

W.D. Hartley Student Youngest **Kumon Reading Completer**

by Katie Joyal

Maeve Aplin recently became the achieve this goal until grade 6. youngest student at the Kumon Math and Reading Center of Palm Coast to complete the full Kumon Reading program at age 10 in grade 4. Her certificate came back ranking 1 out of 11,137 students. To put this in perspective, most students don't

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St. Augustine Observer 1965 A1A South #120 St. Augustine, FL 32080-6509

Not only did Maeve complete Reading in Grade 4, she also received the Math "G by 5" Award. This award is given to all students enrolled at Kumon Centers who are able to study algebraic concepts in Kumon's math Level G before completing fifth grade.

Now entering the 5th grade, Maeve aspires to be a medical scientist to find cures for diseases. Her passion for learning doesn't stop in the classroom, she is an avid soccer player on the U12 ECNL FL Elite Competitive Soccer team in Palm Coast.

Maeve Aplin Kumon milestones:

- Mastered all levels of Kumon Reading - Ranking 1 out of 11,137 students
- Achieved Reading Level J by grade 6 in December 2020 (Maeve was age 9 and in 4th grade)
- Recognized by the Kumon North America President Mino Tanabe for "Outstanding academic achievement" by completing Reading Level J by grade level 6
- Recipient of the J by 6 Reading Completion Award plaque
- Recipient of the G by 5 Award in math – grade 4 at age 9
- · Selected to apply on behalf of both Math and Reading to attend the 2021 Kumon North America Student Conference

Kumon Reading Accomplishment: Maeve Aplin, 4th grader, is the youngest student in Kumon Palm Coast to complete all levels of the Kumon Reading program. (continued on page 6)

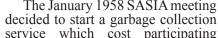
St Augustine South Reflections

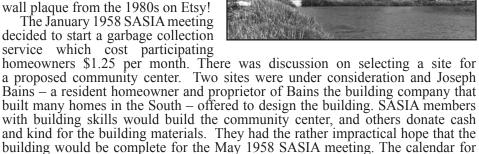
by Ruth Hope, SASIA

A trove of issues of the Saint Augustine South News – a pamphlet published bimonthly from the beginning of 1958 – provides interesting information on the early days St Augustine South and the community association, SASIA. Ruth Robbins was editor and publisher. It was clarified in Issue 3 that the initial issue, Volume 1 Issue 1, was subsidized by a grant from the developer to give the publisher an opportunity to sell sufficient advertising to pay for the publication. The Developer, St Augustine South Inc., then took out large ads in editions 2 to 4, but from Edition 5 the publisher proposed an annual subscription (\$1.00) for six issues. She noted

that local advertisers were loyal and consistent but that it would take more than the then current two full pages of ads to pay for each issue, and quoted "The difficult age has come and lit: I'm to tired to work and too poor to quit". Unsure of the provenance of the quote, I took to Google. I didn't find a source but did find a wooden wall plaque from the 1980s on Etsy!

The January 1958 SASIA meeting





a proposed community center. Two sites were under consideration and Joseph Bains – a resident homeowner and proprietor of Bains the building company that built many homes in the South – offered to design the building. SASIA members with building skills would build the community center, and others donate cash and kind for the building materials. They had the rather impractical hope that the building would be complete for the May 1958 SASIA meeting. The calendar for 1958 shows great fostering of community spirit. It included bingo, a homecoming party for returning winter residents. Awards for the best Christmas decoration and a Christmas party. (continued on page 5)

First Friday Art Walk Recitals to restart at the Cathedral Basilica

On September 3, 2021, the First Friday Art Walk Recitals and Concerts will restart after being canceled last March, 2020 because of the COVID 19 pandemic. The Music Department hopes to be able to open the Cathedral Basilica fully, but the status of the pandemic will determine just how the public will be accommodated for these events. The administration of the Cathedral Basilica, the Diocese of St. Augustine and the recommendations of the CDC will make the final decision at the time.

September's artists will be the Lopez/Tabor Duo. Alfonso Lopez, violin, Michelle Tabor, piano, have performed and toured together in the southeastern United States and Venezuela since 2004 and have appeared at the Cathedral Basilica a number of times. Alfonso Lopez is one to the most prominent and versatile musicians of his country. He holds the important position of concertmaster of the Venezuelan Symphony Orchestra, the national and principal orchestra



which has been nominated twice (in 2013 and 2017) to receive a Latin Grammy Award. He is also a conductor, teacher and composer. Michelle Tabor grew up in Venezuela and now lives in Tallahassee, Florida. She holds a doctorate, masters and bachelor's degrees in music from Florida State University, the University (continued on page 11)



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St. Augustine Observer

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First priority will be given to reporting news as space permits.

month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #120, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@

All materials submitted to the Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

Information, articles and other materials published are believed to be accurate at time of The purpose of the St. Augustine Observer publishing. Acceptance of advertising does not is to serve residents of St. Augustine area constitute an endorsement or approval of any product or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held and activities of the residents of the St. Augustine liable for information provided herein by submitters/ local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest potential to constitute fraud or other violation of law including copywriting infringements. The publisher Information should be received by the 15th reserves the right to refuse materials that does not of the month in order to appear in the following meet the publication's standards.

"Follow us on Instagram and Facebook: @staugustineobserver"

St. Augustine Shores Community Calendar

The Shores Service Corporation Shores Homeowners Association (904) 794-2000 www.staugshores.org

Shores Monthly Meetings

- · Shores Service Corporation monthly meetings are held on the second Thursday of each month. Vitural Meetings are at 6 p.m. at the Riverview Club doe to the COVID-19 virus until
- Conquistador Condominium Board meetings are held on the fourth Monday of each month at 6

p.m. at the Riverview Club.

- Fairview Condominium Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.
- Greens Condominium Board meetings will vary. Contact Jeff Edwards at Sovereign-Jacobs at 904-461-5556
- Casa Bella Condominium 2020 Board Meetings: March 16th- 6pm (Annual Meeting), April 20th- 6pm, May 4th- 6pm, June 15th- 6pm, July 20th- 6pm, August 17th- 6pm, September 21st- 6pm, October 19th- 6pm, November 9th- 6pm, December 21st-6pm. For Information contact Ellen Lumpkin at 904-461-5556.

St. Augustine South Community Calendar

St. Augustine South Improvement Assoc. 709 Royal Rd. St Augustine, 32086 email: staugsouthimpassoc@gmail.com www.staugsouth.com (904) 794-5129

SASIA Meeting 3rd wed at 7:00 PM

Please join us and bring your ideas on how to improve our wonderful neighborhood! Connect with us on our Facebook.com and NextDoor.com pages: St. Augustine South Improvement Association.

