September 2013

<u>Shinnin' Times</u>

A Publication of the Early Arkansaw Reenactors Association (EARA) Web Page: www.arkansaw.us To subscribe to the EARA listserve, address your e-mail to: Arkansas-subscribe@yahoogroups.com

UPCOMING EVENTS

Annual EARA Picnic and Board Meeting September 7 Cadron Settlement Park

We will meet around 10:00 a.m., and will have hamburgers and Hot Dogs in the early afternoon (after we get the cookers going). Please, bring sides for that main dish. Bring any prospective new member that you have been telling about us. We will have a great day. Hope to see all our members in attendance.

2nd Saturday at Cadron September 14

We have the go-ahead from the City to camp at the Blockhouse this weekend. Members of EARA will be doing a Revolutionary War Battle at 2:00 p.m. on Saturday. If you're not heading to Calico Rock, come on out to the blockhouse and step back in history. Contact Ed Williams for details. There will also be 4 harness overshot weaving if anyone would like to learn. Contact Ree for more information.

Indian Heritage Days Rendezvous September 13 – 15 Calico Rock

Come one, come all to the Indian Heritage Days Voo in Calico Rock at the City Park. There will be a cooking contest, best outfit contest, knife & hawk tournament, storytellers and lots of demonstrations. The Chamber of Commerce is sponsoring the prizes for the contests. Please contact James or Sharon Ross for more details (870-368-2273, cell 870-615-3120, or mountainmanrss@aol.com)

Civil War Event September 14 Scott, AR

On September 14, 2013, from 10:00 a.m. to 3:00 p.m., the Scott Plantation Settlement in Scott, Arkansas will recognize the 150th anniversary of the Civil War Skirmish at Ashley Mills. A historical marker describing the skirmish is located on the Scott Plantation Settlement Property. Activities include free guided tours of the Scott Plantation Settlement; lectures by historian, Paul Fray; Reenactment demonstrations, including field embalming procedures; open house at All Souls Church; tour of Scott Heritage Farm at 2:30 p.m. The Scott Plantation Settlement is located at 15525 Alexander Road, Scott, AR 72142. For more information, call 501-227-7699 or 501-351-5737; email saragipson@aol.com; or visit website: scottconnections.org.

Soggy Bottoms Voo September 20 – 22 Old Washington State Park

Old Washington Soggy Bottoms Voo will be held on Sept. 20-22, 2013. Please, come to camp with us under the shade of the 180 year old Pecan tree next to the Catts-Block House dated 1826. We will have a great event with knife and hawk, and archery demonstrations. There will be good food, good times, and good friends. As always, the Venture Troup will be there. We have a

great event every year. If you have never been, please drive about 1 3/4 hr from LR and join us. It is not that far. The town of Washington is something to be seen with its mid-1800 homes, graveyard, shops, museum's, tours, carriage ride. It is a walk back into time in a Historic Old Town in SW Arkansas on the SW trail. The history of Arkansas is HUGE in this place. Please, come and see the sites. Call Teresa Lafferty/James Thompson at 501-247-6466 or 501-255-5801 for more details. Email nonoseou812@yahoo.com for a flyer.

Two Rivers Bikers (Cowboy) Church September 27-29 Gamaliel, AR

Contact Red Van Scoyoc (870-404-7916; dmvanscoyoc @gmail.com) or Bill (870-405-3503) or greenslade@centurytel.net. We'll have more information next month.

Historic Encampment Mount Magazine State Park September 27-29

Mount Magazine State Park will host Arkansas's highest living history event September 27-29. The Historic Encampment will not be a typical rendezvous. Our goal is to interpret various types of people that could have visited the Mount Magazine area before statehood in 1836. Personas could include markets hunters exploring up from the Arkansas River, fur traders, soldiers from the garrison at Fort Smith, American veterans of the War of 1812, professional naturalists, settlers in the valley, Osage, or Cherokee.

Clothing, camp gear, and firearms must be period and regionally correct. Teepees will not be welcomed. All firearms should be flintlocks.

