

# News & Views

Maritime Assembly Area 91 Newsletter – September 2021

## Statement of Purpose

News & Views is published in **February, April, July, September & November**. The newsletter contains service related news and information for Al-Anon Family Groups in Area 91. **Send submissions to:**

**Dolores McCormick**, 4 Mountain Rd, Halifax, Nova Scotia B3N1A2

Phone: 902-479-3852 Email: **NEWS.VIEWSA91@gmail.com**

**All items for the November, 2021 Newsletter**

**MUST be sent to Dolores McCormick at the above address, by 1<sup>st</sup> of the subscription month**

**Chairperson's Corner:** Fall is almost here, so that means it's almost time for our Area World Service Committee Meeting (AWSC). It will be held on Saturday October 2<sup>nd</sup> on ZOOM. We welcome all incoming Officers, Coordinators and District Reps to join us (with voice, but no vote) along with the current Officers, Coordinators and District Reps. More details will be on the website in the Assembly/AWSC page in the members pages. Interested members may join us as observers (with no voice or vote) as well, since we will be on ZOOM. Information was sent to Officers, Coordinators and District Reps early September. Stay tuned! <https://al-anonmaritimes.ca/assembly-awsc>

Speaking of the Website, In June, our website was transferred from our previous host Webs' servers to our new host Vistaprint's servers. Many things did not work as they should, particularly with the password protected pages and the files within. After many hours spent this summer working with Vistaprint's Tech assistance, **the website is back up and running, and working with a new look**. All pages and files are working again – The reconstruction is completed. We again have a website that adapts to the type of device you use, whether it is a computer (desktop/laptop), or a tablet, or a mobile phone. One difference that you will notice is that with Webs you only had to enter the password once and had access to all the password protected pages and files within. Now with Vistaprint, you need to enter the password EVERY TIME you are accessing a password protected page. Saving the password in your browser or device will make it less painful to type in "serenityodat" every time. That's one difference from switching hosts. The meeting cards are up-to date, so please continue to send in your meeting changes too, so newcomers and members are able to find meetings. It can be done through the website or by email to [area\\_91@hotmail.com](mailto:area_91@hotmail.com). The Area calendar is working, and is public, so feel free to send in your events, such as Anniversary's or Open Meetings. FYI, we keep our grandfathered pricing of USD \$49.95 with Vistaprint, have a few more features available with them, and as a bonus, recognizing the difficulties we had during the transition, they refunded our payment for 2021. The amount of Cdn \$65.48 was actually a couple dollars more than paid in May due to the exchange rate. Please go check out our updated website. [www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca) Happy Surfing! If you have any suggestions or comments, I would love to hear from you.

We are still searching for an interested member to take over the Literature Depot at the beginning of 2022, where Doreen has announced her intention to resign. If you know of an interested member, please contact me ASAP, so we can talk about what is involved.

Reminder of the Virtual Area Workshop to be held Saturday September 25th, from 10:00 am to 12:00 pm. The topic will be Service 101, in recognition that many Groups and Districts will be having elections for positions this fall. The link and info will be posted on the [Workshop Page](#) of the website. As always, any questions, concerns, or comments, send to: Mickie Zinck, 224 Nadia Drive, Dartmouth, NS, B3A 0A9, 902-407-9041, [marvymickiez@eastlink.ca](mailto:marvymickiez@eastlink.ca)

Love in Service & Hugs, Area Chair, Mickie

## **Delegates Report:**

I sit here thinking, where did these past three years go. Well, they have been busy and most of us are now proficient users of Zoom, Fongo, Webex and other communication tools we never heard of until March 2020. Now many groups use these for their meetings and districts are using these for their business meetings, well done.

My term as Delegate is quickly winding down with one more assignment to be completed prior to the October Board meeting with the possibility of another small assignment mid-November to be completed Mid December. I do have to say thank you to the AWSC members, working with you has been a pleasure.

My term as your Delegate has been fulfilling, have learned a lot and am very humble that I was elected to represent Area 91 at three World Service Conferences, and each Conference was a first. 2019 was the first Tri-lingual Conference; 2020 was the first Conference via Webex and 2021 was the first Conference with all the International General Service Structures around the world in attendance. These past three years have been huge learning curves for all who attended Conference and for the World Service Office staff that administrated all these functions.

