



*We are an open, loving, and inclusive community  
that supports thinking creatively and  
living a deeply spiritual life.*



## The Everyday Wonder of Emotions

**I've learned that people will forget what you said,  
people will forget what you did,  
but people will never forget  
how you made them feel.**

Visit our Website

## Your Voice Matters!

The *Science of Mind* magazine is a great resource for the wisdom and teachings of our founder, Ernest Holmes, found in the Daily Guides section.



On April 12th I read, "And our very problems, then, are merely situations that confront us with the opportunity for greater self-expression." Then I turned to the article by Murphy the human whisperer with his favorite human, Bob Luckin, "Your voice is a very important part of All That Is... Your experiences and message matter."

Seeing the opportunity in a supposed problem and making it matter usually comes as hindsight. My life has been scattered with many unique opportunities for growth. I recently shared some of these with family members in a Mini-Memoir. I headed it with, "Beware the judge who would say, 'This is she...having read one experience.' I tell of sadness, bitterness and pain; it was felt. I tell too little of joy and happiness; it remains."

I commend pain and challenges as being my greatest teachers, my "opportunities for greater self-expression." Since learning more about our philosophy in *Science of Mind and Spirit*, and especially now as a practitioner-in-training, I have found a shortcut for recognizing a problem as an opportunity.

It's all in the way we think and feel, and how we introduce those thoughts into the creative medium of the Law, the "place" where our thoughts are turned to manifestation in form. A repeated assignment in the practitioner studies is to write a treatment, which I do often. Following the guidelines for affirmative prayer treatment is a



## Sacred Covenant

There is only One Life.  
That Life is God's Life.  
That Life is Perfect.  
That Life is my life now.

In knowing that...

**To read the full  
covenant,  
[CLICK HERE](#)**



**Our Practitioners  
want to  
support you  
in prayer.**

Please email your  
prayer request to  
**[prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org)**  
or email them  
individually from our  
website  
(**[cslsg.org/about](http://cslsg.org/about)**)  
or leave a message at  
**435-893-6702**

formula for creating the things we want. Many times my reading will trigger writing an affirmative mind treatment, and, with this, I hope my message matters.

*I breathe and call my attention to the Presence within. I recognize an overwhelming essence of Love, of the vastness and majesty of the One God, Everlasting Spirit, and Maintainer of the Universe.*

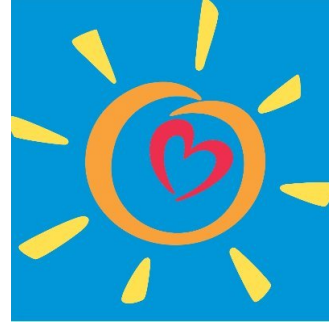
*I find my self-expression within All That Is. I feel the Oneness of my own soul united with the sea of Spirit. My individual expression is known and nurtured within the Mind of God. As I walk through the journey of Earth Life, I come upon situations that threaten my peace and disturb my sense of rightness. And then I pray. I began to pray as a child and it brought me peace, as it does today. My prayer is the reminder that I am not alone...that all situations around me are not to be the cause of fear and consternation. I read each situation like a book and find the purpose of Life written between the lines.*

*I know now, through experiences in my life, that there is a hidden message within everything viewed as a problem. There is a gift. I appreciate those messages I have deciphered in my life that have trained me to be patient, trusting, and believing that all is well and is programmed for my good and learning. I develop wisdom, compassion, and ability from challenges. I know God is everywhere and in all. I am never alone. No one, in any place, is separate from the Love and Presence of God. I am so much more than thankful for this knowing in my heart and mind. I let God be...I look upon life everywhere as one with God. I release my word of knowing to the Law and send it forth to ease and comfort a world full of problems and opportunities.*

*I let it be. And so, it is.*

**Namaste.**

**Sue Fullmer**  
Core Council Secretary



### **CSLSG Community Care Circle**

Let us provide  
compassionate support  
with Life's challenges.

*Leave a message at  
435-893-6702  
to engage this free and  
confidential service*



### **CSLSG Wedding Officiant**

Mary Klein, RScP,  
performs marriages,  
commitment  
ceremonies, and  
wedding vow renewals.

Reply to this email and she  
will respond to you  
directly.