Residents interested in joining SASIA please see for application below: https://www.joinit.org/o/st-augustine-south-improvement-association

Monthly Meetings at Clubhouse

Yoga - Join Registered Yoga Teacher Emily Flagler for Gentle Flow Yoga on Thursdays 5:30 - 6:30! Just bring your yoga mat, towel, and water. Try your first class for free!

Tai Chi - Join Instructor Katie Monaghan for a donation based Tai Chi class on Tuesday's at 6:00PM. For more information please contact Katie at (904) 377-3390 or email at KatieMonahanTaiChi@gmail.com

SASIA Board Members

President - Alan Chappell 1st V.P. - Robert Kennedy

2nd V.P. - Josh Silcox

Secretary - Kate Anreise

Treasurer - Jerri Sue Dawson

Board Member - Ruth Hope

Board Member - Cindy Zimmerman

Board Member - Nicolette Soucy

\$5, (5-8 lines) \$10, (9-12 lines) \$15, (13-16 lines) \$20. These Ads should be paid in advance before placed. Send your listing and payment, if required, to Observer, 1965 A1A South #120, St. Augustine, 32080-6509. You may email your ad to clifflogsdon@att.net. Deadline for all listings or ads is the 15th of every month for the next monthly issue.

should be sent. Free ads Are Not for Business or Personal Service ads.

Community Classifieds

Southern St. Johns County and paid subscriptions. Classified ads will not be printed without a name, address and phone number included with the request. Free listings of 5 items or less

The Observer offers free community classified listings for USPS selected addresses in

Business, Service, seeking work, etc. may be placed in the classified section: (1-4 lines)

FOR SALE: Patio Cushions for Martha Stewart Living T-back wicker chair and ottoman, outdoor, quarry red color \$60. Could fit other chairs. Excellent condition. Ottoman is 19 x 23, chair seat is 23 x 26 and the back T part is 29 wide and seat itself is 21. Text 516-319-9688.

FOR SALE: Brand new, never used, medical Driver four wheel walker. Foldable. \$55. Call 904-797-9989.

FOR SALE: Honda EM 5000 5x Portable Generator. AC/DC -GFCI 120/240 Volt Outlets. Less than 10 hours use. \$1,950. Includes 5 gallon gas can and siphon. Contact Dave or Jackie at 904-794-1554.

FOR SALE: Lazy Boy Electric Lift Chair. Cloth cover. Massage, Heating & leg lift. Like New! \$650 or best offer. Call 863-241-8961

FOR SALE: Entire house of brand new furniture! Living Room, Dining Room, Bedroom Set with new mattress, All brand new from Babcock. Kitchen appliances, microwave & more. Call 904-687-3362

FOR SALE: (1) King Bedroom set (Pennsylvania House) Cherry Mahogany, Sleigh Bed, Dresser, Armoir & night stand \$950.00-Excellent Condition. (2) Saatva adjustable Twin XL Mattress with Base, New \$2,000 asking \$800.00. (3) Sphinx Oriental Rug 8X10 \$100.00. (4) Leather Recliner (Hunter Green) perfect condition call Deborah 916-316-1155.

\$250.00. (5) Patio Set -Glass 48" table with 4 bamboo wicker high back chairs - asking \$450.00. Call 904-217-4383.

FOR SALE: Antique Singer 951 Commercial Sewing machine. Very good condition. \$200 or best offer. Call 904-794-

FOR SALE: (1) Maroon Harden Leather Wing Backed chair with matching ottoman in great condition. \$275. (2) Jembe African Drum from Ghana W. Africa. Beautiful mahogany carved with goat skin top. Comes with padded flight case. \$225. (3) Total Gym XLS. Has all videos, books, & attachments. Like new. \$300. Please call 904-797-4258

WANTED: Used Stainless Steel Kitchen Aid Mixer. (2) Used CD player, toys for 2-3 year old boys. Call Nancy 904-806-2060.

WANTED: Female seeks walking partner in the Shores. Please call 904-687-

WANTED: Silver Coins, Gold and Jewelry at great prices. Call Mike at 904-501-1449.

WANTED: I buy old record collections. I am not a re-seller but a serious listener. Your records will go to a good home. Call John 904-325-9802.

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St. Augustine Shores & South News & Events

Shores Riverview Club Activities

SEPTEMBER DANCES: RSVP required: Call 904.794.2000 or www.staugshores.org/dance-rsvp. Guests: \$15.00/pp. Dance Club Members: Free **BYOB**



Early Social Debbie Owen & Tony T Friday, Sep 10th pm to 10 pm



Main Social Southern Style Saturday, Sep 25th pm to 10 pm

FREE for Activity Members, guests are \$5.00/pp/class (unless specified).

Bridge Chicago Bridge Card Game Mah Jongg

To be Determined To be Determined To be Determined To be Determined

Chair Yoga

Class led by Nancy, Mon, Wed & Fri at 10:45 am. A gentler form of yoga for those whom balance is an issue.

Yoga

Class led by Nancy, Mon, Wed & Fri at 9:00 am.

Evening Yoga

Wednesday at 5:30 pm.

Exercise Class

Led by Marcia Tuesday and Thursday at 9:00 am.

Line Dancing

No classes September 6th through 15th. Classes will resume on Monday, September 20th at 6:30 pm and Wednesday at

10:00 am.

Upcoming Events at the Riverview Club

Annual Craft Fair: Sunday October 3rd 1:00 pm - 4:00 pm

Early Social: Tim Rippey Friday, October 15th - 7 pm to 10 pm

Main Social: LA Robinson & StreetLife Friday, October 29th - 7 pm to 10 pm





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SASIA News and Calendar of Events

by Ruth Hope, SASIA Board

The next SASIA General Meeting will be Wednesday September 15, at 7pm in the Clubhouse 709, Royal Rd. We will have a speaker from Epic Care, a local not for profit that works toward required hunger and food waste, and neighbor Cora Good

on a proposed community composting pilot project.

Children's "petting zoo": A local small holder will bring a variety of small farm animals and fowls for children to see, learn about, and in some cases stroke. On Saturday at end of September or beginning of October – watch out for the date! Free

range eggs will be on sale.

St Augustine South Fall Festival: Cookout, local live band: Eric Searcy and the Driftwoods, children's bouncy castle etc. Saturday October 16, 12 noon to 4pm. in the Clubhouse grounds, 709 Royal Rd

Huge Community Sale: Clear out your garage or attic -- sell your no longer needed gear from your car trunk or on stall in the SASIA Clubhouse grounds. Food truck and beverages on sale. Saturday October 23

Fall Plant & Seed Swap: one Saturday end October/beginning November in the picnic pavilion 709 Royal Rd. Date to be decided; will be announced on NextDoor SASIA Arts & Crafts Fair: Saturday November 13, at the Clubhouse 709 Royal

Rd. A great opportunity to find Holiday gifts for family and friends, from local arts

SASIA Holiday Event: December 4. Santa's arrival and Holiday tree lighting, hot apple cider from 5pm to 6-30pm; Live music, mulled wine and adult social from 7pm. SÁSIA Clubhouse

Clubhouse Rentals

The SASIA Clubhouse at 709 Royal Road is available for private hire. Call Theresa

on (904) 794-5129 to make your booking.
SASIA needs new members to join the Board in 2022, and volunteers for the subcommittees and social events. Everyone in 'The South' is welcome.

