



Special points of interest:

- **President's Focus**
- **Chairman Reports**
- **Convention Results**

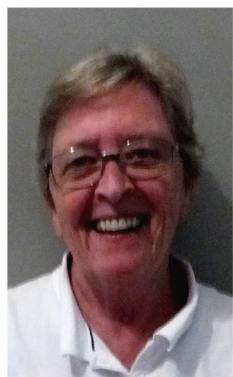
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KANSAS CLUBWOMAN NEWS

OFFICIAL PUBLICATION OF THE GENERAL FEDERATION OF WOMEN'S CLUBS OF KANSAS

From Jan's Chair...



Jan Moore
GFWC of Kansas President
2020-2022

Dear GFWC Club Members:

This will be my last official GFWC of Kansas article for our Club Newsletter! On April 27th, 2022 at our 126th GFWC of Kansas convention we voted on and installed our new GFWC of Kansas

State officers. They are a talented, amazing group of GFWC Clubwomen! They will officially take office in June 2022. However, their work has already started as they come together to plan out President Janine Eilert's vision for her administration – Janine has some remarkable plans already in the works; it will be an interesting two years!

My sincere thanks to everyone who has served as my officers, chairmen, Club Presidents and best of all, my "tried and true" GFWC friends. I was honored at our convention with "gifts of thanks" and I am in the process of sending out thank you notes. I cannot ever express my thanks adequately. I was also pleased to meet NEW members/attendees!

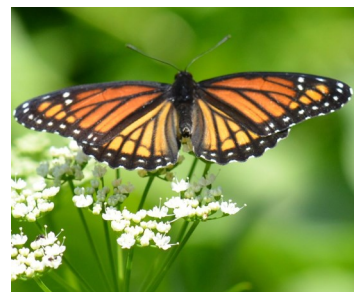
At last, our art competition re-

turned to convention! It was wonderful! Music auditions were held in March in Junction City. We seem to be "back on track" with our student competitions including Citizenship Essay and Literature & Poetry contests.

Now is the time to recruit new members and work on starting new Clubs. Volunteers – like GFWC Club members – are needed in every community. Your Club's work makes a huge difference! I sincerely thank you all! Thanks to everyone who signed my beautiful birthday card!

Now, in retirement, I'll be focusing on my own GFWC Club – the Classics – plus my flower gardens, veggie garden and the revamping of my garden shed! This weekend, Booster Rick and I will be planting our tomatoes & peppers. Hopefully, the weather will hold out long enough to accomplish this.

Jan Moore





Bees are amazing! No wonder writers and philosophers through the centuries have been inspired and moved to wax lyrical about bees!

President-Elect

Dear GFWC of Kansas Clubwomen,

Thank you to everyone for supporting me in my role as President-Elect these past 2 years. As I transition onto the role of President, I ask that each of you please reach out to me directly if you have an area of concern or if you just want to get to know me. We cannot grow as an organization without constructive discussion and feedback. I would love to invite you to your next club meeting so I can chat and get to know as many clubwomen as possible.

GFWC of Kansas NEEDS YOU. For those of you that attended state convention in April you know that the position of President-Elect was not filled. I need your help to fulfill my duties as President, I will need a “wing woman.” Who is up to the challenge? GFWC of Kansas and I NEED YOU.

Hot off the Press News. GFWC of Kansas will be continuing the membership challenge for the 2022~2024 administration. So, if a club recruits three or more clubwomen in a club year, then they will receive \$50 from the state. It will be awarded at state convention in 2023 and in 2024.

Please stay safe and healthy and have an impressive summer.

We must GROW to SURVIVE and THRIVE.

Janine Eilert

*GFWC of Kansas President-Elect and Membership Chairman
1502 S. Auburn Hills Ct, Wichita 67235.
kiwieilert@sbcglobal.net*

Secretary

Our Kansas GFWC State Convention was held April 26th and 27th in Manhattan and was a wonderful time of fellowship and camaraderie with Kansas GFWC club women from across Kansas! What a wonderful time – a time of celebrating our many successes and club accomplishments, making new friendships and getting together with old friends! I hope you were able to attend!

It is always inspiring to hear about the projects that other GFWC clubs have planned and conducted. Convention is such a great boost to our clubs and clubwomen, and a wonderful place to get innovative ideas and motivation!

Our Convention Marketplace offered many handcrafted items made by club members, a variety of store items, and silent auction baskets, knitted blankets, and many other choices! The total funds raised from the Marketplace was \$1,156.00. *Thank you, Fran Zerby, from the Flint Hills Club, and Kate Field of the Rainbow Club, for working in the Marketplace!*

I would like to thank GFWC of Kansas President Jan Moore on a job well done these last two years! With the Covid pandemic, I am sure, it has been a more difficult job than normal. She helped us and our GFWC clubs not only survive but thrive in a trying situation.

Now our new State officers have been elected and installed. We are ready for the next two years. Remember there is a vacancy in the Executive Committee – a President-Elect officer is needed. Officers for 2022-2024 are: Janine Eilert – President; Linda Loyd – Vice President; Carol Hanson – Treasurer; and Linda Krebs – Secretary. Prudence Fager is our Parliamentary Advisor.

As State Secretary, I want to re-

mind you to please take a closer look at your Club's Membership Roster this year. If you were at Convention, you picked up the Roster there. If you did not attend, I have mailed the Roster to your Club President.

Please update all addresses, emails, and telephone numbers for your members. ***Mark each member's choice of how they want to receive the "Kansas Clubwoman" – by email or by U.S. Post Office mail.*** This is an important change. As discussed at Convention, to decrease the costs of printing and postage, you can now receive your "Kansas Clubwoman" by email and print it out yourself. You will even have photos in color!

