



Post-Treatment Care Instructions

Forever Young BBL™ PhotoFacial

After Treatment: Immediately-72 hours

The area will feel warm like a sun burn. Red bumps may appear and last up to 72 hours.

A minimum **SPF 30** Sunblock (UVA/UVB) should be used throughout the course of your treatment.

Results may take **up to 4 weeks**, or in some cases, as little as a few days.

Darkening of sun damage and pigmentation is normal, and required in order for best results. This may last anywhere from 3 days up to 3 weeks.

An ice pack or chilled face cloth can be applied to treated area to alleviate discomfort.

Mineral makeup can be applied as long as the skin is not broken.

You will repeat the treatment anywhere from 3-4 weeks or as outlined by your practitioner.

DO NOT:

Do not expose the treated area to **direct sunlight/tanning beds** for a minimum of 2 weeks following procedure.

Do not have a hot shower, hot tub or engage in vigorous activity for 12 hours.

Do not pick at the pigmented lesions. They will appear darker and may have a mild crust. Picking can result in scarring and undesired results.

Uncommon, but possible:

If the skin is broken or a blister appears, apply Polysporin and contact the clinic. Also, for further protection, keep the affected area covered and avoid direct sunlight while experiencing these symptoms. Delayed blistering secondary to sun exposure has been noted up to 72 hours post treatment.

If you experience an irritated raised rash after treatment, Benadryl should help relieve the itchiness. Although rare, these symptoms may take up to several weeks to subside.

If you have any questions or concerns, please call 780-728-7546.

For emergencies, please call 780-728-8691.