Pinvin Community Preschool

June 2021

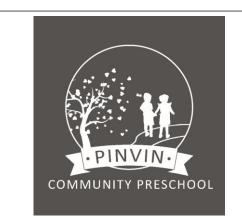
Contact details

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Don't forget to check out our website.

www.pinvinpreschool.org



Nurturing hearts and minds on a path of possibilities

Keeping in touch

Although our contact with parents through social media has been a huge success, we still felt we wanted to do more to share what we get up to here at Pinvin Community Preschool. This new style Home-link will be issued half termly to share our adventures but to also keep you up to date with any news regarding early years education and to also offer support to our families on an array of topics across the themes of parenting.

Check out our Facebook pages for up-to-date information and to see what we have been up to.

https://m.facebook.com/profile.php?id=100055168161281&ref=content_filter

https://m.facebook.com/groups/229653980822982?group_view_referrer=search

Our Curriculum Intent

At Pinvin Community preschool we want children to experience balance and calm in their lives through teaching them key skills.

Be present.

 A uthentic self.

Love and be loved.

Appreciate self and others.

Nature lover.

Creative and author of own story.

Emotionally resilient.

What's New

Transition

How to support children through transition.

Committee News

Find out what the committee has been up to this last term.

Staff News

Hear our latest staff news.

Family News

Local days out

Behaviour

Why behaviour should not be 'managed'

Transition

By Jenny Richardson

As we approach the end of the academic year, Jenny, Zoe, Becky and Olivia are working with the Oaks to prepare them for their big transition to Reception.

This can be a scary time for the children so we are talking about all the changes they will encounter and preparing a booklet with photos of the reception areas and the teaching staff, for each of the different schools' your children will be moving to. We hope that this will reassure them and help them to become familiar with their new settings.

You should have received letters from your schools about the transition plans; for Pinvin First School they are holding a parents information meeting **on Wednesday 30th June from 9.30-10am**.

We are also hoping that the reception teachers will join us at forest school soon to read a story to the children under the willow tunnel, giving everyone a chance to meet.

Pinvin First School have arranged two sessions for all children to stay and play on Friday 2nd July and Monday 5th July from 9.15 am – 11am. This is another opportunity for the children to get used to the classroom, start to build friendships and to spend time with their class teachers.

For children moving to Cropthorne, Holy Redeemer and Bengeworth, Jenny will be in contact with the schools to ensure your child's transition is supported fully.

Zoe, Jenny and Tracey will be putting detailed Pen Portraits together about your children, which will give the new teachers a good in-depth understanding of everything they need to know about your children.

If anyone could help, we would like to enhance our role play area with real school uniform so if anyone has spare from older siblings for any of the feeder schools, we would be most grateful.

Please do contact us if you have any questions about transition, no matter how big or small.



For those children due to start school in September 2022, we will be supporting their transition from our Maples group to Oaks. As Room Leader of the Oaks, Jenny has been working with Amber to understand the needs of each of these children and will be spending time getting to know each other.

Children's Voice

This term we have formed a Children's Committee. We really want to understand what preschool is like for our children and what better way than to ask them? This week we spent time reviewing the exterior of the preschool building.



'I like the cars'
'I like these they are
pretty' pointing to
some weeds.
James suggestion, 'We
could put flower
stickers on the walls'



'I don't like the rubbish
on the floor'
'I don't like the mud in
the drain'
'I don't like the sticks on
the floor'
'I like these (pointing to
the grasses growing up the

wall)

Freya's suggestion,

'Unicorns and dinosaurs'



'I don't like the dirty
bin'
'I don't like the mud'
Albie's suggestion, 'We
could pick things up with
our own hands'

It was great for the children to be listened to and we all agree the outside of preschool needs work. If any parents are willing to give an hour of their time to help with tidying up, we would be very grateful.



Staff News

It is with a heavy heart that I inform you that our lovely Emily will be leaving us at the end of the academic year to start her new role at an early year's setting in Cornwall. Emily has been an exceptional early year's educator and we will miss her all greatly. Please join us in wishing her the very best of luck for her future which certainly looks bright!



Shout out for all the team!

We have achieved so much this year in terms of continuous professional development for the team, below are just some of these amazing achievements.

Emily & Tracey - Completion of foundation degree in Early years

Jenny - Distinction for Level 3 qualification

Hygge accreditation completed – Zoe and Jenny

Food hygiene – All team

In addition, staff have attended workshops, internal and external training on an array of subjects around early years.

