that other cities and towns are getting more for their money than we would....If the company will include West Kennebunk, Alewive, the Landing and the Kennebunk Beach patrons who wish to' go on this line and reduce the toll to Kennebunkport to five cents we believe it is the best they will do and it's no use holding out any longer." And in the end progress went forward, and poles went up across the region.

In the first half of the 20th century, the telephone worked on a party line system with an operator and a switchboard, especially in rural areas like Kennebunk. One of the Kennebunk exchange offices

Column by: Leanne Hayden, Collections Manager, Brick Store Museum



was on the second floor of the Odd Fellows building on Main Street. A party line was a local telephone loop circuit that was shared by subscribers which means no privacy for your phone calls. Rings were coded specifically for different callers.

In the 1920s, the technology that allowed telephone users to directly dial up another phone without the aid of an operator was introduced and slowly starts to be implemented across the country. It wasn't until 1951 that dial telephone service came to Kennebunk and Kennebunkport. On May 31, 1951, the exchanges of both towns along with Biddeford combined for a local area of about 8400 telephones. People were finally able to make direct calls. The official inaugurated call was by Town Manager John Balch to Harold Small, Chairman of the Board of Selectman•



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Call 985-0164 / 800-360-3178



Upcoming Events

Maine Women in the Arts Awards Show - May 26-28 Opening reception Friday, May 26, 4-7 PM, with live music and refreshments; show continues Sat., May 27, 10 AM - 4 PM and Sun., May 28, 12 noon - 3 PM.

Juilliard pianist to perform: Llewellyn Sanchez-Werner, 26, performs **Thurs, May 11, 7pm** at First Parish UU church in Kennebunk. This is an opportunity to hear a "gifted virtuoso " (San Francisco Chronicle). The program features works by Debussy, Stravinsky, Schumann, Liszt, Ponce and Gershwin. Tickets: \$20 suggested donation (pay at door) or register for zoom viewing at uu.kennebunk.org/piano-concert.

SHOWTIME FOR WEPOETS & VERSE! 2023 series "Bohemian Sunday Poetry Readings" commences on Sunday, May 21 at 1-3PM at the Kennebunk Brick Store Museum Program Center auditorium. Free and open to the public. Local poets from the Kennebunks and beyond will read original poems and showcase the sensory appeal of rhythm and rhyme. FMI email poetryawakenings@gmail.com. Poetry awaits your pleasure in our warm gathering of poets!

Please join us! The Historical Society of Wells & Ogunquit will be hosting its "Mornings at the Mu**seum" children's program.** This program will be held the second Thursday of the month on May 11th, June 8th, July 13th, and August 10th. For more information: info@wohistory.org or call 207-646-4775. Located at: The Historical Society of Wells and Ogunquit 938 Post Road in Wells. FMI contact Bryce Waldrop at 207-646-4775 or email info@wohistory.org.

The First Congregational Church is hosting baked bean & American chop suey suppers on Sat., 4/29. The rest of the season the dates are all Saturdays: May, 27th, June 24th, July 29th, Aug. 26th, Sept. 30th, Oct. 28th. October is the last supper of 2023. at the church, 141 North St., Kennebunkport. First Church bean suppers will be held on the last Saturday of each month through October 2023. There will be two types of home baked beans, American Chop Suey, hot dogs, rolls, and cole slaw, topped off with a slice of homemade pie. Church members are hoping that everyone will enjoy the meals as they have in the past, but in a safe setting. Social distancing is suggested. Exact change is required: adults and children age 12 and over \$10.00 per person, and children under 12 \$5.00 per child. There will be limited seating outdoors weather permitting. Please call Carol at (207)710-7060 if you have any questions. In addition to this supper hosted by church members, the congregation and minister Rev. Fred Gagnon welcomes you to attend Sunday worship service which begins at 9:30a.m. Currently, masks are optional. All are welcome. First Congregational Church is located 1.5 miles south of the Seacoast Trolley Museum where Log Cabin Rd. becomes North St., next to Arundel Cemetery, and the Kennebunkport Historical Society

RSU 21 Restructures Driver Bonuses Ahead of Hiring Event RSU 21 is facing a challenge that many districts across the nation are facing: a shortage of qualified bus drivers. This is what we are doing about the situation to maintain safe transportation for our students. Charter buses have been scheduled to supplement transportation for sports trips. Finally, the existing referral bonus for employees who successfully refer a new hire has been increased from \$1,000 to \$2,000. Additionally, we are holding a two-day Transportation Hiring Event on May 3rd and 4th. WHEN: Wednesday, May 3rd 9:00 a.m. - 4:00 p.m. & Thursday, May 4th 9:00 -4:00 p.m. WHERE: Transportation Hub 116 York St., Kennebunk, On Wednesday, breakfast will be served 9:00 - 11:00 and on Thursday lunch will be served from 12:00 - 2:00. If you know of any community member who could help and is interested in part-time or full-time work as a bus driver, please contact Transportation Manager, Chris Pasciuto at 207-985-2622.

