

## WELCOME TO A NEW DAWN THERAPEUTIC RIDING PROGRAM

We are proud to welcome you to this program which was developed to promote therapeutic horseback riding and Hippotherapy programs for children and adults with mental, physical, and emotional disabilities. Our team of occupational and physical therapists and therapeutic riding instructors use horses as the primary tool to provide this effective, unique therapy to students 2 years of age and older.

A New Dawn is located on our farm in Mohrsville, Pennsylvania. We offer an indoor, heated area, outdoor riding ring and an electric lift to assist our riders in mounting their horses. This allows us to offer year-round sessions to our clients.

The following provides information about application to our program, our sessions, fees, payment and attendance policies.

### **Application & Paperwork**

Application to A New Dawn Therapeutic Riding Program begins with completion and submission of the following documents. Please be sure to complete all areas and obtain all required signatures.

- Registration
- Physician's Prescription
- Medical History (for program participants, to be updated annually)
- Emergency Treatment
- Releases & Permissions

When we have received all completed application materials, the prescription and medical history is reviewed by our licensed physical therapist. Based on the physical therapists' evaluation, the rider will be placed into hippotherapy sessions with a physical/occupational therapist or into therapeutic riding lessons.

### **Lesson Attire**

All riders should wear long pants to sessions year-round for safety and comfort. The best, safest foot attire for riders is a shoe or boot with a low heel. Hiking boots with lug soles are not appropriate. While we do permit our riders to wear sneakers, shoes with heels are safer and preferred. If you will be bringing your own helmet, please be sure they are ASTM-SEI approved and properly fitted.

## **Fee Schedule**

Initial Evaluation with Physical Therapist \$100

Hippotherapy Session with Physical/Occupational Therapist & Instructor \$110

Therapeutic Riding with Instructor \$60

Therapeutic Riding 8 week session, weekly lessons \$480

Payment is due prior to the 8 week session. For each 8 week session, you will receive a “super bill” after payment and completion of the session, which you can then submit to your insurance company. We do not accept nor contact insurance companies on behalf of students. Payment must be made prior to the student riding in the session. There are no refunds for missed lessons, however make-up classes can be scheduled pending availability (talk to your instructor).

## **Student Attendance**

Students are strongly encouraged to maintain regular lesson attendance and arrive on time for their scheduled lessons. Students arriving late for their session, may have their session time shortened so that their instructor can maintain their lesson schedule. This is important for student progress as well as program management.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
*Client/Parent/Guardian*

