The Family Intervention "It's Time to Get Organized Process"

Identify the Issue

Completing and F.T.R. worksheet

Apply the Family Values Based Decision Making Model Complete the practical exercises, video worksheets

Connect needed resources, support services

Complete a Family Plan of Action for this issue

SEMINIAR #12:

Purpose:		The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.			
	Instructions	The "Enabling vs. Consequences" process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.			
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.			
	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the "The Family Intervention": Five Stages of Change., Dual Diagnosis, Suicide Risk in Co-Occurrence Diagnosis. Which of these will the family seek to address?			
	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.			
	Key Topic #1: Five Stages of Change	Your family members will use their knowledge of the Five Stages of Change, when considering theirs and other efforts to make changes. Also complete the practical exercise in the Seminar Workbook.			
	Key Topic #2: Dual Diagnosis	Your family members will consider when look to make changes that mental illness may be involved and needs to be assessed, diagnosis and staged in the efforts for change and acted upon. Also complete the practical exercise in the Seminar Workbook.			
	Key Topic #3: Suicide Risk in Co- Occurrence Diagnosis	Your family members will be sensitive that an intervention is a matter of professional expertise. Considerations of balance and applications of best practices are required. Also complete the practical exercise in the Seminar Workbook.			

Family Plan of Action

I.

SOLUTION:

The Ide	entified Solut	tion: (From the completed F.T.R. Worksheet):			
II. The De	DECISION: ecision-Makir	: ng Process: (From the completed Family Values Decision-Making worksheet)			
III.	PLAN OF ACTION:				
	Priority # 1.				
	Tas	sk:			
	Tas	sk:			
	Tas	sk:			
	Priority # 2	•			
	Tas	sk:			
	Tas	sk:			
	Tas	sk:			
	Priority # 3.				
	Tas	sk:			
	Tas	sk:			
	Tas	sk:			

Prior to taking any action it is important to review your families plan of action with a professional therapist, counselor or licensed State/Federal professional. This step should not be ignored and will ensure safety, continuity and bring about the best results for your loved one and your family.