KW CONTEMPORARY ART PRESENTS SUMMERTIDE THIRD ANNUAL SUMMER SOIRÉE

Exhibition Dates: 05.27.23 - 06.26.23• Summer



Soirée: Sat. MAY 27TH 5 -8 pm KW Contemporary Art invites you to our annual summer soirée and opening reception for Summertide. This group exhibition features new work from gallery artists, highlighting the unique

voice and exciting perspective of KW Contemporary Art. Join us for cocktails and hors d'oeuvres as we celebrate the start of summer! The exhibition will show new work from Hunt Slonem, Yangyang Pan, Paul Villinski, Liz Barber, Havoc Hendricks, and more. The opening will also feature the premiere of the work of Carolyn Johnson and Betsy Enzensberger. Johnson's work utilizes reclaimed surfboards which have been layered with resin, ink, paint, and metallic pigments to create unique pieces that reference the ocean and its boundless depths. Enzensberger's whimsical resin sculptures of melting popsicles call to mind memories of summer days. These and other new works will be on view through the end of June. The opening reception will be held on Saturday, May 27th from $5-8~\mathrm{pm}$ and is free and open to the public. KW Contemporary Art features a dynamic roster of artists ranging from emerging talents to established artists from around the world. The gallery can be found in Lower Village, Kennebunk near historical Dock Square above Spaces Interior Design store and Bliss

Wells Reserve

Tuesday, May 2, 8-9:15am Morning Yoga. A new 7-week series of gentle Hatha yoga classes hosted by the Wells Reserve begins online. Increase your strength, flexibility, endurance, focus, and concentration with guidance from Leslie Fiore, founder of Port Yoga in Kennebunkport, who has been practicing and teaching yoga for more than 20 years. \$84/\$70. Registration required. Call 207-646-1555 x116 or email suzanne@wellsnerr.org to reserve your space. FMI wellsreserve.org/calendar.

Wednesday, May 3, 8:30am-4:30pm Crucial Conversations for Mastering Dialogue. This 2-day in-person workshop is for people engaged in high stakes conversations about building community resilience and tackling challenging coastal management issues. When opinions vary and emotions run strong, people with the skills to step into disagreement—rather than over or around it—can turn disagreement into dialogue for improved relationships and results. Crucial Conversations® for Mastering Dialogue teaches nine powerful skill sets grounded in decades of social science research. Hosted by the Wells Reserve. \$284/\$245. Register online at wellsreserve.org/calendar.

Wednesday, May 3, 12-1pm Understanding the Wildlife and Marine Impacts of Offshore Wind. Harnessing energy from offshore wind is a promising climate solution throughout the northeast, but it has generated concern over how collecting and distributing that energy will affect wildlife and marine ecosystems. In this free virtual talk hosted by the Wells Reserve, Dr. Damian Brady, associate professor at the University of Maine, explains how scientists are researching the impacts of offshore wind on wildlife and the marine environment. Registration required at wellsreserve.org/calendar. FMI wellsreserve.org/calendar.

Thursday, May 4, 10:30-11:30am Preschool Story Hour. Enjoy an outdoor reading of How to Find a Bird by Jennifer Ward and Diana Sudyka, then make a craft project and take a walk to look for feathered friends. For ages 3 to 5 with a caregiver. Free. Registration required at suzanne@ wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/

Friday, May 5, 10-11am Meet the Scientist: Planning for Sea Level Rise in Coastal Habitats. With sea level on the rise, change is inevitable in coastal communities. In some places, infrastructure is affected and adaptation is already happening. In this virtual talk, discover how coastal areas will be different in the future and how communities can respond. Jacob Aman, stewardship director at the Wells Reserve, will explain what the Wells Reserve and its partners are doing to understand the challenges and to help prepare coastal communities. Free. Register at wellsreserve.org/calendar.

Saturday, May 6, 10:30am-12pm Of Cows and Crabs—the Evolution of the Wells Reserve at Laudholm. On a hill in Wells, above two rivers meeting and mixing with the Gulf of Maine, stands Maine's only National Estuarine Research Reserve. Today, the Wells Reserve at Laudholm is a place of coastal research, stewardship, and ecological learning. In the past, it was one of York County's most prominent farms, with a recorded history stretching back to 1643. On this tour, part of the Jane's Walk global festival, we will explore the rich past of this parcel, from saltwater family farm to protected reserve. The tour includes the barns and historic structures around the Laudholm campus and includes a visit to the modern Maine Coastal Ecology Center. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Monday, May 8, 11am-2pm Saco Heath In Flower. Visit the most southerly raised bog in eastern North America, a 1,233-acre sanctuary managed by The Nature Conservancy. On this tour, hosted by the Wells Reserve and led by naturalist Boot Boutwell, follow a woodland trail to a boardwalk through the heath's varied plant communities. Blooming plants spread a carpet of color across the landscape. Rhodora, painted trillium, bunchberry, pink lady's slipper, highbush blueberry, and a host of other plants may be flowering. For ages 16+. \$10 suggested. Registration required at suzanne@ wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/

Friday, May 12, 10am-12pm Honoring Mothers. Wander, breathe in, and delight in the season of new birth while exploring the green leaves, blooming wildflowers, rich soil, and active birds along the trail with Maine Master Naturalist Linda Littlefield Grenfell. What do plant, bird, and animal mothers need while caring for all this new life? Connect, learn, and simply enjoy being outside in the spring air. \$8/\$6. Registration required at linda@wellsnerr. org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Saturday, May 13, 7:30-9:30am Bird Walk. York County Audubon birders lead a guided walk around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Saturday, May 20, 10am-12pm Wonderful Weeds. The weeds we often disregard and destroy are life giving and healing. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve so you will recognize them as you explore your own yard or local park. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Wednesday, May 24, 1-4pm Kayaking on the Little River Estuary. Paddle the guiet waters of a Maine estuary, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up and some restrictions apply. \$60/regular or \$48/member plus site admission. Registration required. Wells Reserve at

Laudholm. 207-646-1555 or wellsreserve.org/kayak.

