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# Newsletter 58

April - June 2017

### **UNIFICATION** by Elsa Rossi

Friends from the United Kingdom and the World, the need to unite our hearts and strengthen our steps towards the long-awaited PEACE gives us the inspiration to change the landscape of our routines.

Jesus taught us to Watch and Pray, and it is with this purpose that we invite all Spiritists, Spiritualists and friends from around the UK and the world to come together to help spread love and forgiveness.

We need to read and re-read the messages from Dr Bezerra de Menezes inviting us to take the action of UNIFICATION, first received a long time ago through Chico Xavier and Divaldo Franco. These precious messages are pearls that help us reform and reflect on our behaviour.

Let us be those who answer the call we make to each other. Let's promote the World Peace, cultivating it first within our own hearts.

Let's look in a mirror and say to ourselves: "I can do everything through Him who strengthens me".

I invite you all to join together in one minute of silence, every day at 12 pm wherever you are in the world, vibrating for our brothers and sisters who are still steeped in ignorance of disunity and misunderstanding.

Peace is very important...

Real peace comes from within a cheerful heart and an understanding mind which acts, and trusts. It is achieved within an atmosphere of love and devotion, because the harmony which kindles the dynamics of a flourishing life derives from a conscience illumined by Divine Laws.

... if you focus your mind on peace, think about peace, and act pacifically, you will externalise peace from your inner self, and then it will surround you and reach whoever comes near you.

Peace within you will further peace in the world.

Extract from "Peace In You" by Joanna de Angelis in the book Child of God, received through Divaldo Franco





# Divaldo showed us how to Be Happy Now



The inspirational Divaldo Franco visited London as part of his annual tour of Europe in May, and BUSS had the pleasure of hosting him twice during his visit.

On Saturday 13th May, Divaldo met with the Directors and workers of BUSS, as well as directors and coordinators of many Spiritist groups from around the UK. Talking for an hour at this great fraternal encounter, Divaldo spoke about the importance of Spiritism in the UK, about his first lectures in the UK, and the historical background of Spiritism and the events that paved the way for these Teachings.

The following day, Divaldo presented his lecture "Be Happy Now" to a packed auditorium at the Perrin Theatre in Queen Mary University of London. Accompanied by Dr Juan Danilo Rodríguez from Quito, Ecuador, and with interpretation into English by Anne Sinclair, we were delighted with stories and advice on what happiness is, its importance and why we should seek happiness every day.

To help celebrate his 90th birthday, Divaldo was presented with gifts, including a video-card from many Spiritist groups in the UK, a large card signed by workers and friends of BUSS, a painting of himself with his

guide, Joanna de Ângelis, as well as the performance of a song written by Elsa Rossi and sung by children from Spiritist groups in London.

BUSS ran a bookstall during the event, selling many of Divaldo's books in English, as well as the Spiritist Teachings from Allan Kardec.

After his talk, Divaldo was interviewed by Roy Stemman of the magazine Psychic News, with the assistance of Anne Sinclair.



We would like to give our thanks to all those who attended the event, as well as to the organisation teams of BUSS and Queen Mary University of London. The event was filmed, and the video will be on the BUSS YouTube channel. The photos in this article were taken by Isabel Mendes.







### Sketch about Chemical Dependency by Cristiane Parmiter

In June, the Charlie Chaplin Spiritist Theatre Group had the opportunity to present a sketch about Chemical Dependency, matching the seminar's theme, which was 'Mediumship and Chemical Dependency'.

The script for this sketch was based on chapter 19 of the book "Action and Reaction" by André Luiz/ Chico Xavier. In this chapter, a benefactor called Druso gave a profound lesson to two learners, who were Hilário and André Luiz. Druso talked about the importance of reincarnation and the lessons that we, as immortal Spirits, need to learn. He explains that diseases, which are limitations to our bodies that we might need to endure during our stage on Earth, are tools used to educate us as Spirits.