Connect with us on our www.Facebook.com and our www.NextDoor.com pages: St Augustine South Improvement Association.

In view of the resurgence in Coronavirus cases in SJC resulting from the more virulent Delta variant, SASIA is following CDC masking guidelines for community meetings inside the Clubhouse.



Shores Communications Corner **News & Information from the Shores Service Corp.**

Community Pride

A big "Thank You" to those who show pride in St. Augustine Shores - the community that we all share. Thank you to the residents who keep their yards so neat, tidy, and colorful; to the dog walkers who care so much for their environment, their neighbors, and their pets that they always clean up after their dogs; to the runners and walkers who stop and pick up bottles, cans and trash that has been thrown down by those less caring and considerate. Also, a big "shout out" to all the people who appreciate and thoughtfully use the many facilities that are available to them in the

We are proud of all our residents and visitors who take pride in our community.

And Pride in the County

Are you familiar with the St. Johns County "Pride" program?

It is an online service that allows county residents to communicate with the county departments and report issues and make requests. Once reported, an issue can be tracked so that the reporter can follow ongoing actions. The database can also be searched for reports and requests that have been made for a specific area, street, or

A useful tool that can easily be accessed by computer or smart phone at http:// www.sjcfl.us/CodeEnforcement/PRIDE.aspx

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Shores References Available

St. Augustine Visitor Information Center **COVID-19 Testing Site**

Operated by Flagler Health+ in partnership with the City of St. Augustine and Ivy Medical

The COVID testing site that opened earlier at the St. Augustine Visitor Information Center, operated by Flagler Health+ in partnership with the City of St. Augustine and Ivy Medical, is now a free testing site.

We are grateful to have found a solution with support from the State of Florida to begin offering COVID tests at no charge to those who need them," stated Flagler Health+ President & CEO Jason Barrett. "The ability to access COVID-19 testing is an important component to stopping the spread of the virus.'

Anyone who has already been through the testing site will receive a refund and anyone who currently has an appointment scheduled will not be charged.

The COVID-19 testing site is located at the bus loop on the north side of the Historic Downtown Parking Facility on W. Castillo Drive and is open Monday through Friday, 8:30 a.m. until 1:30 p.m. Expanded hours are being discussed, based on demand.

Patients must schedule an appointment for their test by downloading the Flagler Health+ Anywhere app or going to the Flagler Health Anywhere website.

Testing is available for all ages, but a parent or guardian must be present for children under 18 to be tested. For more information visit www.flaglerhealth.org/ StAcovidtesting.

St Augustine South Reflections

(continued from page 1)

The find of a cannon ball still with powder on it, partially buried on a lot on the corner of Cordoba [which was later renamed San Jose] and Swallow Rd caused some excitement.

As for the site for the community center, residents chose one on the south section of Shore Drive, but the developer had deeded ownership of the parkway along Shore to the County. Hopes that the County would deed the site back to the developer who would then quit claim deed the site to SASIA were unfilled. The developer had constructed a beach, cut a channel to an average 4-foot depth through the marsh along the parkway and established boat anchorage, with the promise of a future basin for mooring boats. Many conversations between the developer, SASIA Board and the County Commissioners ensued about the management of these amenities. The channel

had to be redredged to accommodate larger boats, as it had filled in during Spring 1958 as a result of developer activities to the parkway.

House delivery of mail in the South commenced April 1958. 1958 also saw the first complaints about speeding on neighborhood roads. These were taken to the County Commissioners, who undertook to put up speed limit signs. The Sheriff spoke at a SASIA meeting on the need to have patrols in the neighborhood because of the



properties that were unoccupied for some months each year. Neighbors were asked to serve their community and 4 volunteers were sworn in as special deputies. The community moved to create a sanitary district, to comply with county regulations, so that the neighborhood would be protected by County fire protection. Florida Power & Light discussed the cost of adding streetlights, and also committed to donating an electric range to the community center when built. Meanwhile, the price of lots was increased to \$425 per lot, which did not dent the sales numbers that remained brisk.

St. Augustine Travel Club

St. Augustine Travel Club Cruise

The St. Augustine Travel Club will again be sailing the seas – well, not right now but planning - on Saturday, March 26 –April 2, 2022 on the beautiful Norwegian Escape out of Port Canaveral to the Eastern Caribbean ports of Puerto Plata (Dominican Republic), Tortola (British Virgin Islands), St. Thomas and Norwegian's private island Great Stirrup Cay in the Bahamas for a 7-day cruise. Prices start from \$1059.39 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Balconies, Oceanviews and Studio Singles are also available at additional cost. Book now with a \$250 p.p. deposit and receive \$100 per stateroom On Board Credit, Free Beverage Package and more. Should NCL have to cancel the cruise, full refund would be issued by NCL. Call Peter, St. Augustine Travel Club at (904) 797-3736.

St. Augustine Travel Club Meetings Resume

The Southeast Branch Public Library is still in a Covid 19 operating schedule as it relates to use of their conference room gatherings. We anticipated a September start to our program; but it is going to be a month by month re-evaluation. We will advise when our travel club meetings can resume. For those of you who do not know about the club, it is formatted as an armchair travel presentation with a brief lecture and a video highlighting areas around the world, with focus mostly on Europe. Also, some of our participants have provided a presentation based on their own travel experiences. Look for future presentations in upcoming local papers like the Shores Observer and the Palencia and Beaches papers, as well as the library website and their monthly printed program. We also organize a cruise in the Caribbean region once a year. If you wish to contact, call Peter Dytrych at (904) 797-3736.

WALK IN PEACE



ART ASSOCIATION

A Visual Journey by Don Trousdell to • ST. AUGUSTINE • Commemorate the 20th Anniversary of 9/11 at the St. Augustine Art Association Peace. The message is universal. Don Trousdell's vision is unique. The idea of

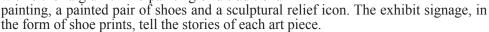
peace has been around for a long time, even before the young people of the sixties. Mankind from early days has yearned for peaceful times. This exhibition celebrates

the idea of peace – its symbols, signs and stories from the past to present. In past interviews Don said, "At a time when there is a lot of conflict, terror and

war, I want people to reinvestigate the idea of how we can contribute to making peace. Peace has many different faces. I'm not trying to be a historian here," he said. "I just want people to stop and think about what the message of peace meant to people through time – around the world, and what it means to us now."

