



Basic First Aid for Children, Parents & Carers

Community Basic life support describes a set of basic life saving first aid techniques. This will cover safe management of an incident and dealing with an unresponsive non-breathing casualty (CPR & chain of survival)

At the end of the training participants will be able to:

The areas covered by this training are in line with the UK Resuscitation Council guidelines for Infants, children & adults:

- The Aims of Basic Life Support
- Chain of survival (ACLS)
- CPR & Defibrillation
- Heart attack/Cardiac Arrest
- Primary Survey DRs ABC
- Recovery Position
- Bleeding
- Burns
- Bites & Stings
- Choking/ Abdominal thrusts
- Asthma
- Seizures