Squirrel season will be open and our encampment will be within a short drive to some of the finest squirrel woods in Arkansas. Demonstrations will be held for tourist on that Saturday. So, we can hunt in the mornings and clean guns and cook squirrels as demonstrations. No pets will be allowed. However, canine hunting companions and pack animals will be permitted.

The site is very shady. Trekkers will be allowed to camp in adjoining woods. It is a good event for beginning trekkers. There are two permanent hooters on site. There is no tap water in the area. Participants should bring their own water supplies and vessels. Hopefully, a natural spring will be flowing near the encampment. Hot shower are about 1/4th of a mile away. Firewood will be provided by nature. Enjoy beautiful scenery of the Arkansas River valley from nearby bluffs. Early arrival is encouraged for Friday, September 27th.

RSVP. For more information, contact: Don Simmons (Don.simons@arkansas.gov)

The Battle of Baton Rouge 1779 October 5th & 6th , 10 AM until 4 PM Audubon State Historic Site

Step into Louisiana's major battle of the American Revolution. Living History volunteers and groups are needed. Military groups may include Spanish, English, Hessian, Native American, as well as colonial militia. Civilian roles are also needed with period crafts especially welcomed.

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Activities will include but are not limited to: musket and cannon demonstrations, drills, guartermaster, blacksmithing, open hearth cooking, clothing talks, medicine, a special display on the wreck of the ship "El Constante Nuevo", and much, much more.

We provide hay, water, rations, and one meal, along with camping on the grounds of Oakley Plantation started by a veteran of the Battle of Baton Rouge. Preregistration is required. Louisiana State Parks Black Powder rules and regulations will be in effect and provided upon request.

Audubon State Historic Site is a Louisiana park located in the town of St. Francisville, 30 minutes North of Baton Rouge, La. Within St. Francisville can be found modern accommodations, B&B's, and various historic attractions. For more information please contact Audubon State Historic Site in St. Francisville, LA at 1-225-635-3739.

2nd Saturday at Cadron November 9

2nd Saturday at Cadron Settlement Park on Nov. 9 will be a Seminar and hands on Cooking event lead by Dr. Tamara Walkingstick from the UA Division of Agriculture Cooperative Extension Service located on University Ave (north of the main UALR campus). She will be giving a talk on Native Arkansas Plants and Their Uses for Medicine and Foods. She will give us an opportunity to cook some native foods and sample her food and ours. She is a Cherokee and is passionate about the topic. She will keep us in stitches and teach us bunches. She loves questions, too. Please, bring charcoal and braziers to cook with. Bring your cookware and some staple ingredients to use with her food additives. We will have more examples of what foods will be used later. (I know one will be acorn flour.) She is a great speaker and will be very inspirational and informative. Hope all will be able to come and learn.

LEMON BALM CULINARY AND MEDICINAL USES

Lemon balm is a perennial herb in the mint family Lamiaceae, native to southern Europe and the Mediterranean region. It grows to 70-150 cm tall. The leaves have a gentle lemon scent, related to mint.

This easily cultivate herb originated from southern Europe and the Mediterranean. It can be very invasive and may spread vegetatively as well as by seeds. Lemon Balm has many culinary and medicinal uses. It also has a very rich and flavorful history.

Balm got its name from the chief of sweet-smelling oils, Balsam. The lemon part of it is of course derived from the citrus aroma it emits. The Swiss physician and alchemist, Paracelsus, prized this herb for his belief that it could revive a man. It was also well known for it's use as a mild sedative on the nervous system, especially on epileptic patients. It has been referred to as one of the agents in the "Elixir of Life" along with other herbs. It has been reported that a tea made of lemon balm can increase longevity.

Lemon balm is often used in the same way as mint. Used for a sweet taste on roast chicken and other meats, it is also used on salads. Many know lemon balm for its role in various herbal teas, for flavoring ice creams, and in many drinks. It is most often used in conjunction with spearmint and other sweet flavored herbs. When used in teas, if gives a relaxing and calming affect since it is a mild sedative. The teas made from lemon balm are often used to reduce or eliminate migraine headaches, toothaches, and other pains of the mouths. It is also said to aid in relieving stress.