"Walk in Peace" is a vibrant exhibition with bold paintings, painted shoes, architectural iconography and interactive installations that chronicle the history and imagery of peace. The paintings represent graffiti-like art, political commentary, religious ideals and cultural symbolism in bold, colorful images – all created to inspire and inform people of all ages and background.

Specifically, the exhibit includes three interactive booths and 27 wall groupings – each with either a graffiti-like painting or a traditional



To expand on the artwork and interactive elements of "Walk in Peace," artists from the St. Augustine Art Association have created works reflecting on the many aspects of peace. "Finding Peace" will be a digital display in correlation to Trousdell's exhibit, both in-gallery and online at www.staaa.org.

Walk in Peace" is far more than an educational art exhibition. It is an idea for our times. The exhibition opens on September 3, from 5 to 8pm for First Friday Art Walk, and continues through Friday, September 24, at the St. Augustine Art Association. This will be the last time this exhibit will be seen in its entirety, as select groupings will be for sale. Come join the movement!

The St. Augustine Art Association is open Tuesdays through Sundays, 1 to 4pm. Admission is free – but donations are welcome. The Art Association is located at 22 Marine Street in historic downtown. For more information, call (904) 824-2310 or visit www.staaa.org.

Friends of the Anastasia Island Branch Library **Book Sale October 2nd**

The Friends of the Anastasia Island Branch Library (FAIBL) will be holding their Fall Two-Day Book Sale on Friday, October 1 and Saturday, October 2, 2021 at the library at 124 Seagrove Main Street, St. Augustine Beach. Dates and times are Friday, October 1, 10:00 AM - 5:45 PM, and Saturday, October 2, 10:00 AM - 4:45 PM. Shoppers will enter through the patio door on the east side of the library.

This is our first book sale since the beginning of COVID, and as always, we will have thousands of items available for purchase. Books include like-new hardcover bestsellers with dust jackets at \$1 each. We also have a great selection of children's books, fiction for all ages, history, biography, the arts, cookbooks, crafts, travel, and more. Most books are priced at \$1 or less. Music CDs are \$1, and DVDs are \$2. A collection of specially-priced items will also be available.

On Saturday, prices will be reduced by 50%. A paper grocery sack can be filled for (doesn't include specially-priced items, DVDs or CDs, but they are half price.)

The proceeds of the Book Sales supplement library funds from the county. The money raised is critical to provide ongoing quality programs materials for the library. Come pick up some fall and winter reading, and support the library!



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1480 Wildwood Drive St. Augustine, Fl 32086 904-824-8888

News From Around St. Johns County

First Coast Card & Newcomers Club

SEPTEMBER

First Coast Florida Lifestyles Newcmers Card/Games Club Events:

Sunday September 5th. Card Playing. Coffee Cafe. St. Augustine, FL Arrival: 2P. Cards: 2:15P. Buy 1 Item For Mgmt. Sitting Time. Masks Worn.

Saturday, September 18th. Board Games Playing. Coffee Cafe, St. Augustine, FL. Arrival: 2:15P. Games: 2:30P. Buy 1 Item for Mgmt. sitting time. Masks Worn.

Saturday, September 25th. Card Playing. Dunkins Cafe. St. Augustine, FL Arrival: 2P. Cards: 2:15P. Buy 1 Item for Mgmt. sitting time. Masks Worn.

Tuesday. September 28th. Card Playing. Starbuck's Coffee, St. Augustine, FL.

Arrival: 2P. Start: 2:15P. Buy 1 Item for Mgmt. sitting time. Masks Worn.
Please Contact Our Club Organizers To RSVP Yes In Advance and to receive the Venues & Addresses To: 904-829-0643. Days/Evenings. Phone Calls Only. Open To Both Men/Women. Smoke/Drug Free.

2) First Coast Florida Lifestyles Newcomers Recreation & Activities Club

Thursday, September 2nd. Preview Thursday. Musical: Once. St. Augustine, FL. Performer instrumentalists. Much music in the show. Arrival: 7PM. Show: 7:30PM. Cost: \$17. Buy Ticket(s) In Advance. Masks Worn.

Friday, September 3rd. Dinner/Ole Classics Rock N Roll Band. Orange Park, FL. Arrival: 6:45PM. Big Fan following...be here early at Dinner.

Sunday, September 19th. St Johns County Comicon. Convention Center, St. Augustine. Cost: \$15. Arrival: 11:45AM. Begins: 12Noon. Wear Mask for Safety.

Temple Bet Yam High Holy Day Schedule Erev Rosh Hashanah September 6th, 7:30

Rosh Hashanah September, 7th Morning Service – 10:00

Erev Yom Kippur September, 15th Kol Nidre – 7:30

Yom Kippur September, 16th Morning Service – 10:00 Meet with the Rabbi – 2:30 Afternoon Service 3:30 followed by Yizkor and Neilah

Because of covid restrictions, in-person services will be for TBY members only. Non-members are invited to join our services virtually. As always, there is no cost to attend High Holy Day services, but contributions are welcome. Link information will be sent to those who contact us with their wish to observe the Days of Awe with the Temple family. Children's services on both Rosh Hashanah and Yom Kippur mornings will begin at 9:00 a.m. Adult services will follow at 10 a.m. At 2:30, there will be a meet-with-the-Rabbi session. Afternoon services on Yom Kippur will begin at 3:30 p.m. followed by Yizkor and the Neilah service. Temple Bet Yam is located at 2055 Wildwood Drive, St. Augustine FL.

GriefShare, Continues at Crescent Beach Baptist Church

GriefShare, a place to find healing for men and women seeking answers to difficult circumstances after the death of a loved one. A journey from mourning to joy.

August 18, 2021-November 10, 2021

Wednesdays, 6pm-730pm

Crescent Beach Baptist Church, St. Augustine, Fl 32086 Contact, Melanie 904-759-1054 or rscoggn@gmail.com or GriefShare.org under Find a group to register. You are welcome to join anytime during the 13 week period.

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W.D. Hartley Student Youngest **Kumon Reading Completer**

(continued from page 1)

Most students don't achieve this level of success until grade 6.

The goal of the Kumon reading program is to cultivate an advanced level of Reading ability in students. Completers of level J have read high school level texts

with passages from all genres exposing students to a variety of literature. Maeve proudly boasts at having read excerpts from Shakespeare's "Macbeth" while in the fourth grade.

Mita Tomerlin, Kumon Palm Coast Franchise Owner, "Maeve is my youngest reading program completer in 10 years!! What an amazing accomplishment!"

