



Sefra Burstin Dance Studios

2021 Information & News

Welcome to a new year of challenge, fulfillment and fun at Sefra Burstin Dance Studios. After a unique and challenging - though incredible 2020 at SBDS – a year in which our dancers rose up and achieved more than we could ever dream under 8 months of lockdown - we look forward to 2021 with great enthusiasm!

Welcome back to those already part of our studio family, and a special welcome to our new students and families. We are so proud of the outstanding standard we achieve, and the wonderful atmosphere at our studios – a nurturing environment that supports and extends each student.

Amazing achievements in 2020 included –

- A brilliant Term One, which commenced with a wonderful, fully booked out Summer School, stunning performances at Southbank for Chinese New Year, our senior advanced dancers dancing with Katy Perry at the Women's Cricket World Cup Final at the MCG, and our troupes preparing to dance at a bushfire fundraiser, as well as training for Crown competitions in April, with our troupe routines shaping up to be our best, highest standard ever. Then Covid struck...
- Nothing stopped us! With our last studio class March 21, we had our Band App up and running March 22, and commenced Zoom classes March 23! In our time on Zoom, we held all classes 7 days a week, with lots of competitions and challenges on Band – lip sync, musical theatre, choreography, hand wash dance, tilt competition, housework dance and much more. The inventive entries and wonderful choreography from our dancers was so impressive.
- Our dancers' great energy and teamwork continued on Zoom, and commitment to attendance in Zoom classes from all dancers was outstanding. Themes, parent classes, special events and scavenger hunts made it even more interesting. Each dancer also got 1 on 1 sessions weekly.
- We held an amazing on-line improvisation competition divided into styles and age groups. 90 screens were switched on for the announcements of results! Many of our soloists also had great success in inter-school on-line competitions, with advanced dancers from all states entering via video. Our dancers won many awards.
- Our elite extension program on Zoom enabled our dancers to be taught each week by outstanding teachers and dancers from throughout the world and in other states.
- On return to face-to-face classes in November, we held a wonderful, fun week of classes in the park, before being allowed back into the studio we love on Nov 9. Two weeks later, most classes confidently and successfully took dance exams for the levels they'd studied all year on Zoom, with some higher level exams to take place in Term One. What a great accomplishment from our dancers online!
- By far, our most exciting event and achievement was our concert movie "Alice in Zoomland!" With brilliant dancing filmed both at the studio and various other locations, in full costume, backdrops and props, great choreography from all our staff, an amazing standard of dancing, considering our dancers were only back at the studio 4- 6 weeks before filming, an entertaining script, and brilliant cinematography, including special effects from our wonderful Joel Zimmerman – it is an incredible, amazing movie of which you'll all be so proud! Copies available to purchase. Movie Premiere – Classic Cinemas Sunday 7 February!

Why Choose Sefra Burstin Dance Studios?

At SBDS every dancer, and every dancer's journey matters. We cater for those aiming for a career in dance, those wanting to compete and excel, and those dancing for fun and fitness. We provide challenge, enrichment and extension for all, at the same time encouraging and developing your skills and confidence.

The happy enthusiasm in our students makes our school so special. Our dancers have energy and passion and can't wait to dance! There is a great feeling of friendship, teamwork, caring and purpose.

Our graduates have appeared on TV, film and stage in Australia and round the world. They have been accepted into all major full-time dance courses, including Australian Ballet School, Victorian College of the Arts (Secondary and Tertiary), Broadway Dance Centre (USA) and more.

Many have made successful careers as dancers and teachers, performing professionally in musicals, cruise ships, theatre, dance companies, for Disney, Cirque de Soleil, corporate events, TV and film as well as teaching at studios and secondary schools here and overseas.

Past students have been on "So You Think You Can Dance" Top 20, in "Dance Academy" TV series, are working in Hollywood on movies and more!

We have students currently who come to us each week from Werribee, Frankston and Mt Eliza because they know what we provide is so special!

From the youngest pre-school girl or boy through to our graduates – every one of you is special to us. We know 2021 will be a great year for you at "Sefra Burstin Dance Studios"!

Term Dates

There are 40 weeks of class divided into four terms.