Some of the examples given by Druso to illustrate the importance of these lessons are extremely valuable to all Spirits, but especially to us who are incarnated, as we are having a precious opportunity to overcome our inner difficulties right now.

Druso explains that many of us don't take care of our bodies while incarnated as much as we should and our perispirit, which is how we call the spiritual body in Spiritism, is negatively affected as a consequence. If we use chemical substances or alcohol, for example, we might be voluntarily damaging our chakras and perispirit, therefore, most likely needing to reincarnate with problems related to the areas affected by our choices in previous lives.

This example was the one used in our sketch to talk about Chemical Dependency. But Druso gives other examples in this chapter, which are extremely important as well, such as when we choose to make false and damaging statements about people as a habit, we might need to reincarnate with difficulties in hearing or speaking to educate the way we listen or talk about things in general; or when we choose to use our intelligence or artistic talent to make negative creations of any kind, negatively inspiring others, we might need to reincarnate with problems related to our brain, which is the organ through which the Spirit expresses itself, so we learn to use our intelligence and talents in accordance to the laws in our conscience (see questions 621 and 621a of The Spirit's book by Allan Kardec).

Our Theatre Group presented a sketch adapted from this chapter and dedicated it to all of us who find ourselves having these difficulties, especially the ones who are fighting against an addiction.

Spiritism consoles our hearts and explains to us so many things that we, as a Theatre Group, felt happy to unite our hearts towards the same goal and share it with everybody through the means of Art.

If you would like to watch our sketch, please go to our Facebook page: Charlie Chaplin Spiritist Theatre Group UK.

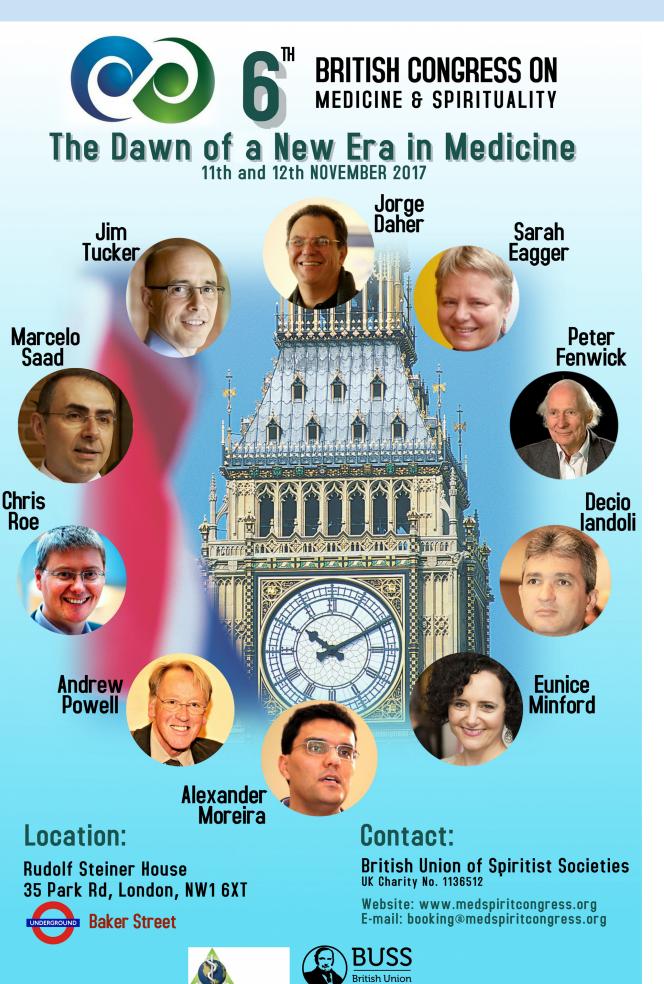
### Your donations are needed

The British Union of Spiritist Societies, BUSS, is a non-profit organisation with the mission of helping the promotion of Spiritism and the Spiritist Teachings, as well as to supporting Spiritist groups in the UK.

