OFFICE HOURS Opening Postponed Pending Safer Conditions asi@activeseniorsinc.org 831-424-5066



ACTIVE SENIORS INC. 100 Harvest Street Salinas CA 93901-3211 www.activeseniorsinc.org Like us on Facebook

# Weekly Newsletter - August 2020 Issue 2

### **Rightfully Hers Pop-Up Exhibit Plus** Jisella Duarte, Librarian, Salinas Public Library

Starting August 18th, the Salinas Public Library will host a new pop-up exhibit from the National Archives, Rightfully Hers, commemorating the 100th anniversary of the ratification of the 19th Amendment. Rightfully Hers contains simple messages exploring the history of the ratification of the 19th amendment, women's voting rights before and after the 19th, and its impact today.

Although it is not available for public viewing, we hope you'll enjoy it virtually via this online video: <u>https://youtu.be/gT7fdx7GwoU</u>

We've also curated a list of online resources for you to continue to explore and learn more about the women's suffrage movement:

#### Salinas Public Library Catalog:

<u>https://catalog.salinaspubliclibrary.org</u> Sign Up for a Free eCard: <u>https://catalog.salinas</u> publiclibrary.org/cgi-bin/koha/opac-memberentry.pl

**Rightfully Hers: American Women and the Vote Online Exhibit** by the National Archives Museum <u>https://museum.archives.gov/rightfully-hers</u>

In celebration of the 100th anniversary of the 19th Amendment, Rightfully Hers: American Women and the Vote highlights the relentless struggle of diverse activists throughout U.S. history to secure voting rights for all American women.

*Women's Suffrage Month* by the Women's Suffrage Centennial Commission <u>https://www.womensvote100.org</u>

To commemorate and celebrate the nation wide celebration of the 100th anniversary of the 19th Amendment and to educate the American people about the efforts and undertakings of the women's suffrage movement in the United States in a nonpartisan fashion.

# ASI to Open as Polling Place Volunteer Poll Workers Much Needed

ASI Board President Dwight Freedman recently initiated the idea of offering the ASI facility as a polling place—something it has done for decades--after the Board sometime back voted to inform the County Elections Department the building would not be available as a result of the pandemic. The following excerpts from an email conversation, slightly edited, demonstrate the desire, the issues, the feasibility, the solutions and the positive consensus regarding the use and staffing of ASI for the election.

**Dwight Begins:** Hello Board Members: Today, I had a conversation with Bob McGregor and we were talking about voting. The question came up, "Why can't we use our facility for Voting?" We as a Board have made significant progress at creating the safety rules for our Activities, so now I'm thinking how those same rules can apply to the Voting process. We have a standard to limit the number of people voting at one time and keeping people at least six feet apart. We have hand sanitizer, gloves for our volunteers and temperature monitors. I would like to get your opinion. Do you think we should open our facility for voting if we can find enough volunteers?

**Bob McGregor replies:** As a non-profit organization that is exempt from property taxes and enjoys other tax breaks because of our 501(c)(3) status, I think we have somewhat of an obligation to make our building available for something as important as an election. Call it patriotism if you want, but I don't feel right revoking the availability of our facility just because of the COVIC-19 virus. If we don't have enough volunteers to staff the election, I'm sure if the County needs the space for a precinct they will provide the necessary personnel. We can still have someone in the building to monitor our interests. If I were not already an inspector for another precinct,

(continued at bottom of P. 2)

(Poll Workers Needed continued on P. 2)

#### (Poll Workers Needed, continued from P. 1)

I would offer to be the inspector and recruit volunteers. If we decide to make our facility available (and I hope we do) I hope someone will step up and take the responsibility. *(Ed. Note: Bob has long-term experience as an Election Inspector for a precinct located at St. Ansgar's Church.)* 

**Dwight replies:** Based on your responses we will proceed with the process of making ASI a Polling place. Bob can you please head up the process and contact the county. George can you please note in the next newsletter that we have decided to proceed with ASI being a Polling place and will need volunteers. Please let me know of any additional tasks that need to be done.

