

TENTATIVE ROLLING SCHEDULE

FRIDAY, JULY 15, 2022

Running Events (Ages 13-18)

8:00 AM	4X800 Relay Finals	13-14 15-16 17-18
8:45	100m Dash Trials	13-14 15-16 17-18
9:45	2000m Steeplechase Finals	15-16 G 17-18 W
10:00	2000m Steeplechase Finals	15-16-B 17-18 M
10:15	200m Dash Trials	13-14 15-16 17-18
11:15	3000 Meter Run Finals	13-14 15-16 17-18
12:00 PM	400 SEMI	13-14 15-16 17-18

Short Hurdle SEMI

1:15 PM	110 Meter	15-16 B 17-18 M
1:30	100 Meter	13-14 B?G /15-16 G 17-18 W
2:30	800 Meter Run Finals	13-14 15-16 17-18
3:30	4x400 Mixed Gender Finals	13-14 15-16 17-18
3:45	100 Meter Dash SEMI	13-14 15-16 17-18
4:00	200m Hurdles SEMI	13-14 G/B
4:15	200m Dash SEMI	13-14 15-16 17-18
4:30	3000m Race Walks	13-14
5:00	4x100 Meter Relays SEMI	13-14 15-16 17-18
5:30	4x400 Meter Relays SEMI	13-14 15-16 17-18

Field Events:

SHOT PUT:

8:30 AM	13-14 B - (4kg)
8:30	13-14 G - (6 lb)
12:30 PM	17-18 M -(12lbs)
12:30	17-18 W (4kg)
2:30	15-16 B - (12lb)
2:30	15-16 G - (4kg)

HIGH JUMP:

9:00 AM	15-16 G
9:00	15-16 B
3:00 PM	13-14 G
3:00	13 -14 B

LONG JUMP:

9:00 AM	13-14 G- Pit N1
9:00	13-14 B- Pit N2
12:30 PM	15-16 G -Pit N1
12:30	15-16 B - Pit N2
3:00	17-18 W -Pit N1
3:00	17-18 M -Pit N2

JAVELIN:

8:30 AM	17-18 M
10:00	15-16 B
11:30	13-14 B
1:30 PM	15-16 G
3:00	13-14 G
4:30	17-18 W

POLE VAULT:

9:00 AM	13-14 B,
	15-16 B,
	17-18 M

SATURDAY, JULY 16, 2022

Running Events (Ages 8&U-12) and Hammer

8:30 AM	200m Dash Trials	8 &U 9-10 11-12 G/B
9:15	4 x 800 Relay Finals	11-12 G/B
9:30	100m Dash Trials	8 &U 9-10 11-12 G/B
10:30	3000 Meter Run Finals	11-12 G/B
11:45	400 SEMI	8 &U 9-10 11-12 G/B
1:00 PM	1500m Race Walk Finals	9-10 11-12 Girls
1:30	100m Dash SEMI	8 &U 9-10 11-12 G/B
2:00	1500m Race Walk Finals	9-10 11-12 Boys
2:30	200m Dash SEMI	8 &U 9-10 11-12 G/B
3:00	800 Meter Run Finals	8 &U 9-10 11-12 G/B

Short Hurdle SEMI

3:30 PM	80 Meter	11-12 G/B
3:45	4x100 Meter Relay SEMI	8 &U 9-10 11-12 G/B
4:15	4x400 Meter Relay SEMI	8 &U 9-10 11-12 G/B

Field Events:

SHOT PUT:

8:30 AM	11-12 G - (6lbs)
8:30	11-12 B - (6lbs)
12:30 PM	9-10 B - (6 lb)
12:30	9-10 G - (6 lb)
2:30	8 & Under B - (2Kg)
2:30	8 & Under G - (2Kg)

HIGH JUMP:

11:00 AM	11-12 G
11:00	11-12 B
1:00 PM	9-10 G
1:00	9-10 B

Mini-Javelin

8:30 AM	9-10 G (300g)
8:30	9-10 B (300g)
10:30	11-12 G (450g) Aero Javelin)
10:30	11-12 B (450g) Aero Javelin)
12:30 PM	8&U G (300g)
12:30	8&U B (300g)

DISCUS THROW:

11:00 AM	11-12 G
1:00 PM	11-12 B

LONG JUMP:

9:00 AM	9-10 G-Pit N1
9:00	9-10 B-Pit N2
12:30 PM	8&U G - Pit N1
12:30	8&U B - Pit N2
3:00	11-12 G - Pit N1
3:00	11-12 B - Pit N2

HAMMER

8:00 AM	15-16 G 17-18 W
9:00	15-16 B 17-18 M

SUNDAY, JULY 17, 2022

Running Events:

8:00 AM	1500 Run Finals	8 &U	9-10	11-12	G/B
9:00	4x100 Meter Relays Finals				All Divisions
10:30	200m Finals				All Divisions
11:00	1500 Run Finals	13-14	15-16	G/B	17-18 W/M

Short Hurdle Finals

12:00 PM	80 Meter	11-12	G/B
	100 Meter	13-14 /15-16	G 17-18 W
	110 Meter	15-16	B/17-18 M
1:00 PM	400m Dash Finals		All Divisions
1:30 PM	200m Hurdles Finals		
1:45 PM	400m Hurdles Finals		
2:15 PM	100m Dash Finals		All Divisions
2:30 PM	3000m Race Walk	15-16	G/B 17-18 M/W
3:00 PM	4x400 Relay Finals		All Divisions

Field Events:

POLE VAULT:

9:00 AM	13-14	G,
	15-16	G,
	17-18	W

HIGH JUMP:

8:30 AM	17-18	W
12:00 PM	17-18	M

DISCUS THROW:

8:00 AM	13-14	G
9:30	13-14	B
11:00	15-16	G
12:30 PM	15-16	B
2:00	17-18	W
3:30	17-18	M

TRIPLE JUMP:

9:30 AM	15-16	B-Pit S1/	15-16	G-Pit N1
11:30 AM	17-18	M-Pit S1 /	17-18	W-Pit N1
1:30 PM	13-14	B-Pit N1/	13-14	G-Pit S

International Youth Championship
July 15-17, 2022
Prince George's Sports and Learning Complex
8001 Sheriff Road
Landover, Maryland 20785
USATF Sanctioned Event
Top 8 will receive medals

USATF or AAU membership card is not required

Registration must be done online at
<https://coachoregistration.com/dbi-bin/calendar.pl> and select
the meet from the calendar.

Individual Event: \$10.00

Relay:\$40.00

Awards: Top 8 in each event receive medals

Daily Spectator Fee \$10.00

Three Day Wrist Band \$27.00

Meet standards and all information pertaining to this meet
can be found at the following website:

<http://intyouthtrackchampionships.com/>

Host Hotel:

Double Tree Hotel

\$139.00 Full Buffet Breakfast for up to 4 people

2 Double Bed

9100 Basil Court

Largo, MD 20774

Ph: 301-773-0700

1-800-222-TREE

Approximate 1 mile from Complex

Co-Host Hotel

Homewood Suites

9103 Basil Court

Largo, MD 20774

\$149.00 Free Hot Breakfast buffet

1 King bed Studio with sofa bed

Ph:301-322-2220 or 1-800-CALL-HOME

Approximate 1 mile from Complex

Best Western

5910 Princess Garden Parkway Lanham, MD 20706

Ph:301-459-1000

Double Queen \$99.00

https://www.bestwestern.com/en_US/book/hotel-rooms.21038.html?groupId=H50ZX6K5

Approximate 4 miles from Complex

The top 8 finishers in all events qualifies for the Youth
International Championship being held July 15-17, 2022 at Prince
George's Sports and Learn Complex. All information pertaining
to this meet can be found at the following website:
<http://intyouthtrackchampionships.com/>