Make any changes that are needed on your Club Roster. It is important to mark the status of each member as: returning, new, dropped, moved, etc. At the top of the Roster indicate how many members, the total dollar amount of dues, check number, and your club's president's name. Mailing addresses and email addresses are especially important so all your members can receive the "Kansas Clubwoman" in a timely manner.

Mail your completed, updated Roster with your check for dues in the provided envelope to me (**Linda Krebs, 124 Riverview Drive, Wamego, KS 66547**) by June 1, 2022, please. I will mail you a receipt for your payment.

If there are any questions please email me (lindaafredkrebs@gmail.com) or call me at 785-313-4191.

Thank you for your assistance with dues and club rosters. I look forward to being your GFWC State Secretary for two more years!

Linda Krebs
GFWC State Secretary



"Butterflies can't see their wings. They can't see how truly beautiful they are, but everyone else can. People are like that as well." —Naya Rivera

Officer Reports

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Bees have much
to teach us, they
fascinate us,
they are
beautiful, and
their
importance to
mankind is
beyond
measure.

Treasurer

GFWC of Kansas 2022 Convention Financial Report April 26 & 27, 2022 Hilton Garden Inn, Manhattan

RECEIPTS

Registration

Members (52 @ \$20.00) \$1,040.00

Total Registration \$1,040.00

Meals

Tuesday Dinner (37 @ \$30.00) \$1,110.00

Wednesday Lunch (49 @ \$20.00) 980.00

Total Meals \$2,090.00

Committed Funds held for GFWC of KS Conventions \$ 465.69

TOTAL RECEIPTS \$3,595.69

DISBURSEMENTS

Hilton Garden Inn, Manhattan

Meeting Room \$ 930.59

Tuesday Dinner (40 Plates @ \$28.00 + Tax & Gratuity 1,495.52

Wednesday Lunch (52 Plates @ \$15.00 + Tax & Gratuity 1,045.54

Convention Expenses

Printing Reports \$ 50.93

Names Badges 62.41

Total Convention Expenses \$ 113.34

TOTAL DISBURSEMENTS \$3,584.99

NET TO GENERAL FUND \$ 10.70

Carol Hanson
GFWC Kansas Treasurer

President's Focus

GFWC of Kansas President's Focus
for 2022-2024 Administration

At our 126th state convention I shared with those who were present the focus of the upcoming administration and the reasons why I chose the things that I did.

Area of Emphasis: Food Insecurity

Presidents Special Project: Camp Live Well, Camp Discovery (Diabetes Camp for youth in Kansas)

Theme: GFWC: "Make the Whirl Go 'Round'"

Symbol: Pinwheel

Flower: Rose

Colors: Purple and Blue

Song: "Grace Got You" ~ Mercy Me

Scripture: 1 Peter 4 8 ~ 10 "Stewards of God's Grace"

Save the dates:

2022 ~ 2024 GFWC of Kansas

August 26th 2022 Fall Board Meeting ~ Manhattan, with virtual option

April 21st and 22nd 2023, State Convention ~ Goddard

August 25th 2023 Fall Board Meeting ~ Manhattan, with virtual option

April 19th and 20th 2024, State Convention ~ Goddard

2022 ~ 2024 Mississippi Valley Region

September 16th ~ 18th 2022 ~ Bismarck, ND

September 15th ~ 17th 2023 ~ ?, MO

2022 ~ 2024 GFWC International

June 24th ~ 28th 2022 ~ New Orleans, LA

June 9th ~ 13th 2023 ~ Louisville, KY

June 28th ~ July 2nd 2024 ~ Chicago, IL

Save the Date

Attention GFWC of Kansas Clubwomen!

Save the Date

Fall Board Meeting August 26th, 2022

Our GFWC of Kansas Fall Board Meeting is Friday August 26th, 2022. The meeting is being held at the KSU Alumni Center, Purple Pride Room, in Manhattan (1720 Anderson Ave). Lunch will be catered, and snacks provided throughout the day. A block of rooms for Thursday night is still being negotiated at the Holiday Inn across the street. For those who are not able to attend in person I have secured the option of attending virtually. If you wish to "dial in," please make sure that you have access to a computer or tablet with a microphone and a camera. Note: Your local library should be able to help you if you ask them in advance.

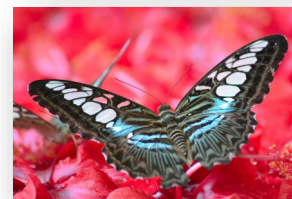
I will send out a "Call to Board Meeting" to your club president in early July. Please stay in contact with her over the summer break.

Please mark your calendars for this first event of the 2022 ~ 2024 Administration. I need your attendance so that together we can work on important business of GFWC of Kansas.

Food Insecurity is the area of emphasis I chose for my administration. I am requesting that if you choose to attend in person, please bring non-perishables and/or personal hygiene items that will be donated to the "Cats Cupboard" which is a pantry for current K-State students, staff, or faculty members on the Manhattan campus. A "Cats Cupboard" Ambassador is scheduled to speak with us at our meeting.

Janine Eilert

Incoming GFWC of Kansas President



*The butterfly said
to the sun, 'They
can't stop talking
about my
transformation. I
can only do it once
in my lifetime. If
only they knew,
they can do it at
any time and in
countless ways.' –
Dodinsky*



Bees (honey bees in particular) are the most studied creature by humans after mankind.

Music Auditions Results

Saturday, March 5, GFWC (General Federated Women's Clubs) of Kansas held their music auditions at the First Baptist Church in downtown Junction City. Twenty-five hundred dollars was awarded in Scholarships. Five hundred dollars to each of the following: In piano: Eva Pickering and Ethan Xin from Manhattan...and Karis McAllister from Americus. In violin from Junction City, Maria Stranislow. And in Girls Voice from Junction City, Lolly Winsor. It was a great come-back from Covid the talent was outstanding.

