

SUP Ripple - Fitness Fun

		<u>All necessary equipment provided</u>	<u>BYOBoard</u>
4 weeks:	1 Hour Lesson	160.00	120.00
6 weeks:	1 Hour Lesson	240.00	180.00
Single Drop-In	1 Hour Lesson	30.00	25.00
4 weeks:	1.5 Hour Lesson	240.00	200.00
6 weeks:	1.5 Hour Lesson	360.00	300.00
Single Drop-In	1.5 Hour Lesson	30.00	25.00
Single Class	2.0 Hour Lesson	60.00	55.00

It is anticipated that SUP board owners have all necessary equipment (board, paddle, leash, PFD).

If any equipment items are required for your lesson,
please refer to Equipment Rental for additional costs.

SUP Swell - Circuit Fitness

		<u>All necessary equipment provided</u>	<u>BYOBoard</u>
4 weeks:	1 Hour Lesson	160.00	120.00
6 weeks:	1 Hour Lesson	240.00	180.00
Single Drop-In	1 Hour Lesson	30.00	25.00
4 weeks:	1.5 Hour Lesson	240.00	200.00
6 weeks:	1.5 Hour Lesson	360.00	300.00
Single Drop-In	1.5 Hour Lesson	30.00	25.00
Single Class	2.0 Hour Lesson	60.00	55.00

It is anticipated that SUP board owners have all necessary equipment (board, paddle, leash, PFD).
If any equipment items are required for your lesson,
please refer to Equipment Rental for additional costs.

SUP Surge - SUP Athlete Development Program

		<u>All necessary equipment provided</u>	<u>BYOBoard</u>
4 weeks:	1 Hour Lesson	180.00	140.00
6 weeks:	1 Hour Lesson	270.00	210.00
Single Drop-In	1 Hour Lesson	45.00	35.00
4 weeks:	1.5 Hour Lesson	270.00	230.00
6 weeks:	1.5 Hour Lesson	405.00	345.00
Single Drop-In	1.5 Hour Lesson	45.00	35.00
Single Class	2.0 Hour Lesson	175.00	165.00

It is anticipated that SUP board owners have all necessary equipment (board, paddle, leash, PFD).

If any equipment items are required for your lesson,
please refer to Equipment Rental for additional costs.