**Omega 3 Fish Oil (1000mg - 90 Softgels) 100% Pure Certified & Maximum Strength Fish Oil with EPA & DHA**

* BioPharm-X Omega 3 provides an unparalleled 1000mg of fish oil rich in both DHA and EPA (EPA/DHA – 18/12 TG) – strongest available!
* Manufactured in an FDA and MHRA approved facility for your highest level of safety
* Vital to support overall health and keep the body in the best condition possible – from early development and throughout life!
* Supports Heart & Brain Health, Normal Blood Pressure & Vision as well as Reducing Inflammatory markers
* All benefits have been approved by the European Food Safety Authority (EFSA)

**Premium Grade Omega-3 Fish Oil - 90 Softgels**

Supplementing your diet with BioPharm-X Omega 3 provides an unparalleled 1000mg of fish oil rich in both DHA and EPA (EPA/DHA – 18/12 TG). Maximum potency is achieved by concentrating the Omega 3 through a process of distilling and filtering to maximize the removal of heavy metals, pesticides and other contaminants!

Each Omega 3 capsule contains polyunsaturated fats which are essential when it comes to the healthy functioning of the body as they are the building blocks for many of the body’s cells. Maintaining a plentiful supply is vital to support overall health and keep the body in the best condition possible – from early development and throughout life!

BioPharm-X offers a quality promise to all customers. This is to provide you with total peace of mind when purchasing any of their products. Backed by nutritional science and with a dedication to premium quality, their products reflect core values of award winning quality and efficiency, from scientific research to manufacturing. BioPharm-X manufacturing department is MHRA licensed, GMP certified and ISO accredited, operating within compliance of all relevant laws and regulations.

* Highest Potency Omega-3 Fish Oil
* Maximum EPA and DHA
* Premium Grade Ingredients
* Satisfaction Guaranteed!

**All benefits have been approved by the European Food Safety Authority (EFSA)**

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| **heart health** | **brain health** | **eye health** | **time** |
| **Heart Health** Omega-3 contributes towards the normal functioning and overall health of the heart. Due to its powerful anti-inflammatory action, omega-3 effectively reducing inflammatory markers and inflammation at a cellular level. Inflammation will damage the blood vessels that lead to heart diseases and strokes!  | **Brain Health** Omega-3 is critical for brain development and function throughout all stages of live. From early development, DHA and EPA have an essential role in a developing baby’s brain. Studies have clearly correlated a pregnant woman’s intake of Omega-3 with higher intelligence scores and brain function in early childhood - 3 plays a vital role in brain health and development from  | **Eye Health** Omega-3 plays an essential role in eye health. DHA is naturally concentrated in the retina of the eye and promotes healthy retinal function. Supplementing with Omega-3 will protect adult eyes from dry eye syndrome. Omega-3 also helps with the proper drainage of intraocular fluid from the eye and decreasing the risk of high eye pressure.  | **Overall Health** The extensive and ever growing list of health benefits are still being studied and explored to this day. With Omega-3 being acknowledged by all health care professionals as an important part of a healthy diet! * Joint Health
* Healthy immune system
* Reduced inflammation
* Reduction of LDL cholesterol levels
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Omega fish oil is an essential polyunsaturated long-chain fatty acid that is typically found within the fatty layers of cold-water fish and shellfish, plant and nut oils. It is rich in omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) , both are essential when it comes to the healthy functioning of the body as they are the building blocks for many of the body’s cells

EPA (eicosapentaenoic acid) is a potent anti-inflammatory and plays an essential role in the anti-inflammatory process as well as the viscosity of cell membranes. Being a precursor to several metabolites, EPA is highly beneficial in the prevention or treatment of several diseases. While bestowing a vast number of health benefits, it is essential for heart health. Omega-3 contributes towards the normal functioning and overall health of the heart. Due to its powerful anti-inflammatory action, omega-3 effectively reducing inflammatory markers and inflammation at a cellular level. Inflammation will damage the blood vessels that lead to heart diseases and strokes!

DHA (docosahexaenoic acid) is a key component of all cell membranes and is found in the highest concentrations in the brain (accounting for up to 97% of omega-3 fats). DHA lines the membranes of nerve cells in the brain and as a result, plays an important role in the maintenance of brain function! It has been well documented that supplementing with Omega-3 fish oil can improve rain function in those with mild types of brain conditions such as cognitive impairment or age related cognitive decline

DHA is also highly concentrated in the retina of healthy eyes (up to 93%). The EFSA (European Food Safety Authority) has acknowledged its contribution to the maintenance of normal vision.