*Florence Whitebread
State Music Chair*

State Citizenship Essay Results

The topic for the 2022 essay is, "Identify the benefits and challenges of living in a democracy.

I am happy to announce the winners of the 2022 Citizenship Essay Scholarship Contest and the sponsoring clubs.

1st place: Elijah Z. Evans, senior at Junction City High School, Junction City, sponsored by the GFWC Ladies Reading Club of Junction City, \$500.

2nd place: Jena Ratliff, senior at Ness City High School, Ness City, sponsored by the GFWC Gradatim Club, Ness City, \$400.

Tie for 3rd place: Hannah M Kizmann, senior at Garden Plain High School, Garden Plain, sponsored by GFWC Goddard Woman's Club of Goddard, \$250.

Tie for 3rd place: Jason McCarthy, senior at Eisenhower High School, Goddard, sponsored by GFWC Washington Modern Pioneers Club, Washington, \$250.

*Karen DeCou
State Citizenship Essay Chair*

2022 WHRC Convention Report

At our last State Convention I suggested having a program or programs on the history of your current club members. Now, I have another suggestion. How about assigning members the name of women who were GFWC clubwomen. Do some research and tell their stories. We know a great deal about Jane Cunningham Croly aka Jennie June from New York. Here is a list of notable women:

1. Julia Ward Howe—First GFWC Massachusetts President, was best known for writing the lyrics to “The Battle Hymn of the Republic.” She was a prolific writer and became the 1st woman inducted to the American Academy of Arts and Letters.

2. Ellen Curtis Demorest (New York) a founding member of the Sorosis Club, helped revolutionize the fashion industry in the 1860s with her invention and mass production of her dressmaking patterns.

3. Frances Willard (Illinois), an active leader in the temperance movement of the late 1800s and served as president of the Women’s Christian Temperance Union for 20 years.

4. Jane Addams (Illinois) founded Hull House, a settlement house in Chicago, which served as a model for the social reform movement of the Progressive Era. She was awarded the Nobel Peace Prize in 1931.

5. Julia Lathrop (Illinois) was the first person appointed to head the federal Children’s Bureau, which was created in 1932. President Taft chose her because of her impressive accomplishments in social work.

6. Eva Perry Moore (Missouri) became President of the National Council of Women in 1916, represented the Board of Lady Managers of the Superior Jury of the Louisiana Purchase Exposition, earned a presidential appointment to the 11 member Women’s Committee of the Council of National Defense, and was very active in the League of Women Voters during the suffragist movement.

7. Mary Belle King Sherman (Colorado), known as the “National Park Lady” because of her dedication to the preservation of America’s scenic beauty, she aided in the creation of the National Park Service in 1916. She

later served as GFWC President 1924-1928., and encouraged clubwomen to pursue conservation efforts, resulting in establishment of six national parts.

8. Nellie Tayloe Ross (Wyoming) became the first female governor when she was inaugurated in Wyoming in 1924 and was the first woman to be appointed by President Franklin Delano Roosevelt to be Director of the United State Mint.

9. Eleanor Roosevelt (New York), First Lady of the United States, she also served on the first U.S. delegation to the United Nations (UN) and drafted the Declaration of Human Rights while chairing the Human Rights Commission for the UN.

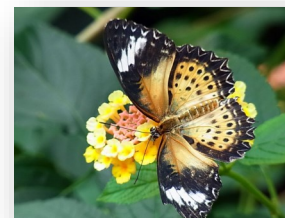
10. Bertha Ethel Knight Landes (Washington), President of the Women’s Century club from 1918-1920 and a member of the Women’s University Club of Seattle, she was elected mayor of Seattle, becoming the first woman to be elected mayor of a major city.

11. Ellen S. Woodward (Mississippi) was appointed to several federal positions during the Roosevelt Administration, she first served as assistant to Harry Hopkins in the Federal Emergency Relief Administrations (FERA) and was later appointed Administrator of the Works Progress Administration (WPA) in 1935. Three Years later, she was appointed to the three-member Social Security Board by President Roosevelt and served until its abolishment in 1946.

12. Margaret Chase Smith (Maine) served as State Representative and later became a U.S. Senator. She was the first woman to ever be elected to both Houses of Congress, and in 1964, she became the first woman to campaign for the presidential nomination of a major political party.

How much fun and also educational these programs would be.

Jeanne Urban
WHRC Chair



“Well, I must endure the presence of a few caterpillars if I wish to become acquainted with the butterflies.”— Antoine de Saint-Exupéry



The hum of bees is
the voice of the
garden.
-Elizabeth Lawrence

Creative Writing Results

There were 23 entries in the Creative Writing Contest. Youth had 7 poems entered and 13 short stories. The club women had one who entered a poem and one who entered a poem and a short story.

POETRY

Category 1

1 st "Little Orange Pumpkin"	Emily Lopez-Alvarez	Alma	Alma Ladies Reading Circle
2 nd "Avery the Cat"	Harper Speth	Alma	Alma Ladies Reading Circle
3 rd "The Alligator"	Adler Gnadt	Alma	Alma Ladies Reading Circle

Category 2

1 st "The Sun"	Alex Glotzbach	Wamego	Alma Ladies Reading Circle
2 nd "Fishing"	Kameron Michael Moege	Paxico	Alma Ladies Reading Circle

Category 3

1 st "Fishing"	Zak Smith	Alma	Alma Ladies Reading Circle
2 nd "The Orangutan"	Megan Piper	McFarland	Alma Ladies Reading Circle

Category 4

No Entries

Club Woman

1 st The Flint Hills"	Amy Benz	St Mary's	GFWC Ad Astra
2 nd "Aunt Bert"	Anita Pfister	Hutchinson	GFWC Questers

SHORT STORY

Category 1

1 st "Two Turtles in the Forest"	Brynn Anderson	Alma	Alma Ladies Reading Circle
2 nd "The Alligator and His Friends"	Sam Hurla	Alma	Alma Ladies Reading Circle
3 rd "A Big Party"	Kooper Runnebaum	Alma	Alma Ladies Reading Circle

