DISHES						lupin Flour	Milk		MUSTARD			SESAM O.		Baer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						CAN	APES							
Salt & pepper chorizo sticks		✓	✓				√							✓
Parma ham, melon & blue cheese sticks							✓							
Smoked salmon, cream cheese and cucumber blinis, topped with cracked black pepper					✓		✓							
Blue cheese and honey walnut topped mini pastries		✓				✓	✓			✓				
Yorkshire puddings filled with rare roasted beef, horseradish mayonnaise and fresh rocket		✓				✓								
Yorkshire puddings filled with creamy garlic mushrooms (V)		✓				✓	✓							
Crispy bacon wrapped dates														✓
Red wine infused sticky fig and creamy goat's cheese mini filo pastry cups (V)		√				✓	√							✓

Bruschetta topped with caramelised onion chutney and duck orange pate	✓			✓					
Savoury cheese shortbreads topped with olive tapenade and roasted cherry tomato (V)	✓			✓	✓				
Chicken satay sticks, with a peanut dip	✓						✓	✓	
Minted chicken sticks, with a mint yogurt dip	✓				✓				
Salmon filled and creamy spinach pastry parcels		✓	✓		✓				
Savoury smoked salmon and cream cheese macaroons		✓	✓		✓				
Tandoori chicken mini naans topped with mint yogurt	✓				✓				
Cream cheese and chive savoury profiteroles	✓	✓			✓				
Deep fried hallumi chips with sweet chilli dip or sour cream and chive dip (V)					✓				
Smoked haddock fishcakes with tartar sauce and capers	✓		✓						
Deep fried brie with redcurrant jelly (V)	✓	✓			✓				
Minted lamb skewers with a yogurt mint dip		✓			✓				

Teriyaki salmon and sesame seed bites	√			✓					✓	
Deep fried bread prawns, with a sweet chilli dip	√		✓	✓	✓					
Melted rosemary camembert served with wedges of crusty bread and breadsticks (V)	√				✓	✓				
Sticky maple syrup and wholegrain mustard sausage sticks	√						✓			√
Deep fried jalapeño and cheese sticks (V)	√		✓			✓				
Grilled goats cheese toasted ciabatta slices, drizzled in honey (V)	✓				✓	✓				
Salt & Pepper scallops				✓						
Fresh king prawns served with a lemon mayonnaise dip		√	✓							
Sticky rich BBQ meatball sticks			✓						✓	
Pate filled button mushrooms	√		✓							√

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DISHES						Lupin Flour	Milk		MUSTARD			I SAME		Baer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						BUFF	ET							
Honey roasted ham														
Roasted beef														
Roasted chicken														
Minted chicken – served with yogurt mint dip		✓					√							
Coronation chicken with sultanas		✓		\checkmark										✓
Poached salmon in white wine					✓									
Egg mayonnaise filling				√										
BLT with mayonnaise filling				√										
Chicken, maple syrup and wholegrain mustard filling				✓					√					
Honey ham with Dijon mustard mayonnaise filling				√					✓					

Cheddar cheese and tomato filling					✓				
Brie, fresh rocket and redcurrant jelly filling					√				
Tuna mayonnaise and cucumber/sweetcorn filling		✓	✓						
Coronation chicken with sultanas filling					✓				✓
Chicken and chorizo filling	✓	✓			✓				✓
Roasted vegetable & cream cheese filing (V)					√				
Houmous, sundried tomato and olives filling (V)									
Roasted chicken, pesto and mayonnaise filling					✓		√		
Roasted chicken, stuffing and redcurrant jelly filling	✓								
Roasted beef, horseradish mayonnaise and fresh rocket filling					✓				
Smoked salmon, cream cheese and cracked black pepper filling			√		✓				
Pesto, parmesan and pine nut pasta				√	✓		√		
Coronation pasta with sultanas (V)					✓				√