Area 91, Maritime Provinces has done well in coping with Covid -19 restrictions for meeting closures and setting up alternative meetings on Zoom and Fongo. This may not be the meeting format of choice, but it does give us the opportunity to have a meeting and offers those who wish to attend meetings all over North America or wherever a Zoom meeting is advertised.

Before I forget; Zoom announced this past week that come November 1<sup>st</sup> all Zoom platforms you are using on whatever device you are using MUST be up to date with the latest update, as if it is not, after November 1, you will not be able to access Zoom. So, when you log into Zoom and an update is available, please update your device, only takes a minute or less. The downside of this is, if you have an old device, tablet, iPhone, or computer program that will not accept these new updates; then you will not be able to access Zoom from the device. This message came from Zoom August 31, 2021, and it is recommended that your latest update be 5.5.0 or better prior November 1, 2021.

I have to put in a plug on behalf of Area 91's Alateen App meeting on Monday's at 7pm. This group of volunteers who participate in these meetings need help, (volunteers). These folks are called AMIAS's, Alateen member in Alateen Service. These meetings are through the Alateen App sponsored by the World Service Office. This APP is on a Zoom platform but is not the same Zoom meeting protocols that are present on a normal Zoom meeting. It does take some time and practice to become proficient and comfortable and you are live with the Alateens with everyone's video on.

This group would like to have 6 more AMIAS members so the weekly rotation could be once a month. They are looking for volunteers who, first of all have to get a Police Check completed and sent to our Alateen Coordinator Mark M; who are comfortable on the existing Zoom platform and work well with others as there are three or more on these Alateen meetings every meeting. One does not need to have Alateens in their district as our Alateens are from all over North America and the UK. It is a very rewarding meeting with these young people. Come, please consider being an Alateen AMAIS.

The 2021 Conference Summary is now available to download from the WSO, for free. It has all the discussions, presentations and speeches that were given during Conference.

Many thanks to those who put on workshops this past year, very beneficial to all of us, thank you. We'll see all at the AWSC meeting in October, those who have elected new DR's for 2022 – 2024 bring them along.

Enjoy the fall weather, hugs to all, see you at AWSC meeting,

Your Delegate, Wally Chivers Maritime Provinces, Panel 59

Email – [wallychivers@ns.sympatico.ca](mailto:wallychivers@ns.sympatico.ca) Telephone;902-434-7789

## **Treasurer's Report: September N&V, 2021**

Hi Everyone – Where did summer go? Seems like we are well into fall except that everything here in NB is still lush and green. The maples haven't even started to change their colours at time of writing, and flowers are still in full bloom (no frost). Wonderful! Last time I prepared a submission I was wishing everyone a 'happy summer', now it's time to wish you a wonderful, colourful fall. As we seem to be entering a "fourth wave" of Covid 19, I do hope everyone has been fully vaccinated and is well and happy. Stay Safe!

**E-transfers:** I am so happy to see that many of you are trying to send your monies in by e-transfers. Hope you find it much easier and enjoy the fact that I send you a reply almost immediately acknowledging your deposit. For those of you who are making the e-transfer from your personal accounts, this gives you proof to get your money reimbursed from your Group or District. Once again our e-mail address for e-transfers is: [maritimeassembly@gmail.com](mailto:maritimeassembly@gmail.com) (Don't forget the "f"). REMEMBER in the note section, tell me what the transfer is for (donation or insurance), and give me your Group Number and your District Number. Official receipts are written at the end of our fiscal year (May, 2022) and mailed (or distributed at a face-to-face Assembly) to your District Representative. Therefore, when making a "personal" donation, please make it clear that it is a personal donation, and also what District you belong to.

**Sending Cheques:** If you are sending your money by cheque, please, please be sure to make the cheque payable to "Maritime Assembly Fund" and that it is properly dated. Any changes made on the face of the cheque must be initialed by both signatories. Cheques should be mailed to me as your Treasurer: Brenda Graham, 184 Pleasant Avenue, Sussex, NB, E4E 1Y2.

**Donations to Area:** Many groups/districts make regular donations by month or quarter, and it is very gratifying to know that you appreciate what Al-Anon has done for you; and, when possible, are reaching out to help others across our globe. Your donations are always appreciated and even more so during Covid when the Maritime Literature Depot has not had excess funds to transfer. Thank you!

