

AbodeAug2022

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
CLOSED	-AquaFit -Explore Kingsville T1 (\$5.00 if you want to buy a coffee at Kings Bakeshop)	-History of Disability -Pop Floats -Jazzercise	-Celebrate Alex -Nacho Bar -Wii Tourny	-Abode Cinemas -Capture the Flag
8	9	10	11	12
- Celebrate Victoria -DanceFit	-Karaoke -Abode Salon	Go-Karting&Mini Golf at Point Peele Karting T2 (\$20.00)	-Abode Cinemas -Cold Drink Bar	-Life Class -AquaFit -Abode Salon
15	16	17	18	19
-Dance Fit -LifeClass	- Abode Cinemas -AquaFit -Baking Club	-Summer Salad - History of _____ -Abode Yardwork	- Abode Barber Shop (let us know if you would like a free buzz cut!) - celebrate Lucas	ABODE YARD SALE! Members Only * -DIY Ice Cream Sandwich Bar
22	23	24	25	26
CLOSED FOR SUMMER BREAK	CLOSED	CLOSED	CLOSED	CLOSED Final week: Welcome Back Colour Wars! Prizes for Members who best rep that days colour!
Colour Wars 29	Colour Wars 30	Colour Wars 31	Colour Wars 1	Colour Wars 2
-Dance Fit -BLUE DAY COMP. WEAR BLUE -Abode Cinemas	- Potluck Day *Snacks* *Snack Potluck: bring snack to share -ORANGE DAY COMP. WEAR ORANGE	-Celebrate Paige -Karaoke -Crazy hair day! -GREEN DAY COMP WEAR GREEN	-YELLOW DAY COMP WEAR YELLOW! -Potato Bar	- AMAZING RACE ESSEX: All day event. *Free Pizza Lunch WEAR RED

Important Notes

Communication

Please use the following contact information to speak with the Mentors about dropoff/pick up information and any other program related questions

aboderespitementors@gmail.com

519-961-9092 (Fergie/ 140)

519-961-9077 (Earl/ 144)

Invoices due by the 15th of each month

**All invoices can be paid online via QuickBooks or e-transfer to aboderespite.invoice@outlook.com

SIGN UP DAYS

Group members who already come on these days have a spot automatically. Email Heather to add a day

August 2: We are going to Kingsville to explore and visit the stores. Bring \$5.00 if you want a drink/ treat. If not, no money is needed. **T1 added to invoice**

August 10: \$20.00 cash donation and T2 added to invoice. Members will be given the choice of GoKart or Mini Golf

IMPORTANT:

Abode Yard Sale. Any lightly used house appliances, small furniture items, and artwork is graciously accepted on **August 17th and 18th**. Please do not drop off anything on the day of the yard sale. All donated items will not be marked. It will be a donation only event.

Abode House Donation needs this month:

Disposable plates, cases of water, swiffer wet jet pads and juice, gloves M and L

The programming on this calendar was decided upon by the membership of Abode Respite House.