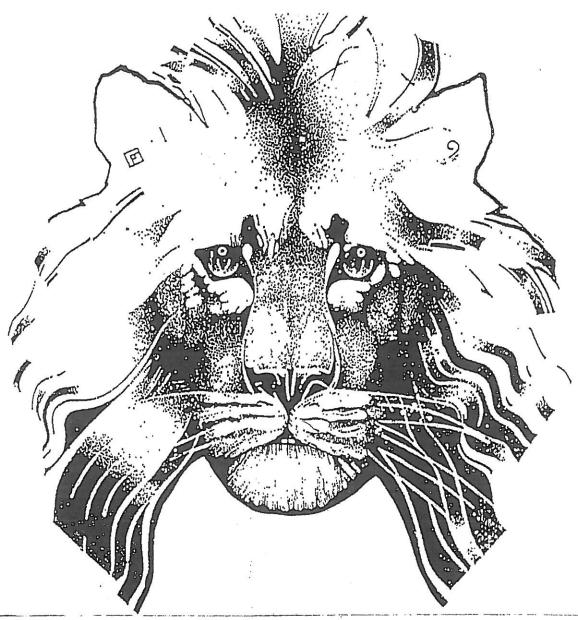
# Project: Right To Sight, Inc.



TRAINING MANUAL

Matching Prescriptions to Recycled Eyeglasses Stock **DISTRICT 35-0 LIONS** 

# Project: Right To Sight, Inc.

516 BIANCA COURT • ALTAMONTE SPRINGS, FLORIDA 32701

Susan J. Hudoba-Lewis

(407) 331-6256

DIOPTER

"Diopter" is a unit of measuring the prescription of a lens. (Power of the lens in eyeglasses, lens in the eye, power of a contact lens, power of an intraocular lens implant, etc.)

Indicates the refractive power of a lens - to what extent a lens will bend light rays.

Eyeglasses - the dioptric power is indicated in "quarter diopter" (0.25) steps.

EXAMPLE: 0.25 0.50 0.75 1.00 1.25

1.50 1.75 2.00 2.25 2.50 etc.

SPHERE

The first number indicated in an eyeglass prescription.

Example:

Some prescriptions will have only a sphere power indicated.

Indicates that the comea of the patient's eye is round like the surface of a baseball.

**PLANO** 

Means the same as zero

0.00 Sphere

**CYLINDER** The second number indicated in the eyeglass prescription.

The cylinder can be written in "PLUS" or "MINUS" Cylinder Form.

All of the eyeglasses in PRTS stock should be written in Minus Cylinder. Example:

Note: If the prescription that you are filling is written in Plus Cylinder, it must be transposed into Minus Cylinder. To make this correction contact: Lion Susan Lewis (407) 331-6256 or Ron Christopher (407) 234-4456

CYLINDER (continued)

(continued) Indicates that the patient has "Astigmatism"....this means that the surface of the patient's cornea is more elliptical like the surface of a football. One meridian of the cornea is steeper than the meridian that is 90 degrees away. The refractive power of the lens required to correct this patient's vision will be a different power in ech of these principal meridians.

AXIS

Third number indicated in the prescription. **Example**:

The axis indicates where the cylinder power must be ground onto the lens to accurately correct the patient's astigmatism.

ADD

Indicates the power of the reading segment or bifocal in the lens. Example:

NEARSIGHTED (MYOPIA)

Indicated by a MINUS S(GN (-)

Written on the prescription before the Sphere Power

Example:

-1.00 Sphere

FARSIGHTED (HYPEROPIA)

Indicated by PLUS SIGN (+)

Written on the prescription before the Sphere Power

Example:

+2.25 Sphere

### RULES FOR PULLING PRESCRIPTIONS

#### SPHERE

Search in box with exact Sphere Power first.

(Remember: The eyeglasses are catalogued in the boxes according to the Shere Power of the Right Lens.)

When Right Lens is correct, then check that Left Lens also matchers prescription requested.

### When an exact match cannot be found:

Try to stay within  $\pm 0.50$  of the requested prescription.