Saturday, May 27, 7:30-9:30am Bird Walk. York County Audubon birders lead a guided walk around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free. Registration required at suzanne@wellsnerr. org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

AWS

Thursdays, May 4, 11, 18, 25 @3:30 and 4: Rescue Readers AWS Adoption Center 46 Holland Road, Kennebunk Rescue Readers brings together elementary/middle school students and AWS resident pets for a half hour of reading aloud. Students have access to special reading materials and receive reading comprehension guidance from our Humane Educator, as needed. Students are also welcome to bring their own reading materials. This program is sponsored by Kennebunk Savings. FREE, registration is required. Weekly registration opens by noon on Mondays at https://animalwelfaresociety.org/youth/rescue-readers/

Sundays, May 7, 14, 21 @ 2 pm: Puppy Learn + Play [no session Memorial Day Weekend, May 28] AWS Training Classroom 46 Holland Road, Kennebunk Open to puppies 5 months and under. Learn and Play is a series of one-time sessions that tackle the basics of raising a puppy. Each session includes a mix of socialization, manners training, life skills, play and fun! \$29 per session. Attend one, or take them all! Preregistration is required: https://animalwelfaresociety. org/training/learn-play/

Friday, May 5 @ 11 am: Furry Tales Story Hour @ AWS AWS Youth Programs Classroom (Boston House) 46 Holland, Road, Kennebunk Furry Tales Story Hour combines pets, literacy and fun! Toddlers, preschoolers and their families explore the exciting world of animals with stories, playtime, crafts, songs, movement and plenty of time with various pets. FREE. No RSVP needed.

Saturday May 6 @ 12:45 am: March with AWS Parade Brigade at May Day Meet on Water Street, Kennebunk. Look for the AWS Van March with AWS in the Kennebunk May Day Parade on Saturday, May 6th! Parade Brigadiers should meet and begin to line up on Water Street at 12:45 pm. The parade kicks off 1:30 pm and will feature the AWS van as well as many volunteers, adopters, and their dogs. When you arrive at the meeting point, look for the AWS van. See you there!

Friday, May 12 @ 11:30 am: Furry Tales Story **Hour** @ Kennebunk Free Library Kennebunk Free Library, 112 Main Street, Kennebunk Furry Tales Story Hour combines pets, literacy and fun! Toddlers, preschoolers and their families explore the exciting world of animals with stories, playtime, crafts, songs, movement and plenty of time with various pets. FREE. No RSVP needed. Friday, May 19 @ 11 am: Furry Tales Story Hour @ Goodall Memorial Library Goodall Memorial Library 952 Main Street, Sanford Furry Tales Story Hour combines pets, literacy and fun! Toddlers, preschoolers and their families explore the exciting world of animals with stories, playtime, crafts, songs, movement and plenty of time with various pets. FREE. No RSVP needed. Friday, May 26 @ 11 am: Furry Tales Story Hour

@ McArthur Library McArthur Library, 270 Main Street, Biddeford Furry Tales Story Hour combines pets, literacy and fun! Toddlers, preschoolers and their families explore the exciting world of animals with stories, playtime, crafts, songs, movement and plenty of time with various pets. FREE. No RSVP needed.

Village News

The planning continues for the 25th May Day Festival to be held on Saturday, May 6, with events at the Waterhouse Center, Brick Store Museum, Kennebunk Free Library, Kennebunk-Ken-



nebunkport-Arundel Chamber of Commerce, Lafayette Park and more. Duffy's Tayern and Grill will once again host the pancake breakfast. The parade will feature many of the favorites such as Dunlap Highland Band, Gym Dandies, Shriners, Kennebunk Twirlers, school bands and more. For more information, email Linda Johnson at ljohnson@kennebunkmaine. us or visit www.kennebunkmaine.us/mayday.

Kennebunkport Historical Society Invites Friends to Celebrate Summer with Gatsby-Inspired Lawn Party at White Columns on July 29th, Featuring Live Music by Bess Jacques It has been a century since the roaring 1920s, and the Society is excited to invite you to celebrate summer with them at their Gatsby-inspired lawn party at White Columns on the evening of July 29th. This event will feature food, cocktails, and live 1920s music by local musician Bess Jacques, and will host an auction to help raise funds to support their mission. "The 1920s were a time of change and growth in the world, the country, and our own Kennebunkport," said Kristin Lewis Haight, Executive Director of the Kennebunkport Historical Society. "We look forward to sharing some of those photographs, stories, and more with our community at the Gatsby-style lawn party."

Throughout the month of April, the Kennebunkport Historical Society is seeking sponsors for their 2023 season, which will include this fundraiser and surrounding events, as well as their traditional Christmas Prelude. Sponsorship opportunities and additional events can be explored on their website at www.kporths.com/2023-sponsorship. All levels of sponsorship include event tickets, a VIP reception, as well as parking and shuttle service to the party. An additional advantage is the ability to purchase more tickets before they are released to the public.

