

26 April 2021

**Dear Parents and Carers** 

## **Upcoming Visit – Lune Valley Karting**

We are pleased to inform you that we are proposing a fun end of term trip to Lune Valley Karting on Wednesday 14 July 2021. This activity is aimed at improving confidence both on and off the track.

We will be leaving school at 10am and returning at 3pm.

The organisers are able to assure us that karts and equipment are routinely disinfected and a nightly deep clean also takes place.

Balaclava and gloves are mandatory! If you have suitable ones of your own; (including helmet) you are advised to wash at 60°C and bring these along, otherwise they will be provided by the facility.

Just some of the benefits of this fantastic opportunity are:

- Strength building go-karts are harder to steer as there is so much resistance involved with turning the wheel, so a great exercise for the arms
- Reflexes are improved due to the need to be aware of surroundings and staying alert
- Improved concentration being behind a wheel requires attention at all times
- Increased confidence knowing you have pushed yourself
- It's fun!

We will be travelling in the school cars (all of which are equipped with a first aid kit and fire extinguisher). Staff and pupils will be required to wear a face mask in the car and sanitise their hands both upon arrival and on leaving the centre.

If you have any questions, please do not hesitate to contact me.

Yours sincerely

**Andy Coates** 

Headteacher