Term One:	Mon 1 February	-	Thurs 1 April
Term Two:	Fri 16 April	-	Sat 26 June
Term Three:	Mon 12 July	-	Sat 18 September
Term Four:	Sat 2 October	-	Sat 18 December

We are closed Queen's Birthday and Cup Day and open all other public holidays.

We will offer alternative classes for those days we are closed.

Studio Location

Our bright, airy, well-equipped studios are at **1236 Glen Huntly, Glen Huntly**, near the corner of Grange Rd. Our sprung floors covered in tarketts are the best, safest state-of-the-art dancefloors.

We have full-wall mirrors, ballet barres, air-conditioning and heating as well as ample change room facilities. Our studios are near train, tram and buses.

Covid-Safe Rules

We follow all government Covid rules, in accordance with DHHS directives and updates.

Currently, we will continue with the procedures implemented in Term Four. Please read our Covid Info (emailed to you and on our website) for more details.

As in Term Four, parents drop off and pick up dancers to our staff at the studio building door. All will sanitise hands on entering or leaving the studio. Equipment and barres are sanitised between uses.

New students' parents may come to the studio door first two weeks, to help them settle in. Parents of new younger children may enter the studio first two weeks, but stay a maximum 5 to 10 minutes.

Anyone, whether parent, child, or staff member with any signs of illness such as cough, fever, upset stomach, cold symptoms must stay away from the studio.

Thank you for your co-operation to keep everyone safe.

Dance Classes Available

Sefra Burstin Dance Studios holds classes six days a week - levels and styles for everyone - boys and girls aged 2 to professional. ATOD and ATD syllabus work is also taught in our classes.

Lots of classes in all styles for boys too – we have boys of all ages dancing every genre!

TODDLER DANCE – Parent and child classes for 2 to 3 year olds - boys and girls - creative and expressive and lots to learn and do – a great introduction to dancing. With props such as hoops, shakers, toys, mini tramp and blocks to help stimulate your child. (No uniform or dance shoes required).

PRE-SCHOOL DANCE – Wonderful fun class for boys and girls age 3 to 5 - ballet and jazz, with tap and acro options too. Lots of creative activities to develop confidence, strength, flexibility and balance, as well as teaching so many dance steps and moves. You'll be amazed at how much expression, technique, musicality, performance skills, and co-ordination your child will develop.

CLASSICAL BALLET – A beautiful, classic dance style. Ballet is essential for creating strong technique. All levels beginner to advanced Ballet develops grace, posture, strength and control. Lyrical and neo-classical are also taught in ballet as well as pointe and pas-de deux for advanced students. We are proud of our reputation for our dancers' outstanding ballet technique.

JAZZ – High-energy jazz technique with the latest commercial dance moves and up-to-date music, as well as Broadway-style technique. Kicks, turns, leaps, isolations, flexibility, fitness and fun.

TAP DANCE- All ages, beginners to advanced. Lots of fun, making music with your feet. Broadway tap, rhythm tap, street tap and song and dance are some aspects of our tap courses.

HIP- HOP – High-energy street dance, music video clip style, popping, locking, cool choreography and current music, fun classes and troupes, all ages and levels including boys' only classes.

BREAKDANCE – For our budding B-boys and B-girls. Street dance style with great breakdance tricks. Classes and troupes for all levels including boys' classes and teens.

CONTEMPORARY /LYRICAL /NEO-CLASSICAL- These modern more abstract dance styles combine technique with lyrical expressiveness. Interpretation and expression as well as freedom of movement are developed. These styles also form the basis of VCE Dance studies.

ACRO – Dancers learn the correct, safe way to do tricks such as cartwheels and walkovers, progressing to flips, handsprings, aerials and other acrobatic tricks used in dance. We work on strength, core-stability and balance, learn group lifts, develop great skills and have lots of fun!

MUSICAL THEATRE – Express yourself like a Broadway star, with singing and dancing theatre routines.

TROUPES- Students extra committed to dance may join performance troupes in all styles. Troupes represent our school in competitions, shows and community events. We have troupes for all ages from six upwards. (See more info on page 4)

BOYS - All classes, in all styles, cater for both males and females, as well as boys only classes in hip hop, breakdance, tap and acro. We have many boys of all ages and always welcome more!