**Bob gets answers from the Elections Dept.:** The department provides PPE and shields. They will also pay for a cleaning before and after the election. We can get someone to do it and they will pay for it. All those details can be worked out. I think we can get enough volunteers so we can make it a fundraiser, but even if we can't I feel we have an obligation as a tax-exempt organization to offer our facility. We shouldn't be in it just for the money, but consider it an act of patriotism.

I just talked to Mary Helen at the elections department and she was ecstatic! Guess they are desperate for polling places. Dwight and George, you can put out the call for volunteers. We will need at least 12 people. I can't remember how many get paid but it should be made clear the pay will be turned over to ASI. It is a fundraiser.

I'm sure there are other questions, but let's move forward and get the details worked out. Dwight, I will head up the organization but I am obligated to be the inspector where I have served many years in the past. So I won't be present on election day.

**George Niesen adds to the conversation in this newsletter:** I volunteered and almost immediately got drafted by Bob McGregor to be the precinct inspector. Several Board Members have also volunteered. **Now it's up to you, our loyal ASI Members, to volunteer to help make our election process work**. If you would be available on Nov. 3 for a four-hour shift and for a brief training session beforehand (numerous times and dates available), then *please, please, consider helping ASI as well as the nation with the process of voting*. (Note: Poll workers get paid but we donate our checks to ASI, making it a fundraiser for the organization. We thank you for understanding that. Please see above.) As Bob essentially said above, it's the right thing to do. Thank you.

#### Rightfully Hers Pop-Up Plus Other Women's History Resources (continued from P. 1)

# *Shall Not Be Denied: Women Fight for the Vote Online Exhibit* by the Library of Congress <a href="https://www.loc.gov/exhibitions/women-fight-for-the-vote/about-this-exhibition/">https://www.loc.gov/exhibitions/women-fight-for-the-vote/about-this-exhibition/</a>

The campaign for women's voting rights questioned the country's commitment to democracy, exposed the nation's longstanding class, regional, and racial divides, and challenged existing gender stereotypes. Although few of the women who began the suffrage campaign before the Civil War lived long enough to witness its final victory in August 1920, their work was carried on by their daughters, granddaughters, and other women whom they had inspired, nurtured, and taught. Their collective story is one of courage, perseverance, savvy, creativity, and hope that continues to inspire women today. #ShallNotBeDenied

#### Because of HerStory by the Smithsonian: https://womenshistory.si.edu

In America's most defining moments—times that shaped constitutional rights, yielded scientific breakthroughs, created the symbols of our nation—a diversity of women's stories has not been widely told. To create a more equitable and just American society, the Smithsonian American Women's History Initiative (AWHI) will create, educate, disseminate, and amplify the historical record of the accomplishments of American women. #BecauseOfHerStory

I may be wrong, but I doubt it.



Never laugh at Your wife's choices Your area of the

#### Osher Lifelong Learning Institute • California State University, Monterey Bay, Fall Catalog

The following information is from the OLLI course catalog for Fall 2020. For additional information please visit the OLLI website, <u>https://olli.csumb.edu/courses/index.html</u>, (this is the page with the course catalog links) or directly download the catalog, <u>https://csumbeeip.com/Olli/Fall2020/Fall2020.pdf</u>. The catalog includes course descriptions, along with other basic information.

OLLI@CSUMB is a membership-based, self-supporting program. Your Membership supports OLLI's success and sustainability, makes our dynamic programming possible and helps to create an engaged lifelong learning community.

#### Fall Plum – \$105 (non-refundable)

A \$105 payment includes Membership and 3 Fall courses. You may enroll in additional courses at the listed fees. Fall Mini-Plum – \$20 (cannot be upgraded to Fall Plum)

Pay \$20 to become a member. Next, select individual offerings that interest you at the fees noted in the catalog. Fall Memberships are valid through December 2020.

#### Memberships include:

- Access to OLLI courses and special events
- Free admission to as many OLLI Distinguished Lectures and Member Perk Lectures as you wish to attend
- Advance notice of new courses and offerings

#### All Welcome

Membership is not required for offerings labeled "Free - All Welcome."