"We hope to see you there and appreciate your continued support," said Haight. Tickets for the lawn party will be available on a rolling basis starting in May. Sponsors will receive their included tickets and be able to purchase additional tickets along with the team of volunteers. Sales will then be open to members and finally to the general public. The Kennebunkport Historical Society is a non-profit organization dedicated to preserving and promoting the history of Kennebunkport. With events like the Gatsby-style lawn party, the Society hopes to engage the community and visitors alike in the town's rich cultural heritage. For more information on the Gatsby-style lawn party, sponsorship opportunities, and ticket sales, please visit www.kporths.com.

York Hospital and Atlantic Orthopaedics & Sports Medicine to Present Lunch & Learn on Hip and **Knee Replacement, May 12** Is hip or knee pain is keeping you from the activities you love? Then here's an event you won't want to miss. On Friday, May 12, from 12 p.m. to 1 p.m., at the York Public Library, 15 Long Sands Road, in York, York Hospital and Atlantic Orthopaedics & Sports Medicine will present a lunch and learn program, "Advances in Hip & Knee Replacement: All About Robotic Surgery" with Michael Morwood, MD. The presentation will be followed by a question-and-answer session and complimentary boxed lunches will be available "to go. To reserve your spot, visit: Dr. Morwood Joint Replacement Lunch & Learn - May 12 - EVENTBRITE FMI about Dr. Morwood and joint replacement surgeries at York Hospital, contact Atlantic Orthopaedics & Sports Medicine at mmorwood@smao.org or 207-363-3490. Visit www.yorkhospital.com to learn more about other York Hospital services and programs

Louis T. Graves Library

Mondays at 7:00 pm. What's Your Story? Have you heard about our Interview Show? Each week, our Library Director Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, their interests, etc. A great way to get to know who lives in your neighborhood attends your church or waits on you at a local business. You never know who you might see on What's Your Story? Tune in Monday evenings at 7 pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch them on the Town of Kennebunkport's cable channel 1301.

Wednesdays at 7:00 pm. Portside Readers. Who does not like to be read a story? Listen to stories, poems, tales, essays, drama, songs, and more by the Portside Readers, a small group of local actors, writers, book club members, and a musician who love the written word and want to share the joys of reading and listening. Tune in Wednesday evenings at 7 pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch them on the Town of Kennebunkport's cable channel 1301 Please call the Library for more information on this creative collaboration of friends and neighbors!

Wednesday, May 3 from 12:00-4:00 pm. Early Release Wednesday - Games & Crafts! Looking for something fun to do? Spend your early release Wednesday at the Library! Learn to play Carom, try our Lego station, fishing, chess, crafts, and more! The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennehunknort, For further information, please call 967-2778 or visit our website at www. graveslibrary.org

Thursday, May 11 at 9:45 am. Morning Book Group. This group meets on the second Thursday of every month. The group is reading Black Cake by Charmaine Wilkerson. New members are always welcome. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport, For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Thursday, May 11 from 5:00-7:00 pm. Portland Press Herald 2022 The Year in Photos. Please join us for the opening reception with photographers from the Portland Press Herald. This special exhibit is sponsored by the Portland Press Herald and will run through June 23. "The best photojournalists carefully observe the world. They notice authentic details and bring them to us in ways we are unable to forget. Photographs can pinpoint what we have in common, what is worth our investment, our hope, our struggle, and our fight." This exhibit shares some of the best images from 2022. Light refreshments will be served. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www. graveslibrary.org.

Saturday, May 13 at 2:00 pm. Malaga Island, with **Kate McBrien.** We are pleased to have Maine State Archivist Kate McBrien join us on Saturday, May 13 at 2:00 pm to discuss the true history of Malaga Island (off the coast of Phippsburg, Maine). Who lived there in the late 1800s? What happened to the people of this community? Why did the State of Maine take action to evict them from their homes? Kate McBrien oversees the archives and records management programs for the State of Maine. As curator of the award-winning exhibition, "Malaga Island, Fragmented Lives," Kate is also a historian for the Malaga Island community. She previously held positions as Chief Curator and Director of Public Engagement at the Maine Historical Society and as Curator of Historic Collections for the Maine State Museum. The Louis T. Graves Memorial Public Library is located at 18 Maine Street Kennebunkport For further information. please call 967-2778 or visit our website at www.graveslibrary.

Tuesday, May 16 at 10:00 am. Terri Tales, a Story Time at the Maine Classic Car Museum. Miss Terri will be reading Moody, Moody Cars by Eileen Kennedy-Moore. This program includes a cool car craft and an opportunity to see the cars that made history! There is no charge for children. Adult admission is \$12 per person. The Maine Classic Car Museum is located at 2564 Portland Road, Arundel. For further information please email tbbgraves@gmail.com or info@mainecarmuseum.com

Tuesday, May 16 at 12:00 pm. Your Health Matters Book Club. Louis T. Graves Memorial Public Library and the Kennebunkport Public Health Department invite you to participate in a lunchtime book discussion on Life is in the Transitions, by Bruce Fieler. Copies of the book are available at the Library. Not able to read the book before this date? You may still join the discussion. Feel free to bring your lunch. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www.graveslibrarv.org.

