

SDS ADULT DANCE - DANCE WITH US!

- Dedicated time for YOU!
- Physical and mental workout
- Meet new people
- Relieve stress
- Improve strength and flexibility

SEASON 16 ADULT CLASS PROGRAMMING

MONTHLY POP UP CLASSES

- Refresh on your favorite style or try a new one!
- Low commitment
- \$12 per class

<p>September 15</p> <p>TAP Pop Up w/ Allison 7-8 pm</p>	<p>October 6</p> <p>HIP HOP Pop Up w/ Amy 7-8 pm</p>	<p>November 10</p> <p>BALLET Pop Up w/ Michelle 7-8 pm</p>
<p>January 12</p> <p>LYRICAL Pop Up w/ Valerie 7-8 pm</p>	<p>January 19</p> <p>POMS Pop Up w/ Emily 7-8 pm</p>	<p>February 9</p> <p>JAZZ Pop Up w/ Ari 7-8 pm</p>

SPRING MINI SESSION & PERFORMANCE

- Weekly Class March 2 - April 27
- Thursdays 7:00-8:00 pm
- Perform in the Annual Spring Recital
- Dance Style: Jazz and/or Tap
- \$100

