

**Jill C. Baird, Ph.D.**  
**Constructive Alternatives, LLC**  
**24300 Chagrin Blvd., Suite 309**  
**Beachwood, OH 44122**  
Phone: (216) 223-7169

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**Authorization for Release of Confidential Information**

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I, \_\_\_\_\_, authorize Jill C. Baird, Ph.D./Constructive Alternatives, LLC to:

- release to
- obtain from
- exchange with

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Phone: \_\_\_\_\_  
\_\_\_\_\_

the following information pertaining to myself *(please initial each that applies)*:

- |  |   |
|--|---|
| _____ Intake summary   | _____ Psychological test/assessment results     |
| _____ Progress notes   | _____ Medical/medication/hospital records       |
| _____ Complete summary of therapy to date (including above info)                       | _____ Mental health evaluations                 |
| _____ Termination summary  | _____ Diagnoses                                 |
| _____ Dates of therapy attendance  | _____ Any info disclosed during couples therapy |
| _____ Verbal summary/discussion of therapy process/progress                            |   |
| _____ Other <i>(please be specific)</i> : _____  |   |
| _____ There are no restrictions on what info may be shared with the party named above. |   |

I am requesting the release of this information for the following reasons:

- \_\_\_ At my request
- \_\_\_ At the request of \_\_\_\_\_
- \_\_\_ To coordinate treatment efforts
- \_\_\_ To facilitate current treatment by Dr. Baird
- \_\_\_ To facilitate a referral to \_\_\_\_\_
- \_\_\_ Other (please be specific): \_\_\_\_\_  
\_\_\_\_\_

This authorization shall remain in effect until *(expiration date)* \_\_\_\_\_ or until *(fill in an event that relates to the individual or the purpose of the use or disclosure)* \_\_\_\_\_.

I understand that I have the right to revoke this authorization, in writing, at any time by sending such written notification to the therapist's office address. However, my revocation will not be effective to the extent that the therapist has already taken action in accordance with the authorization or if this authorization was obtained as a condition of obtaining insurance coverage and the insurer has a legal right to contest a claim.

I understand that my psychologist generally may not condition psychological services upon my signing an authorization unless the psychological services are provided to me for the purpose of creating health information for a third party.

I understand that information used or disclosed pursuant to the authorization may be subject to re-disclosure by the recipient of my information and no longer protected by the HIPAA Privacy Rule.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date