Bombay potatoes with butter and parsiety (V) Bombay potatoes with caramelised online (V) Cheddar cheese and caramelised online (V) Cheddar cheese and caramelised online (V) Could be compared to the caramelised online (V) Creamy coleslaw (V) Mediterranean salad bowl (V) Green salad bowl (V) Creamy coleslaw (V)										_
with caramelised online (V) Chaddar cheese and common (V) Goasts cheese and common (V) Goasts cheese and common (V) Sausage rolls with sessane seeds Yorkshire pudding with beef. Yorkshires with croseredship and condet (V) Tordshire swith creamy garlies and condet (V) Mediterranean salad bowl (V) Green salad bowl (V) For a minutary on the salad bowl (V) Roasted vegetable course (V) For a minutary on the salad bowl (V) For a minutary on the salad bowl (V) For a minutary on the salad bowl (V) Crudities and	Boiled baby potatoes with butter and parsley (V)					✓				
and tomato quiche (V) Goats cheese and caramelised onion quiche (V) Sausage rolls with seasone seeds Yorkshire pudding with beef, norseradish norseradish regardles and cocket Oxfortshires with creamy gartic and recently gartic and mustard mustroms Creamy colestaw (V) Mediterranean salad bowl (V) Roasted vegetable cours of the public of the pub	Bombay potatoes with caramelised onion (V)		√							
caramelised onion quiche (V) Sausage rolls with sessame seeds Vorkshire pudding with beef, horseradish mayonnaise and cocket Vorkshires with creamy garlic and mustard mushrooms Creamy coleslaw (V) Mediterranean salad bowl (V) Green salad bowl (V) Roasted vegetable cousous (V) Feta, mint, broad bean and asparagus garrine rice (V) Crudities and	Cheddar cheese and tomato quiche (V)		✓	✓	✓	✓				
Sesame seeds Yorkshire pudding with beef, horseradish mayonnaise and rocket Yorkshires with creamy garlic and mustard mushrooms Creamy coleslaw (V) Mediterranean salad bowl (V) Green salad bowl (V) Roasted vegetable couscous (V) Feta, mint, broad been and asparagus jaarnier nice (V) Crudities and	Goats cheese and caramelised onion quiche (V)		√	✓	√	✓				
with beef, horseradish mayonnaise and rocket Yorkshires with creamy garlic and mustard mushrooms Creamy colestaw (V) Mediterranean salad bowl (V) Green salad bowl (V) Roasted vegetable couscous (V) Feta, mint, broad bean and asparagus lasmine rice (V) Crudities and	Sausage rolls with sesame seeds									
creamy garlic and mustard mushrooms Creamy coleslaw (V) Mediterranean salad bowl (V) Green salad bowl (V) Roasted vegetable couscous (V) Feta, mint, broad bean and asparagus jasmine rice (V) Crudities and	Yorkshire pudding with beef, horseradish mayonnaise and rocket		✓	√	✓	✓				
Mediterranean salad bowl (V) Green salad bowl (V) Roasted vegetable couscous (V) Feta, mint, broad bean and asparagus jasmine rice (V) Crudities and	Yorkshires with creamy garlic and mustard mushrooms		✓	✓	✓	✓	✓			
Green salad bowl (V) Roasted vegetable couscous (V) Feta, mint, broad bean and asparagus jasmine rice (V) Crudities and	Creamy coleslaw (V)					✓				
Roasted vegetable couscous (V) Feta, mint, broad bean and asparagus jasmine rice (V) Crudities and	Mediterranean salad bowl (V)	✓								
Couscous (V) Feta, mint, broad bean and asparagus jasmine rice (V) Crudities and	Green salad bowl (V)	✓								
bean and asparagus jasmine rice (V) Crudities and	Roasted vegetable couscous (V)		✓							
Crudities and houmous (V)	Feta, mint, broad bean and asparagus jasmine rice (V)					✓				
	Crudities and houmous (V)									

Cheese and pate board	√	✓		✓	✓		√	✓	✓	✓	
Gooey chocolate brownies		✓	✓	√	✓						
Mini macaroons							✓				
Nutella fudge squares		✓			√		√				
Mini sugar doughnuts		✓	✓	✓	✓						
Shortbread cheesecake bites		✓			✓						
Flapjack squares		✓		✓	√						
Freshly baked scones with cream and jam		✓	✓		✓						
Mini meringues with cream and fruit			✓		✓						
Mini Bakewell bites		✓			√		√				
Chocolate profiteroles		√	✓		√						
Creamy lemon pots with fresh raspberries					√						
Chocolate dipped strawberries		√			√						

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DISHES						upin Flour	Milk		MUSTARD			TSTAME O.		Boer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						HOT BUFF	ET FOOD							
Lasagne		✓		√			√							
Vegetarian lasagne (V)		✓		√			√							
Creamy chicken, bacon, leek and mushroom pie		✓		√		✓	√							
Creamy mushroom pie (V)		✓		√		✓	√							
Chicken and chorizo stew														✓
Lamb tagine										√				✓
Thai chicken green curry														
Thai prawn green curry			✓											
Lamb moussaka		✓		√			√							
Beef bourguignon		✓					√							

Chilli con carne									
Creamy garlic and mushroom parmesan chicken	✓				✓	√			
Cheesy fish pie	✓		✓		✓				
Apple pie	✓	✓			✓				
Apple and raspberry crumble	✓				✓				
White chocolate and raspberry brioche puddings	✓	✓			√				
Chocolate fudge cake	✓	✓		√	√				
Bakewell tart	✓	√			✓		✓		✓

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DISHES						Lupin Flour	Milk		MUSTARD					WNE Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						DESSE	ERTS							
Gooey chocolate brownies		✓		√		✓	✓							
Mini macaroons				√			✓			✓				
Nutella fudge squares		✓					✓			✓				
Mini sugar doughnuts		✓		√		✓	✓							
Shortbread cheesecake bites		✓					✓							
Flapjack squares			✓				✓	✓						
Freshly baked scones with cream and jam		✓		√			√							
Mini meringues with cream and fruit				√			√							
Mini Bakewell bites		✓					✓			√				
Chocolate profiteroles		✓		√			√							