Category 2

1 st "The Three Princesses"	Molly Larsen	Gardner	GFWC Questers
2 nd "A Turtle Who Went to Outer Space"	Anna Debler	Alma	Alma Ladies Reading Circle
3 rd "Elli and the Flower"	Haley Shannon	Alma	Alma Ladies Reading Circle

Category 3

1 st "The Break In"	Emma Steele	Belvue	Alma Ladies Reading Circle
2 nd "My Birthday"	Ava Viergever	Alma	Alma Ladies Reading Circle
3 rd "The Secret"	William Gray	Alma	Alma Ladies Reading Circle

Category 4

1 st "Everything Happens for a Reason"	Scarlett Pfister	Overland Park	GFWC Questers
2 nd "Waters"	Harmony Parkhurst	Hutchinson	GFWC Questers

Club Woman

1 st "A Snowy School Day"	Anita Pfister	Hutchinson	GFWC Questers
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Thank you to all who entered the contest. Thank you also to Baylee Howard and Kerrigan Thompson.

Elizabeth Hemberger
State Creative Writing Contest Chairman

The Flint Hills by Amy Benz, GFWC Ad Astra

The Flint Hills
Those who stayed
Ranchers, cowboys,
Testaments of time.
A family of roots and ritual.
Protectors of the past
With an eye to the future.

Some see no beauty here.
Find it barren, empty
Winds of tornadoes and fires
Drought
Leave signs of emptiness
A lonely place
Depression.

The land, a farmer's enemy
Sedimentary layer jutting out
When extracted from the earth, timeless
Stone fences, cemeteries, corner stones
Leave a mark of settlers
Whose wheel tracks showed life too hard
Thousands walked through the trails here

To truly understand
We study the land, the people
History
Dig deeper
Unfold the Flint Hills mystery.
To find its wealth.
Why people stayed.

Stretching from Kaw River to the Osage
Limestone and shale layered the earth
Years of the Permian Sea
The Nemaha Mountains beneath
Limestone then Flint
Repetition of layers and time
Water carving the veins of rivers
The Flint Hills bounty
A thin layer of soil
Hills, uplands, and watersheds
Limestone like a bleached skeleton
A granite ridge from glacier time
And in between the sacred Tall Grass Prairie
The secret treasure concealed here

Between the Flint
Grow the grasses
Big bluestem and little too,
switch grass and more
Gold for the cattle
Food for our country
Distributed beyond.

A bond from native time, a ritual
Burning the hills

Preserves the grasslands
From invasion of cedar
Enriches the soil
Hidden diversity within
Protects the land for another term.

In the Flint Hills
The tall grass waves high
Roots grasps water tightly
Providing just the right measure
To the fauna
And cattle
In the heart of the Kansas.

Creeks like spiderwebs
Wooded streams, brush, and shelter
Giving respite from the heat
To the livestock and woodland species
Providing water to the crops in surrounding prairies
Valleys of corn, wheat, and beans
Bounty of the state.

The hills grow sullen again.
But beauty is in the landscape
The sunrises and sunsets
Snow geese flying low
Deer seeking cover
Skunks and raccoons asleep
And possums' refuge in the trees.

Man and nature struggle to survive
The harshness of this treasured land
Deters a few
But for those hardy souls
From settlers' time
Let us try
To understand

Kansans are like the Flint Hills
Created over the years,
Close to the earth
Conservative.
A basic belief
Live and let others live
Enjoy the peace and tranquility of the open sky.

Be near the Maker
Preserve the past
Keep an eye to the future
Like a sunflower
Kansans turn their heads
To seek the light.
And treasure the Flint Hills.

Inspired by the book *Prairyerth* by William Least Heat-Moon



*"I almost wish we
were butterflies
and liv'd but three
summer days –
three such days
with you I could
fill with more
delight than fifty
common years
could ever
contain." — John
Keats*



*Listen to the bees
and let them guide
you.
-Brother Adam*

Membership

Our state had fifteen new clubwomen registered for the 2021 ~ 2022 club year. Of the twenty-five clubs in GFWC of Kansas, nine clubs registered new clubwomen. GFWC of Kansas has a total of 340 clubwomen.
Mae Wenger Club Membership Award

The club that had the greatest percentage increase in membership was Brewster Beta. They had a 17% increase in membership. Rainbow Club had an 11% increase in membership and Progressive Hiawatha had an 8% increase in overall membership. Brewster Beta has their name engraved on the Mae Wenger Membership plaque that was proudly displayed at the recent state convention. I hope that I can visit the clubwomen of Brewster Beta with the plaque so they all can pose for a photo opportunity.

GFWC of Kansas Membership Challenge

Congratulations to Goddard Woman's Club and Rainbow Club for both completing the GFWC of Kansas Membership Challenge. Both clubs recruited and registered three or more clubwomen in their clubs. Those clubs received \$50 each from GFWC of Kansas and a certificate.

Membership Creativity Award

Flint Hills Women's Club final meeting of a club year is normally a chance to celebrate all their clubwomen. They have found it is important to keep their membership motivated by celebrating each other's successes. The last club meeting of 2021 they had an extra special surprise celebration to honor an extraordinary fellow clubwoman, Prudence Fager, for her 50+ year membership in GFWC. This "project" was selected as the Membership Creativity Award for GFWC of Kansas.

New Attendees at State Convention

There were five first time attendees at our recent state convention in Manhattan. They were from left to right; Janine Eilert incoming state president ~ Ellen Westerhaus Junction City Ladies Reading Club, Loleta Sump from Manhattan Flint Hills Club, Myra Stutzman and Rachel Purdy Goddard Woman's Club, Roxy Peterson Wamego Ad Astra,

and Jan Moore outgoing state president. Thank you, ladies, for attending convention and I hope to see you at a future meeting.



