



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



The Everyday Wonder of Community

If the essence of community is to create structures for belonging, then we are constantly inviting people who are strangers to us, and one another, into the circle.

~ Peter Block, Community, The Structure of Belonging



Awareness: The Infinite Gift

As I sit at my office desk contemplating what to write about, I become aware that I am feeling anxious, scatter-minded, and even angry. I check-in with myself and cannot find a source for any of these feelings - that is, until I open my internet browser. There it is.

Now it becomes obvious.

My eyes glance at the banquet of “newsworthy” articles that Yahoo, MSN, or others feel are important for me. It’s a smorgasbord of: what I should look and dress like, of fantasy sports (because the real sports are apparently not good enough), of all the murder, death, and mayhem that you can handle! This is the world you and I live in. Or is it!?

The Science of Mind and Spirit philosophy teaches that the world we live in is, in fact, the effects of our thinking, both individually and collectively. It teaches that awareness is a spiritual gift and allows us each to use our grand and divine power of choice to make a decision. Furthermore, those decisions literally co-create the world in which we live.

Taking this all in, I choose to become aware of my breath and realize it is short and shallow. I make the decision to sit up straight, breathe in slowly and deep, and exhale any and all stress, anxiety, or anger. I am now aware that I feel calmer. I choose to close my eyes and think thoughts that offer healing to a world that is currently in pain; thoughts in which my physical, mental, emotional, and spiritual bodies are aligned with Universal consciousness; and thoughts in which my cells are filled with divine light.

I become aware that I am feeling warmer. I think more and realize that in order to be healed, pain must be revealed, and that each article I see on the internet or television news is a prayer request. I take time to bless each one, trusting Infinite Wisdom to know the perfect way to bring love to each situation. I become aware that I feel more peaceful.

Then I have a profound thought, what if everyone took ten minutes out of their day and checked-in with their awareness, and ended that time with a simple blessing of perfect healing and wholeness for all?

Awareness is a divine gift that goes with us on our journey through this life and beyond, offering its blessing to consciously return home again and again and again...

Reverend Joe Kovach
Senior Minister

If you have questions or



PRAYER REQUESTS

**Our Practitioners want to
support you
in prayer.**

Please email your
prayer request to
prayer@cslstgeorge.org
or email practitioners
individually at
cslsg.org/about



CSLSG Community Care Circle

Let us provide compassionate
support with Life's challenges
and joys.

*Leave a message at
435-893-6702*

*to engage this free and
confidential service*



CSLSG Wedding Officiant

Mary Klein, RScP,
performs marriages,
commitment ceremonies, and
wedding vow renewals.

Reply to this email for more
information.



comments for Rev. Joe, please
email stgeorgecsl@gmail.com.



To view
Core Council minutes, please
email:
suefullmer@cslstgeorge.org

Paypal online donation

Online Sunday Gatherings

Guided Meditation 10:45am

Inspirational Service 11:00am

Community Conversation 12:00pm

The Everyday Wonder of Community

Community is the invisible membrane that we all live inside. Community is where we play out our lives on a larger scale – both consciously and unconsciously. It's the first circle in what ultimately creates our larger societal structures beginning with family, all the way through to the culture of a country. At the micro level, it is our individual choices that influence not only our own experience, but the character and subtext of our community. The beautiful alchemy of community unfolds when we come into realization that through our spheres of influence (our communities of concern), we intersect with the greater whole each and every day. This is the point of power, when we begin to make active decisions about how we wish to *be* in community, and actively welcome those we previously may have been unaware of. This is how our diverse world becomes a living gift to us all. Celebrate December in a full awareness of our unique gifts, while seeing the gifts of those around us, as we enter into a bigger idea of community.

December 2022 Weekly Talks

**CSLSG Senior Minister
Reverend Joe Kovach**

December 4th -

Longing to Belong

One of comedian Groucho Marx's more memorable catch-phrases was that he would never wish to be part of a group that would have him as a member. And yet, he was the core of the Marx Brothers, a famous comedic group of the 1930s and 40s. We all want to belong and it is through this desire to belong that community occurs. Our opportunity lies in consciously creating



a community through our active individual gifts.

December 11th - Into We See

Who we acknowledge as being part of our community is a vital part of creating community. When we see people in our community as “outside” or fail to see them at all, we limit the possibilities for our greater whole. Whatever the perceived “difference,” there is value in making genuine connections with all people.

December 25th - Nativity 2.0

Today we look at the Christian nativity scene as a symbol for the call to live in a loving community with one another, recognizing each other as the gifts we are and celebrating the glory of the luminosity of life itself.

[Special Note: Christmas Day service will stream live as usual on Facebook and YouTube, but it will be prerecorded. And there will be no Zoom conversation afterward.]



December 18th Guest Speaker

Jeffon Seely

Ode to Joy

How do we begin to work together, so that we can create a larger container that demonstrates a world that works for everyone? This begins at the individual level, but it can also be expressed at the collective level by the way we choose to be in community together.

Online Links

You can access each meditation and service on
CSL St. George Facebook page.

