

Side Dishes

	SM.	LG.
Broccoli Casserole	\$5.75	\$10.99
Garlic Green Beans w/ Zucchini GF	\$5.75	\$10.99
Glazed Carrots GF	\$4.99	\$9.49
Maple Butternut Squash GF	\$4.99	\$9.49
Mashed Potatoes GF	\$4.99	\$9.49
Oven Roasted Potatoes GF	\$4.99	\$9.49
Pecan Rice with Mushrooms	\$5.99	\$11.49
Saucy Brussel Sprouts	\$5.49	\$10.49
Scalloped Potatoes	\$5.75	\$10.99
Oven Roasted Mediterranean Veg	\$7.49	\$13.49

Quiche

SM. 5" \$4.75 LG. 10" \$16.99

Lorraine (Ham & Tomato)	Broccoli & Ham
Bacon & Goat Cheese	Garden Vegetable
Spinach & Mushroom	Greek
Broccoli & Mushroom	Cranberry & Brie

Meat Pies

	SM.	LG.
Turkey Pie	\$4.99	\$17.99
Steak & Mushroom Pie	\$4.99	\$17.99
Cheeseburger Pies	\$4.75	\$16.99

Everything we do is made from scratch!!!

Homemade Soup

Large 48oz.	\$11.49
Senior Size 16oz.	\$4.25

Chili & Meat Sauce

Large Chili 48oz.	\$17.99
Senior size Chili 16oz.	\$5.99
Large Meat sauce 48oz.	\$16.99
Senior size Meat Sauce 16oz.	\$5.75

Gravy ^{from} Scratch

Beef or Turkey 4oz.	\$1.49
Beef or Turkey 8oz.	\$2.75
Beef or Turkey 16oz.	\$5.50
Beef or Turkey 48oz.	\$16.99

Prices are subject to change without notice.
November 2020

Comfort food...

Made from scratch!!!

**OUT'N
BACK**
Catering

**Veteran Provider
& Registered
With the DVA**

FREEZER MENU

**T.V. Dinner, Individual,
Family Size & Up**

City Wide Delivery

746 Wharncliffe Road South
London, Ontario N6J 2N4

Call Us...

(519) 668-3360

outback@hotmail.com
www.outbackcatering.ca



Chicken Dishes

SM. \$8.49 LG. \$15.99

- Chicken Stir Fry over Rice
- Chicken Divan over Rice
- Chicken Wings
- Chicken & Broccoli Casserole
- Chicken A La King over Noodles
- Turkey A La King over Noodles
- Chicken Parmesan over Spaghetti
- Mediterranean Chicken over Rice GF
- Grilled Chicken with Broccoli
In a Garlic Cream Sauce over Tortellini
- Chicken Almandine with Peaches over Rice
- Chicken, Spinach & Roasted Red Peppers
In a Blush Sauce over Pasta **(or)** GF Pasta
- Chicken in an Herbed Mushroom Sauce / Rice GF
- Chicken, Broccoli & Mushroom Alfredo
Over Penne

Specialty Dishes

SM \$8.99 LG \$16.99

- Chicken 'n' Bowtie Pasta **(or)** GF Pasta
With Sun Dried Tomatoes
- Tiger Shrimp in a Garlic Cream Sauce
Over Bow Tie Noodles
- Shrimp Primavera over Pasta
- Shrimp & Scallop Fettucine

Meat Dishes

SM. \$8.49 LG. \$15.99

- Spaghetti & Meatballs
- Sweet 'n' Sour Meatballs
- Veal Parmesan over Noodles
- Beef Tortellini with Meat Sauce
- Beef Stir Fry / Rice
- Penne with Meat Sauce & Cheese
- Beef Stroganoff
- Shepherd's Pie
- Swiss Steak
- Cabbage Rolls
- Beef Stew

Pasta & Meatless Dishes

SM. \$7.99 LG. \$15.49

- Macaroni & Cheese
- Penne Provençale
- Cannelloni /White & Red Sauce
- Vegetarian Stir Fry over Rice
- Three Cheese Tortellini Bake
- Eggplant Parmesan GF
- Tuna Casserole
- Spinach & Cheese Ravioli
- Vegetarian Bow Tie Pasta w/ Sundried Tomatoes

TV Dinners

Starting at \$8.99 to \$10.49

w/Mashed potatoes, & Vegetables

- Chicken Parmesan
- Chicken Teriyaki
- Chicken Cordon Blue
- ¼ Roasted Chicken Leg in BBQ sauce
- ¼ Chicken Leg w/Herbs, Olive Oil & Hickory
- Broccoli & Cheese Stuffed Chicken Breast
- Breaded Chicken Schnitzel w/Mushroom Gravy GF
- Breaded Chicken Drumsticks (TWO)
- Chicken Breast in a Honey Garlic Sauce GF
- Chicken in an Herbed Mushroom Sauce GF
- Chicken Drumsticks (TWO) w/ Honey Garlic Sauce GF
- Chicken Drumsticks (TWO) w/ Teriyaki Sauce
- Mediterranean Chicken GF
- Tender Homestyle Chicken Strips **(New)**
- Chicken Breast in an Apple Thyme Sauce GF
- Turkey with Gravy **(White or Dark Meat)**
- Eggplant Steak
- Veal Parmesan
- Liver & Onions
- Salisbury Steak, w/ Mushrooms & Onions
- Sweet 'n' Sour Meatballs Brown Sugar & Pineapple Sauce
- Caribbean Ham in a Pineapple & Raisin Sauce GF
- Pork Tenderloin in a Dijon Mustard Sauce
- Pork Loin in Apple Thyme Sauce GF
- Pea-meal Bacon GF
- Garlic & Herb Tilapia GF
- Oven Baked Filet of Sole w/ Dill Sauce
- Coconut Encrusted Tilapia
- Basa Filet

Lasagna made from Fresh Pasta
Meat or Vegetarian **SM \$8.99 LG \$16.49**

Vegan Entrees all GF

SM. \$9.49 LG. \$16.99

- Black Bean Chili
- Quinoa bites over Pasta
- Eggplant Steak
glazed in sea salt, garlic & parsley w/rice & vegetables
- Chickpea & Green Peas in a Marinara Sauce over Pasta
- Oven Roasted Mediterranean Vegetable
SM \$7.49 LG \$13.49
- Baked Beans