50+ year members of GFWC

It is with great honor that I had the opportunity to acknowledge the nine ladies in attendance at the state convention who have been members of GFWC for more than fifty years. It is important to award these ladies with respect and regard. Each received a yellow 50-year ribbon at state convention. Delva Powers ~ Rainbow, Louise Deiter ~ Maple Hill Research, Lee Humphrey ~ Rainbow, Anita Pfister ~ Hutchinson Questers, Dr. Rose Ditto ~



Wamego Portia and Ad Astra, Jeanne Urban ~ Goddard Woman's, Prudence Fager ~ Flint Hills, Susan Graham ~ Washington Modern Pioneers, Bevy Roepke ~ Shakespeare Waterville.

*Janine Eilert
GFWC of Kansas Membership Chairman*

Club Creativity Award Presented to GFWC Wamego Study Club

A Club Creativity Award was presented to Club President Linda Krebs and the Wamego Study Club for their featured program featuring Bikers Against Child Abuse, Inc.

The GFWC Wamego Study Club of Wamego Kansas, as advocates for children's health and wellness, provided a program for members and guest clubs on October 18, 2021. Five, GFWC of Kansas Clubs were in attendance at the St. Bernard Catholic Church Parish Hall in Wamego to hear a special presentation by B.A.C.A., Bikers Against Child Abuse, Inc.

The B.A.C.A. Native Stone Local Chapter from Manhattan, Kansas presented a video and provided detailed information about the mission of the organization. The B.A.C.A. Mission's intent is to create a safer environment for abused children. The Bikers work to empower children to not feel afraid of the world in which they live. The Bikers stand ready to lend support to "our wounded friends" by involving them with an established united organization. The organization works in conjunction with local and state officials engaged in the protection of children impacted by domestic violence.

GFWC Kansas club members donated jean jackets and jean vests for

children, 3 to 18 years of age.

B.A.C.A. gives a jacket or vest to each child they work with to reinforce the child has the 24/7 support of B.A.C.A. members.

A lively question and answer session followed the presentation. GFWC of Kansas Clubwomen were reported inspired and moved by the work of the B.A.C.A. President and Child Liaison in their support of children impacted by abuse.

GFWC Kansas Clubs in attendance included; Wamego Study Club, Maple Hill Research Club, Manhattan Flint Hills Woman's Club, Portia Club and the Ad Astra Club.

This project was supported with 25 hours of volunteer work, \$120 of in-kind donations, and a \$35 expenditure. It was noted that the B.A.C.A. does not accept financial donations, but instead welcomes the donation of the jean jackets and jean vests.

Congratulations Wamego Study Club!

*Submitted by Gail Jamison
GFWC Kansas Domestic Violence
Awareness Chair*



"Just living isn't enough," said the butterfly, "one must have sunshine, freedom and a little flower."—
Hans Christian Anderson



*Words are like bees
– some create
honey
and others leave a
sting.
-Unknown*

Environmental/Conservation

Jan Moore, out-going President spoke at our Kansas GFWC Convention about the use of wind turbines. A question was raised concerning them, and it set me to find out more about them. I learned that Kansas has just over 3,500 turbines. The largest “wind farm” is located in Clark County, and it is owned by Enel a multinational Italian distributor, and manufacture of electricity and gas. A wind turbine each has four blades equaling 14,000 blades.

Wind turbine blades are piling up in land fills after their use; which is about 25 to

walls. The company started producing samples at a plant in Sweetwater, Texas, near the continent’s largest concentration of wind farms. It plans another operation in Iowa. “We can process 99.9% of a blade and handle about 6,000 to 7,000 blades a year per plant,” said Chief Executive Officer Don Lilly. The company has accumulated an inventory of about one year’s worth of blades ready to be chopped up and recycled as demand increases, he said. “When we start to sell to more builders, we can take in a lot more of them. We’re just gearing up.”

Time for the Kansas General Federation of Women Club to gear up and write our legislators for them to address this problem! We need companies to look for ways to use these old blades so that they do not end up in land-fills forever!

Thank You all for your support as I end my term as your GFWC Environmental/ Conservation Chair!!



30 years per blade. These blades are not really recyclable, because of the fiber glass content. Old blades are primarily sent to one of a small number of landfills that accept them in Iowa, South Dakota or Wyoming. Here in the United States alone in the next 3 years around 8,000 blades will be decommissioned to be buried in stacks that reach 30 feet under the dirt of these land-fills.

“The wind turbine blade will be there, ultimately, forever,” said Bob Cappadona, chief operating officer for the North American unit of Paris-based Veolia Environmental SA, which is searching for better ways to deal with the massive waste. “Most landfills are considered a dry tomb.”

We need to be able to reuse or recycle these blades! One start-up, Global Fiberglass Solutions, developed a method to break down blades and press them into pellets and fiber boards to be used for flooring and

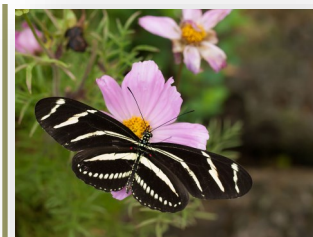


*Juanita Rothaus
Kansas Conservation Chairwoman*

Fundraising and Development

Thank you to all the clubs that submitted reports with regards to Fundraising and Development for 2021. At state convention I asked eight clubs to highlight their innovative fundraising ideas. Joanie Doperalski from Ad Astra Club of Wamego talked about how the club has a door prize raffle at several meetings. Joanie is a crafter, and a lot of her handmade items are part of the raffle. Beta Brewster club holds a bake sale as their major fundraising event of a club year. All their clubwomen participate by donating at least five distinct types of baked items. Goddard Woman's Club has a more direct approach of fundraising by presenting annually at their local city council meeting and asking for money directly. Margaret Thomas of Mid-Century Club of Norton talked about the clubs "Pie-less Pie Sale" where members are asked to donate money instead of baking. Patricia Peterson of Portia Club uses a different technique to raise funds for the club. At each meeting they have a "Blessings and Concerns" basket