Paypal online donation



# **Online Sunday Gatherings**

**Guided Meditation 10:45am**

**Inspirational Service 11:00am**

**Community Conversation 12:00pm**

Our emotions are amazing resources that help us learn more about ourselves. Emotions can provide lots of great information. Our feelings and emotions serve as a guide and processing center for areas of reflection, exploration, and growth. There are so many to choose from on the emotions continuum. Being human, emotions are a default within our central response center.

## **May Speakers**



May 8th  
**Jeffon Seely**  
The Fear Factor



May 15th  
**Stef Swink, RScP**  
If You're Happy And  
You Know It



May 22nd  
**Reverend Savanna Noelle**  
Looking Anger in the Eye



May 29th  
**Eugene Holden, RScP**  
Low Tide or High Tide?

## Online Links

You can access each meditation and service on  
CSL St. George Facebook page.

<https://www.facebook.com/CSLSG/live/>

Meditation and service will also stream on YouTube.

<https://www.youtube.com/channel/UCmmd5S1h6OjZpkgndmt5l6A>

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/5628970832>

---

**We believe the Power breathing us is greater than any  
circumstance, situation, or condition.**

***Our MISSION is to provide spiritual tools for  
personal and global transformation.***

***Our PURPOSE is to awaken humanity to its spiritual  
magnificence; to awaken our community to its Divine  
Nature and the greatest expression of who we are.***

***Our VISION is a world that works for everyone.***

---



### **Reverend Joe Kovach Minister Candidate**

We had a successful candidating experience this last weekend.

Rev. Joe Kovach came to St George and met in-person with CSLSG leadership and provided a stimulating workshop - R.A.I.S.E UP! - for the community, followed by a conversational and informative Q&A.

Members in attendance voted in support of Reverend Joe as a candidate for our senior minister position here at Center for Spiritual Living St George.

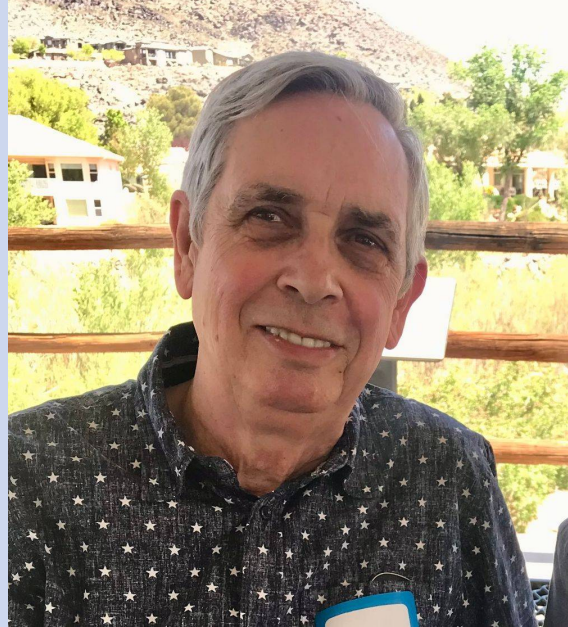
**The Core Council and Reverend Joe Kovach will now enter into negotiations regarding the specifics of a potential contract for the CSLSG Senior Minister position.  
WE WILL KEEP YOU POSTED.**

### **CORE COUNCIL ANNOUNCEMENT**

In case you missed the Annual Meeting, please be informed that Charles Smith, who has been a CSLSG member for about a year,



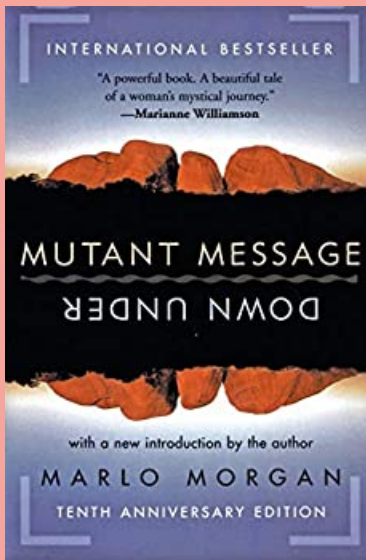
has applied and been accepted by Core Council, and the quorum of members present at the Annual Meeting, as our new Treasurer. Charles comes to us with a Masters degree in Accounting and a PhD in Finance, as well as many years of experience as treasurer and accountant at High Desert CSL in California.



