Bible Study

Wednesday – November 18, 2020

**Emotionally Healthy Spirituality**

**Chapter 2**

As we now consider the last two areas that are viewed to be the symptoms of a unhealthy spirituality and we take the steps to move forward to have a Emotionally Healthy Spirituality.

Let’s first review the last two areas

1. Living Without Limits

What does this say to you to live without limits

Consider: Psalms 139:1-14

Lamentations 3:7-11

**Judging Other People’s Spiritual Journey:**

Consider: Matthew 7:1-5

Romans 14:4, 13

1 Corinthians 4:5

James 4:12

What is the message we receive?

**Know Yourself That You May Know God**

**B**ecoming **y**our **A**uthentic **S**elf

Genesis 1:26-27

Ephesians 4:17

How do we do this ?

**Feelings and the Beginning of a Revolution**

**Genesis 4:3-10**

Genesis 27:6-41

**Our Gods Feels**

Genesis 1:31

Genesis 6-6

Exodus 20:5.

Matthew 26:37-38

Mark 3:5

Share where you see Jesus or God’s feelings expressed