Completing Kumon Reading at this age takes a tremendous amount of dedication from both the student and the family. "It wasn't until she asked me a question about the language in 'Macbeth' that I realized the full extent of the level of reading she was completing," shared her mom, Katie Joyal.

"Reading broadens and deepens our understanding of the world, often allowing the exploration of what type of life we want to live" Mino Tanabe Kumon North America President

Completing the entire Reading program didn't come easy. Maeve started Kumon at age 3 for additional learning assistance with phonics due to her speech impediment. Her mom partnered her speech therapy at school with Kumon learning at home and

Maeve has excelled at both, and is also a recent graduate of speech therapy. While the Covid pandemic hindered some students' learning, the Joyal/Aplin family took this as an opportunity to focus attention on education.

What's next for Maeve? Completion of Math level J by grade 6 is on the horizon for Maeve who is currently on level H. Her passion for learning doesn't stop in the classroom, she is an avid soccer player for the U12 ECNL FL Elite Competitive Soccer team. Maeve aspires to be a medical scientist to find the cures for diseases.



St. Johns County is offering emergency rental assistance to residents who have been impacted financially by Covid-19 and are at risk of losing their housing. Those eligible for the rental assistance program can receive benefits for up to a year or a maximum of \$5,000.

To qualify for the St. Johns County Emergency Rental Assistance Program, St. Johns County resident renters must be at or below 80 per cent of the area median income; must be eligible for unemployment benefits or have had a financial hardship due to the coronavirus pandemic; must be able to prove homelessness or housing instability.

For more information on how to apply for the program, visit stjohns-crr.unqork.io or call (904) 344-3188 or (800) 557-7441.

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The Wildflower Meadow Group

by Cindy Taylor

At this time of year I remind myself what many of us know and sometimes forget. Here in northeast Florida, July and August are not peak times for a wildflower meadow. We see more flowers in spring and fall and summer is the in-betweentime. Many of us understand this but, even after decades of living here, it's hard to change old expectations. I have learned that if I look beyond what flowers aren't blooming, I see those that are and there are some: wood sage, iron weed, coreopsis, partridge pea, gaillardia, fire bush, and the ever-reliable honey suckle vine. And when I look more closely I also see tiny wildflowers like frog fruit and Eryngium.

Lately some of the work we do in the meadow focusses on "cleaning" the edges. By pulling out non-native, invasive grasses from the borders, it defines the perimeter of the meadow more clearly AND slows lawn grasses from creeping inside and taking away light and space that native flowers need to grow and bloom. By tending to the edges we protect and nurture what's inside.

Because of the heat at this time of year we agreed not to have any hikes till fall.

We meet at the meadow near the Riverview clubhouse at about 8:30 the first Saturday of each month and usually work for a couple of hours. We also try to have a hike once a month. We're an informal group without officers or dues and hope you will join us. You can join us for hikes only, work in the meadow only, or both.

Call Cindy at 904-797-3931 or Marlene at 305-968-0447 for more information. If we can't answer please leave a voicemail or message and we'll call you back. Call also, if you're interested in sharing your photos of the meadow.



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Temple Bet Yam Welcomes Rabbi Claudio Kogan

welcome Rabbi Claudio Kogan to our Temple family. Rabbi Kogan, a native of Argentina, has a unique background. His experience is in both medicine and education. Not only is he a Doctor of Medicine, but he has an MS in bioethics, is a Master of Hebrew Letters from Hebrew Union College in Cincinnati, OH, and is a Master of Education in Jewish education. He was ordained as a Rabbi from Hebrew Union College-Jewish Institute of Religion and served as a Rabbi in Connecticut and in Texas. Rabbi Kogan was a chaplain at Doctor's Hospital at Renaissance and at the Hidalgo Police Department, both in south Texas. Performing weddings, acting as a mohel, and giving invocations at the US House of Representatives and the Texas Senate and House of Representatives are representative of his involvement with the religious and secular communities.

Rabbi Kogan's work with interfaith groups, community outreach activities, and Temple involvement reflects the TBY

Temple Bet Yam is thrilled to philosophy where all people, regardless of their religion or expressions of faith, ethnicity, or identity are welcome. In his work with the temples where he officiated, he has created educational, music and art, and Hebrew learning programs for both adults and children. His strong support for youth is evidenced by his work on the board of a youth camp and his all-around support of the importance of the Jewish camp experience. He has worked with B'nei Mitzvah students, and implemented participation programs within the Temples and with the local communities where he has served.

Rabbi Kogan will be leading Temple Bet Yam's services both in person and virtually. He, his wife, Anna, and his two children, will be living in South Florida, where he will be Director of Medical Ethics for the Baptist Hospital organization.











by Paul Slava

In September we have our First Friday Opening on September 3rd and Featuring, Artist of the Month Marilyn Terry.

Marilyn, an award-winning artist, enjoys photographing unusual and historic locations and later bringing them to life on canvas. Terry's work includes scenes of the sea,

marshes, Florida's state parks and wildlife along the banks of the St. Johns River. Her art also includes scenes which she and her husband, Lindsay, have photographed on their numerous trips to the Caribbean.

Terry taught art for 18 years - first grade through grade 12, as well as adult classes. She developed art programs in two major private academies - one in Charlotte, North Carolina and the other in Garland, Texas, a suburb of Dallas.

Terry has an associates degree with a proficiency in art from Central Piedmont Community College in Charlotte, North Carolina, and a bachelors degree from Tennessee Temple University in Chattanooga, Tennessee.

She is retired now, but still continues her passion as an artist and painter. She had been a longtime member of the Art Studio.

Her works with a brand new Member's Show Opens with a reception Friday evening at 5pm until 8pm, join us for a beverage and snacks and meet the artist. The show runs through September.

We are proud to be an official Venue for the "Sing Out Loud Festival".. We will host The Ancient City Poets Event on Saturday, September 11th from 6pm to 9pm.

The Art Studio is located at 370 A1A Beach Blvd. in the St. John's County Pier Park and is open 7 days a week from 12pm to 5pm. We are a 501(c)(3) Non-Profit organization that brings Art and Cultural to the community and offers classes, special events, exhibitions and rental space. For more information visit us at www.beachartstudio. org, Facebook or call 904-295-4428.