Tuesday, May 16 at 1:30 pm. Living with Hearing **Loss.** Join us for a presentation and discussion on hearing loss with Margaret Myatt a specialist certified in hearing assistive technology and advocate for people with hearing loss. Hosted by: Kennebunkport Public Health Department and Graves Library. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennehunkport, For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Thursday, May 18 at 3:00 pm. Write On! Enjoy putting pen to paper with your thoughts and stories? Join us for a different kind of writing group. When we meet, we will discuss our findings, share our writing, and get to know our own unique inner talents! Creative writing prompts will be given at the end of each meeting. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www. graveslibrary.org

Thursday, May 18 at 5:30 pm. Two Artists: Claire Bigebee and Ingunn Milla Joergensen. We hope you'll join us for another session of "Artists in Conversation." Local artists Ingunn Milla Joergensen and Claire Bigbee will be here to talk about their style, their process, and what inspires them. Ingunn is a fine art painter and a garden devotee, dividing her time between her studio and her gardens. For Claire, art is all about capturing a moment in time, reflecting a remarkable spectrum of colors, and having distinct energy and harmony. Both artists are represented by Maine Art Hill. This event is sponsored by River Tree Arts and Graves Library. A reception with light refreshments will follow. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Friday, May 19 at 3:30. Paint a Birdhouse with Girl **Scout Troop 1212.** Let's paint birdhouses with the Girl Scouts! Pre-registration required. All materials provided. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www.graveslibrarv.org

Tuesday, May 23 from 3:00-4:00 Lego Madness! **Imagine, create, build!** Bring your imagination for an hour of fun. Unstructured build time followed by a group building challenge and game. This program is for elementary-aged students. Pre-registration is required at 967-2778. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport, For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Thursday, May 25 at 5:00 pm. Evening Book Group. Join us on Thursday, for this month's book group. The group is reading The Metaphysical Club by Louis Menand et al. The Louis T. Graves Memorial Public Library is located at 18 Maine Street. Kennebunkport. For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Thursday, May 25 at 6:45 pm. Monthly Movie Night. Join us for our

monthly movie night. All are welcome to attend. Come to movie night or risk a ticket from Officer Krupke. Can you guess the film? Light refreshments will be served. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www.graveslibrary.org

Wednesday, May 31 at 10:00 am. Tech & Tea. This month's topic in Tech & Tea will be Let's play on our phones. Join us for this information session on what apps can do and how to use them The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www.graveslibrary. ora.



LIBRARY CLOSURES: The Graves Library will be closing at noon on Friday, May 26th to have our carpets cleaned. We will reopen after the holiday on Tuesday, May 30th at 9:30 am.

Fridays at 10:00 am. Our Fabulous Friday Family **Story Time** is every Friday in the community room. This program includes stories, finger plays, and songs. After story time be sure to check out our Guessing Game, Scavenger Hunt. Bookmark Station, Kaleidoscope Creations, and I Spy Terrarium, stations are always open! The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 and ask for the Junior Room or visit our website at www.graveslibrary.org.

Port Knitters join us on Wednesdays from 1:00-3:00 to sit and knit. Bring any current project and supplies. This is not a learn-to-knit class. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at www. graveslibrary.org.

Graves Library Community Art Show. A variety of pieces created by staff, volunteers, and patrons will be on exhibit and sale at Graves Library. Fifty percent of all proceeds benefit Graves Library. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. As items sell, new ones are added. We invite you to look in the Business Center whenever you get the chance.

Ongoing Book Sale at the Louis T. Graves Memorial Public Library. Visit the Book Cellar for what's in the store. Thousands of books to choose from — during Library hours. We also have notecards, journals, special books, ball caps, special gift books, coffee mugs, tote bags, bookmarks, and more. If you are unable to make it in, you can call us with your genre requests, and we will fill a bag for \$20.00 (10 for \$20). Cookbooks, sports, religion, fiction, biography, history, children's, classics, health, and a whole lot more! Looking for the perfect gift idea? Purchase a gift certificate for the book sale! The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport, and is open Monday-Friday 9:30-5:00, and Saturdays 9:30-12:30. For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Caps for Sale. Cool off this summer with a Graves Library ball cap now available in three different colors. All proceeds benefit the Library, \$20 each.

Special Offer, Not Many Remaining – Need a gift for someone special? Kennebunkport: the Evolution of an American Town, researched and written by local historian Joyce Butler is perfect for a birthday, wedding, or new resident to town. This 400-year history includes people, places, and events that have shaped our lovely village over time. Hundreds of images, maps, photos, charts, and stories are included in this two-volume set. Please call the Graves Memorial Library at 967-2778 for more details. \$50 per set.

Meet Us at the Museum - The Graves Memorial Public Library has passes to six different Museums throughout Maine for all Kennebunkport residents and patrons to visit for free. Brick Store Museum, Ogunquit Museum of Art, Seashore Trolley Museum, Children's Museum of Maine, Portland Museum of Art, and Coastal Botanical Gardens. Please give us a call at (207) 967-2778 to reserve a pass for a particular day (some passes are

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time be sure to check out our Guessing Game, Scavenger Hunt, Bookmark Station, Kaleidoscope Creations, Photo Booth, and I Spy Terrarium, stations are always open! The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 and ask for the Junior Room or visit our website at www. graveslibrary.org.