**Balance June 30, 2021 (last N&V)..... \$22,577.23**

**Income:**

Donations from Groups .....	930.00	
Insurance .....	0.00	930.00

**Expenses:**

Website Refund .....	(65.48)	
Service Charge (July/August) @ 3.95.....	7.90	(57.58)

**Book Balance August 31, 2021 ..... \$23,564.81**

**Bank Balance as at August 31, 2021 ..... \$23,564.81**

**Hope to "see" you all at Assembly in October!!!!**

Hugs in Al-Anon, Brenda Graham, Treasurer, Maritime Assembly (506 433-5028)

## **Public Outreach Report:**

STAGE 5 and Public Outreach

How long have we waited? We have a real Public Outreach opportunity

Schools are now open and classrooms are filled with students and teachers.

Let's think Alateen!!

Reach out and explain to our schools in your districts what Alateen is and how it can benefit our teens. The end result will be an improvement in the overall atmosphere and attitude of everyone in the school for both teachers and students.

Explain what the Al-Anon app is and how teens can now meet each other, with supervision, to learn to use the Alateen principles that will help them in the daily lives.

Use our new Alateen poster to help explain. Email it. Download it from our website and print it.

If you need laminated hard copies. Let me know.

Please reach into your districts and groups to find people to help us support the Maritime Celebrate Alateen meeting as sponsors Monday evening at 6:45 pm to 8:15pm.

Talk to our Alateen Co-ordinator to find out how to become an "Al-Anon member in Alateen Service".

Finally - please check out our new and improved Al-Anon Maritimes website. View Al-Anon's newest Public Service Announcement that was released in August "Benefits of Al-Anon Recovery"

Remember you can like & share this PSA from WSO's social media posts on Facebook, Instagram, LinkedIn, or Twitter.

- WSO's new vendor is sending these PSA's to Nielson rated TV and Radio stations only  
When we have a radio or local channel who would be willing to share PSAs, have them send their contact information to [media@al-anon.org](mailto:media@al-anon.org) and WSO's vendor will get in touch with them.

Yours in service, Barbe M, Public Outreach Coordinator



# AIS FELLOWSHIP COFFEE HOUSE

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Saturday October 23 from 2:30 - 6:00 pm  
North Woodside Community Center, 230 Pleasant St, Gymnasium,  
(Enter at side door off south parking lot)

Come and join us to celebrate Al-Anon's 70th Birthday!  
Al-Anon Members and their families are welcome.

Al-Anon and AA Speakers, Social time  
Coffee, Tea, Water and snacks.  
(supper/meal will NOT be served)

7th Tradition at the door

Email AIS.HFX.NS.AREA91@gmail.com if you plan to attend,  
and the # of people attending with you.

**PRE-REGISTRATION IS REQUIRED BY  
FRIDAY, OCTOBER 15.**

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PLEASE NOTE:  
NWCC Facility Requirement to  
show Proof of Covid-19 Vaccinations  
at the door and wearing of masks  
in all common areas of the building.

We respectfully request you wear a mask  
except when seated during the event.

### Maritime Literature Depot:

Bank Balance \$9,730.01 as of July 31, 2021 The orders are slowing coming into the depot as groups and members submit their orders. WSO has announced .....

### Welcome Newcomer! (eK-10)



Introduces first-timers to basic introductory information about the Al-Anon program in an eBooklet format.

Available through:



*This announcement is informational only, and not an endorsement of any electronic media provider, reader, or other products sold by electronic media providers.*

Also, any interested members willing to take the Maritime Literature Depot position, please contact myself at [area91mld@gmail.com](mailto:area91mld@gmail.com) or Mickie at [marvymickiez@eastlink.ca](mailto:marvymickiez@eastlink.ca). I will answer any questions, or try, you may have 😊 Submitted by, Doreen E., Coordinator

**WANTED – Literature Depot Manager - Do you have a love of literature? Do you have space in your home to put Depot Materials & Literature stock? Are you interested in serving Al-Anon or know a member who is?**

Doreen has announced her intention to resign in December. The Area is looking for a member to serve in her place. The Job Description, taken from the Maritime Guidelines, is below. If interested, contact Mickie or Wally! Thank you!

