
# SKILLS and DRILLS

**SHOOT 2017’** is back by with a new location!

So DON’T miss it. Open to girls aged 7 – 15 years.

**When**: **Where:**

14th – 18th August **Colaiste Iosagain,**

### 10.00am – 2.30pm Stillorgan Road,

 Booterstown,

 Co. Dublin

Players will be grouped together with other players of similar age and ability and coached by top coaches covering all areas of the game. **Offence**, Defence, **Rebounding**, Shooting, **Lay-ups**, Fast-break.

**Daily competitions** with prizes awarded at the end of the week. Mini Leagues, 3v3, Hot Shot, 1v1, Free Throw, Beat the Buzzer.

Overall Camper of the week and Most Improved Players.

All participants must bring their own **labelled basketball\*,** shorts**,** track-suit, **t-shirt**, water bottles and **packed lunch**.

Each Camper receives a SHOOT 2017’ **T-shirt**

The cost of the camp is € 90 for the full week (or €20 a day)

Any further enquires please ring;

Audrey 086- 1093055 or Ken 0879572681

Places are limited and will be allocated on a first come first serve basis.

\* U11 & U12 use a size 5 ball. All other ages use a size 6.

To avoid disappointment book early by completing the form below

and attaching a €20 deposit (non-refundable)

 for every individual place.

**NB: Cheques must be made payable to Meteors**

 **Basketball Club**

### **Send before 7th August** to:

###  Audrey Rowland,

 25 Broadford Lawn,

 Ballinteer,

 Dublin 16

**Name**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date of Birth**

**Club / School**:

**Address**:

**Contact No**: ( Home) (Mobile)

**Medical Conditions:**

**Parent / Guardian Signature:**

**T-shirt size: (Circle) 7-8yrs 9-11 yrs 12-13 yrs 14-15 yrs**

* If you would like an acknowledgement that your deposit has

been received please include a stamped self addressed envelope.

* Neither the course organisers or coaching staff are liable for any personal injury, loss or damage which occurs during the above course.

CHEQUE ATTACHED ONLINE PAYMENT CASH