Example: Prescription = R + 1.00 (Sphere)

Glasses with sphere between +0.50 thru +1.50

could be pulled.

#### CYLINDER

### When an exact match cannot be found:

Try to stay within  $\pm 0.50$  of the requested prescription.

Example: Prescription = R + 1.00 - 1.00

Glasses with a cylinder power from -0.50 thru - 1.50

could be pulled.

If cylinder power requested is -0.75 or less - the **Spherical Equivalent** could be pulled instead.

Example: Prescription = +1.00 - 0.50

Add one half of the Cylinger power (-0.25) to the

Sphere (+1.00) +1.00 (Sphere) -0.50 (Cylinder)

+0.50 SPERICAL EQUIVALENT

### RULES FOR PULLING PRESCRIPTIONS

#### AXIS

The number of degrees of variance that are acceptable from the prescription depends on the power of the cylinder.

### Cylinder Power Axis Variance

-1.00 or less  $\pm 15$  degrees -1.25 thru -2.50  $\pm 10$  degrees -2.75 or greater  $\pm 5$  degrees

Example: Prescription =  $R + 1.00 - 1.00 \times 90$ 

Glasses with a Cylinder Power of -1.00 and an axis between 75 thru 105 degrees could be pulled.

#### BIFOCAL

### When an exact match cannot be found:

A bifocal add +0.25 or +0.50 stronger power could be pulled.

Example: Prescription = +1.00-1.00 X 90 Add +1.50
Glasses with a bifocal add of +1.75 or +2.00 could be pulled.

#### READING GLASSES ONLY

If the Distance Prescription requested is a Sphere of  $\pm 0.75$  or any of the powers between (-0.75, -0.50, -0.25, Plano, +0.25,  $\pm 0.50$ ,  $\pm 0.75$ ) and

there is no cylinder power or the cylinder power is -0.25 or -0.50

The bifocal power could be added to the Sphere power and glasses for Reading Only given to the patient.

Example: Prescription =  $\pm 0.50 - 0.50 \times 100$  Add  $\pm 2.00$ 

+2.00 (Bifocal Add) +0.50 (Sphere Power) +2.50 Sphere - Reading Glasses Only

## **RULES FOR PULLING PRESCRIPTIONS**

#### PUPILLARY DISTANCE (PD)

Indicates the measurement in millimeters from the center of the cornea of one eye to the center of the cornea of the other eye.

#### Distance PD and Near PD

Measured both while the patient is looking in the distance and when looking at an object held at reading distance.

#### When an exact match cannot be found:

| Sphere Power               | Pupillary Distance |
|----------------------------|--------------------|
| Plano Sphere thru ±1.50    | <u>+</u> 5mm       |
| $\pm 1.75$ thru $\pm 3.00$ | $\pm$ 3mm          |
| $\pm 3.25$ or greater      | $\pm 2mm$          |

Example: Prescription = R +2.00 - 0.50 X 145 L +1.75 - 0.75 X 90

> **PD (Distance)** = 66 PD (Near) = 63

The PD noted on the eyeglass label will be Distance Measurement. Since the Sphere is +2.00 and +1.50, try to find a PD (Distance) that falls between 63mm thru 60mm.



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## INSTRUCTION FOR SORTING RECYCLED EYEGLASSES

# AFTER EYEGLASSES HAVE BEEN LABELED WITH THE PRESCRIPTION

The eyeglasses will be sorted into four main groups according to the prescription on the Right Lens:

Plus Power Single Vision - The first number of the Right Lens has a "+" sign in front of it and there is no bifocal in the lens.

Plus Power with a Bifocal - The first number of the Right Lens has a "+" sign in front of it and there is a bifocal in the lens.

Minus Power Single Vision - The first number of the Right Lens has a "-" sign in front of it and there is no bifocal in the lens.

Minus Power with a Bifocal - The first number of the Right Lens has a "-" sign in front of it and there is a bifocal in the lens.

Next the glasses will be grouped in the above mentioned four sections by the first number of the Right Lens in 0.25 increments.