where members can donate money if they want to share personal concerns or ask for a blessing from members during the allotted meeting time. Karen DeCou of Hutchinson Questers stated that they have all their members participate in Terri Lynn Nut sales as one of their major fundraisers for the club. The "Penny Pocket Program" is the method that Wamego Study Club uses to raise funds for specific causes. Linda Krebs talked about how clubwomen are asked to bring loose change to a few meetings a year. The clubwomen vote on where the "pennies" will be donated. Susan Graham from Washington Modern Pioneers Club highlighted her club's successful major fundraiser for the past 41 years. They sponsor a local craft show by selling vendor spaces in the local elementary gymnasium. The craft show is usually scheduled at the beginning of the Holiday season for local community members to buy Christmas gifts.



*"How does one
become a butterfly?
You have to want
to learn to fly so
much that you are
willing to give up
being a
caterpillar." —
Trina Paulus*

Update to By-Laws Voted on at State Convention

All recommended by-law changes will now go into effect with the new administration. They will be published in your handbook for 2022–2024. Any Standing Rules changed will also be there.

I want to take this opportunity to thank Jan and her executive committee for their cooperation and input to get this taken care of. I also want to thank all the clubs that submitted work for their by-laws to be changed and to conform to State by-laws also.

I feel that if we keep the line of communications open no matter, by electronic or print, this will make us work smarter and better to serve our country, state and communities through GFWC.

Club Presidents, like the State Executive Committee, it is your job to make sure your members are aware of by-law changes that occur during your administration. It is a good idea to have a beginning year program, by reading and discussing club and state by-laws that govern your work. They are your guidelines to keep all members in the know.

May all have a safe and healthful summer! If ever I can be of assistance in your club work, feel free to contact me.

Delva Powers,
By-Laws and Resolutions, GFWC of Kansas



*The lovely flowers
embarrass me,
They make me regret
I am not a bee.
-Emily Dickinson*

Health and Wellness

To check out what you know about living longer take this quiz.

1. To reduce your risk for chronic disease as an adult, you need to exercise at least 2 hours a day.

A. True B. False

2. A healthy older lifestyle doesn't include smoking.

A. True B. False

3. What you eat plays a major role in your health.

A. True B. False

4. As long as your diet is balanced, you don't need to worry about those few extra pounds you have put on.

A. True B. False

5. You should make your health a priority in your life.

A. True B. False

6. Your job kept you on your toes mentally. Now that you're retired, you can relax those mental gymnastics.

A. True B. False

7. Now that you're older, it's too much work to keep up with friends. Friends are for younger people.

A. True B. False

8. A positive attitude helps you live longer.

A. True B. False

9. Even if you are 60 or older, you should still make plans for your financial future.

A. True B. False

ANSWERS:

The correct answer is B. False.

The federal Guidelines for Americans say that you should get at least 150 minutes a week of moderate-intensity exercise OR 75 minutes a week of vigorous exercise. You can break up activity into chunks of at least 10 minutes each and spread them throughout the week. Start slowly and build up gradually. If you can't do this much activity, be as physically active as your abilities and conditions allow. Check with your healthcare provider before increasing or changing your activity level.

The correct answer is A. True.

Even if you smoke, it's not too late to quit.

Shortness of breath gets better in 1-12 months. Heart attack risk drops a lot within 1-2 years. Stroke risk is greatly reduced and also the risk for many cancers falls within 5 to 10 years.

The correct answer is A. True.

Eating a balanced diet is important. Include lots of fruits, vegetables, and whole grains every day. See the USDA's MyPlate website at www.choosemyplate.gov.

4. The correct answer is B. False.

It's important to maintain a healthy weight. Even with a good diet and exercise, people who are severely overweight or obese are more likely to have health problems including cancer, type 2 diabetes, high blood pressure, and osteoarthritis, according to the CDC.

The correct answer is A. True.

Even wearing your seat belt or getting pneumonia vaccines and a yearly flu shot may help prevent injury and illness.

6. The correct answer is B. False.

The gradual decline in short-term memory often associated with aging may be eased with daily mental challenges, the National Institute on Aging says.

7 The correct answer is B. False.

Continue to invest time in your relationships. People who stay connected to their community, family, and friends live longer than their more isolated peers.

8. The correct answer is A. True.

A strong belief in yourself and your ability to deal with situations can help you cope with stress and is an important element in keeping your independence.

9. The correct answer is A. True.

If you are 60, you could live 20, 30, or 40 more years. Allocate your resources accordingly.

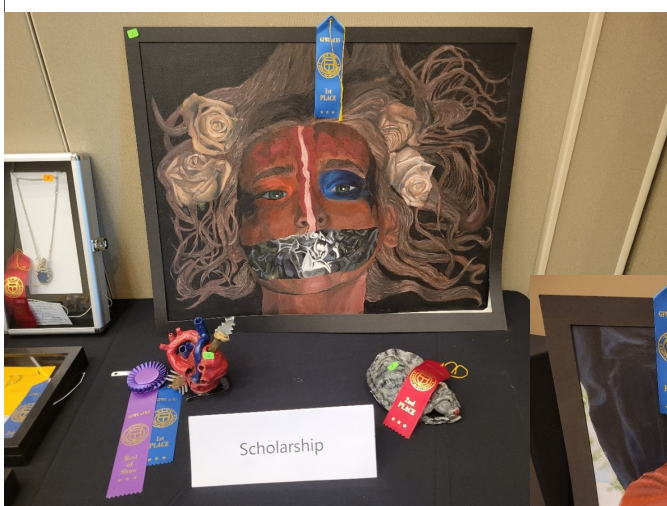
Information from Johns Hopkins

*Kathy Baker
Health and Wellness Chair*

Arts and Creative Crafts

Student and Clubwoman art, crafts, and photography returned to our State Convention in a spectacular way. Four clubs sponsored five schools with a total of 127 pieces. Best of Show and the Senior Scholarship was awarded to Anjoelina Bonilla of Goddard. The People's Choice Award went to Hannah Wiebe also of Goddard. In the clubwoman entries, Joanie Doperalski's blue ribbon winning photograph has been entered in the GFWC Photography Contest. Winners will be announced at the International Convention in June.