As such, we are reliant on the support of others to cover our regular costs, as well as being able to host seminars, educational events, and to have sufficient stock of Spiritst books, which we sell via our bookstore. All of our workers are unpaid volunteers, who donate their time and skills to BUSS.

If you would like to help BUSS with a donation, or if you would like to be a volunteer at BUSS, please contact us via e-mail: buss.office@gmail.com.







## 6th British Congress on Medicine & Spirituality

Tickets for the 6th British Congress on Medicine and Spirituality: The Dawn of a New Era in Medicine are now available via Eventbrite.

This two-day event in November is the perfect opportunity to listen to experts from the UK, USA and Brazil talk about the connection between spirituality and medicine. The lectures will be as follows:

- When the mind serves the soul: a new era in medicine Dr Andrew Powell
- New medicine for a new millennium Dr Decio landoli
- Making sense of anomalous voices and visions within a spiritual model: an interpretative phenomenological analysis of experiences in mediumship Professor Chris Roe
- Historical and cultural aspects of the pineal gland: correlations with 1940's Spiritism -Professor Jorge Cecilio Daher
- Differentiating spiritual experiences from mental disorders Dr Alexander Moreira
- The experiencing of light Dr Peter Fenwick
- · Alcohol addiction: a spiritual problem with a soulful answer Dr Eunice Minford
- Self-compassion Sarah Eagger
- Birthmarks and children's memories of past lives Dr Jim Tucker
- Cheating death: relations between religiousness and longevity Professor Marcelo Saad

For more information about this event, or to book your tickets please visit: www.medspiritcongress.org or https://www.eventbrite.co.uk/e/6th-british-congress-on-medicine-and-spirituality-tickets-31875960857

## Fraternity and The Spirits' Book

In April, BUSS hosted the Brazilian writer and lecturer, Cosme Massi, in a special seminar where he talked about *The Spirits' Book*, which was first published on 18th April 1857.

On the Saturday, he presented his lecture about the 160 years of the book and the investigations of Allan Kardec. The *Charlie Chaplin Spiritist Theatre Group* presented a play based on the short story *A Century Ago*, from the spirit Hilário Silva, which was received through Francisco Cândido Xavier.

On the Sunday, in celebration of Fraternity Spiritist Society's 25th anniversary, Cosme Massi spoke about Clear Conscience and Faith in the Future.





### **Quick Reads**

#### Janet Duncan at Francis of Assisi Spiritist Group

In May, Janet Duncan, a pioneer for the resurgence of Spiritism in the UK, talked at Francis of Assisi Spiritist Group in Stockwell, with the theme of New Epoch.





# Anne Sinclair to talk at Spiritist Society of London

On 27th July, at 7 pm, Anne Sinclair, Spiritist worker and interpreter for Divaldo Franco, will be talking at SSL in Oxford House, Bethnal Green, about The Science of Peace.

#### **Sheffield Spiritist Group website and videos**

The Sheffield Spiritist Group have been posting videos on their website of talks and seminars. The group meets in Sheffield every Thursday evening, and their meetings are in English.

For more information: http://sheffieldspiritistgroup.webs.com or sheffield.spiritist.group@gmail.com

#### **West Kent Spiritist Group**

This group gathers every Wednesday in Gravesend and Sunday in Sevenoaks, and meetings are held in English. The group studies the books Christian Agenda, The Spirits' Book and The Gospel According to Spiritism.

For more information, please contact Alexsandra (07521 084907) or Carlos (07974 656150).

#### **5 Years of Kardec Manchester**

The Manchester Spiritist Society was formed in 2012, and work following the Spiritist Teachings with the goal of personal inner reform. They have changed the name of their group in recent years to *Kardec Manchester*.

The group meet every Thursday in Manchester, and the meetings are in Portuguese. For more information, you can find them via their Facebook page espiritasmanchester, or by searching "Kardec Manchester".