He and his wife, Julie, also come to us with about 13 years of *Science of Mind and Spirit* practice and perspective. The timing of having Charles' experience and wisdom added to the Core Council is nothing short of Divine as we move into a new era in which CSLSG expands its ecclesiastical guidance and creates movement toward having a physical space again.

Next time you see Charles, be sure to thank him for his willingness to serve our beautiful community in this new capacity.

**Blessings to us all!!**



**CSLSG Book Club**  
**THURSDAYS @ 6pm**  
**Beginning May 12th**

**Mutant Message Down Under**  
**by Marlo Morgan**

Hosted by Sue Fullmer and  
Marina Anderson

Email for information & Zoom link:  
[suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



## Labyrinth Day

Saturday  
May 14th

12:30-3:00pm MDT

CSLSG Practitioners

are hosting a labyrinth walk at  
Wind Chime Farm in Central, UT

*Meet at 11:30am to carpool/caravan. Parking lot of Social  
Security Admin at Sunset and Bluff, near Guru's.*

**BRING: water, journal, a light jacket**

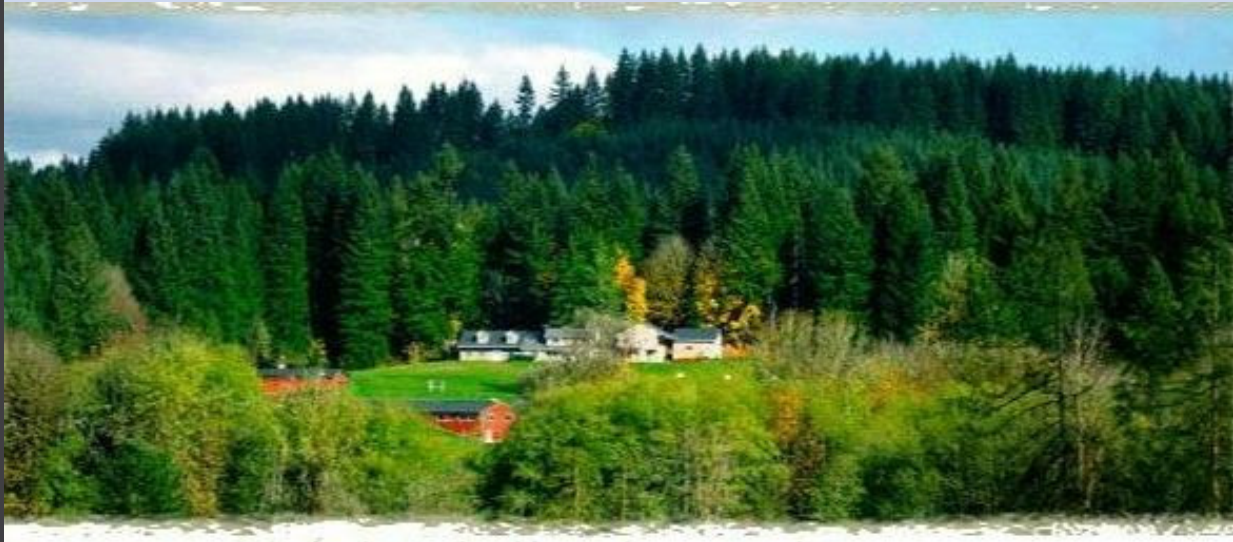


*Spread  
the  
Love!!*

- **Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with [blue button below](#).
- **Give by Mail:** send checks to CSLSG  
PO Box 3132, St. George, UT 84771



# Centers for Spiritual Living Events and Information



## CSL's Teen Summer Camp 2022 will be IN PERSON for the first time since 2019

**When:** Wednesday, July 6 -  
Wednesday, July 13, 2022

**Where:** Camp Cedar Ridge in Vernonia,  
Oregon

**Cost:** \$525

**[Visit the Camp Cedar Ridge website](#)** for  
more information and photos.

Registration will open on May 6, 2022, and will end on June 6, 2022. We will again be using the Camp Docs system. There will be no late registration!

Teen groups flying in should plan to land in Portland Airport (PDX). We are working to coordinate airport transportation (vans) for the 45-minute ride to the campground, but larger groups may want to coordinate their own transportation.

Please note: The dates are Wednesday-to-Wednesday instead of our typical Saturday-to-Saturday on a one-time basis. CSL is in the process of purchasing this camp, but Summer 2022 was already booked by other groups. July 6 to July 13 is the only remaining slot available for an in-person experience this year.