Linda Loyd and Char Grelk
Arts and Creative Crafts Co-Chairs



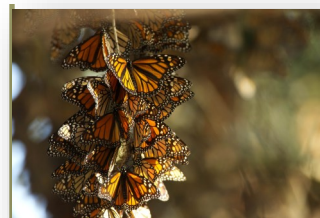
Scholarship Winner



People's Choice Award



Joanie Doperalski, GFWC Ad Astra



*"Well, I must
endure the presence
of a few caterpillars
if I wish to become
acquainted with
the
butterflies."— Ant
oine de Saint-
Exupéry*



He is not worthy of
the honey-comb
That shuns the hives
because the bees have
stings.
-William
Shakespeare

Health and Wellness Creativity Award

Kathy Baker, right, presented the GFWC of Kansas Health and Wellness Club Creativity Award to Myra Stutzman of GFWC Goddard Woman's Club for hosting a Christmas Party at a nursing home after Christmas had been cancelled. The club spread seasonal cheer and also gave treats and gifts to both residents AND staff as they scurried about in their signature bright pink aprons and reindeer antlers! The runner-up for the award was GFWC Athena Club, Gardner for adopting their local rehab hospital after a member, Mary Pritchard, had been a patient there. The club continues to pro-

vide clothes hangers, puzzles, games, craft items and clothing to the hospital in her memory.



GFWC of Kansas Library Report

The State Library of Kansas recently made two important announcements for the book and reading lives of Kansans of all ages. Both involve books and authors that will be in the spotlight this year in the Sunflower State.

First up was the news that *Not a Box* by Antoinette Portis will be the featured titles in this year's Kansas Reads to Preschoolers program (KRP). Described as a "wholly original celebration of the power of imagination" this title uses visual humor and simple dialogue to illustrate that a box is only a box....until it becomes something more.

It is said to be inspired by the author's "memory of sitting in a box on her driveway with her sister" and that "she captures the thrill when pretend feels so real that it actually becomes real-when the imagination takes over inside a cardboard box, and through play, a child is transported to a world where anything is possible."

The KRP one state/one book initiative is an annual event that promotes reading to all Kansas children from birth through age five. It highlights the importance of reading to kids and sets the goal that every Kansas child in this age group is read to during the month of November. In addition to family reading's at home, this also includes story programs in libraries as well as outreaches to preschools and childcare centers.

Now in its 18th year, the program has featured many notable titles including *Grumpy*

Bird by Jeremy Tankard in 2021 as well as *Groovy Joe: Ice Cream & Dinosaurs* by Eric Litwin, *I Like Myself!* by Karen Beaumont, *Ten Pigs: An Epic Bath Adventure* by Derek Anderson, *Bear Sees Colors* by Karma Wilson, and *Is Your Mama a Llama?* by Deborah Guarino.

The second announcement released the titles on the 2022 Kansas Notable Books list. This is the 17th year of the program that features fifteen books by Kansans or highlighting a Kansas-related topic, and that reflect the rich cultural heritage of our state. All of the titles on the list were published in 2021. The announcement also encouraged everyone to consider supporting independent Kansas bookstores when they make their purchases of:

Ava: A Year of Adventure in the Life of an American Avocet by Mandy Kern, Meadowlark Press
Blue Collar Saint: Poems by Brenda Leigh White, Meadowlark Press
Field Journal: 2021, The Santa Fe Trail by the Symphony in the Flint Hills
From This Moment: A Novel by Kim Vogel Sawyer, Waterbrook
The Greatest Thing: A Story About Buck O'Neil by Kristy Nerstheimer, illustrated by Christian Paniagua, The Little Fig
Haven's Secret (The Powers Book 1) by Melissa Benoist, Jessica Benoist, Mariko Tamaki, Abrams Books
(Continued on next page.)

GFWC of Kansas Library Report—Continued

How to Resist Amazon and Why by Danny Caine, Microcosm Publishing

Killing Dragons: Order of the Dolphin by Kristie Clark, Delphi Imprint

Mad Prairie by Kate McIntyre, University of Georgia Press

Policing Sex in the Sunflower State: The Story of the Kansas State Industrial Farm for Women by Nicole Perry, University Press of Kansas

Running Out: In Search of Water on the High Plains by Lucas Bessire, Princeton University Press

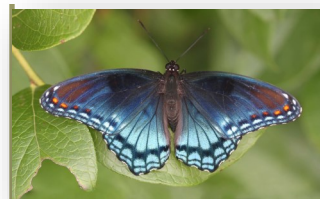
Stormbreak: A Seafire Novel by Natalie C. Parker, Razorbill

A Vote for Susanna: The First Woman Mayor by Karen M. Greenwald, illustrated by Sian James, Albert Whitman & Co.

White Hot Hate: A True Story of Domestic Terrorism in America's Heartland by Dick Lehr, Mariner Books

Words Is a Powerful Thing: Twenty Years of Teaching Creative Writing at Douglas County Jail by Brian Daldorph, University Press of Kansas

Susan Moyer



GFWC Modern Pioneers Study Club

Kady Toole, a student of Washington County High School, presented a program about her book she authored and illustrated, "Izzy, The Cowgirl Corgi" to the Modern Pioneers Study Club. This started out as a school project but ended up as a published book. Her own Corgi was the inspiration for this book. This book can be ordered at www.izzythecorgi.com. The club purchased a stuffed Corgi she was selling to donate to the local library to go with the book.



