

AESTHETICS

@ THE DENTAL ACADEMY



With the festive season fast approaching, and hopefully a better New Year, you may feel that you want to take some time to focus on yourself and looking the best version of yourself with our aesthetic treatments. But what type of aesthetic treatments should you consider this festive season? Here at our Aesthetics Clinic, we offer a range of high quality, effective, aesthetic treatment options, including dermal fillers, chemical peels, wrinkle treatments and non-surgical facelift procedures.

Here is our guide to the aesthetic treatments that can help you look great this holiday season.

Aesthetic treatments can:

- ✓ Revive and smooth your skin
- ✓ Improve facial structure
- ✓ Give you a new sense of confidence in your appearance

Autumnal weather is often swinging from cold and wet, to mild and bright. The fluctuating temperatures, and light quality, can play havoc with your skin so that by the time we reach winter, and Christmas, you may be noticing some skin issues such as:

- ⊖ dry flaky skin
- ⊖ dull skin
- ⊖ dark circles under the eyes

But there are a number of aesthetic treatments that can combat these negative winter effects and leave your skin glowing and your face refreshed. These include dermaplaning, and chemical peels.

Dermaplaning is a procedure that mechanically exfoliates the top layer of skin and peach-fuzz hair from your face, triggering skin cell regeneration. When this layer of dirt and dead skin cells is removed, your skin will appear brighter and refreshed.

Chemical peels involve applying a bespoke solution to the face for a short amount of time, and then removing or neutralising. On removal, the dead skin cells and debris will be removed too, leaving your skin fresh, glowing, and youthful. And the peels that we use have the added benefit of continuing to work in the deeper layers of your skin for an even better result and with little-to-no downtime. Again, this is thanks to the deep exfoliation that the process triggers. This should only ever be carried out by a professional, like us here at Aesthetics at The Dental Academy, to prevent adverse effects.

Improve facial structure to feel better about yourself

Whether you want to improve your jawline, or your cheekbones, we can offer a range of appropriate facial treatments here at our Aesthetics Clinic. And for the festive season, a whole new look can be a great way to feel better about yourself and be ready for what we hope is a better new year.

Facial structure can be altered and changed mainly with dermal fillers. These are injections of hyaluronic acid into the skin tissue that add water, hydration, and volume to the injected area. Increasing the volume, even marginally, can help to improve skin structure, and prevent the negative impacts associated with the loss of skin volume that occurs as part of the natural ageing process.

For more information about our bespoke Christmas treatment packages, why not get in touch with the team today, here at Aesthetics at the Dental Academy Clinic and book your free, no obligation consultation?

Dermal fillers are a popular aesthetic procedure for people of all ages, across a range of different facial areas. From the lips and mouth-lines, to the cheeks and jawline, dermal fillers can have a positive impact on facial structure and shape, without damaging your body or skin, and without surgery. But why are cheek fillers so popular? And what are the benefits of this aesthetic procedure? Well, as one of Cheshire's leading aesthetic clinics, we offer a range of high quality, effective aesthetic treatment options, including dermal fillers, chemical peels and microneedling, and this is our guide to everything that has made cheek fillers so popular.

Why are cheek fillers one of the most popular dermal filler treatments?

Adding volume with cheek fillers is a great way to restore facial balance by supporting the tissues of the lower face and giving everything a nice lift (who doesn't want a lift?!)

This increased volume also has a knock-on positive effect for the overall facial structure. This is because, as a natural part of the ageing process, the skin loses volume. This lost volume can lead to sagging skin and the development of hollow areas. In the cheek region, sagging skin can result in the increased prominence of sagging jawline skin, as well as hollow circles under the eyes. But with cheek filler, this can easily be avoided, by replacing any lost volume with a hyaluronic acid dermal filler. And with regular top up treatments, you can maintain these advantages in the long term.

Dermal fillers used in the cheek area can also;

- ✓ Accentuate cheek bones and facial structure
- ✓ Improve facial symmetry
- ✓ Create a more youthful appearance

Improving facial symmetry

The idea of facial symmetry is becoming increasingly popular, and although no face is completely symmetrical, nor should it be, big differences between one side of the face and the other can have a negative impact on self-confidence. Cheek fillers can help to balance out any noticeable areas of asymmetry, by changing the shape, volume, and structure of the cheeks themselves. And as the centre of the face, this can have a dramatic, positive impact.

Creating a youthful appearance

Fuller cheeks are often associated with a youthful appearance, and with injections of hyaluronic acid into the cheek area, anyone can achieve this youthful look, at any time.

For more information or advice about cheek enhancement treatment, and other anti-ageing treatments, get in touch with one of Cheshire's leading aesthetic clinics today for your free consultation.

What other treatments are popular at the moment?

With the current need to wear a face mask in most places, this means that the most visible part of our faces are our eyes. Eyes can show a lot about a person and convey many expressions and emotions. Often though, we can feel perfectly happy but our eyes can appear to tell a different story. Has anybody ever told you that you look tired or sad but you feel perfectly fine? The area below our eyes is often neglected and people feel like they have dark circles or hollows. The good news is, we have the perfect treatment for this. By using a specially licenced dermal filler and specific, painless technique we can improve this area simply and effectively, giving you the well-rested look (even if you aren't!) and ladies, this makes makeup application easier (less concealer!) to give that flawless look. This treatment is also popular with men who want to look more refreshed.



For your free no-obligation consultation please call us on 01925 740510 to book and let us discuss the most appropriate treatment/s for you.