#### **GUIDELINES FOR MARITIME ASSEMBLY LITERATURE DEPOT – From Maritime Guidelines**

1. The Literature Depot Manager is also the Area Literature Coordinator (1990 Motion).
2. The Literature Depot Manager orders literature from WSO, prices literature according to Maritime Assembly Motions, stores literature, fills literature orders, and has same available for sale/display at Assembly/AWSC meeting.
3. The Treasurer's books are audited annually on April 30th.
4. A separate bank account is established for the Literature Depot. The name on the account will be Maritime Literature Depot. There will be 3 members names on the account including the Literature Depot Coordinator, Depot Treasurer and if possible, the Chairperson of Assembly, or Area Officer, or member of the AWSC Committee. Two signatures will be required on all transactions. All cheques are to made out to the Literature Depot not the Literature Depot Manager personal name.
5. A petty cash fund of \$300.00 is established for photocopying, stamps, etc.
6. The Literature Depot will remain stationary until a change becomes necessary. At that time the AWSC will elect a new Literature Depot Coordinator.
7. The Literature Depot will send monies by cheque to Assembly twice a year. The amounts are subject to change by Assembly's need or the Literature Depot's financial stability. The Literature Depot can issue cheques for any operating expenses.
8. The Literature Depot will not take any phone orders.
9. The Maritime Assembly Depot will be insured for \$20,000.00.
10. The Literature Depot Coordinator does not need to have assurance. Assurance means he/she is not "bonded" to assure us that the funds are secure. The process is complicated and very costly. Our Literature Depot Coordinator is a trusted servant.
11. A computerized inventory/accounting system can be used at the discretion of the manager.
12. Rent of facilities to house the Literature Depot may be considered in the future, if needed.
13. The Literature Depot have a place on the District agenda of the area where the Depot is housed.
  - a. This will make the district aware of how the Depot functions.
  - b. The district will, by vote, approve of the yearly auditor of the Depot's financial books.
  - c. The district will be available to help the Depot brainstorm ideas and help with Depot problems.
14. The Literature Depot Treasurer sends bank statements to the Assembly Treasurer and Assembly Chairperson on a time table requested by Assembly Chairperson.
15. The Literature Depot Coordinator and Treasurer or AI-Anon member Assistant (if they are not the same person) will be funded to attend Assembly and AWSC meeting. (2020 Motion)
16. The Literature Depot Coordinator will be responsible for maintaining all ledgers and copies of original financial transactions for seven years, for and should ever an audit be required for any reason. The eighth year may be disposed of by shredding of all documents.

17. Communicates, as necessary with WSO, through mail, email, conference calls, telephone, and the Literature Coordinator AFG Connects or AFG App.

18. Gives a written and oral report to Assembly and AWSC meeting, informing Assembly of all literature updates, changes, and new literature. Provides a copy of the report to the Assembly Secretary. Communicates with the districts via News & Views on a regular basis.

### **Forum Report:** September 2021

Hi Everyone Wow did that summer fly by.

Please consider writing about one of the Twelve Steps, Twelve Traditions or Twelve Concepts of Service as the Forum receives very few sharings about them.

Submissions should range from about 200 to 400 words.

As always you can also write about Al-Anon's 3 Legacies. Send articles to The Forum 1600

Corporate Landing Parkway, Virginia Beach.VA 23454-5617 or

to [wso@al-anon.org](mailto:wso@al-anon.org) or online at [al-anon.org/forum](http://al-anon.org/forum) share.

Thank you for your participation in the 2021 Al-Anon Membership Survey

The WSO is grateful for the time and commitment to provide data -supported information to mental health, alcoholism/ addiction and medical professionals.

Results will be a future edition of the Forum.

In July a proposal was offered to Forum Coordinators to have a twice yearly

Web conference call (with video). This would be a chance to ask questions, offer ideas, and share experience with each other. I just received the news that 55 Forum Coordinators will be taking part on September 22 from 7:00 to 8:30 pm ET

I am so looking forward to this new experience.

AWSC will be here before we know it and I will report on the conference call then.

Nancy Lohnes Forum Coordinator Area 91 Phone 902 562 4978 email [nancyelaine744@gmail.com](mailto:nancyelaine744@gmail.com)

### **Group Records Report:**

Hello everyone, hope you all enjoyed your summer. We are coming up on the last few months of your three-year term, things you need to keep in mind either to change yourself or pass on information to new DR or GR of your District or Group.

1. New GR information for your group if changed.
2. New Current mailing address if changed.
3. New Contact Person if changed.
4. Meeting Place or Time of Meeting is changed.
5. If your GR changed their Email Address or Phone Number.

