

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

What would you like to achieve from your treatment today? \_\_\_\_\_

**Your Skin Care**

1. Have you ever had a facial treatment before? No Yes, when? \_\_\_\_\_

2. Which of the following best describes your skin type? (Please circle one type number)

- I: Creamy complexion, always burns easily, never tans
- II: Light Complexion, always burns, tans slightly
- III: Light/Matte Complexion, burns moderately, tans gradually
- IV: Matte Complexion, seldom burns, always tans well
- V: Brown Complexion, rarely burns, deep tan
- VI: Black Complexion, never burns, deeply pigmented

3. Do you have any special skin problems or concerns pertaining to your face or body? Yes No  
Specify: \_\_\_\_\_

4. Have you ever had chemical peels, laser or microdermabrasion? No Yes In the last month? No Yes

5. Do you use Retin-A, Renova, Adapalene Hydroxyl Acid or Retinol/vitamin A derivative products? No Yes

Describe: \_\_\_\_\_

6. What skin care products are you currently using? (List brands below)

- |                   |                              |
|-------------------|------------------------------|
| Soap _____        | Toner _____                  |
| Mask _____        | Eye Product _____            |
| Cleanser _____    | Day Moisturizer _____        |
| Exfoliator _____  | Scrubs _____                 |
| BodyLotions _____ | Sunscreen _____              |
| SPF _____         | NightMoisturizer/Cream _____ |
| Other _____       |                              |

7. Have you used acne medication? No Yes, When? \_\_\_\_\_

8. Have you recently used any self-tanning lotions, creams or treatments? No Yes, specify: \_\_\_\_\_

9. Have you used any of the following hair removal methods in the past six weeks? No Yes, circle all that apply.  
 Shaving     Waxing     Electrolysis     Plucking     Tweezing

10. What areas of concern do you have regarding your Skin? (Please check any that apply and explain)

- Breakouts/acne
- Blackheads/whiteheads
- Excessive oil/shine
- Rosacea
- Broken capillaries
- Redness/ruddiness
- Sun spot/liver spot/brown spot

11. Have you ever had an allergic reaction to any of the following? (Please check any that apply and explain)

Explain: \_\_\_\_\_

- Cosmetics
  - Medicine
  - Food
  - Sunscreens
  - Iodine
  - Pollen
  - AHAs
  - Fragrance
  - Shellfish
  - Latex
  - Drugs
- Other \_\_\_\_\_

12. What SPF do you use on your face? \_\_\_\_\_ How often/when? \_\_\_\_\_

13. Have you had any recent tanning bed or sun exposure that changed the color of your skin? No Yes

Specify: \_\_\_\_\_

14. Have you experienced Botox, Restylane or Collagen injections? No Yes

Specify: \_\_\_\_\_

**Female Clients Only:**

15. Are you taking oral contraceptives? No Yes Specify: \_\_\_\_\_

16. Are you pregnant or trying to become pregnant? No Yes

17. Are you lactating? No Yes

18. Any menopause problems? No Yes Specify: \_\_\_\_\_

19. Are you undergoing any hormone replacement therapy? No Yes Specify: \_\_\_\_\_

**Future Appointments/Contact:**

Preferred appointment confirmation: \_\_\_ Text \_\_\_ Email \_\_\_ phone call

I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive here are voluntary and I release this institution and/or Soleil Wellness & Day Spa from liability and assume full responsibility thereof.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_