# **Top Five Practices**

In support of the Three Universal Truths, Kids at Hope identified five top practices to be implemented. They are:

**BELIEF** 

...surrounding children with adults who believe all children can succeed, without exception.

**PLEDGES** 

...demonstrating and practicing the power of positive self-talk.

**REPORT CARD** 

...validating and documenting the multiple intelligences of children which leads to developing their full potential.

PASSPORT TO THE **FUTURE** 

...offering all children the opportunity to "mental time travel" to the future through four domains which leads to HOPE for their future.

**ACES** TRACKING

...validating and documenting that all children are indeed connected to a caring adult(s) in a meaningful and sustainable manner.

## **Professional Development**

Through a series of powerful trainings, seminars, symposiums, consultation, and institutes designed to support the belief, principles, and practices, your organization can create a culture where all children/ youth experience success, No Exceptions.



Visit: www.kidsathope.org (602) 674-0026

Toll Free 1-866-275-HOPE











**Defining a Culture Where Every Child and Youth is** Capable of Success...

## Kids at Hope at a Glance

- > 75,000 caring adults trained
- 475 models established in 21 states and Alberta, Canada including schools, child welfare groups, juvenile justice systems, recreation programs, public safety departments, community centers, and youth development organizations reaching over 650,000 children and youth
- Cited by the American Academy of Pediatrics in a book it published on resiliency
- Adopted by the **Arizona Supreme Court** in support of improving its juvenile justice system
- Co-created Arizona State University's Center for the Advanced Study & Practice of Hope



In Partnership With





For too long we have misrepresented many of our youth as "at risk."

The "at risk" label advances the notion that some kids will do well, others will struggle and possibly make it, and some young people may fail.

Unfortunately we have accepted that prophecy. Some will argue that it is a reality. Well, let's change the prophecy and create a new reality where the belief that all kids are capable of success, No Exceptions is modeled. It is time to reverse the paradigm from "at risk" to AT HOPE.

Our MISSION defines who we are. Our VISION describes what we do. Our WHY is what we believe. The WHY is our passion, energy, and creativity.

#### **MISSION**

Kids at Hope's mission is that every child/youth is afforded the belief, guidance and encouragement that creates a sense of hope and optimism, supported by a course of action needed to experience success at life's four major destinations: Home & Family; Education & Career; Community & Service; and Hobbies & Recreation.

#### VISION

Kids at Hope inspires, empowers and transforms schools, organizations serving youth and entire communites to create an environment and culture where all children experience sucess, *No Exceptions!* 

#### **WHY**

Because we believe all children and youth are capable of success, No Exceptions!

# INSPIRED by Research EMPOWERED by Professional Development TRANSFORMED by Passion and Action

Kids at Hope was created after examining research from the fields of psychology, education, sociology, recreation, criminology, social work and medicine then synthesizing all that knowledge into a strategic cultural framework.

Kids at Hope, an evidenced based, strategic cultural model reverses the "youth at risk" paradigm by establishing a holistic methodology that engages the family, school and community. It is based on three universal truths which, if adopted, support the success of all children and youth, without exception.

## **Major Research Findings**

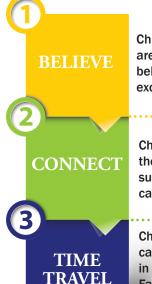
- It's not risk that prevents success; it is the absence of **HOPE.**
- We do not control most of the risk children and youth experience, but we do control much of the **HOPE**.
- **HOPE** is **taught** and **learned**.
- It's not program or curriculum that makes the biggest difference in young people's lives; it is adult relationships.





### **Three Universal Truths**

Rather than create another program, Kids at Hope drew from it's research findings and established a cultural strategic framework based on Three Universal Truths.



Children succeed when they are surrounded by adults who believe they can succeed, no exceptions.

Children succeed when they have meaningful and sustainable relationships with caring adults.

Children succeed when they can articulate their future in four domains: Home and Family; Education and Career; Community and Service; and Hobbies and Recreation.

Kids at Hope is a strategic cultural framework, not another program.