



# CONSENT FOR TREATMENT

## GlyMed Plus® Professional Only Chemical Exfoliators

Clinic/Spa: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

### Clinical Treatment *(check all that apply):*

- Intense Anti-Oxidant Professional
- Exfoliator AHA Active Exfoliator
- Lactic Action Exfoliator
- 30%  50%
- Chocolate Power Skin Rescue Peel
- Jessners Solution
- Oxygen Skin Regenerative Peel
- Sal-X Salicylic Acid Peel
- 20%  30%
- 5-Berry Pigment Control Peel Vitamin
- A Peel
- Professional TCA Peel 15% Solution
- DermaSound™ Ultra

GlyMed Plus® advises the treatment you will receive is ONLY available through a licensed and trained skin care professional.

GlyMed Plus® Purely Professional clinical treatments are immediately effective and produce long-term results when all directions, as advised by GlyMed Plus® and your licensed skin care professional, are adhered to. These special noninvasive skin performance treatments remove the outer layers of micro damaged skin—signaling new cells to emerge, increasing collagen, elastin and hydration levels thereby producing clearer and more younger looking and acting skin. Additional benefits may include the drying of active acne, dislodging or purging of blackheads, reduction of superficial wrinkles or scarring, improving the appearance of mature or aging skin, correcting sun damage, lightening pigmentation disorders such as sun or age spots, and controlling the effects of other health and aging skin challenges.

**COMPLIANCE in your skin care program will determine the level of success and outcome of your treatment. Effective, long term results are dependent upon you. Consistency with your recommended continuance of GlyMed Plus® home skin care products exclusively as prescribed by your licensed skin care professional cannot be emphasized enough.**

It is strongly advised you continue your professional in-clinic appointments as scheduled. Report any changes in health, diet, lifestyle or any reactions to your esthetician or physician. Apply sunscreen as directed by your esthetician or physician, avoid excess sun exposure and avoid tanning beds. Inform your esthetician or physician of any recreational plans for the week following your treatment.

No guarantee is made or implied regarding results, peeling times or level of discomfort. Your treatment may involve the application of several peels at one, two or four week intervals, as determined by your esthetic/professional technician. It may include the use of GlyMed Plus® skin brightening agents and sun-protection products. GlyMed Plus® advises a patch test (usually requiring a nominal fee) applied behind the ear to gauge possible reactions.

Depending on your treatment, you may experience some temporary discomfort, including stinging or warm flushing, similar to a mild burning sensation. This is NORMAL and generally fades within five minutes. During the few minutes following the initial treatment, you will experience tightening of the skin to varying degrees. The skin can appear red and become progressively rosier, occasionally turning a tan to brown color, depending upon formula and application variances.

For most individuals, peeling starts at day five but can be as early as 48 hours. It is impossible to pre-determine how much peeling will occur. Deeper penetration and more active solutions may result in sensitivity for several hours after the procedure, with some significant peeling for up to ten days. Your skin can feel tight, dry and you may experience redness for up to ten days.

To enhance your treatments and relieve discomfort for the period following your treatment, you are advised to do the following:

- Drink a full glass of tepid water immediately after treatment and a total of eight glasses in the following eight hours.
- Use only professional skin care products recommended by your esthetician or physician.
- Notify your esthetician or physician of ANY concerns.
- Do not use tanning beds, and avoid sun exposure as much as possible. Apply sunscreen DAILY and for added protection, use GlyMed Plus® Photo-Age Skin Shield Make-up with sun protection.

**Steps to remember post-peel:**

- Avoid all sun exposure.
- Avoid exercise and sweating for 48 to 72 hours.
- Avoid having the shower spray directly on the face.
- Do not pick, rub, or unnecessarily touch the face.
- Minimize facial expression.
- Sleep on back.
- Shampoo with head tilted backward to avoid shampoo on skin.

I hereby give my voluntary consent and authorization for treatment and release the above named provider, its employees, associates and subsidiaries and GlyMed Plus® LLC. I release its employees, associates and subsidiaries, from any claims expressed or implied that I have or may have in the future, in connection with this treatment regardless of result. By signing, I am stating I fully understand the above and that the treatment had been explained to me in detail.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_