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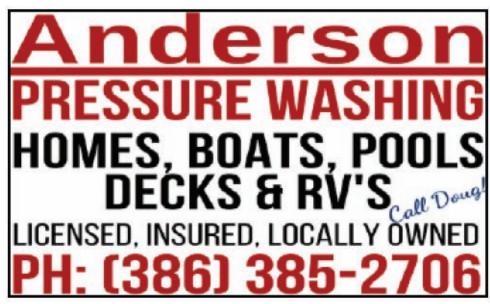
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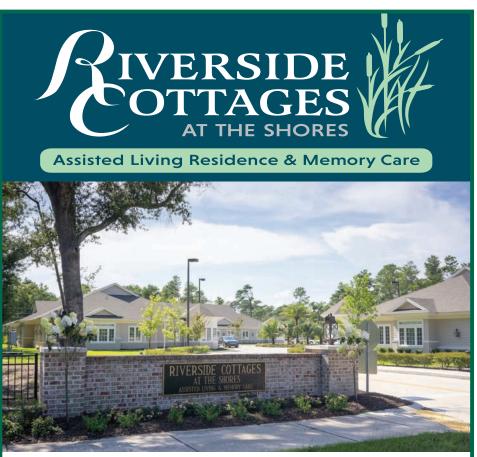
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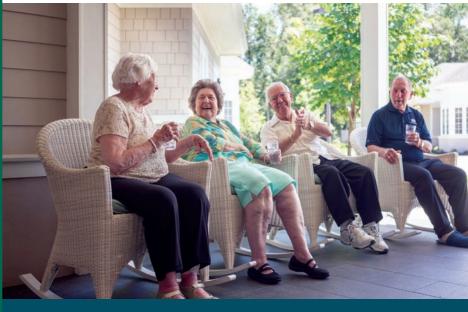




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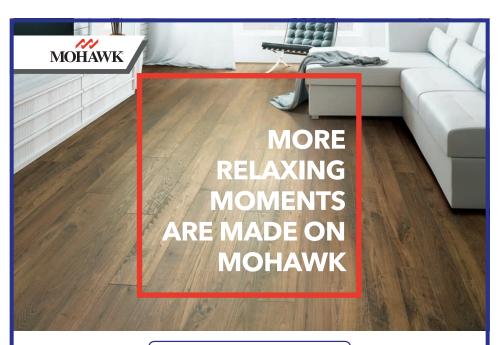
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Examples include:

you with an agent for free - really? Realtors services are free - they are being named in a potential Antiand fees are only collected at closing (unless you deal with Trust Lawsuit as we speak by the Federal some of the out-of-town brokerages that takes your money up Trade Commission! front and then leave you out to do the rest yourself).

Ideal Agent/Trust Pilot - a Tampa company that offers to to avoid. Always choose a local Brokerage connect you with a local professional who will list your property that has the knowledge, experience and ethics "for as little as 2%", which may be a (.5%) half percent less to deal fairly and honestly with you. I invite than many agents already offer. Their commercials make no you to please give me a call.

Other companies to avoid are ones that offer to buy know that, there are many non-real estate websites that are your house for cash (in any condition). These type of offers go back to the 1970's - ERA Real Estate used to offer to buy your house if they couldn't sell it. Open Door, Zillow, We Buy Ugly Houses, and the list goes on - they all play the same game. Worst is Zillow because they create a value on their site **Homelight** - a San Francisco company that offers to connect and then want to buy your house - what a conflict of interest

These are some of the companies and people





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"Diaries of a Shores Grand-Dad"

by Dirk Schroeder

Last Issue, I wrote about all of the Noise that we are subjected to on an ongoing basis. Seeing as Labor Day Weekend (September 4th - 6th) is coming up, this may be a great opportunity to cancel the noise with some much deserved rest and relaxation - some quiet time.

If you love to work as much as I do then there's a high likelihood that you have a high regard for Labor Day. Otherwise, you might mistake this Federal Holiday with some of the other Federal "days off" during which many people still work. Labor Day was first celebrated with a parade in NYC and the first State to recognize it as a holiday was Oregon. By 1894, when the Federal Holiday became official as the first Monday in September, 30 States had already been celebrating Labor Day. Canada, by the way, celebrates it at the same time as America.

Since you have either worked hard all of your life and/or you're retired from working hard or maybe you just worked hard all year and you deserve a break; this is your time. It may be an opportunity to spend quality time with your family or to get away from them. It may be time to make some noise or to have that quiet time. Whatever you choose - this is your time. You worked hard and deserve a break.

There's something satisfying about hard work. Work is the price that we pay for living life. Without a purpose life has State of Mind.

little meaning. As a matter of fact, when you love to work hard, you will feel better on the day of your reckoning knowing that you used it all up here on earth and didn't save up any to take with you. I've always believed that when God is looking around and trying to pick out who's next; if you're busy working hard, he'll probably overlook you. "Not now," he says "that person is way too busy. Let them at least finish up what they started and I'll come back later." That vision makes me believe that I'll probably go in my sleep someday since there are only a few hours in a 24 hour cycle when my brain activity is totally shut off - you know, in LaLa land - deep sleep and there's no telling where I am or what is happening.

Many years ago I had a crazy dream that I was on the Bridge of Lions and for some reason I was on fire. I thought that I would just jump off into the water to save myself and put out the fire but, when I jumped, I landed in a massive bed of oysters only to drown down there with my body stuck in the oysters. Now, that dream woke me up. It goes to show you that physically dying in your sleep can be better than mentally dying in your dreams.

How I got from Labor Day to a bed of oysters is typical for this old Grand-Dad. Maybe it's shucking time for some steamers on Labor Day and on that salty note, I wish you all, as always, a Sunshine

First Friday Art Walk Recitals to restart at the Cathedral Basilica

(continued from page 1)

of Denver, and Tulane University. You can find more information and videos of their performances on their website: www.lopeztabotduo.moonfruit.com.

The Duo will be performing the music of Archangelo Corelli, Sergei Prokofiev, Isaac Albeniz, and others along with a composition "Barroco y Brincon" composed by Maestro Lopez. The recital is at 6 PM and the Cathedral doors will open at 5:30 PM. A free-will offering will be taken.

A few of the future concerts scheduled are: *October 1: Svyati Duo (organ and cello) from London, England;

*November 5: Friedmann Stihler from Germany, organ concert;

December 3: Chad Levitt, organ concert.

*these two concerts will have a suggested offering of \$10 per person, \$5 per student. Children 12 and under are free.

The Cathedral Basilica of St. Augustine is located at 38 Cathedral Place, in the historic district, downtown St. Augustine across from the Plaza de la Constitution. For further information, please email: Cathstaugmusic@gmail.com

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Financial Focus

Information Provided by Edward Jones

Why Should You See a Financial Advisor?



orders necessitated by the coronavirus have led many of us to feel isolated. Still, we've fought back through social media, "virtual" gatherings and walks in the neighborhood, where we could greet friends and neighbors (from 6 feet away). But when you're deal- ing with the financial effects of the virus and you're investing alone, you could encounter some problems that may prove costly.