Committee news



The committee have been busy applying for the Co-op Community Fund grant to fund an art therapy qualification for staff and willing parents which will enable us to deliver art therapy sessions to children, families and in time the wider community, bringing young and old together.

Mindfulness, the technique of focusing the mind on the here and now, has become an accepted practice in the treatment of anxiety. Art therapy operates on the same principle, as the use of art materials and the act of creativity stop cycles of repetitive thought and worry. This calms down the body and subsequently, the mind.

We are awaiting to hear if we have been successful so keep an eye out at your local Co-op store.





Family Afternoon

Thursday 15th July 2020

11.45 am - 3 pm

Pinvin Playing Field

To celebrate the end of term and bid a farewell to our Oaks children, we would love you to join us for a family afternoon. Please come along with a picnic blanket and lunch for you and your children.

We will provide outdoor activities for everyone to use.

** If you are unable to join us, we will provide your child with a lunch, please let us know if this is the case**

Parenting Top Tips

By Zoe Corfield

Being a parent is one of the hardest yet most rewarding job you will ever have. Unfortunately, there is no one-way of doing things and we all have to find our way which fits with our own family values and beliefs.

Many parents ask for support on the management of behaviour, but at Pinvin we follow an approach of selfregulation. Allowing children to experience emotions to be able to make sense of them and ultimately learn from these.

Behaviour as Communication There is always a reason behind a behaviour and it is our role as adults to become detectives to identify the stressors which cause the emotional response and to understand what the behaviour is trying to tell us

The Train Analogy This analogy quite simply suggests our emotions are tunnels and we are the trains travelling through them. We have to go through the tunnel to get to the peaceful light at the end of the tunnel. When a child is struggling with difficult feelings – sadness, anger, guilt, fear, loneliness, embarrassment, we can often find ourselves trying to reason them out of it. We are of course trying to help the children as their pain hurts us deeply, and we can become extremely uncomfortable and anxious ourselves. However, it is these diversions/distractions that prevent the child from continuing their journey and getting to the end of the tunnel.

A child mid tantrum will not learn from a punitive response, or a down play on their emotions i.e., 'you're ok', 'stop being silly', 'stop acting like a baby'. We must respect the emotion they are experiencing as this is real to them. Instead, they need time and space to reach calm. This can take time and as the adult we must be comfortable to feel uncomfortable as they go through this process.

At Pinvin Community Pre-school we support children when experiencing powerful emotions by allowing them to go through this process. We will quietly and sensitively support them by listening, acknowledging feelings and allowing them to go through the motions. Using soft voice, body language, touch and visual calmers.

By acknowledging feelings, children feel listened to and frustrations they may be feeling will fade.

If a child is angry, we would say, 'I can see you are angry, you want the toy car, I would want the car too, let's ask x when they are finished if you can have it'

This works with all emotions and helps us out in many situations where children are overwhelmed with emotional responses.

To find out more on this topic please access our selfregulation policy using the link below.

SELF REGULATION IN THE EARLY YEARS POLICY JANUARY 2021.pdf (pinvinpreschool.org)

Thank you

In adapting our provision to manage the risk levels associated with COVID-19, along with adopting the ethos of the Hygge Accreditation, we spend the majority of our time outdoors.

We wanted to thank all of our families for responding so well to this change and ensuring your children have lots of changes of clothes, suitable wet and hot weather gear including hats, water bottles and sun lotion. With your support we have been able to ensure the wellbeing of the children remains high.

Family Days out

By Jenny Richardson

Getting out and about during the pandemic has been difficult this past year because of the need to plan and book EVERYTHING!

The biggest issue I have found as a busy mum is food, as we all know if children are hungry, they are hard work! I now assume I won't be able to get food easily so take a packed lunch or alternatively choose places where I know there will be a café offering takeaway.

Below is a list of the places my children have really enjoyed which are local, free/low cost and have access to toilets and parking.

<u>Droitwich Spa Lido | Outdoor Swimming Pool</u> (<u>riversfitness.co.uk</u>)

Gheluvelt Park - Worcester City Council

<u>Trench Wood Nature Reserve | Worcestershire</u> Wildlife Trust (worcswildlifetrust.co.uk)

Avon Meadows - Wychavon District Council

https://www.broadway-cotswolds.co.uk

Worcester City | Severn Arts

New Street Play Area, Skate Park and Tennis
Court | Upton Upon Severn Town Council
(uptonuponsevern-tc.org.uk)