Examples of Prescriptions on Right Lens - All of the eyeglasses listed below would be grouped together:

Glasses #1: +0.25 -1.00 X 85 Glasses #2 +0.25 -0.50 X 125

Glasses #3 +0.25 Sphere

The next section within this group of eyeglasses would have +0.50 as the first number on the Right Lens.



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The next section within this group of eyeglasses would have +0.75 as the first number on the Right Lens.

The next section within this group of eyeglasses would have +1.00 as the first number on the Right Lens......followed by +1.25, +1.50, +1.75, +2.00, +2.25......etc.

When the first number on the right lens is 6.00 or greater there will not be very many of these eyeglasses. So all of the eyeglasses with a first number on the right lens of 6.00, 6.25, 6.50 and 6.75 would be placed into one sleeve/box. All of the eyeglasses with a first number on the right lens of 7.00, 7.25, 7.50 and 7.75 would be placed into one. All of the eyeglasses with a first number of 8.00, 8.25, 8.50 and 8.75 would be placed into one box.......etc.

Any questions regarding this sorting process can be directed to Lion Susan Lewis at (407)331-6256.

Thank you for your time and effort in preparing eyeglasses for this very important Sight Project.



# Project: Right To Sight, Inc. (407) 296-2751 or (407) 331-6256

REFERRAL FORM

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# Projects Right To Sight, Inc. (407) 296-2751 or (407) 331-6256

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# (407) 296-2751 or (407) 331-6256 REFERRAL FORM

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# Projecte Right To Sight, Inc. (407) 296-2751 Or (407) 331-6256

REFERRAL FORM

|   |   |  |   |  | DATE OF   | REFER                                    | RAL:  |                     |             |
|---|---|--|---|--|---|--|---|---------------------|-------------|
| PATIENT N   | AME:  | EXM  | 1PN # 4   |  |   |  | AGE   |                     |             |
| ADDRESS:  | Lasi  |  | Plist   |  |   | мі                                       |   |                     |             |
| CITY:   |   | · · · · · · · · · · · · · · · · · · ·  |   | ST   | ATE   |  | ZIP   |                     | <del></del> |
| relephon  | IE( )   |  |   |  |   | _  |   |                     |             |
| -   | gage <del>ara, gant hill shamet, b</del> e  | l  | ENS/FRAM  | MES SP   | ECIFIC  | ATION                                    | IS  |                     |             |
| f avallable)  | VA cc OD 2<br>OS 2  | 0/ <b>2</b> 0<br>0/ <b>2</b> 00  |   |  |   |  |   |                     |             |
| Rx  | -   | SPHERE   | CYLINDER  | AXIS   | ADD   | 1  |   |                     |             |
| TIA.  | OD  | +1,50  | -0,50   | 90   |   |  | SINGLE VISION DIS   | TANCE               |             |
|   | os  | +4,60  | -1,00   | 95   |   |  | SINGLE VISION NE  | AR                  |             |
| Estimated I   | Eye Bridge  | (95)   | e) 🔀 narrow<br>narrow 🗆 av                                      |  |   | broad                                    | 20 (100000 <del>-</del> 10  | Distance)<br>Near)5 |             |
|   |   | REF  | ERRING E  | YE CAP   | E PRO   | FESSI                                    | ONAL  |                     |             |
| NAME (Ple   | ease Print)   |  |   | 5.00 III II  |   |  |   |                     |             |
|   |   |  |   |  |   |  |   |                     |             |
|   |   |  |   |  |   |  | _TELEPHONE (  | )                   |             |
| DOCTOR  | SIGNATU   | RE   | ~   |  |   |  |   |                     |             |
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| PATIENT SIG   | NATURE  |  |   |  |   |  | DATE  |                     |             |
|   |   |  | <b>1 and copy 2)</b><br>Lion<br><b>Proje</b> d                  | to:<br>Susan Hu<br>ct: Right<br>516 Bland  | idoba-Lew   | is<br><b>, Inc.</b>                      | DATE  |                     |             |
|   |   |  |   |  | USE O   |  |   |                     |             |
| Date Referra  | al Received _   |  |   | Dat  | e Glasses N   | faired                                   |   |                     |             |
| Additional C  | Comments:   |  |   |  |   |  |   | Yes 🗆               |             |



