

Our **mission** is to provide compassionate, person-centered, wrap-around behavioral health services to individuals and our community.

Our **philosophy** is that every individual has the capability and strength to create positive change in their lives and can do so by focusing on overall health and wellness, including their mental, physical, emotional, and spiritual health.

CBHC is a contract organization of:



Hours of Operation

Monday	8:00 AM - 6:00 PM
Tuesday	8:00 AM - 6:00 PM
Wednesday	8:00 AM - 6:00 PM
Thursday	8:00 AM - 6:00 PM
Friday	8:00 AM - 2:00 PM
Saturday - Sunday CLOSED	

740-622-0033

Walk-In Wednesday

Every Wednesday, CBHC offers walk-in behavioral health assessments at 8:30 AM, 9 AM, 12 PM, and 2 PM. Openings are first come, first served.

Please bring the following items if you have them:

- Driver's License or State ID
- Insurance Card
- Proof of address
- Social Security Card



Coshocton Behavioral Health Choices

Your Local Addiction Professionals

Specializing in substance use disorder, mental and physical health, and family and child prevention services.

610 Walnut Street
Coshocton, OH 43812

740-622-0033

Clinic Services

Our clinic provides the following services to current CBHC patients:

- Medication refills/adjustments
- Medication Assisted Treatment (Vivitrol, buprenorphine)
- STD testing
- Pregnancy testing
- Women's health
- Bloodwork orders
- GeneSight Testing
- Physicals
- Acute Illness care for CBHC patients

If you are not currently a patient at CBHC and would like to be seen at our clinic, please call **740-622-0033** and schedule an assessment.

Clinic Hours

Monday - Tuesday 7 AM to 7 PM
Wednesday - Thursday 8 AM to 4 PM
(hours subject to change)

Services for Adults

- Behavioral Health Assessment
- Anger Management
- Parenting Classes
- Family Therapy
- Intensive Outpatient Therapy (IOP)
- Mental Health Counseling
- Outpatient group therapies
- Drug Testing
- Referrals to Inpatient Treatment
- Peer Support
- Recovery Housing
- EMDR - Eye Movement Desensitization & Reprocessing*

Transportation is available for appointments between 8 AM - 12 PM.

*EMDR is an entire therapy model for those who have experienced trauma. A therapist will guide a patient through eye movements, tones, or taps in order to move a memory that has been incorrectly stored to a more functional part of the brain.

Flight School

In addition to services listed for adults, our Flight School (child therapy wing) provides these specialties for children and their families:

- Play-based Therapy
- PCIT - Parent-Child Interaction Therapy**
- CPP - Child-Parent Psychotherapy***

**PCIT is a behavior management program for young children experiencing behavioral and/or emotional difficulties. PCIT works with the child and caregiver together and teaches caregivers to manage their child's difficult behaviors, while increasing their positive behaviors.

***CPP helps families heal and grow after traumatic or stressful experiences. It is geared towards mothers and their children, ages infant to five years. CPP may also be helpful if you would simply like help with parenting and improving parent-child relationships.