

# West Mountain Over the Top Overall Individuals

## West Mountain Over the Top

Position	Bib #	Name	Run Split	Pace	Transition	Bike Split	MPH	Overall Time	Age	Gender	Division	City
1	131	Bronk, Bill	22:53.4	7:23	1:02.9	30:20.1	12.26	54:16.6	45	M	Individual	Shelburne
2	132	Michaels, Ben	22:37.7	7:18	0:48.5	31:23.5	11.85	54:49.7	26	M	Individual	Kattskill Bay
3	133	Sointio, Erik	22:00.0	7:06	0:57.3	31:53.2	11.67	54:50.6	34	M	Individual	Queensbury
4	128	Bardin, Tim	22:41.1	7:19	1:05.8	36:22.4	10.23	1:00:09.5	54	M	Individual	Queensbury
5	106	WILSON, HYKER	29:26.3	9:30	0:52.0	37:16.4	9.98	1:07:34.7	43	M	Individual	Broadalbin
6	129	Dempsey, Stephen	26:34.5	8:34	1:22.0	40:18.1	9.23	1:08:14.7	49	M	Individual	Saratoga Springs
7	113	BOLDT, TIMOTHY	26:51.6	8:40	2:29.2	40:36.3	9.16	1:09:57.1	24	M	Individual	Ballston Spa
8	115	WILSON, AMANDA	27:57.7	9:01	0:44.5	42:40.9	8.72	1:11:23.2	33	F	Individual	Broadalbin
9	104	DELANEY, TRACEY	25:36.5	8:15	1:32.4	46:26.2	8.01	1:13:35.2	51	F	Individual	Queensbury
10	126	FISH, ALEX	27:29.2	8:52	0:40.8	48:05.5	7.74	1:16:15.6	24	M	Individual	Queensbury
11	127	CARPENTER, BOB	33:09.6	10:42	3:22.9	42:56.8	8.66	1:19:29.4	42	M	Individual	Queensbury
12	111	GREENE, AUBREY	35:04.8	11:19	1:42.5	44:19.2	8.39	1:21:06.5	37	F	Individual	Cohoes
13	117	GREENE, JASON	35:06.1	11:19	1:42.2	44:18.9	8.40	1:21:07.3	31	M	Individual	Cohoes
14	125	AHRENS, CHRISTINE	33:32.0	10:49	1:42.2	52:08.4	7.14	1:27:22.6	42	F	Individual	Lakewood
15	124	LAZZARO, TOM	32:49.7	10:35	2:31.7	52:02.3	7.15	1:27:23.8	41	M	Individual	Lakewood
16	116	CALABRESE, DANIEL	35:02.7	11:18	2:09.8	58:53.7	6.32	1:36:06.3	31	M	Individual	Troy
17	121	CICCHINO, CRYSTAL	35:01.1	11:18	2:14.0	58:52.2	6.32	1:36:07.3	39	F	Individual	Troy
18	112	MASA, JENNIFER	36:08.7	11:39	2:04.2	1:01:33.4	6.04	1:39:46.4	31	F	Individual	Cohoes
19	109	SHERWOOD, MICHAEL	37:57.6	12:15	2:34.7	1:07:36.8	5.50	1:48:09.2	53	M	Individual	Clifton Park
20	105	HARRICHARRAN, SAMUEL	43:51.1	14:09	0:58.1	1:23:25.5	4.46	2:08:14.7	27	M	Individual	Schenectady