Of course, with so much investmentrelated information available online, on television and in any number of periodicals, it's not surprising that some people feel they can invest without any assistance. But the volatility of the financial markets over the past few months has also pointed to the dangers of going solo in the investment world. And you might find that a profes-sional financial advisor can help you in several ways, including the following:

Taking emotions out of investing. During this period of market turbulence, many self-guided investors are letting their emotions drive their investment decisions. As a result, they sell investments when their price is down, "locking in" their losses. Furthermore, if they then stay out of the financial markets, they will miss out on the eventual recovery – and some of the big-gest gains in market rallies usually occur right at the beginning. But if you work with a financial advisor

who has helped you develop a personalized investment strategy based on your goals, risk tolerance and time horizon, you will be far less likely to react extreme market conditions by making ill-advised decisions.

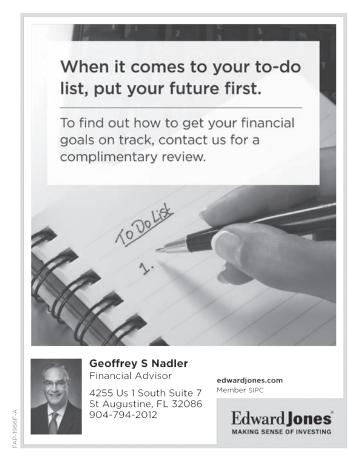
Maintaining perspective. When you're putting away money for the future and you suddenly have a lot less of it, you might start to wonder if that future is somehow in jeopardy. But if you've been working financial with advisor and following investment vour strategy, you'll know that you don't have to immediately cash out those investments that have lost value, and you may not need to liquidate them for decades if they were designed for a long-

The social distancing and stay-at-home term goal, such as retirement. By the time you do need to sell them, their value may well have appreciated significantly. And if you've got a well-constructed portfolio, you'll also own shorter-term, less volatile investments to help meet your current cash flow needs.

> Understanding the history of investing. The recent market instability is unique in the sense that its cause – a world-wide pandemic - is so highly unusual, and it hopefully will be a once-in-a-lifetime experience. Typically, prolonged market downturns are triggered by explainable financial or economic factors, such as the bursting of the "dot-com" bubble in 2000. However, market drops of 20 percent or more – generally referred to as bear markets - are not at all unusual and have happened every few years over the past several decades. Financial advisors are well aware of this history and share it with their clients. And for many people, the knowledge that "we've been here before" is reassuring and makes it easier for them to continue following their in vestment strategies.

> The road to your financial goals is a long one, with many twists and turns. So you might like to have some experienced company along the way.

> This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



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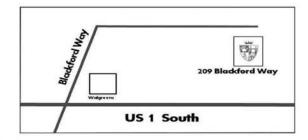
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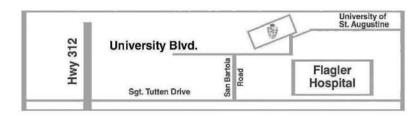
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Frozen Shoulder

By Rob Stanborough PT, DPT, MHSc, MTC, CMTPT, FAAOMPT **First Coast Rehabilitation** (904) 829-3411

Mayo Clinic defines frozen shoulder as, "a condition characterized by stiffness and pain in your shoulder joint. Signs and symptoms typically begin gradually, worsen over time and then resolve, usually within one to three years, also known as Clinically, frozen adhesive capsulitis." shoulder usually presents with painful motion in all directions. The pain can be quite intense, and the motion can be significantly limited, effecting everyday activities.

Mayo Clinic also states a frozen shoulder will most likely "thaw" or return to normal function within 1-3 years. But that is a long time to live with pain and/ or be unable to lift or move an extremity. During that time the shoulder can grow weaker, compensations can develop, and the pain can move into the neck.

Each synovial (fluid filled) joint is surrounded by what is called a capsule. The capsule helps hold the joint together, its reinforced by ligaments and supported by muscles. If the capsule itself becomes contracted or adhesed, then treatment is difficult during the "thawing" period. But there is a growing body of research suggesting myofascial trigger points are a contributing factor, limiting the motion of the "frozen" shoulder as well as being a significant contributor to the pain. Muscles around the shoulder can be overloaded, developing myofascial trigger points and cause pain with motion in all, or nearly all, directions, thus mimicking a frozen shoulder. This same thing can also happen in other chronic painful shoulder problems.

In cases where the capsule is adhesed, therapy can include several modalities for pain and manual therapy may be used in an effort to increase range of motion and function. But the capsule changes slowing and the process painful. The benefit of having a myofascial trigger point "frozen" shoulder vs an actual adhesed capsule is the recovery. Pain is usually experienced with motion in all directions because the entire rotator cuff is usually involved. But trigger points are much easier to treat than an adhesed capsule. Trigger points can be treated within a few treatments, often

full motion can be restored and restoring function is quick.

The reason why the recovery is quicker and easier is because myofascial trigger points are in the muscle. They are sarcomere contractures that impede the blood flow, which in turn causes damage to the tissue. The tissue and cells respond by releasing pain producing chemicals, just as they would with any other trauma. But when the trigger point is treated and eliminated, the contracture is released, the muscle is restored to its normal length and strength, and the pain reduces or subsides.

If a patient has a true adhesive capsulitis, a history of a frozen shoulder that is 'thawing' or has thawed, myofascial trigger points may still be a contributing factor. And are just as easy to treat. Again, when the eliminated with a classic frozen shoulder, the pain can be reduced, producing a manageable pain level through the thawing period.

Trigger points are easy to find if you know what to look for. Our therapists at First Coast Rehabilitation have been trained in myofascial trigger point therapy, including dry needling. are experiencing constant or re-occurring shoulder pain, it could be, in total or part, from trigger points. If you suspect this is the case, please see our ad and call one of our clinics today.

Rob Stanborough was one of the first PT's to be permitted to use DN in FL and doing so since 2017. He has trained others in DN since 2010 both nationally and internationally as a Senior Instructor for Myopain Seminars (www. myopainseminars.com). He is a co-owner of First Coast Rehabilitation, est 2006 (www.firstcoastrehab.com), has presented and published regarding DN and co-Myofascial Manipulation: Theory & Application, 3rd ed by Proed

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P.A.St.A Gallery Features "St. Augustine" theme in September

by Sheryl Sherwood (inspireddesigns2019@gmail.com)

Professional Artists of St. Augustine (P.A.St.A.) Fine Art Gallery features a wealth of local talent and award-winning local artists. Gallery Artists invite everyone to visit the Gallery for First Friday Art Walk on September 3, from 5-9 pm and throughout the month of September from 12-5 pm, to see their "St. Augustine" themed art on display.

As an added bonus, you can enjoy music by the Flaj Berries on our front porch.