SPECIAL NEEDS - Students with special needs are very welcome. Where needed, we provide extra helpers to work with special needs students in the class.

TEACHER TRAINING Our Teacher Training course leads you to become a Dance Teacher with fully recognized qualifications through ATOD and ATD. To join, please see Sefra Burstin.

Open Weeks

All classes (pending Covid rules at the time) are open for parents to watch in the last week of each term. This year, we may stagger Open Week over two weeks. We will let everyone know how Open Week will run each term.

Due to Covid regulations, and also because it is distracting for students, spectators are not permitted at other times, apart from new beginners in their first weeks.

Examinations

Our students are prepared for external exams in classical ballet, jazz, hip hop and tap, conducted by Australian Teachers of Dancing (ATOD) and Australasian Arts Theatre of Dance (ATD). Both are esteemed long established societies with qualifications recognized worldwide. Advanced students can also train for fully recognized teaching exams.

Most students take exams, but exams are not compulsory. Exams give students a goal, develop discipline and technique and a sense of achievement. Dance exams are positive and rewarding.

Students receive detailed reports, certificates and medals. Students present for exams in class uniform. At SBDS we are very proud that our examination results are always excellent.

Annual Concert Showcase

We are well-known for our polished, entertaining annual theatre showcase, with people amazed at the standard we achieve. It's a lot of work, but always great fun and a huge success. Every class, including the pre-schoolers is involved, however participation is not compulsory at any level.

The concert is absolutely the highlight of the year for everyone! We always have a theme and include full-scale productions, so the dancers experience being part of a full-scale show, keeping our audience thoroughly entertained and our dancers really showing the high standard for which we're known.

After our brilliant full-scale movie "Alice in Zoomland!" in 2020, we look forward to a cabaret-style theatre mid-year concert, as well as our elaborate end of year production this year.

Performance Troupe or General Class?

Once students reach a high standard, and are eager to perform more, and represent our studio in competitions and community events, they may join a Performance Troupe. We have troupes in all styles and age groups - from 7 years of age to advanced seniors, for boys and girls.

Troupes are for those more serious about dance, who want greater involvement, and are prepared to commit fully to their team, training and practicing at home. Troupe students attend several classes a week, focusing on technical and artistic excellence. Troupes perform in shows and competitions. Troupe is a commitment. You must attend all classes. If you can't be at a performance or competition (eg. away interstate), you must notify us in writing at the earliest opportunity.

General classes are for students who love to dance, but don't want the involvement of troupes. General class students can participate in the concert and exams (optional).

Troupe students pay a levy each term to cover entry fees, costume hire, extra rehearsals etc. Troupe students will only be entered into events we deem Covid-safe with stringent Covid procedures

If you are in general class and would prefer to be in troupe (or vice versa), let us know.

Attendance in classes

Students should make every effort not to miss class, as they miss out on new work. If unable to attend, please phone or text. Students may make up, free of charge, any missed lesson in another class. If you can't dance due to injury but don't have a contagious illness, you may watch class. This is especially important for those in troupes.

If you have any illness – cough, fever, runny nose, upset stomach etc it is vital you stay home. You can make up missed lessons any time throughout the year for your convenience.

Teaching Faculty:

We are proud to offer a top teaching faculty, with outstanding talents and skills. Our teachers are fully-qualified professionals, are all enthusiastic and passionate about dance, and caring and nurturing.

Our Principal, Sefra Burstin holds a Post-Graduate Diploma in Ballet Teaching and Pedagogy from Victorian College of the Arts (Melb Uni), and as well as running SBDS, is also a qualified and experienced school teacher. She is a Major examiner and on the Syllabus Committee for ATD, as well as being a fully qualified by examination member of ATOD.

Together, our staff bring you outstanding teaching in every style from ballet to breakdance – with outstanding qualifications and experience as performers, teachers and choreographers.

Our staff works together as a team to give your child the absolute best in dance education.

Our Principal Sefra Burstin and Vice-Principal Shaynee Hall are always ready to discuss your child's progress, problems and dancing plans.

