OneVision. Supplements





OVS SUPERGREENS PLUS+

OVS | Premium Quality SuperGreens Plus+ » surpasses the reputation of antioxidants as the top nutritional powerhouse because they are able to increase exercise tolerance and aid recovery time while you train. With a hefty 5000mg per serving, you can feel confident in this product while you exercise! Studies have shown that OVS SuperGreens Plus+ rank among the top 3 of the world's most nutritious SuperGreen formulations, this makes OVS SuperGreens one of the most healthful Superfood products on the market today. This product is an effective supplement for increasing strength and performance, as well as many other health benefits for professionals or fitness enthusiasts. Here at OVS, we use premium quality ingredients and strict production standards across our entire products range for those seeking and demanding only the best in sports nutrition and supplementation.

THE OVS DIFFERENCE.

What are OVS SuperGreens Plus+ ?

OVS SuperGreens Plus+ Formula is an all-natural vitamin-rich Superfood combining high-quality alkalizing greens into a powerfully formulated nutritional complex. Plus, we’ve added high-purity green tea extract and naturally infused it into a delicious mint flavor.

SuperGreens are a type of greens that offer high-quality nutrients and typically refer to three types of green: algae, cereal grasses, and other dark leafy vegetables - but not all greens are classified as SuperGreens, the term "supergreens" typically refers to a small group of greens from the algae and cereal grass families.

Adding superfood powders to your diet can be a good way to up your nutrient intake and ensure you are getting all the nutrients you need from food. Australians often don't consume enough vegetables and greens, but you can change that with OVS SuperGreens Plus+. We provide an easy way to increase your intake of greens.

What are the benefits of OVS SuperGreens Plus+ ?

Barley and Wheat Grass have been included because they influence free radicals, reduce inflammation, and provide a wide range of minerals and vitamins. To add more variety, we have also chosen to include Spirulina as it is a complete source of essential B-vitamins and minerals. Finally, high purity green tea extract (90%), which is well known for its anti-oxidant and fat burning qualities, has been included. OVS SuperGreens Plus+ is a great choice for supplementation, as research shows that it provides the body with more minerals and vitamins extracted from natural sources which are better utilized by the body.

It can be added to any smoothie, yoghurt dish or protein shake.

The Science behind OVS SuperGreens Plus+

1. <https://www.ncbi.nlm.nih.gov/pubmed/20010119>
2. <https://www.ncbi.nlm.nih.gov/pubmed/16944194>
3. <https://www.ncbi.nlm.nih.gov/pubmed/17557985>
4. ‘ The continuous ingestion of a GTE (Green Tea Extract) high in catechins led to a reduction in body fat, SBP, and LDL cholesterol, suggesting that the ingestion of such an extract contributes to a decrease in obesity and cardiovascular disease risks.

‘If you’re looking for a comprehensive fat burning formulation, see our **Critical Cuts** formulation.

FAQ'S

Additional health benefits of OVS Super Greens Plus+ ?

OVS SuperGreens are packed with vitamins, minerals and fiber but low in calories. Eating a diet rich in leafy greens can offer numerous health benefits including reduced risk of obesity, heart disease, high blood pressure and mental decline.

Do super greens help with inflammation?

SuperGreens have high concentrations of chlorophyll and antioxidants. Due to their highly concentrated nutrient profile, SuperGreens are believed to help boost the immune system, reduce inflammation, detoxify the body, and promote healthy digestion.

When is the best time to consume OVS SuperGreens Plus+ ?

There is no single, magical time to drink your greens. However, there are some important times when you should consider drinking greens: first thing in the morning and before dinner.

Doing so will re-hydrate your liver, balance blood sugar levels and give you an energy boost for the rest of your day.

Are green powders worth it?

Though they will never replace a diet rich in fruit and vegetables, green powders make an excellent option for athletes on the go. Having one of these products on hand may be useful when you are traveling or find it difficult to buy fresh produce.

The nutritional benefits provided by green powder supplements can be beneficial in meeting your nutritional needs. Doctors recommend and agree that the ingredients included within our OVS SuperGreens Plus+ formulation can be a great way to supplement your dietary needs from the extra vitamins and antioxidants being provided.

THE OVS DIFFERENCE

In order to ensure utmost customer satisfaction, we pride ourselves on a service that is based on high-end products. We are able to keep our quality high because we rely on three cornerstones: tailored manufacturing, raw ingredient traceability, and laboratory tested supplements. Our business is committed to maintaining the strictest quality control standards and we ensure all of our products are 100% exact to specification.

DIRECTIONS & INGREDIENTS

Directions

Mix one scoop with 50 mL of water or juice. Blend or mix until completely dispersed. Consume twice each day, once in the morning and once in the evening.

Many consumers of green tea extract find it more pleasant to consume with a smoothie or protein shake.

Ingredients

**Formulation:** Spirulina, Barley Grass, Wheat Grass, Green Tea Extract, Green Stevia, Natural Mint Flavour

**Other Ingredients:** Green Tea Extract (ECEG 50%)



