|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 |  |  |  | 5 |  | A whole week already! |  |  | 10 |  |  |  |
| 2 weeks, well done. | 15 |  |  |  |  | 20 | 3 weeks, you’re in the habit now |  |  |  | 25 |  |
|  |  |  | 30 | 1 month  Shooting star |  |  |  | 35 |  |  |  |  |
| 40 |  |  |  |  | 45 | **100**  **Day**  **Practice challenge** | |  |  |  |  | HALF WAY  Clapping hands |
|  |  |  |  | 55 |  |  |  |  | 60 |  |
| 2 whole months  Star |  |  | 65 |  |  |  |  | 70 |  |  |  |  |
| 75 |  |  |  |  | 80 |  |  |  |  | 85 |  |  |
|  |  | 90 |  |  | 1 week left  Dance |  | 95 |  |  |  |  | **100 days**  Ribbon |