Creamy lemon pots with fresh raspberries				✓			√
Chocolate dipped strawberries	✓			✓			
Blueberry & lemon curd cheesecake	✓			✓			√
Oreo cookie cheesecake	✓			✓	✓		
Strawberries and cream cheesecake	✓			✓			l
Lemon meringue pie	✓	✓	✓	✓			√
Salted chocolate tart	✓		✓	✓			
Apple & raspberry crumble/pie	✓	✓	√	✓			
Chocolate cake	✓	✓	✓	✓			
Victoria sponge cake	✓	✓	√	✓			
Lemon drizzle cake	✓	✓	√	✓			√
Coffee and walnut cake	✓	✓	√	✓	✓		
Chocolate orange cake	✓	✓	√	✓			
Oreo cookie cake	✓	✓	✓	✓	√		

Chocolate chip cookies and cream cake	✓	✓	✓	✓	✓			
Peanut butter cake	✓	✓	✓	✓	✓			
Apple strudel cake	✓	✓	✓	✓				
Carrot and walnut cake	✓	✓	✓	✓	✓			
Lime and courgette cake	✓	✓	✓	√				
Mixed berry cake	✓	✓	✓	√				

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DISHES						upin Flour	Milk		MUSTARD					WAS BOOT
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						THREE COU	RSE MEAL							
Chicken liver pate served with a caramelised onion chutney														✓
Marie Rose king prawn cocktail with smoked paprika	✓		✓				√							
Tomato, mozzarella and basil salad (V)							✓							
Parma ham, fresh melon and ginger														
Smoked haddock fishcake on a bed of rocket with lemon & black pepper mayo		✓		√	✓	✓	√							
Roasted figs with Parma ham and goats cheese (V)							√							
Fresh peaches wrapped in bacon with a basil & balsamic dressing														

Creamy garlic and chilli prawns		√				✓							
Salt & Pepper scallops with chorizo and black pudding	√	√					✓						✓
Fillet of salmon with a garlic and lemon butter sauce				✓		✓							
Creamy garlic parmesan and mushroom chicken						✓							
Beef bourguignon with puff pastry	√		✓			✓							
Pulled pork and black pudding stack	√												✓
Chicken in a white wine and Dijon mustard sauce						✓		✓					
Tomato and hallumi bake (V)						✓							
Parsnip, leek and mushroom pie (V)	√		✓			✓							
Traditional roast dinner with all the trimmings	✓		✓		✓	✓		√				✓	✓
Nut roast (V)									✓	✓	✓	✓	
Buttered boiled potatoes						√							

Roasted rosemary and garlic baby potatoes									
Chips									
Bombay potatoes and caramelised onions		✓							
Roasted potatoes									
Onion and garlic seasoned potato wedges		✓							
Boiled rice									
Creamy dauphinoise potatoes					✓				
Seasonal green salad	✓						 		
Seasonal boiled vegetables					✓				

See desserts section for dessert allergens

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DISHES					D.	Jupin Flour	Milk		MUSTARD			SSLAM		Boer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						CORPORA	TE FOOD							
				:	See buffet r	nenu for san	dwich fillin	g allergens						
Yorkshire puddings, filled with roasted beef, horseradish mayonnaise and fresh rocket		✓		√		✓	√							
Yorkshire puddings filled with creamy garlic mushrooms (V)		✓		√		✓	√		✓					
Sticky maple syrup and wholegrain mustard sausages (vegetarian sausages also available (V))		✓							✓					√
Goats cheese and caramelised onion quiche (V)		√		√		✓	✓							✓
Pesto and cherry tomato quiche (V)		✓		√		✓	√			√				

Brie and redcurrant mini croissants (V)	✓	✓		✓				
Sesame seed sausage rolls	✓	✓	✓	✓			✓	✓
Gooey chocolate brownie	✓	✓	√	√				
Sponge tray bake – Victoria, chocolate, lemon.	✓	✓	✓	✓				
Freshly baked scones with cream and jam	✓	✓	✓	✓				
Profiteroles	✓	✓		✓				
Lemon cream pots with fresh raspberries				✓				✓
Ready salted crisps								

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DISHES						upin Flour	Milk		MUSTARD					WNE Door
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
						OTHER	FOOD							
Mini fish and chip cones		✓			√									
Pulled pork baps wit stuffing and apple sauce		✓					√						✓	
Moroccan Lam b & homemade flatbreads		✓												✓
Chicken fajita wraps		✓					√							
Chicken Thai green curry with rice														
BBQ:														
Sausages		√												✓
Burgers				√										
Chicken, onion and pepper kebabs		✓												

Coleslaw		✓							
Soft rolls	✓							√	
Roasted vegetable couscous	✓								
Roasted garlic and rosemary potatoes									
CREPES									
Crepe with lemon and sugar	✓	✓		√					
Crepe with Nutella and banana	✓	✓		✓		✓			
Crepe with cinnamon sugar	✓	✓		✓					
Crepe with maple syrup	✓	√		✓					
Crepe with strawberries and cream	✓	✓		✓					
Iced biscuits	✓			✓					

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