This information is very important to every group in Area 91, so they can be kept in the loop with changes or events that is going on, from WSO. If you find it difficult to get the form online, you can email me all the information. I need to keep records correct. I print off all emails and put them in your file. My email is [alvinahowie@gmail.com](mailto:alvinahowie@gmail.com)

Will see you all at AWSC in October. Stay Safe. Submitted by Alvina KH GRC Area 91

### **News and Views Report:**

The process continues to run smoothly as our term nears its end. Just one reminder, that all articles be submitted by email to our News and Views email address [news.viewsa91@gmail.com](mailto:news.viewsa91@gmail.com) rather than my personal address. This will ensure that they are not missed as they might get lost in my personal email. Yours in service Dolores M N&V Coordinator.



#### **District 4:**

**Hi From District 4 Happy Fall!!!!!!**

I am very excited to start my new journey in Al-Anon as the new District Representative for District 4. We are in a new way of meetings being held whether it is by Fongo or zoom.

We have a meeting Wednesday evening at 8:00pm on Fongo, the contact information is 1-902-932-1200 passcode is 9024189563#.

The Port Hawkesbury Al-Anon Family Group will be resuming Our weekly in person meetings as of September 14/21 @ 8pm. Take Care. Hugs to All. Donna M, DR, District 4

#### **District 5:**

Updated Meetings for District 5:

Monday 10:00am Reaching Out AFG .... Fongo only  
Monday 7:00pm New Beginning AFG .... Fongo & In person  
Tuesday 7:00pm Recovering Al Anon Adult Children Group .... Fongo & In person  
Tuesday 8:00pm Easy Does It AFG .... In person  
Wednesday 1:00pm Love & Hope AFG (Bilingual) .... Zoom only (Please note time change) To participate email [rachel.marcel@rogers.com](mailto:rachel.marcel@rogers.com)  
Wednesday 8:00pm Clark AFG .... Fongo only  
Thursday 10:00am Morning Serenity AFG .... Fongo only .... (In the process of looking for a new location for in person meetings.  
Thursday 7:30pm Nouveaux Horizons GFA .... Zoom (Contact Tas or email [rainbow8514@outlook.com](mailto:rainbow8514@outlook.com))  
Friday 7:00pm Road to Recovery AFG .... In person

My apologies to District 5, if any information is incorrect. I made some personal calls, but unfortunately could not reach some groups.

Please note: On the Maritime Website some changes have not been updated yet.

Happy Fall and Thanksgiving to everyone



Yours in service; Jan W (News & Views, Secretary & Alternate DR)

#### **District 6:**

Cobequid Al-Anon group meets on Wednesday nights at Douglas Street, Truro as they are able to have in person meetings. Their numbers have been down during the summer which is expected and normal for them. Hopefully more members will be in attendance this Fall.

Truro Al-Anon has been having low attendance. They do not have enough members attending to pay the rent much longer. It has been a struggle to get and maintain newcomers. They have had to cancel some meetings this Summer due to low attendance. This is sad news as this group celebrated its 52nd anniversary this past April, making it the oldest group in our district. Hopefully attendance turns around.

Pictou Adult Children Survival to Recovery group has been doing well by having meetings through Zoom. There have not been any talks of heading back to face-to-face meetings yet. There are usually 10 to 15 members in attendance.

Just for Today Stellarton is also continuing its meetings through Zoom. The NSCC Pictou Campus will not reopen for face-to-face meetings until at least January 2022. They average 12 to 15 members. District 6 also hosts a Zoom book study every Monday at 7pm, The book currently being read is How Al-Anon works. Great sharing of experience, strength and hope. All are welcome. Our Zoom details are the same for all our meetings and can be found on the website.

Yours in service, Tara DR, District 6

### **District 7:**

Greetings Area 91. Hope everyone had a wonderful summer 😊

Groups in District 7 have been slowly making their way back to face-to-face meetings. Currently we have 2 groups, along with the Alateen group, that are not yet meeting, 2 groups meeting via Zoom, 2 groups meeting face to face with Fongo, and 4 groups meeting face to face. We will be holding our elections this month, September 21<sup>st</sup>, via Zoom. Anyone in District 7 interested in holding a position at District level please be sure to join us. I will be sending the Zoom invite a couple of days before hand so please ask your GR for the invite information or feel free to email me directly at [district7area91@gmail.com](mailto:district7area91@gmail.com). If you are thinking about holding a position, I would appreciate if you could let me know ahead of time allowing me to get things set up in Zoom for as far as voting is concerned. Those taking positions would begin their term, Jan 2022. Lastly, I would like to acknowledge a couple groups who will be celebrating their groups anniversary. Our New Beginnings AFG celebrate 18yrs in October and Woodlawn AFG will be celebrating 57 years in November. Take Care. Big Hugs from Dana L - District 7 Representative

