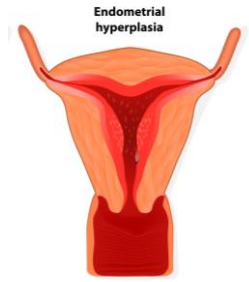


# WHTA Mini-Tutes 2014

## Clinical Red Flags: The Menstrual Cycle and Abnormal Uterine Bleeding



### PURPOSE OF MINI-TUTE

This mini-tute is an identifying RED FLAGS series mini-tute.

To assist the clinician working in women's health to understand the normal menstrual cycle and associated hormonal changes, as well as indicators of significant abnormal uterine bleeding that should be referred for further investigation.

Explanation of

- **Follicular Phase**
- **Luteal Phase**
- **Oestrogen and Progesterone**
- **Definitions / Criteria for Abnormal Uterine Bleeding**
  - o **Primary and Secondary Amenorrhea**
  - o **Oligomenorrhea**
  - o **Polymenorrhea**
  - o **Metrorrhagia / Intermenstrual Bleeding**
  - o **Menorrhagia / Heavy Menstrual Bleeding**

**DURATION**      11min 49sec

**LINK**            <https://www.educreations.com/lesson/view/the-menstrual-cycle-and-abnormal-uterine-bleeding/23061522/?s=JojQs&ref=appemail>