When the leaves are crushed and rubbed on the skin, it's powerful aroma acts as an insect repellent just as citronella (which is one component in its chemical makeup). Used in this fashion it also relieves itching from bug bites. As stated above, this herb has a calming and soothing effect on the central nervous system and is often used in patients with certain nervous disorders.

It is also said that lemon balm can cut down the duration or intensity of cold sore outbreaks. (Side Note: Always check with a doctor or professional when using herbs for medicinal or internal uses.) So with the cold and holiday season approaching, maybe you will find some way to incorporate Lemon Balm into your life.

Lemon balm should be avoided by those on thyroid medication (such as thyroxine) as it is believed that the herb inhibits the absorption of this medicine. From an article on the Internet

FOR SALE

Dave Cutchall has a friend that is selling his Civil War Reenacting equipment. He asked if I would list it here ... even it's not our time period...some of you folks may do both. So here it is....his number is at the bottom of the list.

- Model 1853 .577 cal. 3 Band Enfield. Good condition. \$475
- Bayonet for Model 1853 3 Band Enfield, Plus scabbard \$50
- 4 Button US Army 1858-1865 Sack Coat. Unlined navy blue wool. • \$75
- Cap Box with lambs wool lining as per originals. \$18 .
- Black leather M1855 regulation 1 & 7/8" wide. Waist Belt with
- brass US buckle. \$20 Civil War Period Shirt-Red & white checkered cotton shirt with white cuffs and collar. 4 buttons. Size large. \$25
- Civil War Period shirt-Fireman's style shirt. Gray cotton twill with 10 button bib. Size large. \$30
- Civil War Period shirt-Fireman's style shirt- off white cotton with 6 button bib. Size large \$30
- Civil War Period shirt-white cotton shirt with 4 buttons and large • collar. Size large. \$25
- Shell Jacket; butternut colored CS jacket, lined, with 9 brass CSA • buttons down front, size 44R \$70
- .58 Caliber Cartridge box, black bridle leather, double flaps, and implement pocket like originals. Tins are included. This is a standard civil war issue box. \$35
- Civil War Period US Officers 9 button wool vest. Navy blue. 9 brass eagle buttons. Size large. \$50
- White canvas "A" frame tent, 9' x 6', with flaps on one end. Good condition. \$125
- Two white canvas shelter or "dog tent" halves. Can be buttoned together to form tent. \$75 for both or \$40 each.
- Tarred Haversack; made of heavy drill cloth and treated with black weatherproofing. Has inner bag liner. Outside leather strap and buckle closure. Used by Union troops in Civil War. \$15
- Sky blue Civil War period wool infantry trousers with button fly and suspender buttons. Size 32-34 waist x 34 inseam. New. Never worn. \$50
- Sky blue Civil War period wool infantry trousers. Has several patches, a little worn. 32-34 x 30 inseam. \$10 2 pair of suspenders for Civil War period infantry trousers. White
- cotton canvas. \$15
- Civil War period rubber coated canvas poncho with brass grommets around edges. Good condition. \$50
- Civil War period Union forage cap- made with navy blue wool. \$25
- Confederate artillery bummer; red wool top and crown, and dark blue wool band. Leather sweatband and leather brim, with brass artillery crossed cannons insignia on top. \$35
- Gray wool blanket. \$15
- Civil War period tin canteen covered with navy blue wool. \$20
- Hardee's Rifle & Light Infantry Tactics Pocket Book. \$7

Call Steve Gray (903-733-7266)

CALENDAR OF EVENTS

If you know of any events that are not on our calendar of Upcoming Events, please send them to Renee at *bubbamoore1208@ gmail.com.*

SEPTEMBER 2013

7 – Annual EARA Picnic and Board Meeting.