### **District 8:**

So, hi everyone from District 8. The Annapolis Valley for those of you who are new. Like most of the other Districts District 8 has had some of the same challenges. Three Groups are closed. Two Groups meet face-to-face. The last three Groups are still meeting on FONGO. The Public Outreach has practically slowed to a halt. The Crosbie House Treatment Centre in New Minas still welcomes one of us to present the Al-Anon message to their clients every four weeks. They can still take literature. The District will be meeting on the 3rd Monday of September. Most of the Groups will be choosing a New Group Representative. District 8 will also choose a new District Representative. I have loved the involvement with the membership and public while serving as the DR. Looking forward to the ZOOM edition of the Area World Service Committee Meeting at the beginning of October. In Service to Al-Anon, Christine S.

### **Ask-It Basket 2021**

**1.** *In the Group Records report at Assembly, there was a mention that WSO will use the address that the Forum is sent to for CMA (Current Mailing Address). What happens if a group does not subscribe to Forum?*

**ANSWER:** If the group does not have a Forum subscription, then mail will go to the designated CMA Address the group provided to Group Records.

**2. a)** *Who is most able to afford the cost of Assembly, Area or District?*

**b)** *Typically, how much does Assembly cost to host?*

**ANSWER:** The cost of Assembly is the responsibility of the Area. It is offset by Assembly registration fees collected, and group, district, and member contributions. The Hosting District may incur some costs for hosting if they choose to provide a meet and greet on Friday (with or without snacks), or provide any gifts/tokens in the Assembly registration packets, as these things are at the Host District expense. They may also incur costs in choosing a Closing Speaker for Assembly, as the Host District provides the Closing Speaker for Sunday morning at Host District expense. This is all taken from the “*Guidelines for Hosting a Maritime Assembly*” in the **Maritime Assembly Guidelines**.

A Host District brings three quotes from three facilities to host Assembly to the AWSC (Area World Service Committee) meeting after being chosen to host. AWSC reviews the three quotes and chooses the location to hold Assembly at based on pricing and amenities available. Then the Host District works with the facility to plan and eventually hold Assembly in the chosen location.

The cost of having an Assembly is an average between \$2000 to \$3000 dollars. Factors that contribute are the cost of the facility (if costs for meeting rooms, microphones & flip charts), the costs to Officers & Coordinators (sleeping, meals & travel), and, whether there is a WSO guest, which happens about once every three years, as Assembly pays for their expenses to attend. Depending on these factors the cost may be on the lower end or the higher end of the average.

The Area covers the costs of all the Officers and Coordinators to attend. The Districts cover the costs of the District Reps to attend. Groups cover the costs of the Group Reps to attend. Members attending who do not hold an Officer, Coordinator, DR or GR position cover their own costs. However, when the DR is also a GR, the group pays the expense. Likewise, If an Officer/Coordinator is also a DR, the district pays the expense. Or if the Officer/Coordinator is also a GR, the group pays the expense.

**3. *Would it be possible to have a simulation type of workshop for being an Alateen sponsor at zoom meetings. It might be an incentive to get people to volunteer if they knew first-hand how it works.***

**ANSWER:** Alateen meetings are the same as Al-Anon, except the participants are teenaged members. The Sponsor role is to guide the Alateens in staying on topic, and to assist with understanding of how Alateen works and the principles of the Al-Anon/Alateen program. They may initiate discussions on a topic or share on a topic as well in the meeting.

Unfortunately, where the Alateen Meetings are hosted on the Al-Anon App, with a Zoom-like platform, it is very difficult to replicate what it is like in a regular Zoom meeting. The only members who would be given access to the Alateen APP meeting and the Training room on the APP must be certified AMIAS (Al-Anon Members Involved in Alateen Service). WSO will not grant access to regular members. Once certified by the Area process to become an AMIAS, they would be welcome to observe or participate in an Alateen meeting, in person, or in the Al-Anon APP.

**4. *For Delegate: What's a ""Road Trip" as it relates to Al-Anon?***

**ANSWER:** The Board of Trustees have 4 meetings per year in April, July, October and January. For the past few years, the meeting held in October has been hosted by an Area in the USA or Canada. All Al-Anon/Alateen members are welcome to attend (or do a Road Trip) to meet the Board during designated portions of that meeting. There is a selection process held after the October meeting to choose the next Area/location the Board will meet at the following October.