



## Know Before You Go

This document will be updated as the things evolve. Check for updated info as the WITW 2018 Summer International Meeting gets closer! <http://www.witw-chinookoutriders.com/2018-summer-internationals>

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## Welcome to Calgary Alberta (AB) Canada!!

If you would like to find out more information on the area, check out this link:

<https://www.travelalberta.com/ca/plan-your-trip/vacation-guides/>

The Deerfoot Inn & Casino where we will be meeting up is pretty easy to find, as it is just off Deerfoot Trail when you exit on Barlow Trail in southeast Calgary.



## Saturday Night Banquet Theme

The theme for the Saturday night banquet at the 2018 Summer International Meeting in Calgary is Cowgirl Up!! If you want to pick up a little something Western to get in the swing of things, there are some shopping districts near Deerfoot Inn & Casino.

South Trail Shopping district:  
4307 - 130 Ave SE, Calgary

Deerfoot Meadows shopping district:  
8180 - 11 St SE, Calgary

**Tax** on most purchases is 5% GST (Goods & Services Tax) in Alberta. Other provinces will also have 5% GST and in addition will have a provincial sales tax.

## Border Information

### **BE SURE TO BRING YOUR PASSPORT!!**

For general information see the Visiting Canada link here:

<https://www.cbsa-asfc.gc.ca/noncan-eng.html>

### **Border Crossings**

You can find information on all US/Canada border crossings here:

<http://www.ezbordercrossing.com/list-of-border-crossings/>

Border crossings closest to Calgary are:

**From Montana Hwy 17** - you will enter at Chief Mountain border crossing into beautiful Waterton National Park south of Calgary.

Border hours are 7:00 am to 10:00 pm.

**From Montana Interstate Hwy 15** - you will enter at Coutts border crossing South East of Calgary.

Border hours are 24 hours/7 days a week.

**From Montana Hwy 89** - you will enter at Carway border crossing South of Calgary.

Border hours are 7:00 am to 11:00 pm.

**From Idaho Hwy 95** - you will enter at Eastport/Kingsgate border crossing and can enjoy a scenic drive through British Columbia on Hwy 3 towards Calgary.

Border hours are 24 hours/7 days a week.

## Conversions – Metric to Standard/Imperial

### **Canada is on the Metric System.**

Mileage (Kilometers = km):

1 km = 0.6 miles, and 1 mile = 1.6 km

110 km/hr = about 65 mph

100 km/hr = 60 mph

80 km/hr = 50 mph

70 km/hr = 45 mph

50 km/hr = 30 mph

All playground and school zones in Calgary are considered playground zones, and there is a 30 km/hr speed limit (20 mph) from 7:30 am to 9 pm, every day, year-round.

**Temperature:** (Canada is in degrees Celsius)  
Celsius to Fahrenheit: double it and add 32  
Fahrenheit to Celsius: subtract 32, and divide by 2  
0 C = 32 F water freezes  
100 C = 212 F water boils  
20 C is “room temperature”  
30 C it’s getting hot out! About 92 F

**Weight/Mass:** 1 kilogram (kg) = 2.2 pounds

## Currency

We no longer use pennies; your cash total will be rounded up or down to the nearest 5 or 10 cents. Card transactions are processed at the exact amount.

American coins can be used in Canada, and are treated as par.

Our gold \$1 coin is called a **loonie**, from the picture of a loon on one side.  
Our gold/silver \$2 coin is called a **toonie**, combining two + loonie.

## Legal (Guns, DUI, Marijuana)

### Driver’s Licence

Your U.S. driver’s licence is valid in Canada.

### Helmet Law

Motorcycle helmets are required by law across Canada.

### Marijuana

Please check the Government of Canada website for information on legalization.

<https://www.canada.ca/en/services/policing/justice/legalization-regulation-marijuana.html>

DO NOT attempt to bring any product across the border.

Be sure to check current regulations for any other concerns before travelling across the border.

### Guns

Check out regulations at the Border Crossing you intend to use to enter Canada regarding bringing firearms into the country. Generally speaking, guns are not permitted. As long as you don’t feed the bears, you shouldn’t need one here.

<http://www.ezbordercrossing.com/the-inspection-experience/transporting-firearms/bringing-a-firearm-into-canada/>

### DUI Conviction

Entering Canada if you have a DUI conviction in the US:

Anyone with this issue needs to apply for a Temporary Resident Permit before coming to Canada. They may also have the option of applying for a waiver if the offence was over 5 years ago.