- 14 2nd Saturday at Cadron. Tactical demonstration; contact Ed Williams for details. 4 harness overshot weaving. Contact Ree for details.
- **13–15 Indian Heritage Days Rendezvous**, Calico Rock, AR. (Contact James and Sharon Ross (870-368-2273, cell 870-615-3120, or *mountainmanrss@aol.com*)

20-22 - Old Washington Soggy Bottoms

21 – Celebrating the Outdoors, Felsenthal Wild Life Refuge, Old Beer Joint Access, under the River Bridge, Crossett Harbor, 10 AM – 3 PM. Contact Amanda Wilkerson (879-364-3168) or Ed Williams (501-944-0736 or e-mail ed_laurine@juno.com) for more details

27-29 – Two Rivers Bikers (Cowboy) Church, Gamaliel, AR

27-29 – Historic Encampment, Mount Magazine State Park

OCTOBER 2013

- **5–6 The Battle of Baton Rouge 1779.** Contact Daniel P. Wilcox at Audubon State Historic Site (225-635-3739 or *Audubon_int3@crt.la.gov*) or William Hardage (*britishofficer @yahoo.com*) for more information.
- 8–12 2nd Annual Leslie Rendezvous, Leslie AR early setup 8th-10th. **Please Note: We will be having a Ladies Tea. More info to come.**

11–12 – Cadron Days

- 12 2nd Saturday at Cadron. Undetermined event at this time
- 18–19 Ouachita River Celebration, Union Parish, Bayou D'Arbonne Lake State Park, Farmerville, LA. Contacts: Stephanie Herrman (318-368-9288/9226, (*sherrman@state.lib.la.us*) or Ed Williams (501-944-0736, *ed_laurine@juno.com*) for more details
 18–20 Hardy Voo, Hardy, AR

NOVEMBER 2013

2 – Voo at Natchez, MS

- 9 2nd Saturday at Cadron. Dr. Tamara Walkingstick, Native Arkansas Plants and Their Uses for Medicine and Foods
- 9 Candlelight Gala @ HAMM. Contact HAMM for more details 11/28-12/01 – Petit Jean Voo, Petit Jean State Park

DECEMBER 2013

- 8 HAMM Christmas
- 13–15 Fort St. Jean Baptist, 300th Anniversary of the Founding of Natchitoches, LA. Contact: Rhonda Gauthier (888-677-7853)
 14 2nd Saturday at Cadron. Undetermined event at this time
- **26–29 Keelboat Float Trip on the Ouachita River**, Nix Ferry to Camden (40 miles). Contact Ed (501-944-0736 or e-mail ed_laurine@juno.com)

EARA INFORMATION

Newsletter Notice

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For calendar and/or event schedule changes, newsletter articles, or correction notifications, please contact Shinnin' Times Editor at *rmoore@wlj.com* <u>or</u> *bubbamoore1208@gmail.com*.

"Pepper" is the password to access the online edition of the EARA Newsletter, via the EARA website.

EARA OFFICERS AND BOARD:

Officers:

<u>President</u> – Glenn Cook – gc1760@yahoo.com <u>Vice President</u> – Ree Walker – tomandree@yahoo.com <u>Secretary</u> – Teresa Lafferty – misshattie1234@gmail.com Treasurer – Michael Bethea – michaelbethea@msn.com

Directors:

Neil Curry, Steve Dunlap, Larry Layne, Dave Lefler, Tom Reedy, James Thompson, Larry Thompson, and Lynita Langley-Ware.

EARA Committees & Chairs:

Education-Julia Bethea (501 231-9730)

<u>Newsletter Editor</u>–Renee Moore rmoore@wlj.com or bubbamoore1208@gmail.com

<u>Events</u> – Teresa Lafferty – *misshattie*1234@gmail.com <u>Keelboat</u> – Ed Williams

EARA WEBSITE

Dave Cutchall - skilletdancer@yahoo.com

Liability Insurance

To be covered you need to sign the book or if not available, a sheet of paper needs to be signed and sent to Glenn Cook. All volunteer events are covered, whether in the state or not. If in doubt always sign a sheet and send it to EARA President, c/o Glenn Cook, 331 Mark Lynn Cir., Cabot, AR 72023

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Wye Mountain Trading Company

Hand-crafted powder horns, woven straps, and leather goods (including pouches)

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