[CSLSG Facebook Videos](#)

Meditation and service will also stream on YouTube.

[CSLSG YouTube Channel](#)

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/89184208148>



We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our MISSION is to provide spiritual tools for personal and global transformation.

Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our VISION is a world that works for everyone.

Center for Spiritual Living St George

Events and Information



IN-PERSON Gathering

Saturday Dec 17th

12-3pm MST

West Springs Clubhouse, 225 N
Valley View Dr

Please bring your favorite finger-food to share.



Spread the Love!

Give with Zelle: Zelle is a bank-to-bank transfer system. HERE are the instructions. EMail us if you need further assistance.

Give Online: Paypal link is on our website: csls.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: send checks to CSLSG, PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Centers for Spiritual Living Opportunities



VISTA 2023 convention will take place **February 20-23** and will be a HYBRID experience! Those that want to remain as virtual attendees will still have access to full days of workshops, music, keynotes, and connection at one of our host locations in **Santa Rosa, California, Phoenix, Arizona, or Dallas, Texas**

Register



World Ministry of Prayer commits to holding the light of an ever-expanding global consciousness, standing in Truth, Principle and Love.

CLICK to request a prayer.

The **Heart of Peace Initiative** is a subcommittee of the Global Services Committee and is also dedicated to carrying the message of Science of Mind through peace to our international communities. CLICK to connect to: Monthly



Newsletter Articles | Find a Meditation Group | Start a Meditation Group

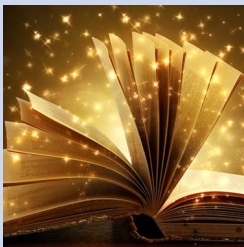


Spiritual Living Circles are groups of people who come together to discuss articles that are published in the Guide for Spiritual Living: Science of Mind magazine. [CLICK](#) for more information.



Science of Mind Magazine delivers thought-provoking articles featuring today's change agents. Our popular Daily Guides offer reflections and powerful affirmations you won't find anywhere else.

For spiritual seekers of every faith.
[CLICK](#) for more information.



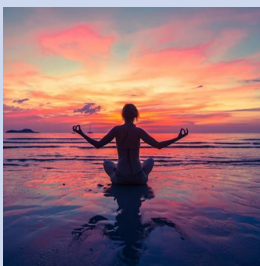
Centers for Spiritual Living Books Explore our expansive library of books in the CSL Book Corner. Access spiritual insights from bestselling New Thought leaders, or take a journey through the timeless wisdom from Science of Mind Publishing.

[CLICK](#) for more information.



Centers for Spiritual Living Education - Resources are available for spiritual and professional development, practitioner programs, spiritual leadership, advanced degrees and chaplaincy.

[CLICK](#) for more information.



Centers for Spiritual Living Spiritual Tools Centers for Spiritual Living provides easy-to-use tools to nurture your inner self/your soul, so that you can live an inspired, healthy and happy life.

Awaken your authentic self with prayer, affirmations and meditation.

[CLICK](#) for more information.

St George Interfaith Council Opportunities

St George Interfaith Choir is led by **Kathy**

Brown kathybrown13@gmail.com. **Singers are welcome** to join the St George Interfaith Council at any time.



Full-sized Tabernacle replica will be on display in St George **Today through December 13** in Bloomington Hills. Ushers share about the significance of tabernacle in their faith: Jewish, Islam, Presbyterian, Catholic and The Church of Jesus Christ of Latter-day Saints. Reserve a time to visit.



Leadership Dixie Diversity Day will be Thursday, **December 8 from 1-4:30PM** in Kuzy Hall at Saint George Catholic Church.

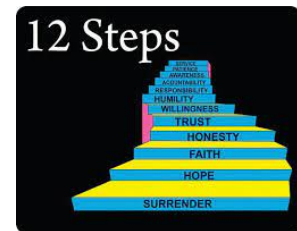


Help with food collection every month
on the second and last Saturday
11:30 a.m. – 1:00 p.m.
GRACE EPISCOPAL CHURCH
1072 S 900E, St. George
For more information, click [HERE](#)



Food Collection

Reverend Jimi Kestin announced new meetings for **12-step** that involves a deep dive of the 12 steps in a faith-friendly meeting. These will be held at Solomon's Porch and include the Biblical basis for the 12 steps, the goals and roots.



Suicide Prevention Coalition (through Southwest Behavioral Center) is looking for new Interfaith Council members. If you are interested in serving our greater St George Community in this way, please contact Teresa Willie at: twillie@sbhcutah.org



Centro Latino serves to teach English and help with other services to help with the adjustment into this country. Contact Mike Aitken at: aitkenback@gmail.com

CENTRO LATINO



(435) 720-5066

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad
Resources to help the Latino Community

Clases de Inglés
Gratis Cada
Martes 7pm
Miércoles 7pm
Jueves 7pm
Domingo 7pm

English Classes Every
Tuesday 7pm
Wednesday 7pm
Thursday 7pm
Sunday 7pm



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132, St. George, UT 84771

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