P.A.St.A's mission is to showcase local art and to educate and encourage area artists. The Gallery is open seven days a week from 12 - 5 pm, with artists on hand to give personalized tours. P.A.St. A Fine Art Gallery is filled with a variety of art work from traditional to contemporary art, such as pastel, oil, acrylic and gouache, paintings; photography; resin beachscapes; woodturnings; stained glass;



hand-built pottery; fused glass, sterling-silver, copper and sea glass jewelry.

At nearly 40 years old P.A.St.A. Fine Art Gallery is the oldest, fine art retail gallery in the city of St. Augustine. The gallery is located in the heart of the historic art district on 214 Charlotte Street. For more information visit www.pastagalleryart. com or call 904-824-0251.



First Friday Art Walk Recitals to restart at the Cathedral Basilica

On September 3, 2021, the First Friday Art Walk Recitals and Concerts will restart after being canceled last March, 2020 because of the COVID 19 pandemic. The Music Department hopes to be able to open the Cathedral Basilica fully, but the status of the pandemic will determine just

how the public will be accommodated for these events. The administration of the Cathedral Basilica, the Diocese of St. Augustine and the recommendations of the CDC will make the final decision at the time.

September's artists will be the Lopez/Tabor Duo. Alfonso Lopez, violin, and Michelle Tabor, piano, have performed and toured together in the southeastern United States and Venezuela since 2004 and have appeared at the Cathedral Basilica a number of times. Alfonso Lopez is one to the most prominent and versatile musicians of his country. He holds the important position of



concertmaster of the Venezuelan Symphony Orchestra, the national and principal orchestra which has been nominated twice (in 2013 and 2017) to receive a Latin Grammy Award. He is also a conductor, teacher and composer. Michelle Tabor grew up in Venezuela and now lives in Tallahassee, Florida. She holds a doctorate, masters and bachelor's degrees in music from Florida State University, the University of Denver, and Tulane University. You can find more information and videos of their performances on their website: www.lopeztabotduo.moonfruit.com.

The Duo will be performing the music of Archangelo Corelli, Sergei Prokofiev, Isaac Albeniz, and others along with a composition "Barroco y Brincon" composed by Maestro Lopez. The recital is at 6 PM and the Cathedral doors will open at 5:30 PM. A free-will offering will be taken. A few of the future concerts scheduled are:

*October 1: Svyati Duo (organ and cello) from London, England;

*November 5: Friedmann Stihler from Germany, organ concert;

December 3: Chad Levitt, organ concert.

*these two concerts will have a suggested offering of \$10 per person, \$5 per student. Children 12 and under are free.

The Cathedral Basilica of St. Augustine is located at 38 Cathedral Place, in the historic district, downtown St. Augustine across from the Plaza de la Constitution. For further information, please email: Cathstaugmusic@gmail.com

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Computer Corner

by Steven Aldrich 904-479-5661

Save Your Eyesight

If you are like me and sometimes sit down at the computer without your reading glasses, this might be a great help for you.

Windows has several very nice magnifier tools that will help you if you are struggling with reading things on your computer.

The Windows key plus (+) brings up the magnifier control. Simply hold down the Windows Key down and press the Plus (+) key (Near the top-right of your keyboard. It has the = and + signs on it).

I prefer to use the magnifier in Docked Mode, which places a magnified section at the top of my screen and then as I move the mouse around it magnifies the area that I am moving the mouse over. If you want it to magnify more, just hold the windows key and hit the Plus (+) key again. To decrease the magnification, you can hold the windows key and hit the Minus (-) key.

To close the magnifier tool hold the Windows Key and hit the Escape key (top left of your keyboard).

If you are using a Mac, you'll want to go to Systems Preferences, then Accessibility, and select Zoom in the menu on the left. Click the Checkbox "Use keyboard shortcuts to zoom". The keyboard shortcuts are shown there. Hold Command and Option keys and hit the Plus key (+) to magnify, and hit the minus key (-) to decrease magnification. To turn off Magnifier, Hold Command and

Option and hit the 8 key.

I like the Picture in Picture Zoom Style, which allows me to move a magnifier window over the screen and see that specific area magnified. You can increase or Decrease the magnification as needed by using the keyboard shortcuts shown.

No matter which type of system you may be using there is a way to "save your eyes" and easily read what is on the screen.

I recently had a service call where my client told me that his Mac computer was talking to him all the time, and it was driving him crazy. He had inadvertently turned on 'VoiceOver'. This is a wonderful Mac Accessibility Tool that reads aloud the text on pages and in documents, as well as narrating each action that is taken. You can turn this on and off by using the keyboard shortcut Hold Command key and hit the F5 key.

Windows has a similar tool, it is called "Narrator", and you can turn it on by holding the Windows key, and hitting Enter. To turn it off hold the Windows key and hit Escape.

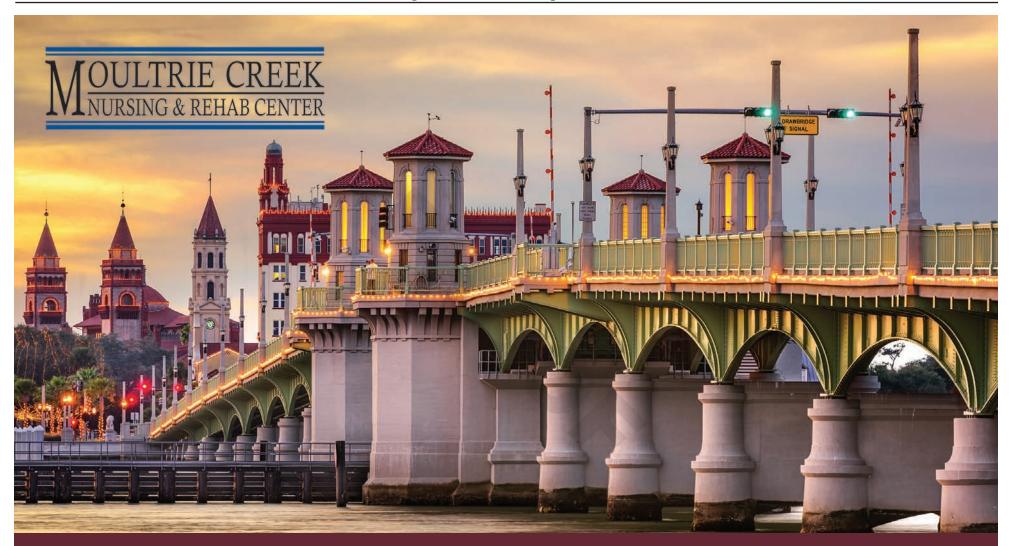
Steven Aldrich is a technology advisor with decades of experience as an IT Director and is the owner of First Coast Computer Services. Contact Steven if you need a trusted advisor to come to your business or home and help with your technology. See my ad on this page. Steve@fccspro.com or (904) 479-5661.



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