Our Wonderful Faculty:

Principal and Director

Sefra Burstin

Vice-Principal and Head of Competition Training

Shaynee Hall

Teaching Faculty

Joel Zimmerman

Lisa Cullinane

Holly Fenell

Ellie Martin

Jessica Cannizzaro

We are thrilled to welcome two new teachers

Taylah Evans

Shane 'Scroll' Marshall

Acro Coach

Steve Maltezos

Administration

Henry Shmerling

Several of our staff have been with SBDS for over 20 years as students and/or teachers – a testament to our wonderful school.

We are excited to have such a wonderful team of caring, enthusiastic and talented dance teachers.

Uniforms and hair for class

Correct dance clothing and shoes must be worn at each class.

Custom branded uniform pieces including hoodies, leggings, shorts, bags, singlets & crop tops in our studio colours & logo will be available to buy at the studio.

Our SEFRA BURSTIN DANCE STUDIOS hoodies look great!! Show support for YOUR school in the coolest style. All troupe members must wear SBDS hoodies to all dance events such as competitions.

Leotard Colours –

Leotards are available at Bloch Dancewear, Capezio, Studio 7 or Energetics

Pre-school to Test 2	Pink cotton lycra sleeveless (eg Energetics CL04) or same in other brands
Test 3 to Bronze Star	Jacaranda Russian style leotard (eg CL09, AL09, CL11, AL11)
Silver Medal to Silver Star	Turquoise Russian style.
Gold Medal & higher	Purple Russian style (Black may also be worn)

BALLET SKIRTS must be short. Energetics or Capezio skirts sit the best and are most recommended.

What to wear in classes

TODDLER DANCE: Same as pre-school dance or clothes easy to move in (no uniform needed)

PRE-SCHOOL DANCE:

Girls Same as junior ballet (see below). Play tutus may on occasion be worn.

Boys Black or white t-shirt or singlet top. Black sport shorts, leggings or trackpants.

TEST 1 or 2 COMBO CLASS:

Girls Pink cotton lycra leotard and chiffon skirt, ballet shoes, tap shoes. If doing jazz as well as ballet, no jazz shoes or jazz shorts needed – just ballet shoes).

TEST 3 & over CLASSICAL BALLET:

Girls Cotton lycra leotard in colour and style as above. Flesh tights or pale pink ankle socks. Pink split-sole ballet shoes. Short chiffon ballet skirt – please ensure it is short (Energetics CS01, similar style also available Bloch or Capezio). Cross-over. Hair in bun. Higher levels also need pointe shoes.

Boys Stretch black shorts or boys' black leggings. White socks. Black or white singlet or t-shirt. Black ballet shoes with elastic.

TEST 3 & over JAZZ or TAP:

Girls Leotard (as for ballet). Black leggings or hot shorts. Tan jazz or tap shoes. Hair in ponytail or bun. Optional - crop tops in SBDS style or black, turquoise or purple.

Boys Long, black stretch shorts, bike-shorts, or track pants. Black jazz shoes. Black or white t-shirt or singlet top or SBDS style.

HIP HOP & BREAKDANCE:

Only white- soled runners or hi-tops may be worn in our upstairs studio as black soles mark the floors. Black track pants. Boys in uniform colours - black and white. Girls in studio branded wear or suitable clothes in black, white, turquoise, purple.

DANCE WEAR PURCHASES: SBDS Branded items can be purchased at the studio. Other dancewear at “Capezio” Elsternwick, “Energetics”, in Warrigal Rd, “Bloch” Chadstone, or “Studio 7” in Moorabbin. We also have 2nd hand dancewear and shoes for sale cheaply at the studio.

PLEASE NOTE:-

1. Students may not wear jiffies or shoes not designed for dancing in class under any circumstances.
2. Crossover or tight fitting tops in pink or school colours may be worn as needed for warmth.
3. Students are to be in correct dance clothing at all times. New students are not expected to have correct attire in their first few weeks of dancing.
4. Hair to be worn tied back in all lessons. Girls should wear hair in a bun for classical ballet.

Fees:

We have frozen our 2021 fees at 2020 prices. Fees are based on four terms per year, each approximately 10 weeks. Fees for multiple classes are heavily discounted. All fees include GST.

Any hours over 6 per week are taken free of charge. If you take 6 hours or more of classes you may attend any other classes on our time-table free of charge.