#### How to Register—Registration begins Aug. 20 at 10:00 am

- 1. Online at csumb.edu/OLLI (Strongly recommended –your best chance at securing space in your favorite course.)
- Email a scanned or photographed copy of your completed Registration Form (copy it from the catalog, see above) to <u>olli@csumb.edu</u> (Caution: anticipate a delay – emails will be processed in the order received.)
- 3. By Mail (Not recommended for those with their heart set on certain offerings as there will be significant delay.)

#### OLLI Fall Schedule at a Glance (All classes offered via ZOOM)

Monday	Time	Dates	Cat. Pg.
Boomer Cultural Influences	10:00 - 11:30am	Sept. 14, 21, 28	8
Search for a Modern Day Mozart	1:00 - 2:30pm	Sept. 14, 21, 28; Oct. 5	8
World Affairs Discussion Group	4:00 - 5:30pm	Sept. 14; Oct. 12; Nov. 9; Dec. 14	22
Just the Facts, Please	4:00 - 5:30pm	Sept. 28; Oct. 5	11
Reading Wallace Stegner II	10:00 - 11:30am	Oct. 5, 12, 19, 26; Nov. 2	12
Insights into the Classical Mind	3:30 - 5:00pm	Oct. 12, 19, 26; Nov. 2	13
Earth Climate, Dr. Ed Clifton	10:00 - 11:00am	Nov. 9, 16	18
In Search of the Ideal Government	1:00 - 2:30pm	Nov. 9, 16, 23, 30	17
To Fear or Not to Fear	4:00 - 5:30pm	Nov. 16	20
Meetings with the Masterpieces	10:00 - 11:30am	Nov. 30; Dec. 7, 14	19
Tuesday	Time	Dates	Cat. Pg.
Poetry's Journey	10:00 - 11:30am	Sept. 1, 8	4
Landmark Presidential Elections	3:30 - 5:30pm	Sept. 1, 8	5
Writing Words with Friends	10:00 - 11:30am	Sept. 8; Oct. 13; Nov. 10; Dec. 8	22
Photography Late 20th Century	1:30 - 3:00pm	Sept. 15, 22, 29	9
Trailblazing Pop Music Icons	10:00 - 11:30am	Sept. 15, 22, 29; Oct. 6	8
What People Ask Me About Brains	1:00 - 2:30pm	Oct. 6, 13, 20	12
Haunting: Life of Shirley Jackson	3:00 - 4:00pm	Oct. 13, 20, 27	13
Coexistence of Humans and Nature	10:00 - 11:30am	Oct. 13, 20, 27; Nov. 3	14
New Life for Old Photos	1:00 - 2:30pm	Oct. 27	21