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Kennebunk Free Library

May Day Book Sale at Kennebunk Free Library The

Friends of the Kennebunk Free Library will have a book sale on Saturday, May 6, from 9:00 a.m. to 1:00 p.m. in conjunction with the Town of Kennebunk's May Day Festival. The sale will be held in Hank's Room and outside (weather permitting) and feature 4/\$1.00 adult paperbacks. Come and support the Library and get some great deals on gently-used books, CDs, DVDs, and puzzles. Friends support the library by raising funds that help sponsor library programs and materials including passes to local museums and parks, summer reading programs, Kanopy streaming service, OverDrive e-content, and large print books. For more information, please call the Library 207-985-2173 or email us: kfl@kennebunklibrary.org

Storytime at Kennebunk Free Library It's time for Storytime! On Mondays at 10:00 a.m., join Miss Maria or Miss Aspen for songs, stories, rhymes, and fun! If we have a warm morning, Storytime will be outside the Children's Room. If it's chilly, we'll be inside the library in Hank's Room. Storytimes are designed for ages 2–5, but everyone is welcome! In May,

we will be holding two Tuesday storytimes: Tuesday, May 23, and Tuesday, May 30. During these weeks, there will be no Storytime on Monday. These events are free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173. Upcoming storytime dates include: • May 1 • May 8 • May 15 • Tuesday, May 23 • Tuesday, May 30

Junior Science at Kennebunk Free Library It's slime time! Join us for Junior Science on May 1st at 3:45pm for a slime-tastic time! We will be making all sorts of slimy substances including slime, oobleck and even some bouncy balls! For ages 6+, registration required. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or register online.

Faerie Festival at Kennebunk Free Library The days are getting longer and warmer, which can only mean one thing — it's time to welcome the faeries back to Kennebunk Free Library! Join us on Saturday, May 6, from 9:30 to 11:00 a.m. for faerie crafts and fun! Did you submit a faerie house to the library by Wednesday, May 2? Come find Miss Maria during Faerie Festival for your certificate! Wear your faerie finery! This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173 or visit the website www. Kennebunklibrary.org.

Beadcraft at Kennebunk Free Library

It's time for Beadcraft! Perler Beads – tiny plastic beads that can melt – were first introduced as a craft in Sweden in the 1950's, and we still love them! Children ages 6 and up, or age 5 with a caregiver, are invited to join us for an afternoon of beading fun on Wednesday, May 3 at 1 p.m. What a great way to spend the afternoon on RSU 21's early release Wednesday! Design suggestions will be offered, but creativity is encouraged! All craft materials will be provided. Registration is recommended but not required. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985–2173 or visit the website www.KennebunkLibrary.org.

Rocks and Fossils with York County 4-H Come learn about some of the oldest objects on our planet: rocks and fossils! What are rocks made of? How are they formed? What types of fossils can be found in Maine? Explore the answers to these questions and more at an afternoon workshop hosted by York County 4-H. The workshop is geared towards youth ages 8 and up. Space is limited and registration is required. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or register online Kindness Club at KFL.

Kindness Club In a world where you can be anything, be kind! Join us for our next meeting of Kindness Club on Tuesday, May 9, at 3:45. Come hear a story about kindness and make a paper craft! This program is open to ages 6 and up; registration is appreciated but not required! Kindness has no age requirement — if a friend younger than 6 would like to join in, please reach out to Miss Maria at mrichardson@kennebunklibrary.org, or 985-2173 x 105. Parents are encouraged to join in! When your little sees you talking about and practicing kindness, they will want to join in even more!This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or visit the website www. kennebunklibrary.org.

Lego Club Ready to get building? Kennebunk Free Library is offering a Lego Club for children ages 4 and older. Lego Club will meet on Thursday, May 25, from 3:45-4:30 p.m. Come and build new and imaginative creations or ask the librarian for a challenge to complete. All Lego blocks will be supplied; please leave yours at home. Registration is appreciated. Lego Club is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information or to register, please call 985-2173 x-108 or register online.

Scaly Tales with Animal Welfare Society at KFL

What's better than sharing stories? Sharing stories with a scaly friend! In May, Kennebunk Free Library's monthly Furry Tales Storytime with Animal Welfare Society becomes Scaly Tales Storytime! On Friday, May 12, at 11:30 a.m., Miss Amanda from AWS will share songs, stories, and fun with us. She'll even bring a snake for us to meet! All ages are welcome to attend. No registration required. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173 or visit the website www.KennebunkLibrary.org.

Chill Gaming Ready to chill, eat snacks, and play some games? Come hang out with friends, test out your gaming card decks, play on our Nintendo Switch, try out new RPG board games, or anything else in between for our event, Chill Gaming! Anything that relaxes you is welcome and encouraged! We will meet on the first Thursday of the month, May 4, from 3:30 –4:30 P.M. The library will provide games, but players are free to bring their own games, learn new games at their own pace, or you can just come to hang out and have a good time listening to some Lo-fi beats! This event is free, wheelchair accessible, and open to Teens ages 10 and up. If you have any questions, see Miss Emmaline in the Children's Room, or call (207) 985–2173.