"When I was a girl I would look out my bedroom window at the caterpillars; I envied them so much. No matter what they were before, no matter what happened to them, they could just hide away and turn into these beautiful creatures that could fly away completely untouched."
— Patch Adams

Next Issue

News items for the **September, 2022** issue of the Kansas Clubwoman are due **August 20, 2022**. Please feel free to forward your articles to me whenever you have them ready. No need to wait for the due date. I maintain a working copy of the next issue and will insert your article when I receive it. I will always send a reply to confirm that I have received your article. If you don't receive a confirmation, please check with me.

Back issues of the Kansas Clubwoman are archived in our website gfwcofkansas.org.

Linda Loyd, Editor

lindaloyd05@gmail.com

913-856-8602



*"The botanist
should make
interest with the
bees if he would
know when the
flowers open and
when they close"
- Henry David
Thoreau, 1906*

News from Goddard Woman's Club

We had extra funds from our Christmas party at our local senior care home so we surprised residents and staff with treat bags for Valentine's day. We included felt heart pins we made ourselves in a fun work day.



April was super busy as we held our annual art show at a local assisted living residence, joined our community clean up, held a garage sale fund raiser, and attended GFWC Kansas Convention. A crew planted flowers in large planter boxes in Goddard's main park. We will weed, deadhead, and generally care for the plants until the first hard freeze. This is part of a community-wide clean up called Neighbors United.



We helped 55-year member, Betty Shaw, celebrate her 102nd birthday. She has created a beautiful legacy of service, especially with our public library.



It was such a joy to hold our art show after two years of pandemic restrictions! Our students did very well at the State competition and we couldn't be more pleased!

We celebrated our past club president and newly installed GFWC Kansas President, Janine Eilert, in April. We are excited for her presidency and will try to support her initiatives and duties however we can!

For the first time, we joined the Goddard Area Wide Garage Sale. Members got to clean things out of our houses and members took shifts setting up, working, and tearing down the sale. We made about triple our original goal and we consider that a resounding success! Janine Eilert has reaffirmed her crown as "Garage Sale Queen". This will almost certainly become an annual event.

We ended this program year with our annual May luncheon. We also did an in-gathering for Ronald McDonald House. We are approaching our next year with some challenges as we do not have a president or co-presidents. We are taking this as an opportunity to develop more shared leadership and are reorganizing to be more focused in our service projects. We have a strong will to keep going so we will find a way forward. We hope all of our sister clubs are able to do the same! Have a great summer!

GFWC Wamego Study Club “Goes to the Dogs!”

WAMEGO STUDY CLUB (WSC) met on Monday, March 21, 2022, at St. Bernard's Parish Hall in Wamego and welcomed thirteen GFWC guests from Manhattan Flint Hills Club, Maple Hill Research Club, Portia, and Ad Astra GFWC Clubs.

Guest speaker Victor Cervantes of the **Pottawatomie County Sheriff Department** began the program with a talk and demonstration with his dog, “Elvis,” of the K9 Unit. Elvis is trained in finding street drugs, to “source the odor” of drugs, such as cocaine, heroin, narcotics, etc. Sheriff Shane Yeager, Deputy Sheriff Doug Adams, Justin Young, and Victor, all from the Pott. County Sheriff Department answered questions and shared valuable information about the ongoing fight against drugs.

Kody Songs of the **Manhattan Fire Department** brought his dog, “Duke,” and shared fascinating facts about Duke's duties, which include travelling together throughout the nation to assist in disasters. Duke is a “live-find rescue dog” and an “HR” dog – human remains. Kody also answered many questions from the audience.

Yes, we ALL happily “went to the dogs!”

Members and GFWC guests alike thoroughly enjoyed the presentations and learning all about these amazing dogs and their officer handlers. Just another example how our law enforcement officers and firefighters protect us every day.

Acting President Joyce Blanka presented the Pott. County Sheriff's Dept. with a 20-pound bag of Milk Bone dog treats and a check for \$25.00 was given to the Friends of Kansas Task Force, in lieu of the Manhattan Fire Dept.

At the April 25th Study Club meeting, WSC enjoyed a salad luncheon and ended our club year with the installation of our new club officers:

President: Jackie Hays
Treasurer: Loretta Tuma
Vice President: Joyce Blanka
Secretary: Mary Jean Peterson
President Linda Krebs discussed the

choice of receiving the *Kansas Clubwoman* by email rather than a hard copy by US Postal Service. She asked members to mark their choice on a survey sheet.

The total value of TROOPONS (coupons for our Troops) collected this calendar year was \$19,920, with another large group of coupons to be submitted at the end of April. Penny Pockets were collected, and WSC members voted to donate the money to the Wamego Public Library.

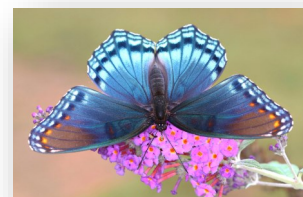
In closing her last club meeting as Study Club President, Linda thanked her Club officers

and all Club members for their hard work, their support, and their friendship. Linda said she felt blessed and honored to have been their president these last five years. She looks forward to continuing to work with Wamego Study Club in many projects.

Our newly installed President Jackie Hays asked if we were interested in having a “brown bag” lunch get-together in the park in May or June. With enthusiastic yes answers, please watch for her info regarding this fun activity for this summer!

We hope all GFWC clubs have a great summer and start again refreshed in the Fall.

*Linda Krebs, Past President
Cindy Bailey, Secretary
GFWC Wamego Study Club*



“We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty.” – Maya Angelou



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