Additional DUI information can be found here:

[https://help.cbp.gov/app/answers/detail/a\\_id/402/~entering-the-u.s.-and-canada-with-dui-offenses](https://help.cbp.gov/app/answers/detail/a_id/402/~entering-the-u.s.-and-canada-with-dui-offenses)

## Elevation: Prepare to Get High!!

Elevation in Calgary is 3429 ft (1,045 m) above sea level and some travellers may be affected. Altitude sickness may feel like a hangover, so drink lots of water and it should pass in a day or two.

More info on altitude sickness:

<https://myhealth.alberta.ca/Health/pages/conditions.aspx?hwid=ug3357>

## Walk-In Clinics/Hospitals

**FOR EMERGENCIES, CALL 911** in Canada.

You will want to purchase travel medical insurance prior to your visit to Canada, in order to be covered if medical care is required.

### Closest Walk-In Clinics

The Doctors Office

4701B - 130 Avenue SE Calgary

<https://mcithedoctorsoffice.ca/locations/130th-deerfoot>

South Trail Medicentre

4307 - 130 Ave SE #82, Calgary

<https://www.medicentres.com>

Douglas Square Medical Centre

11520 - 24 St SE Calgary

<https://www.spcn.ca/clinics/douglas-square-medical>

### The four main hospitals in Calgary:

Note that wait times in Emergency are usually long, so a walk-in clinic may be preferable.

South Health Campus (SE) **\*This one is closest to Deerfoot Inn & Casino**

4448 Front St SE, Calgary

Foothills Medical Centre (NW)

1403 - 29 Street NW, Calgary

Rockyview General Hospital (SW)

7007 - 14 St SW, Calgary

Peter Lougheed Centre (NE)

3500 26 Ave NE, Calgary

## Campgrounds

Here are some campgrounds in the Calgary area.

Deerfoot Inn & Casino is in South Calgary.

[Deerfoot Inn on Calgary Map](#)

### To the SOUTH:

Riverbend Campground - <http://riverbendcampground.ca>

Distance: 18 minutes to Deerfoot Inn & Casino, 19 miles or 30.8 km

### To the EAST:

Mountainview Campground - <http://calgarycamping.com/> located just to the east of Calgary.

Distance: 18 minutes to Deerfoot Inn & Casino, 14 miles or 22.6 km

**To the WEST:** *These locations are on the opposite side of the city from the Deerfoot Inn. Summer construction may make these more challenging locations to get to during Summer Internationals.*

Calgary West Campground - <http://www.calgarycampground.com> west entrance to Calgary off Hwy 1.

Distance: 30 minutes to Deerfoot Inn & Casino, 20.3 miles or 32.7 km

Calaway Park Campground - <http://www.calawaypark.com/campground> west entrance to Calgary on Hwy 1. May be more family oriented due to amusement park proximity.

Distance: 35 minutes to Deerfoot Inn & Casino, 25 miles or 39.4 km

### To the NORTH:

Balzac Campground RV Park - <http://balzaccampground.com/>

Distance: 25 minutes to Deerfoot Inn & Casino, 24 miles or 37.8 km

## Restaurants

### **Breakfast in the Deerfoot Inn & Casino:**

Mojave Grill: This choice is onsite, but more expensive.

Deerfoot Casino: This affordable breakfast option is in the Deerfoot Casino, however it does not open until 9:30am.

### **Breakfast right across the road from Deerfoot Inn & Casino:**

Denny's Restaurant at the Flying J Truck Stop - 11511 40 St SE, Calgary

### **Other Coffee/Breakfast/Meal Options:**

Click the link or view the options listed below:

[Map of Breakfast and Lunch Options](#)

**Other Coffee/Breakfast/Dinner Locations:**

Douglas Square at 11566 24 St SE, Calgary has the following:

McDonalds	Starbucks Coffee
Ricky's Restaurant (Breakfast all day!)	Subway Sandwiches
Tim Horton's Coffee (just up 24 <sup>th</sup> St)	Bull and Finch Pub
And more....	

South Trail Crossing at 4307 130 Ave SE, has the following:

Note: for those of you who like to vape, there is also Calgary VAPE here!

Bento Sushi	Starbucks Coffee
Ricky's Restaurant (Breakfast all day!)	Subway Sandwiches
Tim Horton's Coffee	Woody's Taphouse Pub
Co-Op Grocery Store	Cora Restaurant (Breakfast)

## About Canada

Canada will be **151 years old** in 2018, as we just celebrated the big 150!!

We have **10 provinces and 3 territories**.

Our **Canadian capital city is Ottawa**, in Ontario.

The **capital of Alberta is Edmonton**, host city of the Canadian National Rally to be held the weekend following the 2018 International Rally. Edmonton is about 3 hours north of Calgary, by direct route. Or there is a stunning ride on the Icefields Parkway from Lake Louise to Jasper, which is longer but certainly worth the ride!

Canadian indigenous peoples are known as our **First Nations Peoples**. Indians are from India.