Tech Time - Wednesdays and Thursdays Are you stuck on a technology question that might need some extra help to be solved? Whether it be trying to use one of the library's digital services, making heads or tails of a new device, or just having a second pair of eyes help troubleshoot a piece of software, don't worry, the library is here to help! To sign-up for one of our Tech Time appointments, please visit the front desk to be placed on our scheduling sheet. Appointments to meet one-on-one with our Technology Educator can be scheduled Wednesdays from 2:00 P.M. -4:00 P.M., and Thursdays from 10:00 A.M. - 12:00 P.M.. Appointments are 45 minutes long, but there is always an opportunity to schedule a follow-up appointment if we run over our time limit. When setting up the appointment, help us to better assist you by describing the issue you want to discuss. If possible, also make sure to bring your charged device with you along with any needed usernames and passwords. If you have any questions or concerns, please feel free to visit us at the desk, call (207) 985-2173, or email our technology educator at kfl@kennebunklibrary.org so we can help you further

Dungeons and Dragons Side Quest Challenge - Go! Welcome, young adventurers! Is your character looking to strengthen their skills, brew a potion, discover a mysterious trinket, travel to new lands, or gain new knowledge? Since we are only meeting once this month, now is the time to go on some sidequests as a part of the Dungeons and Dragons Side Quest Challenge! What do you think you'll do as we wait on the freezing Shimmering Isles? Will you hunt Yetis, look for arctic animals to befriend, or maybe something more? Let's find out! Waiting for you downstairs will be a mystery box of things to accomplish until our next meeting. Just reach your hand in, shuffle the cards around, and discover what your character will be doing next! Stop by anytime the library is open between May 13 -May 30 to pick up your challenge. Once you've done your challenge, you'll tell Miss Emmaline at our next meeting all about your character, and the information will be added as a bonus to the campaign. Happy adventuring! This event is free, wheelchair accessible, and open to Teens ages 10 and up. If you have any questions, see Miss Emmaline in the Children's Room, or call at (207) 985-2173.

The Dragon Hunters and Treasure Seekers Guild (D&D)Welcome, young adventurers! Come and join in on an exciting quest in the world of Dungeons

and Dragons. Open to new and experienced players alike. Miss Emmaline will be on vacation during the middle of May, so we will only meet on Monday, May 8 from 3:30-4:30 P.M. You're welcome to bring in a character from a previous game, to make a new one, or to use one of the pre-made characters provided in the starter set. All other supplies will be provided,



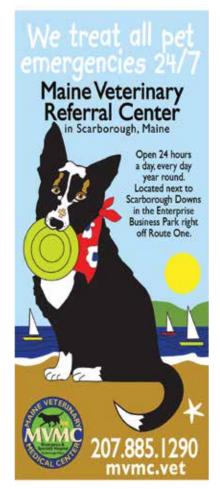
just bring your imagination! This event is free, wheelchair accessible, and open to Teens ages 10 and up. New players are encouraged to join in on the adventure. If you have any questions, see Miss Emmaline downstairs in the children's room, or call (207) 985-2173.

Brick Store Museum

Wednesday, May 3: Paint & Grow Early Release Student Workshop, 1:00pm — 3:00pm. Brick Store Museum, 117 Main Street, Kennebunk. Paint and decoupage a one-of-a-kind flower pot and clay ornament! All students leave with a finished painted pot with plant and a garden ornament. Registration (required): \$25. To register, visit www. brickstoremuseum.org or call (207)985-4802.

Saturday, May 6: May Day Basketmaking & Free Admission, Brick Store Museum, 117 Main Street, Kennebunk. Visit the Museum between 10am and 1pm to make a May Basket or paper flowers! Special guest Jennifer Libby-Barnes will be demonstrating how to make a May Day basket. New fashion and history exhibitions open for all! For more information, visit www.brickstoremuseum.org or call (207)985-4802.

Saturday, May 20: Pianoforte Concert at Museum, Brick Store Museum, 117 Main Street, Kennebunk. Hear the music of Haydn and Mozart as it was originally performed! Vienna-based artist Daniel Maltz plays at the Museum for one evening only in an intimate concert in the galleries. Limited seating! Tickets: \$30 Members/\$40 NonMembers. visit www.brickstoremuseum.org or call (207)985–4802.





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The Mystery Behind Non Ridden Horses & Their Owners

Though the majority of domesticated horses continue to be ridden, with the exception of Standardbreds used in harness racing which must be retrained to be riding horses, a growing population of horse owners is breaking tradition.

Why the shift? Valuable medical and welfare resources on the internet have brought education home. Instead of relying on dangerous myths that continue to circulate, in addition to trainers and other industry players who need horses for income, many horse owners have become proactive, embracing not only their horses but the responsibility.

They know that dismissing the real physical and mental trauma horses endure by being pushed beyond their limits and encouraging sales on which the industry thrives, puts horses in jeopardy. They know how dangerous the horse world is.

Acknowledging that science has proven horses were not designed to carry weight and that the easiest gait is the gallop which most people can't master, has brought acceptance of their

vulnerability and fragility, evidenced by horses breaking down on tracks and behind the scenes in sports.

Recognizing that the horse's function is to spend the majority of time eating, resting and standing, lying down only when they feel safe in order to run short distances at a moment's notice of a threat, is key to understanding their needs.

