



**Mary's Reflexology & Trinity Healing**  
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## **Auriculotherapy Client History**

Last, First Name:		Date:	
Street Address		City:	State:    Zip Code:
Primary Phone #:  ___ Home/ ___ Cell/ ___ Work	Secondary Phone #:  ___ Home/ ___ Cell/ ___ Work	Email (contact purposes only):	
Date of Birth:		Age:	Sex: ___ Male/ ___ Female

1. How would you rate your present health? (  ) Excellent, (  ) Good, (  ) Fair, (  ) Poor
2. Are you currently under a doctor's care? If so, please explain.  
 \_\_\_\_\_  
 \_\_\_\_\_
3. For women, are you pregnant? (  ) Yes, (  ) No. If yes, how long?  
 \_\_\_\_\_  
 \_\_\_\_\_
4. List other therapies besides conventional medicine in which you are currently participating:  
 \_\_\_\_\_  
 \_\_\_\_\_
5. Are you taking any medications? If so, please list.  
 \_\_\_\_\_  
 \_\_\_\_\_
6. List previous major illnesses, accidents, surgeries, or broken bones.  
 \_\_\_\_\_  
 \_\_\_\_\_
7. Are you experiencing any problems with your hands or feet? (  ) Yes, (  ) No. If yes, please explain.  
 \_\_\_\_\_  
 \_\_\_\_\_
8. Where is the tension most evident in your body?  
 \_\_\_\_\_  
 \_\_\_\_\_
9. Why are you trying Auriculotherapy?  
 \_\_\_\_\_  
 \_\_\_\_\_
10. Have you had an Auriculotherapy session before? If yes, when, where, and how often?  
 \_\_\_\_\_  
 \_\_\_\_\_
11. Give name of referring person, if applicable (that person will receive a \$5 gift card).  
 \_\_\_\_\_  
 \_\_\_\_\_

# Auriculotherapy Contract for Service

**PLEASE READ IN FULL AND SIGN BEFORE YOUR SESSION.**

**You need to know that:**

- Your facilitator is not a doctor.
- Your facilitator does not practice medicine.
- Your facilitator does not diagnose or treat for specific illness.
- Your facilitator does not prescribe or adjust medication.
- Auriculotherapy is not a substitute for medical treatment, but may be a compliment to most types of therapy.

**Agreement:**

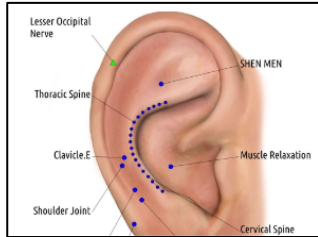
By signing this form, I agree to one or more Auriculotherapy sessions. I understand I may discontinue a session or series of sessions at any time. If I have been diagnosed by a licensed health care professional as having any disease, injury, or other physical or mental condition, I understand that I should inform the person who made the diagnosis about the sessions I will be receiving, and whether or not I intend to discontinue any treatment of therapy which has been previously ordered, prescribed, or recommended by a licensed health professional. I understand that by discontinuing any such treatment of therapy I assume responsibility for any outcome resulting from discontinuing that therapy.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

# Auriculotherapy Information

## What is Auriculotherapy?



Auriculotherapy is a technique of using points on the skin of the auricle (external ear) to diagnose and treat pain and medical conditions of the body. Also referred to as Auricular Medicine, practitioners all over the world use this therapy to treat pain, addictions and internal disorders with excellent results. Whether used in conjunction with another treatment or by itself, Auriculotherapy is often effective when other treatments have failed. Best of all, it is safe, non-invasive and has no known side effects.

## History:

Auriculotherapy has its roots in Traditional Chinese Medicine. Just as this ancient healing art defines acupuncture points on the body for treatment of various conditions, similar points are defined on the ear.

In the 1950's, Dr. Paul Nogier of Lyon, France expanded the original Chinese charts into a more comprehensive system. Whereas the ancient texts showed only a few points for specific conditions, Dr. Nogier's work demonstrated the ear is actually a micro-map of the entire body, with all body parts represented. Thus, all parts of the body can be evaluated and treated by means of the external ear. Much of Dr. Nogier's original work has been verified in numerous research studies, and both Chinese and European systems are based on his work.

## Uses:

Auriculotherapy is used widely for pain control, addictions of all kinds, internal disorders, emotional issues, and a host of other problems. Medical doctors, chiropractors, acupuncturists, naturopaths, dentists, and laypeople alike routinely see excellent results from properly applied auricular treatments.

## About the Points:

The charts are based on exhaustive research information from a variety of sources. In the case of discrepancies, the most authoritative sources were given priority. Because all ears are slightly different, locations shown are approximate and should be verified by palpation or electronic testing. Also note that the exact location of auricular points may move slightly from day to day in the same patient.

## Which Points to Treat:

The charts show sets of points that MAY be applicable to the given condition. The most effective approach is to only treat the ACTIVE points on any given chart. Active points are located by palpating for tenderness (active points are tender to pressure) or by electrical resistance testing. High-quality auricular treatment devices have a measurement mode to locate active points, and a treatment mode to treat the points when located.

## Which Ear to Treat:

It is often not necessary or even desirable to treat both ears in the same session. Rather, treat the ear with the most active points from the chart. Though most of the charts show the left ear, these are illustrations only, and either ear may be treated. NOTE: certain protocols involving the liver and gallbladder require treatment of the right ear only.

## Treatment Information:

Auriculotherapy was first brought to Dr. Nogier's attention by burn scars on his patients' ears where a local lay practitioner had provided cauterizing treatment. He found, however, that acupuncture needles were even more effective and far less painful than burning.

Today common forms of auricular treatment include acupuncture needles, focused pressure, lasers, magnets, and electrical stimulation. Electrical stimulation has the advantage of also providing electrical detection of active points for precise treatment.