Mandatory advisor training is scheduled for the following dates (please choose one):

- Saturday, May 21, from 10 a.m. to 2 p.m. PST (8 a.m. to 10 a.m. MST)

**[Click Here for Zoom Meeting- May 21st Advisor Training](#)**

- Wednesday, May 25, from 3 p.m. to 7 p.m. PST (1 p.m. to 5 p.m. MST)

**[Click Here for Zoom Meeting- May 25th Advisor Training](#)**

Stay tuned for more information including COVID protocols, the camp schedule and our 2022 theme.

We look forward to seeing our teens and advisors back in person this summer!

With love,  
CSL Teen Camp Leadership Team  
Email: [TeenCamp@CSL.org](mailto:TeenCamp@CSL.org)

This information also available at [csl.org](http://csl.org).



# Humanitarian Relief Effort for Ukraine

If you would like to contribute to CSL's disaster relief program for Ukraine, we are collecting donations now to be distributed later when we know what needs exist and how to get funds reliably to our community. Use the donation form here, select disaster relief, and add Ukraine in the comments to designate your contribution.

**Donate to Centers for Spiritual Living**

When people read about issues ranging from women's rights to refugees, or from veterans to natural disasters, Public Good, in partnership with CNN, empowers readers to make a difference by giving them actions they can take in those moments of inspiration, as well as a comprehensive list of nonprofit organizations on the ground that you can donate to.

**Help Humanitarian Efforts in Ukraine ([publicgood.com](http://publicgood.com))**

Global Citizen is a movement of informed world citizens who are taking action to address planetary issues to help make the world a better place. Global Citizen has an updated list of ways you can take action to support the humanitarian relief effort in Ukraine and surrounding countries, with an updated list of nonprofit organizations you can support.

**The Ukraine Call to Action – Take Action with Global Citizen**

---

**Rev. Laura Hallett**

*is offering several classes on Zoom and invites you to join in.*

**Register by emailing her at**

[revlaurahallett@gmail.com](mailto:revlaurahallett@gmail.com)

**[CLICK HERE](#) for list of classes available**

---

## St George Interfaith Council Opportunities

**Heavenly Voices -**

**Sacred Music to Lift the Soul concert**

St George Interfaith Choir and Auburn

Methodist Church Choir

June 1st, 2022, 7:30pm MDT at the



Tabernacle on Main Street

Click **HERE** for the flyer and more information

ALSO... The SG Interfaith Choir is looking for new members. Interested?

[kathybrown13@gmail.com](mailto:kathybrown13@gmail.com)

With over 28,000 Hispanics in Washington County the **Centro Latino** serves to teach English and help with other services to help the adjustment into this country. This wonderful service is provided in the church building next to the St George Temple where The Church of Jesus Christ of Latter-day Saints has provided classrooms and spaces. Mike would love to put a poster up in any church or any location plus he and Gordon Hamm will speak to any group that invites them. This much-needed service will bless those who learn English.

Contact Mike Aitken at:  
[aitkenback@gmail.com](mailto:aitkenback@gmail.com)

**CENTRO  
LATINO**

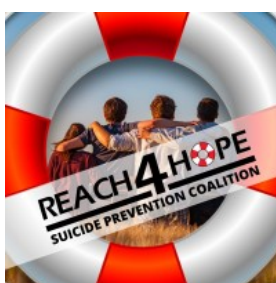


**(435) 720-5066**

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad  
Resources to help the Latino Community

<b>Clases de Inglés</b>	<b>English Classes Every</b>
<b>Gratis Cada</b>	<b>Tuesday 7pm</b>
<b>Martes 7pm</b>	<b>Wednesday 7pm</b>
<b>Miércoles 7pm</b>	<b>Thursday 7pm</b>
<b>Jueves 7pm</b>	<b>Sunday 7pm</b>
<b>Domingo 7pm</b>	



**Suicide Prevention Coalition**  
(through Southwest Behavioral Center)  
is looking for new Interfaith Council members.  
If you are interested in serving our greater  
St George Community in this way,  
please contact Teresa Willie at:

[twillie@sbhcutah.org](mailto:twillie@sbhcutah.org)

Help with food collection  
every month  
on the second and last Saturday  
11:30 a.m. – 1:00 p.m.  
GRACE EPISCOPAL CHURCH  
1072 S 900E, St. George  
For more information, click **HERE**



**Food  
Collection**

Visit our Website