Fees must be paid in full within first 2 weeks of term. Fees not paid by 3rd week of term incur \$10 p/w late fee. Alternative payment options or extensions can only be arranged by contacting Sefra Burstin

Term fees are strictly non-refundable but in the event of absence, students can make up lessons in another class of suitable standard any time throughout the year. If a student is unable to attend a make-up class, the lesson is forfeited. Fees can be paid by cash or direct debit.

<u>Hours of lessons per week</u>	<u>Fees per 10 week term (all fees listed include of GST)</u>	
½ hour per week	\$130	= \$13 per week
¾ hour per week	\$160	= \$16 per week
1 hour per week	\$180	= \$18 per week
1 ¼ hours	\$195	
1 ½ hours	\$220	= \$22 per week
1 ¾ hours	\$255	
2 hours per week	\$280	= \$28 per week
2 ¼ hours	\$315	
2 ½ hours	\$340	
2 ¾ hours	\$370	
3 hours per week	\$390	= \$39 pw
3 ¼ hours	\$420	
3 ½ hours	\$450	
3 ¾ hours	\$470	
4 hours per week	\$490	= \$49 per week
4 ¼ hours	\$505	
4 ½ hours	\$510	
4 ¾ hours	\$530	
5 hours per week	\$550	= \$55 per week
5 ¼ hours	\$565	
5 ½ hours	\$580	
5 ¾ hours	\$590	
6 or more - Unlimited hours per week	\$610	= \$61 per week

Generous family discounts
 2nd family member - 10% discount
 3rd family member - 20% discount
 4th family member - 30% discount
 Unlimited Family - 2 children - \$960
 Unlimited Family - 3 children - \$990

FEE PAYMENT:

Fees can be paid directly to BSB 033- 034 Account 126331.

When paying on –line please reference STUDENT name not parent name. If paying in cash at the studio, please enclose in a labelled envelope.

Private Lessons:

Private lessons can be taken to learn solos, duos or trios for eisteddfods or development of technique. Please phone Sefra to reserve a time. Private lessons must be paid for prior to or on day of lesson.

24 hours notice must be given if unable to attend private lesson, or lesson fee forfeited.

Private Lesson costs (including GST) are:-

¼ hour private lesson- \$20 per lesson

½ hour private lesson- \$35 per lesson

45 min private lesson - \$50 per lesson

1 hour private lesson (can be taken as two separate lessons in same week) \$60

Duo/Trio lesson Cost shared between students. (\$20 lesson = \$10 each duos, \$6.70 each trios).

Student Teacher Training:

Students wanting to train to be dance teachers and develop leadership can assist in younger classes. Assistant teachers benefit by developing confidence, self-esteem, communication and leadership. Student teachers also train for ATOD and ATD teaching qualifications. Preparation for Pre-Associate Teachers Exam (Junior Teacher level) is a two-year program.

Parent Involvement.

We encourage parents to be involved in our school. Fund-raising, helping with costumes and stage sets and props, organising social activities, giving suggestions, or helping at concert or exam days are some of the ways to become involved. Thank you!

Things To Remember:

1. Always bring a reusable (not disposable) water bottle to every class.
2. Please name and label all items of uniform and all personal belongings.
3. No chewing gum is allowed at the studios.
4. We are always available to discuss your child's progress etc, so call or text to make a time
5. Children going from studio 1 or 2 upstairs to studio 3 downstairs and vice-versa may only go with a teacher or senior student.
6. if you are at the studio for an extended period (eg 2 - 4 hours) please remember to bring healthy snacks as needed. Please ensure all wrappers etc are taken home.
7. Hair is to be tied back for all classes.
8. Please contact us if you are absent to let us know. If you are a troupe member, please contact us with any dates you are away (eg school camp, school concert).
9. Enrolment forms **MUST** be brought, or filled in at the studio at your first class. This is for both safety and insurance purposes. Students attending a trial class must fill in the enrolment form.
10. New students may attend one obligation-free trial class prior to enrolling.
11. Please tell your friends about us, and email them this info so they can have as much fulfillment, great choreography and excitement each week as you!
12. Most of all – HAVE FUN!!!

**Have a great year at dancing at SBDS in 2018 –Looking forward to a brilliant year together –
Sefra Burstin, Shaynee Hall & staff**