In contrast, running at full speed around tracks with tongues tied and mouths manipulated by bits causing difficulty breathing, while being hit by whips and often drugged to mask pain, is an aberrant abuse of an animal many continue to support.

Comprehending the physical and mental stress sports and most activities demand from lesson horses to high level dressagers and jumpers gives pause for thought. Anyone involved in any athletic endeavor, to elite athletes like Tom Brady should understand how a horse might feel. Unfortunately their stoic nature and inability to communicate pain only serves to make them more easy to abuse.

A different perspective... Being different even if it's better raises eyebrows and

causes resentment. With the exception of size, horses are no different from the animals we call pets. The knowledge that horse's backs, necks and tissues are subject to injury particularly with their spindly legs carrying a thousand pounds makes it easier to accept that a rider can make physical and mental stress worse.

People are often threatened by what they don't understand. There is even some public scrutiny towards horse owners who don't 'do anything' with their horses. This is due in part to the industry succeeding in convincing the majority of people that horses are nothing but riding machines without a nervous system. Most people

don't question it. But those with good instincts know better.

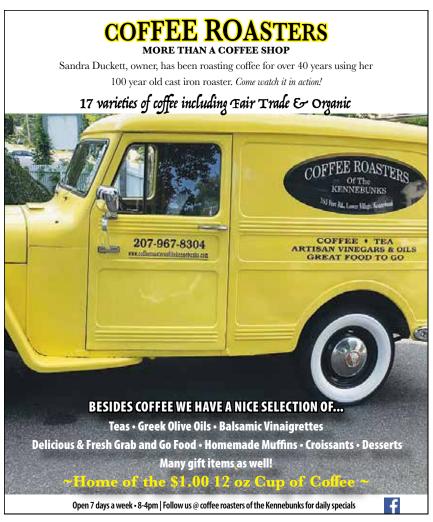
This realization has caused more horse owners to make conscious decisions not to ride at all or not have riding as the primary objective. They connect instead on other levels, and have more compassion, understanding the damage done over time. -see the April Village 'Horses as Pets' for more.

Why has change taken so long? These horse owners have always been criticized by the false claim that horses need jobs - an amusing concept. It's not

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The Mystery Behind Non Ridden Horses & Their Owners

easy standing out in a facility that caters to use with trainers eyeing your horse as a way to make money. There are good facilities and though some are happy to take boarders who don't ride, it's rare. The reason - money exchanges through riding and sport is more lucrative. Often horse owners are pressured into leasing or selling their horses, falsely convinced that they are not doing the best for the horse. Naturally they also get a cut on the sale. Instead of more work, what many of these horses really need is more attention and mental stimulation.

Those who have taken their horses home have long been accused of having 'lawn ornaments' that serve no purpose because they are not used. There is still a stigma in not using a horse traditionally similarly to other issues in society like mental illness. There is also a faction that points the finger claiming they are responsible for the neglect and abuse in the industry. When in reality it is rampant in boarding facilities either through use or self serving actions.

Horses are property. While it's true the public hears about the rare instance when a horse is finally seized by the state that occurs on private property, it's simply more difficult to put a business owner in the same position, so horses in public facilities continue to suffer. People look the other way or are afraid to report abuse and face repercussions. Low standards offered by state laws don't help.

The majority of horses that go to auctions, kill pens, and slaughter are horses used for riding and competition. Often they can no longer be ridden because they are injured, sick or shut down and considered worthless. It's not easy to watch this happen. It also comes down to dollars. Sometimes even family members can't understand why so much money would be wasted on a horse that's not used. They neglect to see that those who are diligent and care, don't get rid of them.

Change is here: The internet has helped horses. It has brought awareness of issues that in the past were hidden from public view. Social media like facebook has provided a way for those with a similar philosophy to unite.

Groups have formed specifically for horse owners who love their horses but

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who's primary interest is not in riding. They want to continue to learn and share information, interact and enjoy the social aspect of horse ownership with others. Instead of criticism, these non riding groups have offered tremendous support. The pressure to conform is gone. Instead there is applause for doing what's right.

Currently along with the first non riding group founded in the United Kingdom in 2016, there 4 regional groups in the U.S including The Non Ridden Equine, New England. More



Kristine with Maisy a rescued Premarin mare.

groups are on the cusp of formation. Most members were equestrians at some point and some still ride- thoughtfully. One thread is that they keep their horses in good care for life. They don't shirk the responsibility and this is good for horses. It's not a fad but a reality and force that the industry will have to recognize.

It would make it easier to say the lack of responsibility goes hand in hand with ignorance. Though there's a tremendous lack of knowledge and education, there are also many professionals with educational degrees who behave similarly.

Director, BlixxHorses. In addition to formal education with a degree in Dental

formal education with a degree in Dental Hygiene and certification as a fitness instructor, Ms. Rodriguez has studied horses & behavior extensively for the past 30 years. This has included daily non riding interaction, training & care for horses, and continiuing education.

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Is it gullibility, insecurity, blind ambition or simple irresponsibility and lack of compassion that drives these people? How can they so easily give up their horses and claim to love them knowing what might happen. We know that many horse owners simply don't care. But for those who do, how can they live with the guilt that their horse suffered due to decisions they made?

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