#### (continued from P. 3)

Tuesday (continued)	Time	Dates	Cat. Pg.
Loyalists & the American Revolution	1:00 - 3:00pm	Nov. 3, 10, 17	17
Documenting the American West	1:00 - 2:30pm	Nov. 24; Dec. 1, 8	19
Wednesday	Time	Dates	Cat. Pg.
Artists by the Sea	10:00 - 11:30am	Sept. 2, 9	5
Face Perception	1:00 - 2:30pm	Sept. 2, 9	6
Flash: Short Short Story	12:30 - 3:30pm	Sept. 2, 9, 16, 23	5
1960s - A Cultural Explosion	4:00 - 5:30pm	Sept. 2, 9, 16, 23	6
Shakespeare and the Plague	1:00 - 2:30pm	Sept. 16, 23, 30	10
Jules Verne: Tomorrow Man	10:00 - 11:30am	Sept. 16, 23, 30; Oct. 7, 14	9
Schizophrenia	4:00 - 5:15pm	Sept. 30	20
Local Artists' Studio Tours	1:00 - 2:30pm	Oct. 7, 14, 21, 28	13
Writers' Workshop	12:00 - 3:00pm	(A) Oct. 7, 14, 21, 28	
		(B) Nov. 4, 11, 18; Dec. 2	12
Diaries of Hayes Perkins	10:00 - 11:30am	Oct. 21	21
From Cahokia to Chaco: Sacred Sites	10:00 - 11:30am	Oct. 28; Nov. 4, 11, 18	15
Last Days of Socrates	4:00 - 5:30pm	Oct. 28; Nov. 4, 11, 18	15
Legacy of the Carboniferous	10:00 - 11:00am	Dec. 2	19
Nine Lives of Benjamin Franklin	4:00 - 5:15pm	Dec. 2	20
Thursday	Time	Dates	Cat. Pg.
Art and Philosophy in Medicine	4:30 - 5:30pm	Sept. 3, 10, 17	6
Combating: Viruses and Immunity	10:00 - 11:30am	Sept. 3, 10, 17, 24	7
Julia Morgan: Asilomar	1:00 - 2:30pm	Sept. 10	21
Celebrating Chekhov on Film	2:00 - 3:00pm	Sept. 17, 24; Oct. 1, 8	10
Chopin: Enduring Enigma	10:00 - 11:30am	Oct. 1, 8, 15, 22	11
Where the Earth Splits Open	1:30 - 3:00pm	Oct. 15	20
Essential Skills for Racial Equity	10:00 - 11:30am	Oct. 29	22
Our Animals, Our Selves	1:00 - 2:00pm	Oct. 29; Nov. 5, 12, 19	16
Ray Bradbury	3:30 - 4:45pm	Oct. 29; Nov. 5, 12, 19	16
Outsider Art Inside-Out	10:00 - 11:30am	Nov. 5, 12	17
Friday	Time	Dates	Cat. Pg.
Short Stories of Lucia Berlin	10:00 - 11:30am	Sept. 4, 11, 18, 25; Oct. 2, 9	7
OLLI Glee Club	1:30 - 3:00pm	Sept. 18; Oct. 16; Nov. 20	22
Tackling the Tough Ones: The Waves	10:00 - 11:30am	Oct. 16, 23, 30; Nov. 6, 13, 20	14
Nature Journaling	1:00 - 3:00pm	Oct. 23, 30; Nov. 6, 13	15
Saturday	Time	Dates	Cat. Pg.
Write the Morning Away	9:30am - 12:30pm	Sept. 12; Oct. 24; Nov. 21	8
Fred Keeley: An Election for the Ages	10:00am - noon	Sept. 19; Oct. 17; Nov. 14	11
Multiple Days	Time	Dates	Cat. Pg.
Informants: Out of the Shadows	1:00 - 2:30pm	Sept. 1, 3 (Tues/Thurs)	4
Shakespeare's The Tempest	10:00 - 11:30am	Nov. 23, 24; Dec. 1, 3	
		(Mon/Tues/Tues/Thurs)	18

Moe, an 82 year-old man, went to the doctor to get a physical.

A few days later, the doctor saw Morris walking down the street with a gorgeous young woman on his arm.

A couple of days later, the doctor spoke to Morris and said, 'You're really doing great, aren't you?'

Morris replied, 'Just doing what you said, Doc: 'Get a hot mamma and be cheerful." The doctor said, 'I didn't say that... I said, 'You've got a heart murmur; be careful.' A man was telling his neighbor, 'I just bought a new hearing aid. It cost me four thousand dollars, but it's state of the art. It's perfect.' 'Really,' answered the neighbor. 'What kind is it?' 'Twelve thirty.

# Healthy Living Series: Suicide Awareness for Everyone Virtual Workshop

#### Jisella Duarte, Librarian, Salinas Public Library

Everyone needs help sometimes! Learn about resources and ways to help yourself or someone else who may be in crisis or at risk of suicide. The Suicide Prevention Service of the Central Coast will share information about the suicide crisis line, facts and myths, warning signs, healthy coping skills and how to help at our **FREE** virtual webinars. The information workshop will be offered online Sept. 9, 2020 at 3:30 PM.

Registration is required. Questions? Email Dana at EdgullDR@co.monterey.ca.us Registration Link for Community workshop for adults:

https://montereycty.zoom.us/webinar/register/WN yg9HEiQURbOOO7E04wI8YQ Registration link for community workshop for youth:

https://montereycty.zoom.us/webinar/register/WN vbw77zT0QcSdsN45JY0gPg

Events will also be live streamed on Monterey County Behavioral Health's Facebook page:

https://www.facebook.com/MontereyCountyBehavioralHealthBureau/

Studies show that if you have a glass of wine in each hand you're 100% less likely to accidentally touch your face.

STAR

ARTS