# (407) 296-2751 or (407) 331-6256 REFERRAL FORM

|   |  |  |  | DATE OF REF  | ERRAL:   |
|---|--|--|--|--|--|
| PATIENT N   | AME:   | Ex   | AMPLE  | #5   | AGESEX   |
| ADDRESS:  | 45504  |  | ruat   |  |  |
| CITY:   |  |  |  | STATE  | ZIP  |
| ELEPHON   | IE( )  |  |  |  |  |
| if available)   | VA cc OD 20<br>OS 20   | 1020   | LENS/FRAI  | MES SPECIFICATI  | ONS  |
| Rx  | OD   |  | CYLINDER SPH -   | AXIS ADD   | SINGLE VISION DISTANCE SINGLE VISION NEAR  |
|   | OS   | -0,25  |  | 11.50  | PD(Distance) 54 m  |
| Estimated E   | Eye Bridge S   | mn<br>Size (check on<br>eck one)   | e) Knarrow   | □ average □ broad<br>verage □ broad  | DD (Noor) +2 mm  |
|   |  | RE   | ERRING E   | YE CARE PROFES   | SSIONAL  |
| NAME (Pie   | ease Print)  |  |  |  |  |
| ADDRESS   |  |  |  |  |  |
| CITY  |  |  | STATE  | ZIP  | TELEPHONE( )   |
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| DOCTOR  | SIGNATU  |  |  |  |  |
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WHITE - DISTRICT 350 LIONS • YELLOW - DISTRICT 350 LIONS • PINK - REFERRING EYE CARE PROFESSIONAL



# 407) 296-2751 or (407) 331-6256 REFERRAL FORM

| ATIENT NA  | ME:  | EX   | AMPLE T  | #6   | )  | AGE  | SEX  |
|--|--|--|--|--|--|--|--|
| DDRESS:  |  |  | 7 700  |  |  |  |  |
| CITY:  |  |  |  | S  | TATE   |  | ZIP  |
| ELEPHON  | E( )_  |  |  |  |  | i  |  |
| <del></del>  |  | L  | ENS/FRAI   | MES SF   | ECIFICAT   | IONS   |  |
| f available)   | VA cc OD 2<br>OS 20  | 01 25<br>01 20   |  |  |  |  |  |
| Rx   |  | SPHERE   | CYLINDER   | AXIS   | ADD  | 1  |  |
| n.   | CD   | +4,00  | -0,75  | 80   | 12,00  | SINGLE VISIO   | ON DISTANCE  |
|  | OS   |  | -0.75  | 1  |  | SINGLE VISIO   |  |
|  |  |  |  | 10   | 101,00   |  | PD(Distance) 73  |
|  |  | mm<br>Size (check one  | e) 🗆 narrow  | □ ave  | rane X broa  | ıd   | PD (Near) 70 mr  |
|  |  |  | narrow $\square$ av  |  |  |  |  |
|  |  | REF  | ERRING E   | YE CAI   | REPROFE  | SSIONAL  |  |
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# 3/24/03

# TRANSPOSE PLUS CYLINDER INTO MINUS CYLINDER

CHANGO/TRANSPOSE + CYLINDER INTO - CYLINDER

SUBTRACT OR ADD MINUS CYLINDER TO SPHERE, 12 OF VALUE. MINUS TO MINUS ADD Y2 VALUE CYL MINUS TO PLUS SUBTRACT Y2 VALUE CYL

91 TO 180 SUBTRACT 90 IF AXIS 15 IF AKLS 13 1 To 90 ADD 90

BRAMPLBS\_ SPH CYL AR15 ORIGINAL RX - + 1.00 + 1.00 180 CONVERT -,50 - 1,00 NOW RX +.50 -1.00 45 ORIGINALRY - 2,00 +1,00 CONVERT - ,50 (-1,00) 135 NOW RX -250 -1,00