### **Annual General Meeting of BUSS**

On Saturday 29th July, the British Union of Spiritist Societies (BUSS) will be holding their AGM, the Annual General Meeting. This meeting unites all members of the BUSS Directorship, the Trustees, the various Departments of BUSS, as well as Directors and representatives of all UK Spiritist groups who are members of BUSS, or those looking to become members.

During the meeting, the goals and objectives of BUSS will be discussed, as well as a status from all groups and departments, as well as the election of Trustees and the BUSS Directorship.

A summary of the AGM will be published in the next Newsletter.

For more information about this or any other subject, please contact buss.office@gmail.com.



### **Spiritist Groups in the UK**

### British Union of Spiritist Societies Members

Allan Kardec Study Group	. Walthamstow
Blossom Spiritist Society	. Wokingham
Chico Xavier Spiritist Society	. Hammersmith
Francis of Assisi Spiritist Society	. Stockwell
Fraternity Spiritist Society	. Stockwell
Guiding Light Spiritist Society	. Canterbury
Sheffield Spiritist Group	. Sheffield
Sir William Crookes Spiritist Society	. Plaistow
Solidarity Spiritist Society	. Wandsworth
Spiritist Centre for Peace	. Bethnal Green
Spiritist Friends of Edinburgh	. Edinburgh
Spiritist Group of Brighton	. Brighton
Spiritist Society of London	. Bethnal Green
Spiritist Society of Windsor and Maidenhead	. Maidenhead
Spiritist Study Group in Dorset	

#### Associated Groups

Andre Luiz Spiritist Society	Bermondsey
Ascension Spiritist Group	Bermondsey
Bezerra de Menezes Spiritist Society	Bethnal Green
Cardiff Spiritist Studies	Cardiff
Caritas Gospel Study Group	
George Vale Owen Spiritist Study Group	
Manchester Spiritist Society	Manchester
Richmond Spiritist Fellowship	Richmond
Sir Oliver Lodge Spiritist Group	Harpenden
Spiritist Friends of Dundee	Dundee
Spiritist Group of Harrow	
Spiritist Studies Group of Southampton	Southampton
Spiritist Studies in Bristol	
West Kent Spiritist Group	Northfleet



For information about Spiritism or Spiritist groups in your area, please contact BUSS: buss.office@gmail.com



# What is Spiritism?

### A philosophical and scientific study of life, the afterlife, moral reform and reincarnation

"God is the Supreme Intelligence, the first cause of all things." "Love God above all things, and your neighbour as yourself."

Spiritism is a Science and Philosophy, with Religion as its grounding, which brings light and understanding to life and morality.

Spiritism believes in the existence of corporeal and non-corporeal life, that we continue to exist no matter if we have a physical body or not. Before we live a physical existence we are in the discarnate state as an essence, an intelligence, a being, a Spirit. During our physical existence, we are in an incarnate state, with our spirit bonding with the physical body.

When our physical body dies, we enter the discarnate state again, and our spirit detaches from the physical envelope and returns free to the spiritual plane.

The purpose of our physical existence is to grow and evolve both intellectually and morally, learning how to help one another, to be humble and to see how our actions have future reactions: the law of cause and effect.

Spiritism is also a study of Mediumship, the ability of communication with the Spirits, i.e. those who no longer have a physical existence, and the flow of natural energies that allow this to happen.

All Spiritist practice is free. Mediumship activities are always conducted with the view of helping others by following the Spiritist principles of morality and peace, and respecting the teaching: "Give for free what you have received for free".

Spiritism does not impose its principles on others and respects all religions, faiths and doctrines, and all are welcome to study these teachings. Mediumship and communication with Spirits are also not restricted to any one faith, religion or doctrine.

Spiritist groups can be found around the UK and are guided by the British Union of Spiritist Societies. Visit www.buss.org.uk for more information.