

Confidentiality

Employees of Valley Community Services Board adhere to standards of professional ethics, including confidentiality.

Your records and Information will not be shared with anyone outside of VCSB without your written permission, except for when Federal or State Laws require disclosure.

Records or information will also be released if emergency situations require it.



Emergency Services are available 24/7. If you or a loved one are experiencing a mental, emotional, behavioral, or substance use emergency, call 540-885-0866 immediately or report to your nearest emergency room.



85 Sanger's Lane
Staunton, VA 24401

Main: 540-887-3200

Emergencies: 540-885-0866

myvalleycsb@vcsb.org

www.myvalleycsb.org

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.



Valley Community Services Board

Youth Program



School-Based Counseling Services



REFERRAL PROCESS

Call 540 213-7377 and ask for school-based counseling services.

LOCATION & HOURS

We provide outpatient counseling in many Waynesboro, Staunton, and Augusta County Public Schools during and after the school day.

INSURANCE

We accept all major insurances including Medicaid.

OUR PROVIDERS

We are proud to have licensed and licensed-eligible clinicians specializing in working with children, adolescents, and their families.

GET HELP WITH

- ✓ Anxiety
- ✓ Depression
- ✓ Self-esteem
- ✓ Grief & Loss
- ✓ Peer Conflicts
- ✓ Childhood trauma
- ✓ Anger management
- ✓ and more ...

Services



Children often experience significant emotional or behavioral difficulties in the school and home settings.

We realize that many families have difficulty attending traditional outpatient counseling services. That is why we are offering school-based counseling services in your child's school.

Your child will receive person-centered outpatient counseling tailored to meet their needs. School-based services allow our clinicians and the school to effectively coordinate care for your child.

Families are also encouraged to participate and be a part of the treatment planning. An integrated approach is vital to your child's progress and success in the counseling process.

Let us help your child discover, explore, and develop healthy ways to

successfully navigate the social and emotional dynamics of childhood and adolescence.

CHILD CASE MANAGEMENT

Assisting children and their families to access community resources and supports essential to meeting basic physical and mental health needs.

INTENSIVE CARE COORDINATION (ICC)

ICC utilizes the evidence-based High Fidelity Wraparound (HFW) model to help youth/adolescents at risk of an out-of-home placement and those who are transitioning back into the community after residential placement. It is a team-based, collaborative planning process for individualized care plans for children with behavioral health challenges and their families.

PSYCHIATRIC SERVICES

We offer psychiatric services and medication management for children, adolescents, and families.

INTELLECTUAL DISABILITIES

Includes case management, waiver application assistance, vocational training, and residential services in childhood and adolescence.